



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

All donations to RecoveryWerks! are tax deductible and have a huge impact in bringing recovery to teens and families in our community.

Visit our website for online giving or for more info.

www.recoverywerks.org

Thank you!

Welcome Zach Youth Services Program Director

My name is Zach, and I am a person in long-term recovery. I was born in Weatherford, TX, but my family moved around a lot when I was a little boy. We lived in Tennessee, Ohio, Illinois, before settling down in Hot Springs, Arkansas, for about ten years.



I did fairly well in school, was in gifted and talented programs, played sports and enjoyed exploring in the woods. My parents divorced when I was in the 5th grade. My mom and dad both remarried. My stepdad's business was seasonal, so we relocated to a different city every summer. In Jr. High I developed more problems. My grades were terrible, I didn't get along with my family, and I lost interest in most things. I was depressed, angry, stressed and I didn't feel like I belonged anywhere. School would end, I'd say bye to my friends, move into a new place, make new friends, and then at the end of the summer, I would say goodbye and start the cycle all over again.

My mom, stepdad, and sister moved to Texas when I was 16. I experimented with drugs a little and briefly attended Canyon High School but was referred to a program for adolescents with various mental health issues. We had group and individual therapy, smaller classes, and social activities. I did way better in that environment than I had in years. I completed 11th grade, left home, started 12th grade and dropped out. My relationships with family all but disintegrated, my substance use accelerated and became priority number one. For the next decade I would move away, make new friends, burn more bridges, and repeat. I lost myself completely.

I moved back to Texas in 2005, thinking I wanted to be closer to family, but I had become someone that even I didn't recognize anymore. I wasn't a safe person to be around. I overdosed and wound up in the hospital a couple of times. I asked my mom to help me. I didn't know what that would look like. We had no concept of recovery, at all. No clue. But, things happen the way they do for a reason. I was connected to an organization that gave us an idea of what to do next. I spent the holidays in treatment. I abstained from drugs and alcohol for a couple of months while there and relapsed. Everything they told me would happen, did. It got even worse, real fast.

Meeting Schedule

Teens (up to 18):

Monday & Wednesday

7-8pm in person only
@ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only
@ 1781E Ammann Rd, Bulverde

Young Adults (18+):

Monday & Wednesday

7-8pm in person only
@ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only
@ 1781E Ammann Rd, Bulverde

Family Members

(18+): Monday &

Wednesday 7-8pm in

person*
@ 790 Landa Street, New Braunfels
*Call for Zoom option

Thursday

7-8pm in person only
@ 1747 E Ammann Rd, Bulverde

New Gens (Family members

between 9-17) *Must have a family

member participating in the

program

Monday

7-8pm in person only
@ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support m community partners.



Baptist Health Foundation of San Antonio



I was very fortunate things went the way they did. Everything seems to have fallen into its right place. I was miserable, scared, and in enough pain to motivate me to want to change. On April 19, 2006, 3 months after successfully completing my first stint in residential treatment, I checked into a detox and spent the next month in another program. I was grateful they had space and funding for me. I didn't know if I wanted to be sober, but I definitely wanted to feel better, and I understood that I couldn't do it on my own.

I began taking suggestions from people. I learned that recovery is a process, one that is "simple, but not easy." I moved into sober living and went to meetings, therapy and work. I learned to navigate my feelings, to take full responsibility for myself and my actions. Slowly, but surely, my family began to heal. I got my life back, and along the way, figured out what I wanted to do with it. I wanted to help young people and families to recover.

Zach Saunders is a Licensed Chemical Dependency Counselor and the new RecoveryWerks! Youth Services Program Director. He lives and loves to play pinball in San Antonio with his fiancée Kristen and their two sweet cats, Hildy and Merlin.

In the first month Zach has been here he has already made a positive impact on our youth group by going on interesting and fun outings and by encouraging the kids and staff to learn and become the best they can be. Welcome Aboard Zach!

Summertime Fun 2022

Activity calendar information for youth is given out during our regularly scheduled meetings on Monday, Wednesday and Thursday's. Youth must be active in attending meetings to participate in activities.



Stay Connected!



Like RecoveryWerks! on Facebook and Instagram.

For more resources visit www.recoverywerks.org
790 Landa Street, New Braunfels, TX 78130
(830) 310-2456 or (830) 310-2585

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