

# ***SOMS Wellness Extravaganza***

Calling all South Orange and Maplewood  
**STUDENTS and Parents!**

We are excited to bring you our FIRST EVER  
South Orange Middle School Wellness Extravaganza!



**When → Thursday, April 16, 2015**

**Where → SOMS Gymnasium**

**Time → 6:30-8:30 pm**



Sponsored by

YouthNet and Governor's Council on Alcoholism and Drug Abuse

## Check out what we have in store for you:

- Free food and drinks
- Free raffle of SOMS gear, gift cards, gift baskets, etc.
- Free health screenings- glucose, backpack screening, cholesterol, blood pressure, vision, concussions, and more...
- Special performances
- Cooking demonstrations
- Free giveaways at EVERY booth
- First 200 students to show up receive customized ear-buds.
- Drum circle and jazz band will perform
- Free chair massages



# Over 55 Participating Vendors Include

\*Retro Fitness \*Clean and Cool \*Total Health \*South Orange Fire Department \*Janes Juice \*Viva Z Club \*Chef Dellamore  
\*South Orange CERT \*Energy Star \*D and I Fitness  
\*NJ Horizon Van \*Wellspring Health Center \*Retro Fitness  
\*NJ Eye Institute \*South Orange Dental Center \*South Orange Police  
\*CarePoint Health \*Kessler Rehabilitation Center \*Jersey Cares  
\*Mothers Against Drinking and Driving \*South Orange Department of Health \*Energy Star (Environmental Protection Agency) \*Wellspring Health Wellness Center \*Diane Thomson from Creative Organizing  
\*NJ Horizon Van \*American Heart Association \*New Jersey Eye Institute \*Psychologist Amy Hartford \*Heidi Miller Speech Therapy  
\*CommuniKids \*Anti-bullying Rapper and Break Dancer Ryan Armstrong \*Girls Leadership Institute \*ADAPT \*Girl Scout Troops  
\*Spectrum Club from Columbia HS \*SOMA Skin & Laser, LLC  
\*Newark Beth Israel Medical Center \*MedExpress Urgent Care  
\*Somatics Loft \*Wells Fargo \*St. Barnabas Matthew J Morahan III Athletic Screening Center, Breast Cancer Center and Child Development Center \*Studio 509 Fitness, Wellness and More \*South Orange Chiropractic Center \*Whole Foods \*Essex County College of Public Safety \*YouthNet \*SOMSD PE Department \*SOMS and Columbia Nurses \*SOMSD Director of Child Nutrition Pat Johnson and Manager and Operations Manager of Pomptonian Food Service Management Company \*Newark Community Health Centers Inc.  
\*Ironwill Kids \*The Blue Wave Organization for Male Breast Cancer  
\*Morgan Dental \*Leukemia and Lymphoma Society \*Cycle Maplewood