



# Support Groups

Lyme Disease Resource Center, Inc.

A Path To Wellness

We are a volunteer run community-based 501(c)(3) organization founded in 2013

Our mission is to be a peer guided, supportive and safe place for those living with Lyme Disease and their care partners, sharing strategies and resources for living well.

**SCENT-FREE POLICY:**

The Lyme Disease Resource Center, Inc. maintains a scent-free policy for the office as well as all events. Please refrain from using scented products and wearing clothing that has come into contact with perfumes, fragrant detergents, smoke, etc. Scents may cause our clients to suffer adverse and/or allergic reactions.

Lyme Disease  
Resource Center, Inc.  
Potpourri Plaza  
243 King St. Suite 248  
Northampton, MA 01061

413-588-7388  
info@lymedrc.org  
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## 2nd Saturday's: Lyme Support Group 1-3pm

*Facilitated discussion: Strategies and resources for living well with tick-borne illness. All are welcome including any persons supporting those with Lyme or tick borne illness.*

## 3rd Wednesday's: Lyme Disease and Chronic Illness Support & Wellness Group 1-3pm

*A peer-based group for those with Lyme Disease and/or chronic illness to create connection with the intention of moving towards wellness. All are welcome including any persons supporting those with Lyme or chronic illness.*

### Groups meet in our office, Suite 248

*Accessible parking/entrance at front of building. Enter through doors in stone tower (241/243 King St.) Take the elevator to the 2nd floor and turn right. Follow corridor to Rear Lobby. Our office will be on your left.*

**OR:**

*Park to the left of the building and use the Rear Lobby Entrance. Take the stairs to the 2nd floor, office will be on your right.*

**For more info: 413-588-7388 or  
info@lymedrc.org**

