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2022-23 All-State Gymnastics awards announced

BISMARCK, N.D. – Sixteen gymnasts earned all-state honors as voted by state coaches. Fourteen of those gymnasts represented Western Dakota Association teams. WDA and state champion Dickinson led the way with five selections, including four first-teamers. Bismarck Century, Jamestown and Minot High each had two earn all-state honors while Bismarck High and Mandan along with Eastern Dakota Conference teams Valley City and Grand Forks had one selection.

All-State Team
Bismarck Century – Jenna Jackson, Teah Schulte
Bismarck High – Alyson Krug*
Bismarck Legacy – Alexa Evanger
Dickinson – Elizabeth Karsky*, Rylee Olson*, Reygan Strommen*, Brooklyn Wariner*, Aspen Roadarmel
Grand Forks – Taryn Swanson
Jamestown – Julia Skari*, Emma Hillerud
Mandan – Jericah Lockner
Minot High – Haley Conklin*, Keira Davis
Valley City – Karina Olson*

^{*} Denotes first team selection