



THE ESSEX CORINTHIAN YACHT CLUB

## OFFSHORE

*The 2015 Racing Season is about to begin!*

Our first **Round The Buoy** race will kick off on **June 14th**, with ECYC hosting the post-race party. If you have not entered your boat yet, go to our website's "Racing" page to download all forms.



Our big event, **The Cross Sound Challenge**, will be held **Saturday September 26th**, so mark your calendar. We also have the **Leukemia Cup Regatta August 29th**, to name but a few. Our complete list of events is available online at [www.essexcorinthian.org](http://www.essexcorinthian.org) or on the calendar board at the River Room!

And of course, we will have our **4th of July Essex Harbor Boat Parade!** Contact me if you want to participate. We hope to have plenty of "dressed up" boats again. EYC boats will be joining us in this celebration.

Hope to see you out on the water soon!

**Steve Rodstrom**

Vice Commodore

Email: [vicecommadore@essexcorinthian.org](mailto:vicecommadore@essexcorinthian.org)



**Ideal 18 Sailing Update**

Ahoy all ECYC women sailors! Update on



## IMPORTANT DATES:

- **June 14th:** First "Friendly" RTB Race hosted by ECYC
- **June 17th:** Wednesday Night Music - WSQ
- **June 19th - 21st:** SSCA GAM in Essex
- **June 20th-21st:** Sailstice Cruise to Coecles Harbor
- **June 21st:** Father's Day Pizza Night
- **June 24th:** Wednesday Night Music - Corinthian Jazz Band
- **June 26th:** New Member Reception & Music to Dine By with MattMcCauley and Joel Spinetti
- **July 1st:** Wednesday Night Music - Ear Candy for The Soul
- **July 4th:** Essex Harbor Boat Parade & Cookout
- **July 8th:** Wednesday Night Music - Corinthian Jazz Band
- **July 12th:** Second "Friendly" RTB Race hosted by EYC
- **July 15th:** Wednesday Night Music - Jim Paradis
- **July 18th:** Three-Mile Harbor Race & Cruise

Refer to our event calendar on our website at [www.essexcorinthian.org](http://www.essexcorinthian.org) for event details!

## VIEW FROM THE BRIDGE



### Summer Sailing Classes!

Ladies' sailing classes will be held on Wednesday nights; starting July 8th at 5:00pm! My email address is [cindysgibbs@gmail.com](mailto:cindysgibbs@gmail.com), or call me at 860-391-5400! Plus we have 3 (three!) Ideal 18s available this



summer, so we can accommodate more students! Come join the fun on Wednesday nights; fine tune your skills or get started among ECYC friends! Please sign up soon! I will also be offering semi-private lessons earlier in the afternoon on Wednesdays, for anyone who desires more one-on-one instruction; these will be by appointment. I look forward to seeing everyone this summer! Happy Sailing,

**Cindy Gibbs**

### 2015 ECYC ADULT SAILING LESSONS

Sailing lessons will be offered in our Ideal 18s. Instruction will include all day lessons on Saturdays from 10 am to 4pm, starting on May 23rd. The Saturday lessons will extend over a course of three weeks. The cost for the course will be \$100.00 and includes all teaching materials and instruction. At the end of the course you may go through qualification to use our Ideal 18s.

Register with our club manager or sign up on a posted notice at the club. Classes will be based on sign up. Instruction will be provided by some of our top ECYC sailors. Classes are limited, so sign up early.

If you have questions, please contact

**Ed Birch**

### 2015 Dingy Rack

Please register your dingy if you plan to store it in the ECYC racks. Please contact **Steve Rodstrom** to register if you have one of the boats in the rack now or wish to add your dinghy. Space is limited, and we will start removing unregistered craft.

## ON-SHORE & HOUSE

Time flies, when you're having fun. This old adage is more than true! ECYC is back in full splendor, thanks to Chuck Grusse and his team, the awning is up, the fans and lights are in, and balmy nights on deck are just around the corner.

The "Ladies On Deck" get-togethers have started, taking advantage of the deck, and our first get-together saw a great number of ECYC Ladies enjoy the evening. We are planning further get-togethers every second Tuesday in July and August. Come, grab your favorite cocktail, bring and appetizer to share and enjoy!

Our **new music program** has started as well. In addition to the Corinthian Jazz Band we are offering the sounds of a variety of artists and groups on Wednesday nights. Please refer to the online music program at [www.essexcorinthian.org/ecyc-music-program.html](http://www.essexcorinthian.org/ecyc-music-program.html) for details.

## Dear Friends!

### Fair Winds and Following Seas to Elaine Kyle:

This Friday, June the 12th, will mark the end of an era for ECYC and the beginning of a new adventure (commonly referred to as retirement) for our beloved Club Manager, Elaine Kyle. Elaine will ALWAYS remain a huge part of the ECYC family. Please join me, the current BOG and many past Boards in a heartfelt thank you Elaine, for all you have done for our great little yacht club. Please know that Richard (Dick) Kyle has also earned our gratitude and will be missed! Beyond his role as supportive husband to Elaine during her tenure here, Dick has handled much of the editing and the printing of the club roster for ECYC for many years. All of us at ECYC wish you the very best of health and happiness.



*Elaine and Dick Kyle*

Jean Little is quickly coming up to speed as our new Club Manager. Please join the BOG in extending a very warm welcome to Jean! If you haven't done so already, plan to stop in to the club office, say hello and introduce yourself to Jean.



### Newport 12 Meter Challenge:

David Evangelisti and Dan Taylor-Stypa coordinated our Club's entries into the Eastern Connecticut 12 Meter Challenge. The event was held this past Saturday in Newport Rhode Island and saw 26 members of ECYC out on the bay competing in two of the five 12 meters chartered for the event. Thanks for a great day!

### BOG Meetings are Open to All Members:

All Board of Governors meetings are posted in advance (see the bulletin board outside of Elaine's office for 2015 dates). We'd like to hear from you and get your feedback on events, galley, sailing programs - whatever!

Cheers,

**Tim Brewer**

Commodore



## Galley News

What better place to spend a beautiful summer evening than dining al fresco at the ECYC? Wednesday's music evenings are in full sway which offer a perfect break in your work week. Join us for the great toe tapping music and Coastal Cooking's delicious fare.

For a special treat this Father's Day, Coastal Cooking will be offering a pizza buffet at its Sunday evening meal. After a full day of boating or other outdoor excitement, come relax on the deck and enjoy sampling the many different gourmet pizzas Monique and Ed will concoct. Last year's pizza buffet was a big success-there is sure to be another crowd-pleaser.

We are also planning a few **Friday Night Music events** for those of you you cannot make it on Wednesday nights. The first one was a verified success: Jason Jenkins and his Spanish guitar filled the dining room not only musically but attracted over 90 guests for Friday dinner on May 29th! Our next music offerings will be a little on the quieter side, **Matt McCauley, The Jazz Circle and Joel Spinetti will return on Friday, June 26th**. Please do us a favor and simply let us know whether you are planning on coming for dinner, so we can help the galley do their planning a little ahead of time. Watch for an e-blast with details on how to sign up. Thank you!

One other event we held recently was a little get-together to say our **farewells to Elaine Kyle**, our long-time club manager. She was asked to officially christen our third Ideal 18 "Dauntless" and did so with bravado! Many past commodores, past and current board members stopped by to let Elaine know that she will be missed. The get-together also gave many of us to meet the **new club manager, Jean Little**. Please make her feel welcome in our Corinthian community! If you haven't met her yet, stop by the office and say hi!



Elaine Kyle christens "Dauntless"

As we are planning a wide variety of events for 2015, I encourage you to **join a committee**, whether on- or off-shore, we need you! We have a very motivated Board of Governors, and we welcome members' support in any of our endeavors! This is one of the characteristics that makes ECYC so special - we all share the Corinthian Spirit and come together to help. If you have suggestions or comments, please feel free to contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.

See you all soon at the best yacht club in Essex!

### Ruth Emblin

Rear Commodore

Email: [rearcommodore@essexcorinthian.org](mailto:rearcommodore@essexcorinthian.org)



### House Committee Update:

Like spring, maintenance activities have been slow to get started this year. I was out of the state for most of May, however the continual crisis events did not take the leave I was enjoying myself. A galley appliance started to

**Just as a reminder, please be sure when filling out your dinner order to be sure to underline your appetizers and to include your table number. This will help the staff greatly in locating you at your table and delivering your dinner to you.**

Summertime provides many opportunities to celebrate milestones- high school and college graduations, as well as birthdays and anniversaries. The Club is the perfect setting to hosts friends and extended family for your special event. Monique would be delighted to help you plan your special gathering.

We are in the process of setting up a new page on our website detailing all you need to know about club rental and catering. Please look out for an e-blast with an announcement in the near future!

**Remember, we publish updated menus via e-blasts and on our website. Check back often to see what is new: [www.essexcorinthian.org/dining.html](http://www.essexcorinthian.org/dining.html)**

Looking forward to seeing you at the club!

### Hollis Barry

Galley Liaison

### Did You Know?

**We want your feedback about our galley activities.**

Please let us know what you think!

Email Hollis at [galleyliaison@essexcorinthian.org](mailto:galleyliaison@essexcorinthian.org)

**FEEDBACK**

*We want to know what you think about our galley!*

### Early Summer Galley Hours:

#### Lunch:

Wednesday, Thursday,  
Friday and Saturday (self-service)  
11.30 am to 2.00 pm

#### Dinner:

Wednesday (self-service),  
Friday (table service)  
6.00 pm to 8.30 pm

#### Brunch:

Sunday (self-service)  
11.00 am to 2.00 pm - special brunch  
hours on selected holidays!



SAVE THE DATE! TREAT DAD TO DINNER AT THE CORINTHIAN CAFE:

*Father's Day, Sunday, June 21st is PIZZA NIGHT at ECYC!*

**Watch for an email with details!**

### Did You Know?

#### NO SMOKING OR OPEN FLAMES ON PREMISES:



As the weather is improving and summer gatherings on the deck are starting, please remember that there is absolutely no smoking or open flames allowed in the clubhouse, on the upper or lower decks or on the surrounding docks. Smokers may use the area near the garbage containers in the parking lot but are asked to properly dispose of their cigarette butts. It is especially important to ensure that they have been put out properly, as there is a high degree of fire danger due to the current dry period. Open flames (e.g. candles) are not permitted on premises (the reason our caterer uses covered oil lamps or battery-powered tea lights for atmosphere) - let's all make sure our clubhouse and those who use it remain safe!



leak propane requiring immediate response and relief, the attic fan motor seized triggering circuit breaker shutoff, and a mid-summer type heat wave replaced the fall like spring requiring early installation of AC units just in time for the Gary Jobson event. Each of these events required immediate attention, which I cannot thank Commodore Brewer, Steve Rodstrom, Hollis Berry, and Ruth Emblin enough for stepping in to get remedial steps initiated.

The first time I stopped by the club upon my return I noticed immediately the splash of color across the entrance brought to life by the plants and flowers in the planters. Everyone owes Cheryl Arndt a huge thank you for taking the initiative (2 years in a row now) to get these planters populated.

Another first I came across was Elaine and our new club manager, Jean Little, huddled over stacks of papers as they were deeply engaged in Jean's transitional training. Appropriately enough they were framed by a vase and ice bucket collecting the droplets of water coming into the office from above. Apparently the bar room "dry" sink drain pipe had been pushed out of position, draining directly to the bar room floor. The situation provided an excellent opportunity in Jean's training to include the role of club manager to be part time handyperson and emergency responder. Jean stepped right in, welcome Jean!!

I've yet to be successful in my attempts to receive any volunteers to become a point of contact (POC) for the 4 areas I have hoped for assistance and off-loading of, at times, overwhelming needs of attention to the club building. Such POC's will become the subject matter expert, be the contact and initiator for any vendor services, maintenance, identify necessary acquisitions, and schedule & coordinate work days. For each POC I will share all I have in materials, contacts, historical information to kickoff and serve as introduction to begin their role. The areas I seek a volunteer from the committee to become the respective POC are:

- Exterior: ensure & monitor care for the building exterior including siding, decking, awning, lighting, grill, stairs, doors, locks.
- Interior: ensure & monitor care for the cleaning, windows, floors, heads, lighting, bar, river room, electronics, plumbing, electrical, carpet, supplies.
- HVAC: ensure & monitor care for the furnace, oil & propane vendors, AC units, fans.
- Gardening: plan, acquire, plant, and arrange care for all plants on club premise (boxes, hanging, urns, etc).

I appeal to the entire membership to please consider helping the club and the house committee to become one of the POC's. Contact me at [cgrusse@snet.net](mailto:cgrusse@snet.net) to get started.

As mentioned previously, one major task to be completed will be the staining and repainting of the rear deck and railings. Look for announced scheduling of work efforts to complete this large undertaking.

Thank you in advance for all assistance, enjoy this great time of year.

**Chuck Grusse**

House Chair

Email: [house@essexcorinthian.org](mailto:house@essexcorinthian.org)

**Entertainment Committee Update:**

Well, we kicked off our Summer Music Schedule in late May with the return of our very own

**WEBSITE:**

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, [www.essexcorinthian.org](http://www.essexcorinthian.org)!

**IMPORTANT REMINDER:**

Please remember that with the change of domain to [www.essexcorinthian.org](http://www.essexcorinthian.org) over a year ago, the general office email address was changed to [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org).

We noticed that some of you are still using the old email address, which will no longer work. Please make a note of it, if you have not already done so.

**Eastern Connecticut 12-Meter Challenge in Newport, RI:**



Some of the ECYC members who participated in the 12-Meter Challenge

ECYC participated in the 12-Meter Challenge in Newport RI on Saturday, June 6th. We had Northern Light and Gleam at our disposal. The day was perfect, wind was gusting to 20 knots, and the beautiful 12-Meters were a sight to see!

While we did not win the regatta this year, we all very much enjoyed the day on the water - and the tailgating party that followed! Thank you to everyone who brought food and drinks.

Here are the results:  
6th Annual Eastern Connecticut 12 Meter Challenge

Boat	Club	Race 1	Race 2	Race 3	Total	Place
Columbia (built 1958)	NCYC	1	1	2	4	1
Heritage (built 1970)	BYC	3	2	1	6	2
Gleam (built 1937)	ECYC	2	3	4	9	3
Northern Light (built 1938)	ECYC	4	5	3	12	4
Intrepid (built 1967)	TYC	5	4	5	14	5

Thank you to David Evangelisti for volunteering as this year's point man for registration and organization!

**SHIP'S STORE SPECIAL - ONE NIGHT ONLY!**

**Save 10 to 20 percent on all Ship's Store purchases, on Friday, June 19th**

Corinthian Jazz Band. About 30 members and guests were able to attend and had a really good evening of fun.



Friday night, May 29th, brought a new artist to our club. Jason Jenkins, a renowned classical guitarist played to what was pretty much a full house of 90 members and guests. Our own Jon Gibbs got out his Bongo drums and joined Jason to finish out the night. It was very enjoyable, with CCC providing a menu with Spanish flavored food to round out the evening. For those of you who missed Jason, he will make another appearance at the club in August, with his percussionist Perdomo. Please refer to our website for details.



We have put together a list of our summer program on our webpage with links to the various artists that are appearing. For those of you who are loyal fans of CJB, they receive top billing and continue to delight us year after year. We have added some new

artists this year to encourage other members to join us on Wednesday nights.  
Link: [www.essexcorinthian.org/ecyc-music-program.html](http://www.essexcorinthian.org/ecyc-music-program.html)

We are now in the beginning stages of planning our 4th July picnic. The harbor parade permits have been applied for and we asked our DJ to return to keep the music flowing. We will be looking for parade boats (please contact Steve Rodstrom if you want to run your boat in the parade) and food contributions as in previous years.

We will be asking everyone to RSVP to insure plenty of food is available as this is always a huge undertaking on the part of your Entertainment Committee.

If you are new to the club and want to get to know people quickly please sign up to join the entertainment committee. We always love to have people help us with all aspects of the party planning experience. And we have a lot of fun doing it!

Our "Ladies on Deck" evenings kicked off last Tuesday. Come join us every second Tuesday in July and August on the deck. This is the night the ladies can come hang out and relax on deck for the evening. We hope to see both new and old members for an evening, just getting to know each other. If your schedule allows, please feel free to bring an appetizer to share and a friend or neighbor who might like to join the club.

Remember, our events are listed online at our website, just go to [www.essexcorinthian.org](http://www.essexcorinthian.org) ... and click on "Events"!

**only!**

Take advantage of this special offer to stack up on glassware, clothing, accessories, you name it!

See Jean Brewer for details.



### Green Tip of the Month:

The University of Maryland Center of Environmental Science recently published a Report Card for Long Island Sound.

While we are lucky to live in an area with less pollution than others thanks to our proximity to the open Atlantic Ocean, we still have to consider the effects of our everyday lives on Long Island Sound. It seems logical that the more densely populated areas will be more affected, however, we cannot simply claim this does not concern us because we live in smaller towns. The everlasting cycle of the tides picks up pollution from our region as well, slowly and surely making its way down-Sound, only to end up in regions where there is less water exchange.

Take a look at the graphic below.

#### Region: Overall

There is a variation from west to east of unhealthy (F) to healthy water quality (A). The Western Narrows is affected by the highly populated, suburban-urban communities surrounding New York City and scored the worst. Moving east from western Connecticut and western Long Island, the water quality improves. In the eastern Sound, the pollution is diluted by exchange with the Atlantic Ocean. Overall, water quality indicators in Long Island Sound scored good or very good except phosphorus, which scored poorly. Very high turbidity in the Western Narrows restricts light, preventing phytoplankton growth; however, moving east from western Connecticut and western Long Island, turbidity improves, which allows phytoplankton to grow.



#### How can we take action to improve overall Long Island Sound health?

Your actions can help improve the Sound! There are numerous local programs in small embayments throughout Long Island Sound that monitor water quality and other indicators on a more focused scale than is conducted by state and federal governments. As these embayment monitoring programs grow, their data become increasingly valuable to tell the story of annual Long Island Sound ecosystem health. Getting involved with a local embayment group and helping in cleanups and water quality monitoring will help us restore Long Island Sound!

Here are some suggestions for how you might contribute towards improving Long Island Sound health:

- Participate in river and coastal clean-up events. By removing discarded trash and debris from our waterways, you will help protect water quality and the aesthetics of the environment.
- Be a responsible boater. Never dump trash or debris overboard. Recycle plastics and glass containers and keep them out of our waterways.
- Compost yard waste, like leaves and grass into valuable soil for lawns and gardens, maintain vegetative buffers along stream banks to prevent erosion, and be mindful of the use of fertilizers and chemicals.
- Be a considerate pet owner. Never throw pet waste into storm drains or into rivers, streams, or coastal waters. Pet waste contains bacteria that can cause diseases and threaten the safety of those who come in contact with the water.

If you have any questions or suggestions, please call me at 860 227-1363 or email me at [events@essexcorinthian.org](mailto:events@essexcorinthian.org) .

**Cheryl Arndt**

Entertainment Chair

Email: [events@essexcorinthian.org](mailto:events@essexcorinthian.org)

**Membership Update:**

Please join our nominating members Kathy and Don Shannehan, Priscilla Robinson, Steve Rodstrom and Ellen Smoller in welcoming ECYC's newest members!

**Edward and Shirley Curley** of Deep River were nominated by Steve Rodstrom and seconded by Commodore Tim Brewer. Presently owners of Teaser a 34' Silverton, Ed and Shirley have extensive boating experience. Formerly the Commodore of the Middlesex Yacht Club, Ed, a Power Squadron Advanced Pilot, holds his OUPV/Six Pack Captain's License. The Curleys are looking forward to making new friends and sharing boating experiences.

ECYC also welcomes **R. Dan Eubank and Sandra Eubank**. Nominated by Kathy and Don Shannehan and seconded by the Membership Chairman, Valerie Votto, the Eubanks recently relocated to Essex from Nantucket. Wanting to be involved with a Yacht Club, ECYC is lucky that they sought us out. The Eubanks are already involved in ECYC activities; their membership was approved on a Tuesday evening, and thanks to Pricilla Robinson, they were both members of the race committee by Wednesday morning.

Summer is finally here. Encourage your friends to join us. Review Bell 8 and the e-blasts to find out about our upcoming events.

**Val Votto**

Membership Chair

Email: [membership@essexcorinthian.org](mailto:membership@essexcorinthian.org)

For more information, please visit the University of Maryland Center of Environmental Sciences at <http://www.umces.edu>

Hope to see you at the club or out on the water soon!

**Ruth Emblin**

Rear Commodore & Fleet Communicator



*The Essex Corinthian Yacht Club's Bell 8 Newsletter is a monthly publication issued by the Essex Corinthian Yacht Club of Essex, CT.*

For general questions on ECYC please refer to our website at [www.essexcorinthian.org](http://www.essexcorinthian.org), email us at [ecyc@essexcorinthian.org](mailto:ecyc@essexcorinthian.org), or snail-mail to

Essex Corinthian Yacht Club  
PO Box 759 - Essex, CT 06426  
Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at [www.essexcorinthian.org/club-officers.html](http://www.essexcorinthian.org/club-officers.html)

Find us on Facebook at: [www.facebook.com/EssexCorinthianYachtClub](http://www.facebook.com/EssexCorinthianYachtClub)

*Please note that schedules may change at any time without prior notice. ECYC and the editor are not responsible for any errors or inaccuracies derived from information provided by third parties.*

