

Planetary Connection and Spiritual Awakening Journey to Peru



Join us in the Sacred Valley of Peru as Life Coach, Yoga Teacher and Reiki Energy Master, Zaianna Ortiz, guides you on a beautiful journey to tap into your own vitality and tune into the pulse of the planet.

Our intention is to connect with Pacha Mama (Mother Earth) in mystical Peru to connect with the seed of her truth that lives within each of us, watering our soul with ancient Incan rituals and traditions so that we can emerge stronger mentally, physically and intuitively.

Planetary Connection

- ✓ Set foot on ancient ruins in **Pisac** and experience the elevated energy of **Machu Picchu**, one of the greatest wonders of the world.
- ✓ Learn about the ancient **Incan practices** that honor the upper and under worlds.
- ✓ Meet **empowered local women** who have established small businesses that honor and promote their **local weaving culture**.
- ✓ Join rural indigenous communities in Lamay for **experiential workshops** on farming and medicinal plants.

Natural Awakening

- ✓ Enjoy a **Peruvian cooking class** using seasonal, local and organic ingredients from the Sacred Valley.
- ✓ Participate in a **Pacha Mama ceremony** to honor and celebrate Mother Earth.
- ✓ Learn about **bee conservation** in the Sacred Valley of Peru and explore how we **raise awareness and protect biodiversity**.

Healing

- ✓ Immerse yourself in mountain top **meditations and intention setting**.

Program Leader: **Zaianna Ortiz | Life Coach, Yoga Teacher and Reiki Energy Master**

Often referred to as an Earth warrior, Shakti goddess, and peaceful energetic channel, Zaianna has evolved into the role of a Life Coach, Yoga Teacher and Reiki Energy Master over the last five years of intensive training, working and living around the world. She has experienced life on sustainable permaculture farms, worked alongside experts in medicinal plant processing, and gained grounded discipline in meditation and mindfulness with monks and yogis in Asia. Her energy as a world citizen reflects the deep-seated connection she has with Mother Nature and the responsibility she has taken on to share the healing modalities and international community experiences that can positively affect the world.

Peru

7 Nights / 8 Days

May 23-30, 2020

\$3,999 - shared room, includes flights



Ready to go?

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