

BROADCASTER

July/August 2013

Missouri State Association Licensed Practical Nurses

President's Message

Greetings Everyone,

I can't believe it is already June, and our Convention has come and gone. What an awesome time it was for me, and I hope it was a fun and great learning experience for you as well. I especially was excited about our Speakers this year and felt they did a wonderful job with their presentations. We hope you plan to join us at next year's convention which will be held from June 1-3, 2014, at the beautiful Tan-Tar-A Resort at the Lake of the Ozarks.

At this time, we continue to attend our local Missouri Action Coalition and MCPNE meetings to see what is happening in the LPN world of Nursing. Since Congress ended their yearly session on [May 30th](#), and won't reconvene until next January, your Senators and Representatives are in your areas, so speak with them every chance you get regarding the future of the LPN field of nursing. We need everyone's support at this time to continue our fight to for the LPN's, this is about yours and my future, and the future of all LPN's.

I would also like to say how grateful I am to Lola Crum, LPN and Thom Switzer, LPN who were our Convention Coordinator's. They did an excellent job of making this Convention an enlightening experience for the students and overall a successful convention.

I would also like to thank the whole MOSALPN Board and Vickie Smith, our Office Secretary, for their hard work and dedication. We, also would like to thank the Vendors who took time out of their busy schedules to come to the convention.

Finally, I would like to say thank you to our Practical Nursing Students and our Practical Nursing Educators, without your support of MOSALPN and by attending your annual convention, you continue to support our Mission of, "We can only stay strong by standing together as one."

Sincerely,
Phyllis McBrayer, LPN
MoSALPN State President

2013 MoSALPN Convention

The 65th annual Convention of the Missouri State Association of Licensed Practical Nurses, Inc. was a great success this year. We would like to thank our speakers, exhibitors, the Columbia Convention and Visitors Bureau, Mayor Pro Tem Barbara Hoppe and the American Red Cross for their contribution to the convention. We would also like to thank the schools who attended, we could not do this each year without your continued support. Mark your calendars for next year's convention which will be held June 1st through the 3rd at the Tan-Tar-A Resort at the beautiful Lake of the Ozarks. We would love to see more schools in attendance next year. We will be planning for the 2014 Convention in September so if your school would like to be included in this meeting or if you have any ideas that you would like the convention committee to consider, let the state office know by September 1st.

Thanks, Convention Planning Committee!

MoSALPN Scholarship Award

MoSalpn gave two \$200.00 scholarships to students enrolled in a Practical Nursing Program for the 2012-2013 school year. The requirement was to complete the application which asked why they should be awarded the scholarship and what they felt their ongoing contribution to the field of nursing would be upon graduation and have it signed by their coordinator.

The winners of this year's scholarships were awarded to April Starks of the Moberly Area Community College and Carmyn Yeager of the Waynesville School of Practical Nursing.

MCPNE Scholarship Award

The MCPNE (Missouri Council Practical Nurse Educators), scholarships were awarded to Barbara Urban of the Eldon Career Center and Ellen Wheeler of the Waynesville School of Practical Nursing. We will publish these essays in our September Broadcaster.

CONGRATULATIONS LADIES AND GOOD LUCK IN YOUR NURSING CAREERS!

MoSALPN Poster Contest

Practical Nursing schools have the option to enter the poster contest using the Convention Theme each year. This year the Convention Theme was "MoSALPN 65 and Alive" and there were some very creative posters this year. This year's winner was Moberly Area Community College. MoSALPN wants to thank all of the schools who took time to submit a poster. The winning school receives one half of the monies received and MoSALPN the other half for their Legislative Fund.

Membership Awards for 2013

The following members were awarded for their continued membership and years of dedication and interest in the Association. YOUR SERVICE IS GREATLY APPRECIATED!!

5 YEARS

Mary Campbell
Connie Gibson
Patricia Heitman
Beverly Nemer
Pamela Otto
Kimberly Pulley
Celesta Kiefer
Patricia Robinson
Elizabeth Morgan
Jane Landon
Sandra Koerber
Elizabeth Gakure
Jeanetta Burke

10 YEARS

April Benton
Kimberly Ludwick
Kathryn Kirk-Malters
Kimberly Brotherton
Mary Emerson
Judith Leclere
Nancy Leonard, RN
Tracy Talcott
Beth Rembaoo, RN
Kathleen Lewis

15 YEARS

Aura Hensley
Phyllis Graves, RN

20 YEARS

Neta Leonard
Judith Bostelmann
Terry Bichsel, RN
Loretta Lindsey

25 YEARS

Phyllis Rau

30 YEARS

Connine Bunting

35 YEARS

Floy Creek

40 YEARS

Janet Glascock
Theresa Harvey
Arlene Skornia
Grace Witherell
Leon Buford
Betty Meyer

45 YEARS

Barbara Kister, RN
Betty McGee

ESSAY WINNERS

"Why I want to be an LPN" is an essay contest MoSALPN offered to students enrolled in a School of Practical Nursing. The contest awards money to the first, second and third place winners. The essays are judged by persons not connected with the office of MoSALPN.

The first place winner was Lauren Armani of the Nichols Career Center in Jefferson City and the second place winner was Taylor

Hall of the Moberly Area Community College and the third place winner was April Starks of the Moberly Area Community College. Their essays are published below.

Congratulations to the winners and thanks to all who took the time to write and submit their essays. In the next BROADCASTER, we will give guidelines for the essay contest for the 2013-2014 school year.

1st Place Winner-Why I want to be an LPN **By: Lauren Armani**

I'll wash my hands, I'll change some sheets.
I'll listen to how the patient's heart beats.
I'll don some gloves, give a vaccine.
Never forgetting my hand hygiene.
I'll reposition, I'll give a bath.
I may even put in a Foley Cath.
I'll stick a vein, I'll pass a med, and then I'll wash my hands again.
I'll monitor fluids, and how much they ate.
But most importantly, I'll always educate.
I'll do all these things day in and day out.
But that's not all that nursing is about.
It's about compassion and humility too.
It's about caring for the patient in all that we do.
I don't do this for me, or for personal gain.
I do this for each individual. Their health is my aim.
I want to bring comfort to those who are ill.
Whether that's with a warm blanket,
ambulation or pill.
I want to reach out to those that need care.
No other job in the world could ever compare.
I know that at times my job will be trying.
Taking care of the sick, or even the dying.
This is my calling, be it a blessing or curse.
But this is why I want to be a Licensed Practical Nurse.

2nd Place Winner **By: Taylor Hall**

People tend to ask me why I choose to go to school to be an LPN. I always answer the same.

Nursing is so important and I witnessed this first hand when my precious little sister was in and out of the hospital for an arteriovenous malfunction in her brain.

Ever since the day my sister Kasey was born, I knew there was something special about her; of course she was my little sister. Five weeks after she was born, Kasey was having seizures in the middle of the night. My parents didn't think anything about it because she was just a restless crying baby. The next day they took her to the doctor and right away they knew something was wrong. Our little Kasey had a brain bleed that led them to witness the arteriovenous malfunction. They put in a shunt that drained the blood and excess fluid to relieve the pressure. Kasey was not expected to live.

But my little trooper held through and passed the biggest obstacle she would ever know. Kasey continued to have shunt replacement surgeries as she grew. She also experienced chronic migraines as a result of the AVM. We always knew someday the AVM could burst and Kasey could die almost instantly, but we never expected it.

On June 9, 2012 our worst dream as a family came true. Kasey's AVM had busted and was leaking into her brain. Kasey had a migraine and was throwing up that morning, but it wasn't unusual for her to be like this, so we didn't think anything of it. My parents went to Columbia and watched my brother play soccer. I went to work and then the lake. I got a phone

call about 4:00 that day and it was my mom. She sounded like she had been crying. She told me that Kasey was found unresponsive when they got home and was being life flighted to the University Hospital. I immediately got into the car and drove to Columbia.

When I arrived at the hospital they had inserted an external shunt into Kasey's head to drain the fluid and reduce the pressure on her brain. Kasey was then taken to the ICU where she stayed in a coma for four days. We never thought that we would lose her, but as the days went on we knew that she wasn't getting any better. We decided as a family that we wanted Kasey to donate her organs. Kasey ended up passing away on June 12, 2012 at 7:12 pm.

Kasey donated her kidneys, corneas, heart valves, tissue and even bones. She could have potentially helped over 50 people. It makes me a proud big sister. Even though Kasey's death was one of the hardest things I had to deal with, it was also the most rewarding thing. I got to watch my sister die peacefully while holding her hand.

Kasey's experience in hospitals and her death made me realize that I wanted to become a nurse. Kasey always had a dream to become a nurse, so I knew as soon as she passed away I had to go through nursing school and do it for her. I realize that God had a plan for me and that was to become a nurse.

Nursing school is very stressful at times, but then I just remember the reason why I am doing it, and I can't help but smile.

3rd Place Winner

By: April Starks

Does what we say and what we do on a daily basis really make a difference? I am here to tell you that yes, they absolutely do. My story is probably not so different than some of yours....except for ONE nurse and six powerful words.

In 1989 as a young lady, I found myself pregnant due to an unfortunate situation. As a pregnant teenager, abortion wasn't an option for me, but I wasn't sure I was "mother" material either. Could I even raise a child on my

own? What about the goals I had for my life? These questions, or similar ones, are what we have all asked ourselves at one time or another.

My sweet mom was with me in the hospital the day I was scheduled to deliver my baby. After eight hours labor, all I wanted to know was whether the baby was a boy or a girl. Never allowing myself to even glance at my son, they whisked him out of the room. The nurses all know my story. I could tell their nursing manner was just a little different in my room. I spent a night like any other new mother with nurses palpating my abdomen, taking my vitals, giving me medication to stop my lactation and listening to babies crying.

I called mom early the next morning asking her to come get me. She had one, very firm, request of me. She wanted me to hold my son, kiss his cheek and memorize him. I told her I couldn't. My morning nurse, who, for this paper, will call Terri, arrived shortly after that phone call. Completely innocent of my mother's request, Terri asked if there was anything she could do for me, or help me with. That was the door I needed and I told her I wanted to meet my son. She graciously walked me to a special room in the back of the nursery. She explained it as a room for families for special times. She placed my son in my arms and asked if I would like a couple pictures with him. She allowed me as much time as I needed, and then walked with me back to my room. Before leaving me that day, Terri told me, "You deserve to be a mother."

Did Terri do anything that was extra-spectacular? Not really. Did she do anything that other nurses wouldn't have done? I don't think so. But she was the one, at that perfect moment, who was there, willing to assist her patient in any way that I needed.

We all have "Terri's" in our life. They're not all in the form of a nurse, but they are people who have impacted our life in a powerful way. So, 23 years later, because of one woman, the impact she made in my life and six simply powerful words, I am fulfilling another dream of mine and am on my way to becoming a nurse.

Congratulations ladies!!!

2013 MoSALPN Annual Business Meeting

The MoSALPN Board of Directors had their Annual Business meeting on Sunday, June 2 at the Holiday Inn Executive Center. At this meeting Leon Buford was elected as the new Vice-President of the Association. Kimberly Ludwick will serve another term as Secretary and Marilyn Eneff and Timothy Turner was elected to serve on the Board of Directors.

To the following Schools, MoSALPN
gives you a very big

Thank You!!

(Schools with 100% and Partial
Membership to MoSALPN)

Lex-La-Ray	Eldon
Waynesville	Saline County
Clinton	Bethany
Kirksville	Nevada
Washington	Moberly Area
Platte City	Hannibal
Nichols Career Center	Hillyard
Cape Girardeau	Lebanon
Moberly/Mexico	Sikeston
Boonville	West Plains
Pike/Lincoln	Mineral Area
North Central/Trenton	Rolla
Penn Valley/Kansas City	

**Thanks to the many businesses and individuals
who contributed with door prizes or money!**

American Income Life, Kansas City, MO
American Family Ins., Danny Robinson, Agent, Butler, MO
Bates County Memorial Hospital, Butler, MO
Bates County Memorial Hospital Auxillary, Butler, MO
KMAM-KMOE Radio, Melody Thornton, Manager
Nursery Street Family Care Clinic & Dr. James Miller
Studio 201 Salon, Jenny Reid, Owner, Adrian, MO
Wal-Mart, Chris White, Manager, Butler, MO

**We want to acknowledge the
Exhibitors for attending the MoSALPN
Convention.**

Industries World Health
Just Jewelry
Jordan Essentials
In Med
Mo State Board of Nursing
Insulet Corp.
Advantage Nursing Services
Second Chance Memories
The College Network
Medical Equipment Affiliates
Integrity Home Care
Betty and Bonnie Dixon
University of Missouri/Mo Family to Family
University of Missouri Health Care Recruiter
Mary Kay Cosmetics
Capital Region Medical Center Rehab Therapy

STATE BOARD OF NURSING HAS OPENINGS FOR TWO LPN'S

The State Board of Nursing is
looking for two LPN's to fill
positions open on their Board. If
you are interested and would like
to apply go to www.pr.mo.gov/.