

Player	School	Year	Event	Result	Meet
Alyssa Miller	Hill City Ringnecks	2016	Discus	158-0	
Alyssa Miller	Hill City Ringnecks	2017	Discus	155-9	
Whitney Taylor	Ellis Railroaders	5/29/2009	Discus	144-2	Kansas State T&F Championships
Hayli Bozarth	Norton Bluejays	2009	Discus	142-0	
Morgan Darden	Smith Center Redmen	5/28/2010	Discus	141-5	Kansas State T&F Championships
Dani Winters	Plainville Cardinals	2011	Discus	139-5	
Alyssa Miller	Hill City Ringnecks	2015	Discus	139-5	Kansas State T&F Championships
Morgan Darden	Smith Center Redmen	2009	Discus	138-6	
Hayli Bozarth	Norton Bluejays	2008	Discus	138-5	
Brooke Ubelaker	Osborne Bulldogs	2003	Discus	134-4	
Hayli Bozarth	Norton Bluejays	2007	Discus	132-2	
Whitney Taylor	Ellis Railroaders	2006	Discus	131-3	Kansas State T&F Championships
Lisa Beran *	T.M.P. Monarchs	1994	Discus	131-3	Kansas State T&F Championships
Whitney Taylor	Ellis Railroaders	2007	Discus	129-4	
Whitney Taylor	Ellis Railroaders	2008	Discus	127-6	
Roeder	Norton Bluejays	1996	Discus	126-10	
Cheyenne Armbruster	Plainville Cardinals	2012	Discus	126-3	
Hayli Bozarth	Norton Bluejays	2006	Discus	125-8	
Melvin	Norton Bluejays	2013	Discus	125-5	
Dani Winters	Plainville Cardinals	2010	Discus	125-0	Kansas State T&F Championships
Brooklyn Staab	Plainville Cardinals	2019	Discus	123-10	
Ashley Babcock	Phillipsburg Panthers	2019	Discus	123-5	
Geist	Victoria Knights	2002	Discus	123-0	
Brooke Ubelaker	Osborne Bulldogs	2002	Discus	122-10	
Geist	Victoria Knights	2000	Discus	122-9	
Cheyenne Armbruster	Plainville Cardinals	2013	Discus	122-8	
Reusink	Norton Bluejays	1997	Discus	122-6	
Geist	Victoria Knights	2001	Discus	121-3	
Lisa Beran *	T.M.P. Monarchs	1993	Discus	121-2	Kansas State T&F Championships
Kaylyn Foster	Ellis Railroaders	2016	Discus	121-0	
Windle	Osborne Bulldogs	2013	Discus	120-7	
Brenda Wolfe	Norton Bluejays	1982	Discus	120-3.75	
Darcy Kaiser	Hill City Ringnecks	1991	Discus	120-2.5	
Misty Shuttleworth	Plainville Cardinals	1994	Discus	119-9	
Reusink	Norton Bluejays	1996	Discus	119-5	
Fricker	Smith Center Redmen	2005	Discus	119-4	
Brianne Comeau	Plainville Cardinals	1998	Discus	119-3	
Brenda Wolfe	Norton Bluejays	1981	Discus	118-11	Kansas State T&F Championships
Shelbe Pywell	Plainville Cardinals	2013	Discus	118-9	
Kathy Holling	Osborne Bulldogs	1984	Discus	118-3	MCL at Norton
Dietz	Smith Center Redmen	2016	Discus	118-1	
Honas	Ellis Railroaders	2013	Discus	118-0	

* Team wasn't in the league at the time of the Result

Lisa Beran *	T.M.P. Monarchs	1992	Discus	117-11	
Brooke Ubelaker	Osborne Bulldogs	2001	Discus	117-8	Kansas State T&F Championships
Brooklyn Staab	Plainville Cardinals	2018	Discus	117-4	
Amy Haresnape	Smith Center Redmen	1985	Discus	117-2	MCL at Hill City
Kaylyn Foster	Ellis Railroaders	2015	Discus	117-2	Kansas State T&F Championships
Darcy Kaiser	Hill City Ringnecks	1990	Discus	116-11	
Kaylyn Foster	Ellis Railroaders	2017	Discus	116-11	
Tremblay	Wakeeney Golden Eagles	1980	Discus	116-7.25	
Swayne	Hill City Ringnecks	1991	Discus	116-4	
Sonja Wickham	Phillipsburg Panthers	1987	Discus	115-11	
Alyssa Miller	Hill City Ringnecks	5/23/2014	Discus	115-3	2A Regional 20
Stephanie Griffin	Wakeeney Golden Eagles	4/20/2010	Discus	115-1	Plainville Invitational
Kathy Holling	Osborne Bulldogs	1985	Discus	115-10	Kansas State T&F Championships
Bailey Winters	Plainville Cardinals	2014	Discus	114-6	
Haresnape	Smith Center Redmen	1984	Discus	114-4.5	MCL at Norton
Sonja Wickham	Phillipsburg Panthers	1988	Discus	113-5	MCL at Phillipsburg
Marissa Haines	Stockton Tigers	1995	Discus	113-3	
Noel	Osborne Bulldogs	2014	Discus	112-9	
Noel	Osborne Bulldogs	2013	Discus	111-9	
Holling	Osborne Bulldogs	1985	Discus	110-11	MCL at Hill City
Kim Junkermeier	Plainville Cardinals	2013	Discus	110-1	
Austin	Victoria Knights	1986	Discus	109-8	MCL at Norton
Brown	Stockton Tigers	1984	Discus	107-5	MCL at Norton
Fricker	Smith Center Redmen	2004	Discus	106-9	
Mattison Dusin	Phillipsburg Panthers	5/23/2014	Discus	106-7	3A Regional 14
Sonja Wickham	Phillipsburg Panthers	1986	Discus	105-10	MCL at Norton
Blair Finnesy	Plainville Cardinals	1999	Discus	105-1	
Jan White	Phillipsburg Panthers	1972	Discus	104-10	Kansas State T&F Championships
Gontz	Osborne Bulldogs	1986	Discus	103-4	MCL at Norton
Shields	Phillipsburg Panthers	1993	Discus	102-8	MCL at Wakeeney
Brittni Groothoff	Phillipsburg Panthers	5/14/2015	Discus	102-7	MCL at Plainville
Misty Shuttleworth	Plainville Cardinals	1993	Discus	101-3	MCL at Wakeeney
Jenae Holmes	Plainville Cardinals	2017	Discus	101	
Stithem	Wakeeney Golden Eagles	1977	Discus	100-10	MCL at Plainville
McDowell	Smith Center Redmen	1985	Discus	99-10	MCL at Hill City
Emily Hrabe	Plainville Cardinals	1998	Discus	99-9	
Angie Staab	Plainville Cardinals	1996	Discus	99-6	
Kim Nuzum	Phillipsburg Panthers	1988	Discus	98-6.5	MCL at Phillipsburg
Shea	Phillipsburg Panthers	1993	Discus	97-11	MCL at Wakeeney
Johnson	Osborne Bulldogs	1993	Discus	97-4	MCL at Wakeeney
Laura Dennis	Oakley Plainsmen	5/10/2013	Discus	95-8	Northwest Kansas League
Roeder	Norton Bluejays	1993	Discus	95-5	MCL at Wakeeney
Malin	Plainville Cardinals	1993	Discus	95-2	MCL at Wakeeney
Loughery	Norton Bluejays	1988	Discus	92-8.5	MCL at Phillipsburg
Chrissie Cox	Stockton Tigers	5/4/2012	Discus	78-8	Grizzly Invitational