

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm Table Tennis-RSF 3pm-5pm Water Volleyball (Open Play)-RSF</p> <p>Fitness Center Hours</p> <p>The Palms Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p> <p>Riviera Spa & Fitness Monday-Thursday 6:30am-9pm Friday 6:30am-7pm Saturday-Sunday 7am-7pm</p>	<p>8am Group Barbell-PA 8am Tabata H2O-RSF 9am Group Barbell-PA 9am Splash & Tone-RSF 9am Total Body Toning Exercise-RSF 10am Low Impact Aerobics-RSF 10:15am Breathe, Stretch & Relax-PA 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:30am Drums Alive! Chair Exercise-RSF 11:30am H.I.I.T. Cardio Body Blast-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 3:45pm Fit Body Circuit-PA 4pm-6pm Open Lap Swimming-RSF 4:15pm Gentle Chair Yoga-RSF 6pm Muscle Ignite-PA 6pm Relaxation Yoga-RSF 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>7:45am Express Total Body Sculpt-RSF 8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Body Sculpting-RSF 9am Splash & Tone-RSF 9am Zumba Step-PA 10:15am Barre-RSF 10:15am Zumba Toning-PA 11:30am Aqua Zumba-RSF 11:30am Cardio Ballroom-PA 12:30pm Intermediate Line Dance-RSF 12:45pm Pilates-PA 1:30pm Advanced Line Dance-RSF 2pm Beginning Tai Chi-PA 2:30pm Balance Training-RSF 3pm Intermediate Tai Chi-PA (Open Play)-RSF 3:45pm-6pm Table Tennis (Open Play)-RSF 5pm-6:30pm Open Lap Swimming-RSF 6:45pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA 9am Aqua Zumba-RSF 9am Body Alive-RSF 9:15am Everybody Steps-PA 10:30am Core & More-PA 10:30am Breathe, Stretch & Relax-RSF 10:30am Swim Lessons Level 1-RSF** 11:15am Swim Lessons Level 2-RSF** 11:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am IGNITE! Cardio H.I.I.T. Party-PA 1pm Zumba-PA 1pm Zumba-RSF 2pm Belly Dancing-PA 2pm Joint Relief (Aqua)-RSF 3:15pm Beg. Balance Training-PA 5pm-8:45pm Water Volleyball (League Play)-RSF 6pm Power Yoga-PA 7pm Muscle Conditioning-RSF</p>	<p>8am TRX Suspension Training-PA 8am Walk & Tone (Indoor Track)-RSF 9am Boot Camp-PA 9am Splash & Tone-RSF 9am Total Body Conditioning-RSF 10am Swim Lessons Level 1-RSF** 10:15am Breathe, Stretch & Relax-RSF 10:15am Yogabeat-PA 10:45am Swim Lessons Level 2-RSF** 11:30am Cardio Ballroom-PA 11:30am Gentle Joints (Land Based)-RSF 11:30am Splash & Tone-RSF 1pm Beginner Line Dance-PA 2pm Ballroom Dancing (Beg.)(9/6-10/4)-PA* 2pm-4pm Open Lap Swimming-RSF 2:30pm Balance Training-RSF 3pm Ballroom Dancing (Int.)(9/6-10/4)-PA* 4pm-6pm Table Tennis (Open Play & Instruction)-RSF 6pm Hatha Yoga-PA 6:30pm-8:45pm Water Volleyball (League Play)-RSF</p>	<p>8:30am Splash & Tone-RSF 8:45am Yoga-PA 9:45am Body Sculpting-RSF 10:45am Cardio Kickboxing-PA 10:45am Gentle Joints-Zumba Gold Toning-RSF 11:45am Drums Alive! Chair Exercise-RSF 1pm Zumba-PA 1pm Zumba-RSF 2pm Joint Relief (Aqua)-RSF 2pm-6pm Table Tennis (Open Play)-RSF 3:45pm Power Trip-PA 4pm Aqua Ignite-RSF</p>	<p>8am Foam Rolling-PA 8:30am Body Alive-PA 9am Aqua Craze-RSF 9am Yoga Flow-RSF 9:30am Yogabeat-PA 10:15am Barre & Pilates Fusion-RSF 10:30am Zumba Combo-PA 11am Tai Chi-RSF 12:30pm Everybody Steps-RSF 3pm-5pm Water Volleyball (League Play)-RSF</p> <p><i>*Small fee for Ballroom classes. Please call 863-427-7130 for more information.</i></p> <p><i>**Fee for swim lessons. Please contact Martha Dennis at 305-323-1772 or visit swimfallc.fullslate.com</i></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>30</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>30</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>	<p>Room Legend</p> <p>AR Art Gallery BL Billiards Gallery BP Bella Viana Amenity Center CM Computer Gallery CP Cooperstown Pavilion CR Ceramics Gallery FP Freedom Park GR The Grille at Stonegate GTR Gator Room LB Library LV Lago Vista Amenity Center MB Marketplace Bistro MG Magnolia Room MO Mosaics MSA Mediterranean Skyline, Aegean Room MSB Mediterranean Skyline, Baltic Room</p>	<p>Room Legend Cont.</p> <p>MSC Mediterranean Skyline, Caspian Room PA The Palms Amenity Center RC Resident to Resident (RZR) Resource Center RSF Riviera Spa & Fitness Center RSF2 Riviera Spa & Fitness Center Second Floor Classroom SGC Stonegate Golf Club ST Starlite Ballroom STA Starlite Ballroom A STB Starlite Ballroom B STC Starlite Ballroom C VP Venezia Amenity Center WP Wimbledon Pavilion</p>	<p>1</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Disney Cast Members Meeting-PA 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>	<p>1</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOBs Couples Ride-MB 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>2</p> <p>1pm Solivita Singles Club-RSF2 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>3</p> <p>Labor Day Admin & Lifestyles Closed 8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10:30am Home Run Relay For Life Labor Day Co-Ed Ballgame & Picnic-FP & CP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm-9pm Trivia-ST</p>	<p>4</p> <p>8am Horseshoes Club-FP 8:20am SOBs Ride-PA 9am Main Ticket Sales-ST 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes 10am TOPS in Solivita-MSB 10am Wellness Lecture: Medicare Workshop #2-PA 11:30am AHCC General Meeting-ST 1pm Watercolor Class-AR 2pm Bunco-RSF2 2pm Wellness Lecture: Oily Palooza with Riviera Spa-PA 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm Guys and Dolls-ST</p>	<p>5</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 9:30am Scarlet Chapeaux-MSA 10am Beg. Watercolor-AR 10am Wellness Lecture: Skin Sense with Florida Dermatology-RSF2 10am Yarners-MSB 11am Men's Softball Clinic-FP 11am Sculpture-CR 4pm, 5pm & 6pm Greeting Cards-CR 4pm CARAMVITA-RSF2 6pm-9pm Karaoke-AR</p>	<p>6</p> <p>8am Horseshoes Club-FP 8:30am SOBs Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: <i>The Rider</i>-ST</p>	<p>7</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 6pm Solivita Th(eat)ers: <i>Overboard</i>-ST</p>	<p>8</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOBs Couples Ride-MB 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>9</p> <p>Rosh Hashana Begins 1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>10</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am-1pm Sam's Club-ST Hallway 10am Solivita Artisan Guild-AR CANCELLED 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:45pm Ladies Poker-MSA 7pm CERT-MSB 7pm La Dolce Vita-RSF2 7pm-9pm Trivia-ST</p>	<p>11</p> <p>Patriot Day 8am Horseshoes Club-FP 8:20am SOBs Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am TOPS in Solivita-MSB 12:30pm CAP-RSF2 1pm Solivita Dragon Boat Meeting-MO 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 7pm BIHC-RSF2 7pm Guys and Dolls-ST</p>	<p>12</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Anti-Aging & Longevity with Advanced Regenerative Therapeutics-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Scars with Riviera Spa Massage-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6:45pm Euchre-MSB</p>	<p>13</p> <p>8am Horseshoes Club-FP 8:30am SOBs Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSB 7pm Movie Night: <i>Life of the Party</i>-ST</p>	<p>14</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 4:30pm Solivita University: International Politics-RSF2 5:30pm Solivita Pub Crawl-Outside ST</p>	<p>15</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10am Disney Cast Members Mini Golf & Lunch-Animal Kingdom's Sanaa 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>16</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Big Money Bingo-ST 6pm Cribbage Club-GTR</p>	<p>17</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard Club-FP 9am-3:30pm Farmers Market-FP 10am-1pm BJ's Club-ST Hallway 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4:30pm Solivita Billiards-BL 6:30pm AHCC Members Only Game Night-MSB 6:30pm Solivita Travel Club-ST 6:45pm Ladies Poker-MSA</p>	<p>18</p> <p>8am Horseshoes Club-FP 8:20am SOBs Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am Pickleball Clinic-PA 10am TOPS in Solivita-MSB 2pm Bunco-RSF2 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 6pm Guys and Dolls-PA 6:30pm Solivita Sorcerers-MSB</p>	<p>19</p> <p>Yom Kippur 8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Robotic Capabilities for Urological Procedures with Poinciana Medical-RSF2 10am Yarners-MSB 11am Men's Softball Clinic-FP 11am Sculpture-CR 2pm Wellness Lecture: Boosting Your Brain Health with Florida Blue-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-ST</p>	<p>20</p> <p>8am Horseshoes Club-FP 8:30am SOBs Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 4:30pm Solivita Billiards Club-BL 6pm Solivita Wii Bowlers-RSF2 6:30pm Pinochle-MSB 7pm Movie Night: <i>Book Club</i>-ST</p>	<p>21</p> <p>8:30am Bocce Boyz-Girlz-FP 8:30am Relay For Life "Drive Out Cancer" Golf Outing & Luncheon-SGC 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 4:30pm Solivita University: International Politics-RSF2 6:30pm Splish, Splash & A Movie: Tag-PA Pool</p>	<p>22</p> <p>Fall Begins 8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 9:15am SOBs Couples Ride-MB 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>
<p>23</p> <p>1:30pm Solivita Dancing Diehards-RSF 2pm Solivita Bridge Club Duplicate Bridge-MSB 3pm Forever Young: Live Music-RSF2 3pm Water Volleyball-RSF 6pm Cribbage Club-GTR</p>	<p>24</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Solivita Shuffleboard-FP 9am-3:30pm Farmers Market-FP 1pm Solivita Bridge Club Duplicate Bridge-MSB 1:30pm May I-RSF2 4pm-7:30pm Curbside Cuisine-FP 4:30pm Solivita Billiards-BL 6pm Solivita University: Intermediate/Advance Microsoft Excel-MSB 6:45pm Ladies Poker-MSA</p>	<p>25</p> <p>8am Horseshoes Club-FP 8:20am SOBs Ride-PA 10am Ceramics-CR 10am Intermediate & Advanced Watercolor-AR 10am TOPS in Solivita-MSB 10:30am AHCC Executive Board Meeting-MSA 3pm Holistic Horizons-MSB 4:30pm Solivita Billiards-BL 5pm SoulaVita Line Dancers-PA 6pm Guys and Dolls-PA 7pm Solivita Older Bikers Meeting-MSB</p>	<p>26</p> <p>8am Solivita Cyclists-FP 8:30am Bocce Boyz-Girlz-FP 9am Chess Club-MSB 9am Solivita Shuffleboard-FP 10am Beg. Watercolor-AR 10am Wellness Lecture: Estate Planning with The Law Offices of Joseph F. Pippen, Jr. & Associates-RSF2 10am Yarners-MSB 11am Sculpture-CR 2pm Wellness Lecture: Let's Talk Dizziness, Headaches & the Shakes with Osceola Regional Medical-RSF2 4pm, 5pm & 6pm Greeting Cards-CR 6pm-9pm Karaoke-AR 6:45pm Euchre-MSB 7pm Shalom Club-ST</p>	<p>27</p> <p>8am Horseshoes Club-FP 8:30am Newsletter Assembly & Delivery-ST 8:30am SOBs Long Ride-MB 9am Sculpture-CR 10am Cancer Support Group-MG 1pm Stained Glass Class-AR 2pm AHCC Page Turners-RSF2 4:30pm Solivita Billiards Club-BL 6:30pm Pinochle-MSB 7pm Movie Night: <i>Ocean's Eight</i>-ST</p>	<p>28</p> <p>8:30am Bocce Boyz-Girlz-FP 9am Mixed-Media Artworks-CR 9am-3:30pm Farmers Market-FP 11am Canasta-MSB 12pm Oh Scrap!-CR 4:30pm Solivita University: International Politics-RSF2 5pm Dinner Before Travis Turpin Show-MO 7pm Travis Turpin Show-ST</p>	<p>29</p> <p>8am Horseshoes Club-FP 8am Solivita Cyclists-FP 9am Solivita Shuffleboard Club-FP 10:30am Mahjong-MSB 12pm CCA Poker Club-MSA 12:30pm Beginners Calligraphy-MG</p>