



CONSULTATION

I am an Advanced Practice RN (Clinical Nurse Specialist) with a master's degree in Psychiatric Nursing. I specialize in the treatment of trauma information, eg. those life experiences that continue to be disturbing in present time and the more easily recognized major trauma experiences.

I am a Senior Trainer /Facilitator/Consultant for the EMDR Institute, Inc. and have been trained personally by Francine Shapiro, PhD, the originator and developer of EMDR Therapy.

Professional and ethical guidelines recommend specialized consultation in learning new models of psychotherapy.

In order to safely integrate EMDR Therapy skills into the clinical setting, initial consultation is required as part of the Basic Training program.

Subsequently newly trained EMDR therapists are encouraged to continue effective learning with ongoing consultation. Some may also choose to add the certification credential to their resume which would require additional specified consultation as stated by Standards & Training, EMDR International Association (EMDRIA.org).

Consultation may be accomplished individually or in a group. Fees will be based upon the number of people in the group.

Individual: \$140 per hour

Groups: Fee determined by number of participants



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