

ROLLS-ROYCE HARRIERS

5000 METRE TRACK RACE RESULTS WEDNESDAY 26 JULY 2023

<u>POS</u>	<u>NAME</u>	<u>TIME</u>
1	DAVID PETTIT	19:10
2	PAUL SPENCER	19:35
3	CHRIS GILLOTT	20:46
4	ROB GOULDS	22:16
5	STEVE RANDLE	23:33
6	JULIAN SMITH	24:26
7	KEN IDIGO	24:56
8	MIKE LAWSON	25:47
9	DAVE MILLER	26:26
10	NEAL FELLOWS	28:13
11	GILLIAN WHITESIDE	29:00

TIMEKEEPER BILL SOUTHGATE, RECORDER DEAN SMITH

REMAINING FIXTURES (5PM AT MOORWAYS)

**WEDNESDAY 9 AUGUST 3,000 METRES
WEDNESDAY 16 AUGUST 1,500 METRES
WEDNESDAY 23 AUGUST 800, 400, 200 AND 100 METRES
WEDNESDAY 30 AUGUST 800, 400, 200 AND 100 METRES**

**THE PIGGS TROPHY 10K WILL BE HELD AT DARLEY PARK ON WEDNESDAY,
2ND AUGUST.**

**ENTRY FEE £12 UNATTACHED, £10 AFFILIATED, FREE TO R-R HARRIERS
ONLINE ENTRIES ONLY, VIA RUNBRITAIN**

**NB HARRIERS WILL HAVE TO ENTER ONLINE AND PAY THE £10,
BUT IT WILL BE REIMBURSED**