

Rajiv Gandhi University of Health Sciences, Karnataka

I Year B.Sc. Nursing (PC) Degree Examination - SEP 2016

Time: Two Hours

Max. Marks: 35 Marks

NUTRITION AND DIETETICS (RS-3 & RS-4)

Q.P. CODE: 1732

Your answers should be specific to the questions asked

Draw neat, labeled diagrams wherever necessary

LONG ESSAYS (Answer any One)

$1 \times 10 = 10$ Marks

1. a) Define nutrition.
b) Explain the various methods of assessing nutritional status of individual and community. (2+8)
2. a) Define weaning.
b) Discuss the points to be remembered while weaning.
c) Prepare a weaning schedule. (2+5+3)

SHORT ESSAYS (Answer any Three)

$3 \times 5 = 15$ Marks

3. ICDS programme
4. Write the functions, requirements and deficiency of Vitamin-D.
5. Protein energy malnutrition.
6. Food adulteration and its prevention

SHORT ANSWERS

$5 \times 2 = 10$ Marks

7. Micronutrients
8. Dehydration
9. Food hygiene
10. ...
11. Dietary sources of Calcium


