

October 2025 Newsletter

Dear Sunrise Community,

Autumn weather has arrived, and the days are brisk and cool! Please send your child to school with appropriate outdoor clothing for recess times, including warm outdoor footwear, and a warm jacket. It's a good idea to



pack a hat and mittens in your child's backpack each morning. Additionally, please label all your child's outdoor items as students are learning about their personal belongings. Thank you!

Thank you for attending our October Curriculum Night

It was great to see so many of the families at our annual Curriculum Night this past month. We hope that you found the evening both informative and educational. For more information on the Montessori Method and curriculum, please check out the Sunrise table in the front room of our school. There are various forms, brochures, parent books, and magazines that may help answer any other questions you may have. Please feel free to take any of the forms/brochures at your convenience. You may also borrow the parent books/magazines.

Picture Day on Tuesday, November 4th - Vicario Studios

Since 2010, both individual student and classroom group portraits have been scheduled with Mr. Paul Vicario. Paul's studio is located right next to our school in the Moseley Complex, and the students often greet Mr. Vicario from the playground.



You may choose to have your child participate in the individual and the classroom group photos; the order form envelope was included in the folders from Curriculum Night. Even if you choose not to purchase individual photos, your child will still participate in the classroom group photo that morning.

What should your child wear for photo day? Consider comfortable clothing that your child enjoys wearing. Perhaps decide on the outfit with your child a few days ahead of time. Solid colors or simple patterns are best for photos.

Please make sure your child arrives at school by 8:30am. On the morning of the photos (around 9am), the students walk over to the studio (one classroom at a time) with their teachers until their photos are completed. This takes about 30-40 minutes per classroom. If you have any questions or comments, please reach out to me.

Celebrating 20 years of Montessori preschool and kindergarten programs in Franklin!

31 Hayward St., Suite J2 PO Box 515 Franklin, MA 02038

www.MySunriseMontessori.com

Other Upcoming News & Events

Professional Development Day on Monday, November 10th

During our next in-house staff workday, there is no school and no extended day program.

Upcoming Veteran's Day, Tuesday, November 11th

No school/no extended day program. Thank you to all who have served in the military for our country.

Upcoming Thanksgiving Break

Please mark your calendars for the Thanksgiving Break. Sunrise will be closed from November 26th – 28th. School resumes on Monday, December 1st.

Plan Ahead for Sunrise Food Drive to benefit the Franklin Food Pantry

I am happy to announce that Sunrise will participate in our long-standing food drive tradition beginning on **December 1st through December 17th**. During this time period, the school will collect non-perishable food items and other needed items for our local pantry. Feel free to send along any donations with your child during the morning drop off. Your child may add these items to the baskets in the front room area. I will then deliver everything directly to the Franklin Food Pantry on Thursday, December 18th.

The Franklin Food Pantry is located at 341 West Central St., Franklin. A list of the Food Pantry's current needs and their Amazon wish list may be viewed at: https://www.franklinfoodpantry.org/get-involved/pantry-needs/ Monetary donations (payable to the Franklin Food Pantry) are also accepted.

Parent / Teacher Conferences on Thursday, December 4th and Friday, December 5th

Parent / Teacher Conferences will take place on Thursday, December 4th in the afternoon and all day on December 5th. To hold the parent conferences, please be aware that there is an early dismissal on December 4th at 11:30am for all students (no lunch for full day students), and there is no school on Friday, December 5th.

To help accommodate the families during their conference time block, childcare will be available in the front room area in Classroom C if you choose to bring your child. I will provide a separate email with more conference details, along with the Parent Conference Signup links for both classrooms during the first week of November. Sunrise highly recommends all families sign up for a parent conference as this is an important time to meet at the school with your child's teachers. Student progress reports (hardcopies) will be sent home in advance for your review.

Student Absence and Illness Policy

Please contact the office either via email or by phone in the event that your child will be absent for any reason. Additionally, please alert the school if your child has a contagious illness. Sunrise strives to keep our families and staff informed of any contagious illness to prevent further spreading within the program. We appreciate your diligence in this matter. It is important that sick children remain out of school when they are ill or have not fully recovered from an illness. This decreases the likelihood that germs will spread. Please refer to the Sunrise Parent Handbook to learn more about our school policies.

Thinking Ahead Regarding Inclement Weather Delays and School Cancellation Policy

Sunrise typically follows the Franklin Public School's inclement weather policy. In the event of a delay, closing, or an early dismissal, I will email the parents directly. This policy is outlined in the Parent Handbook. You may also check the school's website www.MySunriseMontessori.com and Sunrise's Facebook page at www.facebook.com/sunrisemontessori for any weather announcements as well.



Ways to support Sunrise Montessori School

Sunrise is a 501c3 non-profit organization. Our program operates on tuition, grants and donations from our community members. Our school is governed by a volunteer Board of Directors, made up of our co-founder(s), and former and current parents. We rely on the generosity of others to help support our program. Your contributions and support are greatly appreciated.

1. Sunrise Amazon Wish List – a great way to support Sunrise's classrooms

If you like to shop online, this is a great way to support our classrooms. Classroom and program material items are added each month to purchase and ship directly to our program. Please check out the following link: Sunrise-Amazon-Wishlist

2. <u>Sunrise Venmo Donation Option Venmo | Sunrise Montessori School Inc.</u>

Sunrise accepts donations through our Venmo option. Last year we created this donation option for our Spring Fair ticket sales and/or to make general donations. We are excited to continue this donation option. If you donate through Venmo, you may choose to highlight which area you would like to support:

- Sunrise Staff Professional Development Fund donating to this fund helps support our staff to participate in quality professional development opportunities such as The Montessori Event 2026 through the American Montessori Society (AMS) held in March 2026 in Washington D.C. and the Montessori Schools of Massachusetts (MSM) Conference held in January 2026 at Dean College. Professional development is a requirement for our staff, and it is important that every member be provided the highest quality of training to best serve the students and families within our program.
- Classroom Materials, Supplies and/or Outdoor Playground Development donating to this option helps contribute to keeping our classrooms and playground updated and beautiful. Material replacements are often costly in a Montessori environment as many of the materials are ordered through specific companies. Maintaining and updating our playground with quality materials is our highest priority. We appreciate our family involvement and commitment to our program. Please reach out anytime with questions or comments.
- 3. Participate in passive fundraisers throughout the year. Please consider supporting Sunrise through a passive fundraiser. There is no additional cost to you, but our school benefits either through school related supplies, vendor credits or a monetary donation.

For Small Hands

Montessori items for your child. Order anytime throughout the year, use school code ##130133 and Sunrise will receive credit. https://www.forsmallhands.com/scp/130331

Mabel's Labels

This popular fundraiser provides high quality labels for everything your child brings to school. Click onto the button to "support a fundraiser" and choose Sunrise Montessori School Inc (Franklin).

Scholastic Book Clubs

Parents, grandparents, family and friends are welcome to select quality paperback and hardcover books for children. The school earns points which can then be used to purchase classroom supplies, furniture and more books!

Sign in to your existing Scholastic account (for parents who have previously ordered) OR set up an account through our class page: https://orders.scholastic.com/KNYN8

See the latest November / December flyers online.

Sunrise Family Donations – THANK YOU

This past month, we received a donation purchased from <u>Scholastic Books</u>. Thank you to Colin Cugini's family for adding the following books to our school's library:

• I Spy an Apple

• When Things Aren't Going Right Go Left

We also received many donations purchased from <u>Sunrise's Amazon Wish List.</u> Thank you to Kaiden Abraham's, Luciano Lapriore's and Isla Keough's families for adding these amazing materials to our classrooms:

- 3-D Puzzle Emergency Vehicles 2 sets of Fidget Sensory Toys Magnetic Color and Number Maze
- Set of Musical Tubes Construction trucks for our sandbox Steel Tongue Drum

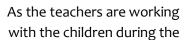
Website and Facebook

Throughout the year the school uses its website and Facebook page to inform parents of current events and to post pictures from recent events. Please take a look at www.MySunriseMontessori.com

Be sure to check out our "Parent Corner". This page can be found on the menu tab of our website. Click on any of the hyperlinks to view the selected form or information page as a PDF.

Keeping in touch

If you have any questions or comments, please know that you can reach us via email.



day, please note that a reply to your question may come after the afternoon dismissal or later.

If your message is urgent and you need to reach someone right away, please call the school at 508-541-8010.



Head of School

Andrea Rossick:

Headofschool@MySunriseMontessori.com

Head Teachers

Samantha Renaud, Montessori Head Teacher Classroom-A@MySunriseMontessori.com

Emily Hill, Montessori Head Teacher Classroom-B@MySunriseMontessori.com

Sunrise Parent Representatives:

Erica Cucino, Stephanie Rogers & Manisha Thanneeru ParentRep@MySunriseMontessori.com



CALENDAR OF EVENTS

Tuesday, November 4: Photo day

Thursday, November 6: Scholastic orders due.

Book Clubs

Monday, November 10: Professional Development Day. No classes, no extended day program. This is an in-house work day for all staff.

Tuesday, November 11: Veteran's holiday. No classes, no extended day.

Wednesday, November 26 through Friday, November 28: Thanksgiving Break. Enjoy the holiday with your family. No classes, no extended day.



Pizza Fridays: October 31; November 7, 14 & 21

Sensation Station: Classroom A attends on Thursdays; Classroom B attends on Wednesdays



is holding a

Fund Drive

to benefit the



December 1 - 17, 2025

Monetary donations go a long way! The Pantry can buy food from community partners at a fraction of the retail price. Monetary donations also allow The Pantry to purchase fresh food (fruits, vegetables, dairy products, meat, etc.).

There are many ways to support this fund drive:

Cash: Place cash in a sealed envelope, write Franklin Food Pantry Donation and your name on the envelope and bring to school with your child or drop off in the black box.

Checks: Make checks payable to Franklin Food Pantry and write Sunrise Montessori School, Inc. on the memo line and mail directly to:

Franklin Food Pantry 341 W Central Street Franklin, MA 02038.

Online Donations: Visit <u>www.franklinfoodpantry.org</u> and write Sunrise Montessori School, Inc. in the online form's Acknowledgement Box.

For more information, please contact

Andrea Rossick, Head of School

<u>HeadofSchool@MySunriseMontessori.com</u>



Classroom A Newsletter October 2025

Dear Classroom A families,

Happy Fall everyone! Over the first two months together it has been wonderful to see the children getting to know each other more and forming positive relationships and friendships within our classroom.

This month Classroom A started going to Sensation Station every Thursday. The children enjoy going to Sensation Station where they can strengthen and explore their gross motor skills. The children's favorite activities include the slide, swing, zipline and the rock wall.



As a reminder, please ensure your child arrives at school **no later than 8:45am** so we can walk over as a class. The children should wear comfortable clothing and closed-toed, comfortable shoes. We will walk to Sensation Station in all kinds of weather (rain/snow/cold weather). Please make sure your child is dressed for the weather (rain boots, raincoats, hats and gloves for the cold).



Practical Life

This month in Practical Life the children are enjoying our pumpkin scrubbing work. For this activity, the children grasp the pitcher and fill it up with water from the sink. Next the children pour the water into the bucket and use the eye dropper to place soap on the pumpkin. Afterwards they grasp the scrubber and scrub the pumpkin until it is clean. Finally, the children will dry the pumpkin with a towel and clean up any wet spills they have made in the process of the work.



This work requires a lot of hand to eye coordination, concentration and decision making.



Language

This month in Language the children are being introduced to consonant-vowel-consonant (CVC) words. With this work, the children use their knowledge of the sandpaper letters (which are made with rough sandpaper to provide a tactile learning experience) to blend the three sounds to form a word. Examples of CVC words include c-a-t, d-o-g, f-a-n, h-a-t and many more.

Geography

In Geography the children are exploring the continent of Africa. The children learned that the Nile River is the biggest river in the world. Other fascinating facts include famous landmarks that are located in Africa as well as which animals live on the continent.

Science

Throughout October the children studied the parts of a leaf and the names of each leaf. The children went on a scavenger hunt outside to pick up leaves, acorns, and rocks. They are learning that each leaf has a name (aspen, willow, maples, oak, etc...). The children are also working on 3 part matching work of a pumpkin.





Cultural Studies

In October the class learned about Yom Kippur – this holiday was observed beginning on the evening of October 2nd and celebrated the day of atonement in Judaism. The children learned how to trace and write the word *Yom Kippur*.

This month the children also learned about Diwali which began on October 20th. Diwali is the Hindu festival of lights, celebrating good over evil and light over darkness. Thank you, Anisha (Anmit's mother), for coming in as a guest visitor to talk about Diwali and the wonderful art project (clay lamps with the tea lights).

The children learned about Halloween at the end of this month. On Halloween many children dress up in costumes and walk around the neighborhood to collect candy. The children had the opportunity to go outside to the playground and find one pumpkin to take home.





Throughout the week leading up to Halloween the class carved a pumpkin. In the upcoming weeks the children and parents will have the opportunity to see the results of carving the pumpkin. Typically, in November the pumpkins are placed in the garden box outside the school. As the pumpkins are exposed to weather and time passes, the children are fascinated by the ongoing decomposition.

Kindergarten Corner



This month in Kindergarten the children are working on blending their sounds and practicing how to read CVC words. They are writing these words in their notebook after they read them.

The children are also working on the hanging teen beads. This work reinforces number recognition, linear counting and place value.

A big thank you to Anisha (Anmit's mother), Maureen (Avery's grandmother), Ana (Leonardo's mother) and Karen Roeber (Sunrise co-founder & former Head of School) for being our guest visitors this month!

Sign-up links

Throughout the school year, our classroom honors birthdays. Please schedule your child's birthday celebration now via the following link:

Birthday Walk Sign Up Classroom A

As part of our parent involvement, our classroom encourages guest visitors. This opportunity will begin in October. If you or someone special in your child's life would like to sign up to be a guest visitor, please sign up via the following link:

Guest Visitor Sign Up Classroom A

Flower arranging is an excellent way for the children to make the environment their own as it is a part of the **Everyday Living** curriculum. We invite you to sign up for a week during which your child may bring in a bouquet of your choice! Please sign up here:

Flower Sign-up 2025-2026

Your child's teachers, Ms. Samantha, Ms. Marieliam, Ms. Karen October Birthdays
Happy Birthday to Mckenna!





Classroom B Newsletter October 2025

Dear classroom B families,

Happy October! This month, we have been enjoying the beautiful fall weather! We spend a lot of time outside on the playground. As it gets colder outside, please send hats, gloves, warm coats, and appropriate footwear (please, no scarves as these are an entanglement hazard). We will go outside every day (unless it's raining). The weather is changing quickly, and we would love to spend as much time outside as possible.



Reminders for Sensation Station - your child should wear shoes that can be easily removed. Socks are necessary! The children remove their shoes at the gym but will keep their socks on.



Everyday Living

October is all about pumpkins! In Everyday Living, the children have been working with many different pumpkin-related activities. Pumpkin pounding and pumpkin scrubbing have been some of their favorites. Everyday Living activities help a child build fine motor skills and develop concentration.

As a part of our Everyday Living curriculum, the children often enjoy flower arranging. If you would like to bring in a bouquet of flowers, please sign up here:

Flower Bouquet sign up: Classroom B

Thank you to Mehr, Colton, Sebastian, and Colin for providing flowers this month!

Science

This month the class explored the anatomy of a pumpkin. We learned that a pumpkin has many parts, including the stem, leaf, pulp, rind, seeds, and fibrous strands.

The children got to participate in a Pumpkin Patch. The teachers placed pumpkins around the playground before school. During recess, each child could pick one to take home. They took turns looking for a pumpkin, and were called according to age. The children had a lot of fun running around looking for a pumpkin!





We were also able to carve a pumpkin in class. The children helped scoop out the pumpkin pulp. We decided as a class what face to give our jack-o'-lantern. We learned to sit back while the teacher carved the pumpkin - a sharp knife was used to cut into the rind.

After the pumpkin was carved, a bowl with the seeds was passed around for the children to feel. They noticed that the pumpkin seeds and the fibers felt cold and slimy. We even put a light inside the jack-o-lantern!

Geography

We are studying Asia and are focusing on India and China. In class the children are working with three part-matched animals from Asia. We discussed how we have seen some of these animals in the zoo, while others we have never seen before.

We are also learning about pandas. We learned that pandas are mammals and mostly live in China. Pandas survive almost entirely off bamboo and can eat for up to 16 hours a day.





Diwali

The Hindu festival of lights was celebrated on October 21st. It symbolizes the spiritual victory of Dharma over Adharma, of light over darkness, of good over evil, and of knowledge over ignorance. Diwali is celebrated during the Hindu lunisolar months of Ashvin and Kārtika, and the celebrations generally last five or six days.

Sukkot

Also known as the Feast of Booths, Sukkot is a weeklong Jewish holiday celebrating the harvest and commemorating the Israelites' journey through the desert after leaving Egypt.

Sukkot was celebrated this year from October 7th to October 13th.

Sukkot is celebrated by dwelling in a booth covered with foliage, called a Sukkah. Many people spend all seven days eating and living in the Sukkah.

If you would like to visit the classroom to read a story, teach the children about a special holiday, or plan an activity for the class (or anything else), please sign up to be a guest visitor. We would love to have the children's family members visit our class!

Guest visitor sign-up: classroom B

Thank you, Ana Paquette, (Sebastian's mom), and Karen Roeber (one of the school's founders and former Head of School) for visiting our class this month!

Kindergarten Corner

In kindergarten, the children have been working on writing and reading CVC words (consonant-vowel-consonant words). These words are fundamental for beginning readers because they help build phonemic awareness and reading fluency.





Birthdays!

Happy birthday to Noelle, Reid, Leia, Ms. Marianne, and Ms. Jessica! If you would like to sign up for your child's birthday walk, please follow this link: Classroom B birthday walk sign-up

Sincerely, Ms. Emily, Ms. Marianne, Ms. Jessica



October 2025 Extended Day Newsletter

October feels like it went by quickly. We kept busy this month with arts and craft themes about farm animals, autumn, and Halloween. The art projects are set up daily for each child to choose (or not choose). On most days everyone participates and enjoys bringing home something different!



In Science we learned what happens when you mix vinegar and baking soda with the Dancing Popcorn experiment and an Apple Volcano experiment. When vinegar (an acid) and baking soda (a base) are mixed, this causes a chemical reaction, creating a gas called carbon dioxide.

During the Dancing Popcorn experiment we filled a clear cup with vinegar, poured a layer of popcorn kernels at the bottom, then added a small amount of baking soda. The reaction was instant and created fizzing bubbles which attached to the kernels, bringing them to the surface and then bouncing them which made the kernels appear to "dance" up and down.

With the Apple Volcano experiment we took the core out of the apple, spooned some baking soda into the bottom, and then poured red colored vinegar in for a lava effect. Again, the reaction was instant, and we saw fizzing bubbles come out of the top.

The children were fascinated by these experiments and learned fun facts.

Jessica & Amanda







The morning and afternoon Extended Day Programs offer a safe, fun and welcoming environment where children are offered age-appropriate activities which promote learning opportunities and social interaction with staff and classmates. This program is held in the front classroom of the school and on the playground.