

Keep this list and send a copy to your senior friends and relatives.

As I was waiting in line behind an older gentleman at Wendy's recently, I heard him ask for his senior discount.

The girl at the register apologized and charged him less. When I asked the man what the discount was, he told me that seniors over age 55 get 10% off everything on the menu, every day. Being of 'that' age myself, I figured I might as well ask for the discount too. This incident prompted me to do some research, and I came across a list of restaurants, supermarkets, department stores, travel deals and other types of offers giving various discounts with different age requirements.

I was actually surprised to see how many there are and how some of them start at the young age of 50.

This list may not only be useful for you, but for your friends and family too.

YOU must ASK for your discount!

RESTAURANTS:

- Applebee's: 15% off with Golden Apple Card (60+)
- Arby's: 10% off (55+)
- Ben & Jerry's: 10% off (60+)
- Bennigan's: Discount varies by location (60+)
- Bob's Big Boy: Discount varies by location (60+)
- Boston Market: 10% off (65+)
- Burger King: 10% off (60+)
- Chick-Fil-A: 10% off or free small drink or coffee (55+)
- Chili's: 10% off (55+)
- CiCi's Pizza: 10% off (60+)
- Denny's: 10% off, 20% off for AARP members (55 +)
- Dunkin' Donuts: 10% off or free coffee (55+)
- Einstein's Bagels: 10% off baker's dozen of bagels (60+)
- Fuddrucker's: 10% off any senior platter (55+)
- Gatti's Pizza: 10% off (60+)
- Golden Corral: 10% off (60+)
- Hardee's: \$0.33 beverages everyday (65+)
- IHOP: 10% off (55+)
- Jack in the Box: Up to 20% off (55+)
- KFC: Free small drink with any meal (55+)
- Krispy Kreme: 10% off (50+)
- Long John Silver's: Various discounts at locations (55+)

McDonald's: Discounts on coffee everyday (55+)
 Mrs. Fields: 10% off at participating locations (60+)
 Shoney's: 10% off
 Sonic: 10% off or free beverage (60+)
 Steak 'n Shake: 10% off every Monday & Tuesday (50+)
 Subway: 10% off (60+)
 Sweet Tomatoes: 10% off (62+)
 Taco Bell : 5% off; free beverages for seniors (65+)
 TCBY: 10% off (55+)
 Tea Room Cafe: 10% off (50+)
 Village Inn: 10% off (60+)
 Waffle House: 10% off every Monday (60+)
 Wendy's: 10% off (55 +)
 Whataburger: 10% off (62+)
 White Castle : 10% off (62+)
RETAIL & APPAREL :
 Banana Republic: 30% off (50+)
 Bealls: 20% off first Tuesday of each month (50+)
 Belk's: 15% off first Tuesday of every month (55+)
 Big Lots: 30% off
 Bon-Ton Dept 15 % off on senior discount days (55 +)
 C.J. Banks: 10% off every Wednesday (50+)
 Clarks : 10% off (62+)
 Dress Barn: 20% off (55+)
 Goodwill: 10% off one day a week (date varies by location)
 Hallmark: 10% off one day a week (date varies by location)
 Kmart: 40% off (Wednesdays only) (50+)
 Kohl's: 15% off (60+)
 Modell's Sporting Goods: 30% off
 Rite Aid: 10% off on Tuesdays & 10% off prescriptions
 Ross Stores: 10% off every Tuesday (55+)
 The Salvation Army Thrift Stores: Up to 50% off (55+)
 Stein Mart: 20% off red dot/clearance items first Monday of every month (55 +)

GROCERY :

Albertson's: 10% off first Wednesday of each month (55 +)
 American Discount Stores: 10% off every Monday (50 +) Compare Foods Supermarket: 10% off every Wednesday (60+)
 DeCicco Family Markets: 5% off every Wednesday (60+)
 Food Lion: 60% off every Monday (60+)
 Fry's Supermarket: Free Fry's VIP Club Membership & 10% off every Monday (55 +)
 Great Valu Food Store: 5% off every Tuesday (60+)
 Gristedes Supermarket: 10% off every Tuesday (60+)
 Harris Teeter: 5% off every Tuesday (60+)

Hy-Vee: 5% off one day a week (date varies by location)
Kroger: 10% off (date varies by location)
Morton Williams Supermarket: 5% off every Tuesday (60+)
The Plant Shed: 10% off every Tuesday (50 +)
Publix: 15% off every Wednesday (55 +)
Rogers Marketace: 5% off every Thursday (60+)
Uncle Guiseppe's Marketplace: 15% off (62+)

TRAVEL :

Airlines:

Alaska Airlines: 50% off (65+)
American Airlines: Various discounts for 50% off non-peak periods (Tuesdays - Thursdays) (62+) and up (call before booking for discount)
Continental Airlines: No initiation fee for Continental Presidents Club & special fares for select destinations
Southwest Airlines: Various discounts for ages 65 and up (call before booking for discount)
United Airlines: Various discounts for ages 65 and up (call before booking for discount)
U.S. Airways: Various discounts for ages 65 and up (call before booking for discount)

Rail: Amtrak: 15% off (62+)
Bus: Greyhound: 15% off (62+) Trailways Transportation System: various discounts for ages 50+

Car Rental :

Alamo Car Rental: Up to 25% off for AARP members
Avis: Up to 25% off for AARP members
Budget Rental Cars: 40% off; up to 50% off for AARP members (50+)
Dollar Rent-A-Car: 10% off (50+)
Enterprise Rent-A-Car: 5% off for AARP members
Hertz: Up to 25% off for AARP members
National Rent-A-Car: Up to 30% off for AARP members

Overnight Accommodations:

Holiday Inn: 20-40% off depending on location (62+)
Best Western: 40% off (55+)
Cambria Suites: 20%-30% off (60+)
Waldorf Astoria - NYC: \$5,000 off nightly rate for Presidential Suite (55 +)

Clarion Motels: 20%-30% off (60+)
 Comfort Inn: 20%-30% off (60+)
 Comfort Suites: 20%-30% off (60+)
 Econo Lodge: 40% off (60+)
 Hampton Inns & Suites: 40% off when booked 72 hours in advance
 Hyatt Hotels: 25%-50% off (62+)
 InterContinental Hotels Group: Various discounts at all hotels (65+)
 Mainstay Suites: 10% off with Mature Traveler's Discount (50+); 20%-30% off (60+)
 Marriott Hotels: 25% off (62+)
 Motel 6: Stay Free Sunday nights (60+)
 Myrtle Beach Resort: 30% off (55 +)
 Quality Inn: 40%-50% off (60+)
 Rodeway Inn: 20%-30% off (60+)
 Sleep Inn: 40% off (60+)

ACTIVITIES& ENTERTAINMENT :

AMC Theaters: Up to 30% off (55 +)
 Bally Total Fitness: \$100 off memberships (62+)
 Busch Gardens Tampa, FL: \$13 off one-day tickets (50 +)
 Carmike Cinemas: 35% off (65+)
 Cinemark/Century Theaters: Up to 35% off
 Massage Envy - NYC: 20% off all "Happy Endings" (62 +)
 U.S. National Parks: \$10 lifetime pass; 50% off additional services including camping (62+)
 Regal Cinemas: 50% off Ripley's Believe it or Not: @ off one-day ticket (55 +)
 SeaWorld, Orlando , FL : \$3 off one-day tickets (50 +)

CELL PHONE DISCOUNTS :

AT&T: Special Senior Nation 200 Plan \$19.99/month (65+)
 Jitterbug: \$10/month cell phone service (50 +)
 Verizon Wireless: Verizon Nationwide 65 Plus Plan \$29.99/month (65+).

MISCELLANEOUS:

Great Clips: \$8 off hair cuts (60+)
 Supercuts: \$8 off haircuts (60+)

NOW, go out there and claim your discounts ---- and remember ---- YOU must ASK for your discount ---- no ask, no discount.

I know everyone knows someone over 50...please pass this one on!!!!