

# Hop For Habitrot 5K 2018

## Age Group Results

Race Date  
March 31, 2018

### 5K Run

#### Male Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dillon Helzerman	Vero Beach FL	15	1776	1	17:22.27	5:36/M
2	Christopher McKenna		16	1780	2	17:27.62	5:38/M
3	Pj Rakoski	Hamburg NY	41	1798	4	19:17.44	6:13/M

#### Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bruce Holmes	Glendale WI	53	1000	6	20:18.05	6:33/M

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## 5K Run

## Male (no age)

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Raiff	Sebastian FL		985	68	34:03.51	10:59/M

## Male 9 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Dominic Foderaro	Vero Beach FL	8	1785	25	25:15.80	8:09/M
2 *	Gibson Lundgren		8	962	32	26:24.78	8:31/M

## Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Garrett Lundgren		12	961	5	19:22.59	6:15/M
2 *	Jack Darmody		12	1800	69	34:06.98	11:00/M
3 *	Carter Owen	Vero Beach FL	14	953	73	35:01.65	11:18/M

## Male 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Trevor Schick	Collingwood ON	15	969	13	22:34.02	7:17/M
2 *	Logan Gore	Tampa FL	15	9888	21	24:10.39	7:48/M

## Male 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Cody Irwin		29	1792	29	26:11.10	8:27/M
2 *	Jay Briggs		26	9900	72	34:29.24	11:07/M

## Male 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Justin Gore	Tampa FL	39	9887	7	21:07.32	6:49/M
2 *	Will Daulby	Vero Beach FL	36	9880	8	21:37.58	6:58/M
3 *	Greg Zugrave	Vero Beach FL	38	9882	20	23:54.43	7:43/M
4	Don Foderaro		39	1783	37	26:53.20	8:40/M
5	Joe Brazina	Sebastian FL	37	9883	41	27:20.22	8:49/M
6	Joseph Quillen	Vero Beach FL	37	964	87	43:47.83	14:07/M

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Age Group Results

## 5K Run

## Male 40 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Jeff Zerweck	Aesch	47	920	14	22:37.57	7:18/M
2 *	Russell Schick	Collingwood ON	47	968	15	22:48.39	7:21/M
3 *	Clyde Lundgren	Oakpark IL	47	959	17	23:13.41	7:29/M
4	Jonathan Blackburn	Vero Beach FL	42	1788	19	23:44.77	7:39/M
5	Benjamin Diab		41	972	30	26:17.87	8:29/M
6	Kevin Barrett	Vero Beach FL	42	9894	45	28:00.54	9:02/M
7	Steve Owen	Vero Beach FL	47	952	75	35:06.76	11:19/M
8	Tom Croom	Vero Beach FL	44	1795	84	41:35.43	13:25/M

## Male 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Richard Odendahl	Harrison Township MI	57	963	16	23:09.05	7:28/M
2 *	Steve Broda		56	974	23	24:44.55	7:59/M
3 *	Earl Robbins	Lexington KY	53	926	24	24:47.19	8:00/M
4	John Pearl		57	1793	27	26:10.86	8:26/M
5	Bill Kloppenburg	Vero Beach FL	57	939	48	28:43.16	9:16/M
6	Lance Kimball	Vero Beach FL	53	930	53	29:55.27	9:39/M
7	Dave Yablunosky	Vero Beach FL	55	9897	64	32:23.85	10:27/M
8	Shawn Durst	Ft. Pierce FL	50	944	70	34:09.48	11:01/M
9	Michael Esposito	Vero Beach FL	55	929	88	44:10.47	14:15/M

## Male 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Steve Geoffroy	Vero Beach FL	62	925	31	26:20.52	8:30/M
2 *	Frank McDonald	Sebastian FL	66	956	38	26:55.12	8:41/M
3 *	Paul Cleaver	Vero Beach FL	63	919	44	27:50.41	8:59/M
4	James Murphy	Port Saint Lucie FL	60	1787	52	29:40.70	9:34/M
5	Bob Donahue	Vero Beach FL	62	932	67	33:30.92	10:48/M
6	Bill Minard	Vero Beach FL	66	922	86	43:07.20	13:55/M

## Male 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Peter Connelly	Island Falls ME	70	967	50	28:53.49	9:19/M
2 *	Jim Moore	Vero Beach FL	78	965	56	30:15.12	9:45/M
3 *	Andrew Bowler		70	957	74	35:06.67	11:19/M
4	T Kinkead	Vero Beach FL	80	1779	79	37:53.53	12:13/M

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#### Female Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Grace Gumpel	Vero Beach FL	17	1777	3	19:16.23	6:13/M
2	Kat Tuhy	Tampa FL	40	9884	9	21:39.62	6:59/M
3	Carolyn Lundgren	Oakpark IL	47	960	10	21:45.13	7:01/M

#### Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kerry Monahan Gaughan	Westwood NJ	55	9895	12	22:25.71	7:14/M

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## Female 9 and under

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sophia Foderaro	Vero Beach FL	9	1786	36	26:44.88	8:37/M

## Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Emily Bugg	Warsaw IN	12	9891	33	26:24.94	8:31/M
2 *	Erika Bugg	Warsaw IN	12	9890	34	26:25.01	8:31/M
3 *	Samantha Zellweger		12	1789	40	27:19.75	8:49/M
4	Avery Zellweger		14	1790	42	27:22.13	8:50/M

## Female 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lauryn Sparger		18	1797	43	27:38.94	8:55/M

## Female 20 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Kaitlyn Kimball	Ft. Pierce FL	26	948	39	27:00.97	8:43/M
2 *	Lacolin Holenstein		28	9899	59	31:11.87	10:04/M
3 *	Felicia Bailey	Vero Beach FL	24	976	82	39:11.07	12:38/M

## Female 30 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Stephanie Zugrave	Vero Beach FL	38	9881	11	21:47.22	7:02/M
2 *	Jessica Schmitt	Vero Beach FL	33	9893	18	23:38.46	7:37/M
3 *	Lynda Pearl		31	1794	28	26:11.08	8:27/M
4	Kristina Foderaro	Vero Beach FL	39	1784	35	26:35.46	8:35/M
5	Ashley Hanlon	Savannah GA	37	923	47	28:28.50	9:11/M
6	Kelsey Thompson	Arlington VA	31	921	55	30:05.29	9:42/M
7	Lynda Diab		39	973	63	31:58.52	10:19/M
8	Amanda Gore	Tampa FL	39	9886	71	34:13.33	11:02/M
9	Candi Quillen	Vero Beach FL	36	937	78	37:04.34	11:57/M
10	Shannon Croom	Vero Beach FL	37	1796	83	41:34.93	13:25/M
11	Elizabeth Milton	Vero Beach FL	33	945	89	44:42.28	14:25/M

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1 *	Jennifer Little	Silvers Point NJ	45	9892	22	24:36.46	7:56/M
2 *	Ashley Robbins	Lexington KY	40	927	46	28:04.17	9:03/M
3 *	Michelle Geoffroy	Vero Beach FL	49	924	51	28:57.98	9:20/M
4	Jen Daulby	Alexandria VA	41	9896	54	30:03.86	9:42/M
5	Sue Zellweger		46	1791	58	31:02.07	10:01/M
6	Melissa Darmody		48	1799	77	35:27.90	11:26/M
7	Marie Fishman	Vero Beach FL	49	918	92	49:05.27	15:50/M

## Female 50 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Lauriann Kloppenburg	Vero Beach FL	57	938	26	25:45.56	8:18/M
2 *	Julie Finley		50	1781	57	30:34.30	9:52/M
3 *	Mary Jane Kimball	Ft. Pierce FL	57	947	60	31:14.23	10:05/M
4	Susan Ramsey	Vero Beach FL	55	928	61	31:43.06	10:14/M
5	Nancy Holmes	Sebastian FL	51	1782	65	32:28.40	10:28/M
6	Ann Wells Crandall	New York NY	56	940	66	32:52.00	10:36/M
7	Ari Donahue	Vero Beach FL	57	931	85	42:24.44	13:41/M
8	Sheila Milton	Vero Beach FL	52	943	90	47:19.60	15:16/M
9	Michelle Carbano	Vero Beach FL	51	946	91	48:44.98	15:43/M

## Female 60 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Darlene Pegg	Vero Beach FL	62	942	49	28:51.05	9:18/M
2 *	Karen Gore	Vero Beach FL	64	9889	62	31:57.21	10:18/M
3 *	Sharon Garnett		66	9898	80	37:57.43	12:15/M

## Female 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1 *	Sandra Bowler	Vero Beach FL	70	958	76	35:06.95	11:19/M
2 *	Beverly Kinhead	Vero Beach FL	77	1778	81	38:12.84	12:19/M
3 *	Kira Dirghalli	Vero Beach FL	77	917	93	50:40.92	16:21/M