



PARISH OF OUR MOTHER OF PERPETUAL HELP

Redemptorist Community

Rev Fr. Joseph Stephen, C.Ss.R. (Parish Priest)

Rev. Fr. Patrick Massang, C.Ss.R. (Assistant Parish Priest)

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ANNOUNCEMENTS:

2nd FUND RAISING PROJECT.....

In 2023, the Parish Council approved to undertake two projects.

First project was to install the air-conditioning in the church that was completed last year.

The second project is to extend our St.Gerard’s Cafeteria which we use almost on a daily basis.

We plan to raise the funds by having a **Banana Leaf LUNCH**

on Sunday, 5 May, 2024 from 11.30 a.m. till 2.30 p.m.

at OMPH parish hall.

Each ticket is priced at RM30/-.

Our cooks will cook for 1200 people.

You have a choice to dine in or take away.

The menu includes

Rice, Mutton, Chicken, Veggi,

Dhall, papadam, water.

Tickets will be on Sale.

Get your tickets early for we have limited tickets.

Join in the best delicious and sumptuous lunch on 5/5/2024 in Ipoh!

STATIONS OF THE CROSS

During the season of Lent, Stations of the Cross will be held on

= **23 Feb., 2024 at 7.30 p.m. (E)** followed by Mass.

= Tamil Stations of the Cross at 7.15 p.m. in the parish hall.

RITE OF ELECTION – 1st Sunday of Lent – 18/2/2024

The Rite of Election for District of Perak will be celebrated at Church of Our Mother of Perpetual Help, Ipoh on Sunday, 18 February, 2024 at 3 p.m. with Cardinal Bishop Sebastian Francis.

LENLEN ALMSGIVING PROJECT

BY OMPH COMBINED LITCOM 2024.

Lent reminder Buttons will be sold after Masses starting on 1st Sunday of Lent.

Proceeds will be donated to the poor via Caritas OMPH.

Minimum donation per button RM2/-.

MARRIAGE: Please contact the Parish Priest at least SIX MONTHS in advance.

BAPTISM: Please contact the Parish Priest at least ONE MONTH in advance. Next baptism will be on 7 April, 2024 during the 8 a.m. Mass

PARISH ACTIVITIES & MEETINGS: (February/March 2024)

- * 18/2/2024 - 3.00 p.m. – Rite of Election (church)
- * 19/2/2024 - 7.30 p.m. - Caritas Committee (St.Mk.Rm.)
- * 19/2/2024 - 8.00 p.m. - Combined Liturgical Com. (ven Francis Xavier Rm.)
- * 20/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 21/2/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)
- * 22/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- 8.00 p.m. – Tamil Choir (St.Mk.Rm.)
- * 23/2/2024 - 8.00 p.m. – Area Coordinators (ven Francis Xavier Rm.)
- * 23/2/2024 - 8.00 p.m - RCIA (C) (St.Mk.Rm.)
- * 26/2/2024 - 7.30 p.m. - CCR planning Team (St.Mt.Rm.)
- * 27/2/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 29/2/2024 - 8.00 p.m. – RCIA (E) (St.Mk.Rm.)
- 8.00 p.m - RCIA (BM) (ven Francis Xavier Rm.)
- 8.00 p.m - RCIA (T) (St.Paul Rm.)
- * 1/3/2024 - 8.00 p.m - RCIA (C) (ven Francis Xavier Rm.)
- * 3/3/2024 - 7.00 p.m. – Parish Pastoral Council (St.Mk.Rm.)
- * 5/3/2024 - 8.00 p.m. – Legion of Mary (C) (St.Mt.Rm.)
- 8.00 p.m. – Tamil Charismatic (church)
- * 6/3/2024 - 7.30 p.m. - CCR - Lenten Retreat (church)

BIBLE REFLECTION & HOME-GATHERING:-

- * 27/2/2024 – 8 p.m. – BEC St.Francis De Sales; Home of Michelle Koak.

ETERNAL HAPPINESS TO –

- + Alice George a/p George departed on 9 February, 2024.
- + Luke Oh Teik Toh departed on 10 February, 2024.



Every last Friday at

8.00 p.m.in St.Mark’s room.
All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups.
Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2024

Couples planning to get married in the year 2024, please take note of the EE Weekends held in english during the year.

You are requested to register six (6) weeks before the weekend

EE138	2 – 4 Feb., 2024
EE139	10-12 May, 2024
EE140	9 – 11 Aug.,2024
EE 141	8-10 Nov.,2024

For Tamil marriage preparation course 2024 –

Dormitory St.Anne, Bukit Mertajam	Feb 17 & 18
	May 25 & 26
	Aug 24 & 25
	Nov 16 & 17
	(Closing date on: 1st day of each month)

Please see your Parish Priest for registration.

COMING EVENTS:

PARISH PASTORAL COUNCIL MEETING on

(date) **Sunday, 3 March, 2024**
(time) 7.00 p.m.
(venue) St.Mark’s Rm.

LENTEN SEASON 2024

from 14 February to 31 March,2024.
* Palm Sunday – 24 March.
* Mon-Wed - 25 – 27 March
* Holy Thurs - 28 March.
* Good Fri. - 29 March.
* Easter Vigil - 30 March.
* Easter Sun. – 31 March

DAUGHTERS OF ST. PAUL Book Mission

(date) Sat. 24 Feb., 2024
Sun. 25 Feb., 2024
(venue) OMPH church
The Daughters of St.Paul will set up their book mission to promote good reading materials which will enhance all readers their spiritual growth as individual Christians.

Ablaze Gathering (Seeds' Ipoh Outreach) - 23rd February 2024

Shalom dear brothers and sisters in Christ and Blessed Lent everyone Come and join us this month with a fellowship of young adults in –
No Longer Slaves!
Date: **23 February 2024**
Time: **8 PM**
Venue: **La Salle Centre, Ipoh**
Open to all ages 18 to 35 years

For further information, you may contact:
Gregory: 019-2416361
Camilia: 016-5566705
Bring a friend and see you there!

A LENTEN RETREAT

with Rev.Fr. Joseph Stephen.
Please bring along your Bible @ 7.30 p.m. on Wednesdays
21st Feb.,2024
6th & 13th March, 2024.
followed by coffee fellowship.
A love offering will be taken up.
Organized by: OMPH-CCR

RITE OF THE PRESENTATION OF THE LORD’S PRAYER & THE APOSTLE CREED (2nd Sunday of Lent)

The Elect will be celebrating “The Rite of the Presentation of the Lord’s Prayer and the Apostle Creed” on **Sat. 24 Feb.,2024** during the 5.45 p.m. Mass.
The Elect will be officially presented with the Nicene Creed and the Lord’s Prayer. Let us pray with them and for them invoking the Holy Spirit to enable us to call GOD “Abba-Father.”

REFLECTIVE STATIONS OF THE CROSS

The Youth & Altar Servers will be having a reflective Stations of the Cross on Sunday, **3 March, 2024** at 4.00 p.m. This event will be held outdoor in the church surroundings lasting for about 45 minutes.
The Youths are inviting all young people from the parish and schools to join us in this special event. Parents are also welcomed.

JLN. La Salle GATE CLOSED

Dear Parishioners
Kindly take note, effective from 1st March the Jln. La Salle gate will be close due to the renovation works for the Cafeteria. The renovation works for the cafeteria will take about 2 months. Please use alternative gates to enter.
Sorry for the inconvenience.

CSsR RETREAT

From 26 February till 1 of March, the parish priest and assistant priest will be away for a Retreat.
We have invited Fr. Crispus, OFM, a priest from Penang to help out. He will celebrate the morning masses from 27 Feb. till 1 March, 2024.
All sick calls and other pastoral needs will be attended by him. Please contact the parish office if you need his assistance.
(Parish priest)

LENTEN SACCRIFICE

to help the poor as part of our Lenten penance and spiritual growth, we are called to share. Baskets are placed on either side of the sanctuary throughout the season of Lent to appeal for non-perishable food like rice, sugar, cooking oil, sardines, milk powder, noodles, tin biscuits, etc.....