

### Defining Wellbeing

#### HOW DO YOU DEFINE WELLBEING?

Do you look at other people's versions of success? Do you try to decipher through the noise and many mixed messages being shouted at you? Do you 'should' yourself to death trying to keep up?

Wake up "early." Exercise. Not like that, like this. Eat right. Avoid toxins. Avoid chemicals. Relax. Work hard. Get plenty of sleep.

It's confusing, to say the least.

Instead of fretting about what your results should be from everyone else's perspective, our clinically validated systems and products help you focus on defining your individual success.

This simplified guide cuts through the noise and confusion by letting you:

- ✓ Choose your path
- ✓ Choose your products
- ✓ Keep it simple

Ready to get started?

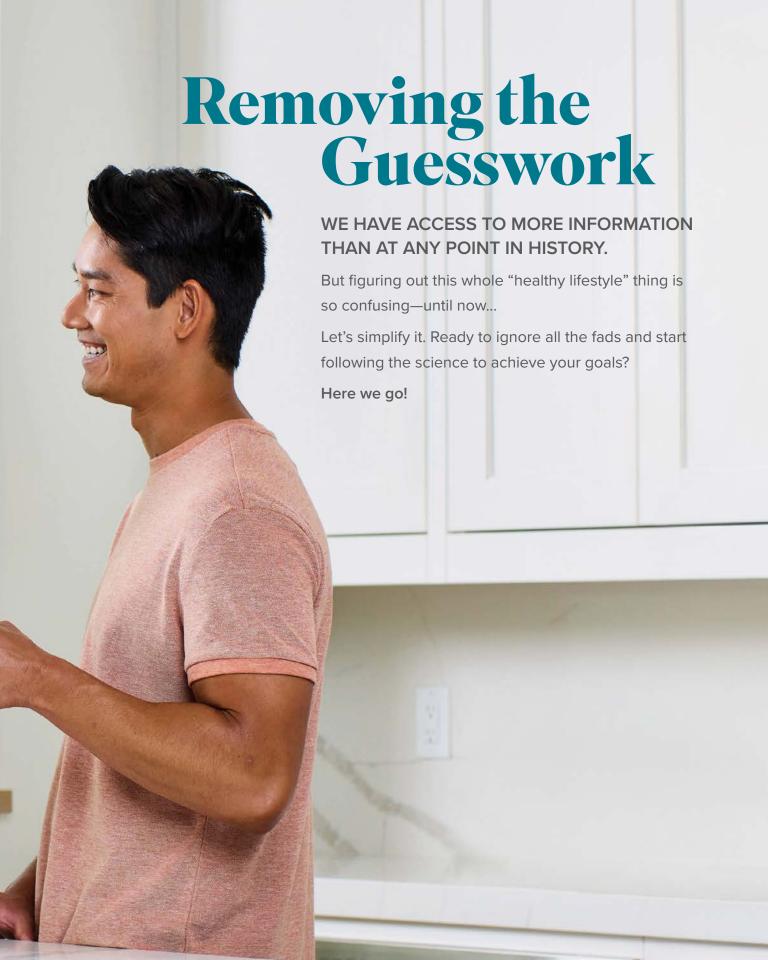
Let's go!





WEIGHT MANAGEMENT	2
30-Day Reset	4
Transformations	6
IsaLean® Protein Shakes	8
IsaLean® Protein Bars	9
Shake Boosters	9
Cleanse for Life®	10
Adaptogen Elixir™	12
Ionix® Supreme	13
Clear Protein	14
Creatine	15
Energy Bites	16
Snack Bites	16
Protein Crackers	17
Collagen Bone Broth	17
IsaFlush®	18
Natural Accelerator™	18
PuraPlant 21™	19
Recharge NAD™	19
NATURAL BEAUTY	20
Collagen Elixir™	22
Hair Revival	
Celletoi®	
	20
MOST LOVED PRODUCTS	28
MOST LOVED PRODUCTS	<b>28</b>
MOST LOVED PRODUCTSHarmoniaHydrate	30
MOST LOVED PRODUCTS	30 32 33
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein	30 32 33
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx	
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support	28 30 32 33 34 34
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro	28 30 33 34 34 34 34
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus	28 30 33 34 34 34 35
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair	28 30 32 34 34 34 35 35
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot	28 30 33 34 34 35 35 35
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee	28 30 33 34 34 35 35 35 35
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™	28303334343535353636
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink	28 30 32 34 34 35 35 35 35 35 35
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics	2830343435353536363738
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics  XM+® Energy Mix	283033343535353636373838
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics  XM+® Energy Mix  SuperMix™	283032343435353636373839
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics  XM+® Energy Mix  SuperMix™  Xango® Juice	2830323434353535363738383939
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics  XM+® Energy Mix  SuperMix™  Xango® Juice  Greens	283032343435353636373838393940
MOST LOVED PRODUCTS  Harmonia  Hydrate  Happy Mix Pack  Tri-Release Protein  NOx  Joint Support  AMPED™ Nitro  AMPED™ BCAA Plus  AMPED™ Repair  E+™ Energy Shot  Isagenix Coffee  Nootropic Elixir™  BĒA™ Sparkling Energy Drink  BĒA™ Biotics  XM+® Energy Mix  SuperMix™  Xango® Juice	283032343435353636373838393940





### 30-Day Reset

#### REFRESH WITH THE ISAGENIX® 30-DAY RESET

This simple, clinically validated system helps you lose weight, fight cravings, increase lean muscle mass, improve nutrition, stress less, sleep better, and more.

This Reset combines nutrient-rich shakes, soothing adaptogens, targeted daily supplements, and cleanse support to help enhance metabolism and detox the body. Plus, it includes an intuitive guide that walks you through your lifestyle change, allowing it to easily fit into your daily routine.

No matter what your goals are, this Reset's for you!

- ✓ Balanced Nutrition
- ✓ Stress Management
- ✓ Intermittent Fasting
- ✓ Craving Crushers
- ✓ Detox Support

#### What's Inside:



#### IsaLean® Protein Shake

Great-tasting shake with whey or plant-based options.



#### Natural Accelerator™

Help enhance the fat-burning process with clinically studied citrus extracts.†



#### Cleanse for Life®

Gentle detox system support with super plant botanicals.<sup>†</sup>



#### IsaFlush®

Gentle digestive support for balanced regularity.<sup>†</sup>



#### Adaptogen Elixir™ OR Ionix® Supreme

Support your body's ability to adapt to stress.†



#### **Snack Bites**

Fuel your focus and satisfy cravings between meals.





### **Clinically Studied** and Validated

#### PHASE 1:

#### **KEY FINDINGS AFTER 12 WEEKS**

of following the Isagenix System:

 $20\%_{\text{reduction in fat mass}}$ 

33% loss of their visceral (abdominal) fat

90/0 INCREASE IN LEAN BODY WEIGHT PERCENTAGE

33% INCREASE IN TOTAL PCBS RELEASED FROM FAT STORES

25% DECREASE IN OXIDATIVE STRESS



CARDIOVASCULAR HEALTH MARKERS SIGNIFICANTLY IMPROVED

#### PHASE 2:

#### **KEY FINDINGS AFTER 52 WEEKS**

comparing weight maintenance with an Isagenix System vs. a heart-healthy diet.

#### The Isagenix group:



MAINTAINED WEIGHT LOSS AND CONTINUED TO LOSE BODY FAT AND ABDOMINAL FAT



CONTINUED TO INCREASE LEAN BODY MASS PERCENTAGE



MAINTAINED IMPROVED CARDIOVASCULAR HEALTH MARKERS

\*Weight loss should not be considered typical, and your results may vary. A study showed an average weight loss of 24 pounds after 12 weeks. Participants took part in a calorie-controlled regimen of Shake Days and one Cleanse Day per week. For more information on the study, see IsagenixHealth.net.







#### Real individuals. Real results.





### They ALL Took the Challenge...Will You?

Register for the transformational IsaBody® Kickstart 90!

\*Weight loss should not be considered typical, and your results may vary. A study showed an average weight loss of 24 pounds after 12 weeks. Participants took part in a calorie-controlled regimen of Shake Days and one Cleanse Day per week. For more information on the study, see IsagenixHealth.net.



### Shake it Off

#### ISALEAN® PROTEIN SHAKE

A Scientifically Supported Superfood Shake

- ✓ A nutrient-dense superfood shake with plantsourced essential vitamins and minerals from whole foods.
- 24 grams of high-quality protein, including undenatured whey from New Zealand grass-fed cows, to support lean muscle and metabolism.
- ✓ A convenient, satisfying meal that's less than \$5 per serving.



#### GOING PLANT-BASED? WE'VE GOT YOU!

Our Plant-Based IsaLean® Protein Shake has the same great nutrients, whole food sourced vitamins and minerals, and undeniable taste with 24 grams of a complete vegan protein blend from fava beans, mung beans, and peas.



#### NEED MORE PROTEIN?

IsaLean® Performance Protein provides 36 grams of high-quality protein to help push past weight loss plateaus.

















#### GO SEASONAL!

Get amazingly delicious, limited-edition shakes throughout the year!



#### The Whole Story

Learn more about the power of whole food sourced nutrition.

WATCH THIS VIDEO





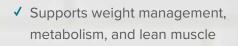
#### **Nutrition on the Go**

Looking for a delicious mini meal with simple, wholesome ingredients to help you look and feel your absolute best?

Look no further.

#### **ISALEAN® PROTEIN BARS**

**Nutrition Made Simple** 



✓ Feel fuller, longer with high-quality protein

 Available in whey and plant-based options



### Reset to Reignite

#### WHY DO CLEANSE DAYS?

First, this isn't a fad "cleanse" someone posted on social. This is nutritionally supported intermittent fasting. It's like cleaning your workspace so you can focus on completing a big project. It resets your system and reignites it to work and perform more efficiently. And when you combine one or two Cleanse Days with one of our Weight Management Systems, the results are transformative.



#### CLEANSE FOR LIFE®

Detox System Support<sup>†</sup>

- ✓ Supports your body's natural detoxification process and helps fight oxidative stress with no laxatives or diuretics involved.<sup>†</sup>
- ✓ Made with a unique blend of herbs, antioxidants, and plant botanicals that protect and nourish the body while intermittent fasting.<sup>+</sup>

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.





GLUTEN









#### **Meet the Botanicals**



#### **Bilberry Fruit**

Packed with antioxidants to support memory, cognitive function, and brain health against oxidative stress.<sup>+</sup>



#### Aloe Vera

Aids digestion and enhances nutrient absorption, promoting overall gut health.†



#### Turmeric

Supports metabolism and strengthens defenses against free radicals for lasting wellness.†



#### Ashwagandha

A calming adaptogen trusted for over 3,000 years to aid relaxation and stress resilience.<sup>†</sup>



#### Rhodiola Rosea

Helps sustain energy and combat burnout.



#### **Peppermint**

Provides soothing relief for digestive comfort.+



#### **Nutritionally-Supported Fasting**

On Cleanse Days achieve autophagy, the body's natural way of cleansing away components of damaged cells and replacing them with new regenerated ones. This helps your body feel renewed and energized.



12 HOURS AFTER LAST MEAL: Burn stored fat for energy.



18 HOURS AFTER LAST MEAL: Begin releasing toxins stored in fat.



24 HOURS AFTER LAST MEAL: Autophagy for cell rejuvenation.

#### **CLEANSE DAY ROUTINE**

Choose between doing one Cleanse Day per week, or two consecutive Cleanse Days for two weeks out of the month, for a total of 4 Cleanse Days per month.

#### MORNING



Cleanse for Life



Natural Accelerator™ (2 Capsules)



Cleanse Day Approved Snack

#### LATE MORNING



Cleanse for Life



Adaptogen Elixir™ or Ionix® Supreme

#### **AFTERNOON**



Cleanse for Life

Cleanse for Life



Cleanse Day Approved Snack

#### **EVENING**





Cleanse Day Approved Snack

(1-2 Capsules)

**BEFORE BED** 

### Nature's Stress Response

While stress can be useful—getting that project done on time, protecting loved ones, exercising—it can also become debilitating. Luckily, nature has an answer.

The goal isn't to eliminate stress. Stress is inevitable.

The goal is to adapt to stress.



#### Calm Your Chaos

- √ This unique blend of healing herbs and adaptogens helps your body and mind better handle daily stress while combating fatigue.<sup>†</sup>
- Sip your way to serenity with this time-tested yet modern botanical blend designed to support relaxation and better sleep.+
- Enjoy this perfectly portioned bottle of roseflavored sparkling kombucha tea anytime, anywhere, to help naturally balance your body.

### Scientifically Validated Results

A scientific study showed that regular consumption of Adaptogen Elixir reduces stress response and improves sleep quality.†

#### **AFTER 4 WEEKS, PARTICIPANTS NOTICED:**

34% decreased stress response

31%

**IMPROVED SLEEP QUALITY** 



#### **IONIX® SUPREME**

Nature's Answer to Stress

- ✓ The original Isagenix® adaptogen tonic to help your body and mind better handle daily stress.†
- ✓ Supports mental clarity for improved focus while helping reduce mental and physical fatigue.<sup>†</sup>
- ✓ Contains plant-derived trace minerals to support healthy immune function.<sup>†</sup>



### Meet the Adaptogens

#### **FIND YOUR BALANCE**

Both products have these adaptogens in common:



#### Ashwagandha

The time-tested relaxation adaptogen used throughout the world for over 3,000 years.†



#### **Eleuthero Root**

Helps enhance focus and cognitive function, all thanks to this naturally occurring botanical.†



#### Goji Berry

Also known as wolfberry, aka the superfood filled with vitamins and minerals.



#### Rhodiola

Burn bright, not out. Rhodiola has properties associated with managing burnout and fatigue.



#### Schisandra

Also known as the endurance adaptogen, schisandra helps fight physical fatigue.<sup>†</sup>



#### **Shilajit**

Improve your focus and feel more energized at the same time. How great is that?

# Hydration + Performance Support

Meet the light, refreshing way to support weight loss and stay hydrated









#### **CLEAR PROTEIN**

Pure clarity. Pure strength.

- ✓ A light, refreshing way to meet your protein goals and stay hydrated
- ✓ 20g of grass-fed whey protein isolate with essential electrolytes — no sugar or milky texture
- ✓ Perfect for muscle recovery, daily energy, and supporting weight loss



### Clean, reliable boost

Your foundation for strength, clarity, and confidence. Creatine fuels your body and mind, helping you feel strong, focused, and energized daily.<sup>†</sup>













#### **CREATINE**

Nature's boost for peak performance

- ✓ A stimulant-free way to enhance energy and strength for better workout results<sup>†</sup>
- ✓ Supports lean, full-body tone and fat loss goals, especially during hormonal changes like menopause<sup>†</sup>
- ✓ Helps maintain brain health, focus, and mental clarity at any age to support lasting vitality<sup>†</sup>

### Snack Smarter

Introducing a smarter way to snack with functional, flavorful options that support weight management and lean muscle goals. Each one is perfectly portioned for daily indulgence or Cleanse Days!

















#### **ENERGY BITES**

- ✓ Fuel your focus and support mental alertness with 65 milligrams of natural caffeine from green tea.
- ✓ Includes L-theanine and CognatiQ® to promote alertness and reduce the effects of mental fatigue.<sup>†</sup>













#### **SNACK BITES**

- ✓ Satisfy sweet cravings with 5 grams of plant-based protein and 100 calories per serving.
- ✓ Contains CognatiQ® for a caffeine-free focus boost.†





- ✓ Stay fuller longer with 10 grams of plant-based protein and 5 grams of fiber per serving.
- ✓ Infused with adaptogenic lion's mane and reishi mushrooms for added benefits.



#### **COLLAGEN BONE BROTH**

- ✓ Provides 8 grams of collagen peptides to support normal skin health and collagen production.<sup>†</sup>
- ✓ Helps maintain a healthy immune system with 80 milligrams of vitamin C per serving.

### **Trust Your Gut**

Ease your body's ability to churn & burn calories. The better your digestive system, the happier your gut. A happier gut makes for a hotter metabolism. That's fat-burning, simplified. On top of that, gut health is important for proper nutrient absorption for better overall health, as well as strengthening natural immune function.



#### NATURAL ACCELERATOR™

A Natural Boost to Your Metabolism<sup>†</sup>

- ✓ Enhances the fat-burning process through clinically studied Sinetrol. †
- ✓ Increases thermogenesis to burn more calories which enhances the benefits of an Isagenix® Weight Management System.<sup>†</sup>
- ✓ Boosts metabolism with natural botanicals and a hint of naturally occurring caffeine.<sup>†</sup>

#### **ISAFLUSH®**

Supports Balanced Digestive Regularity<sup>†</sup>

- ✓ Supports your body's natural detoxification process and helps fight oxidative stress.†
- ✓ Gentle digestive support from balancing minerals and botanicals.<sup>†</sup>
- Magnesium provides calming whole-body support and regularity without the use of harsh laxatives.<sup>†</sup>



#### **PURAPLANT 21™**

An Advanced Plant-Based Multivitamin + Omega Fatty Acids

- 21 vitamins and minerals from organic fruits and vegetables, plus antioxidants for overall health.<sup>†</sup>
- ✓ Provides essential fatty acids (omegas 3, 6, and 9) from Ahiflower to support overall heart, joint, brain, and immune health.<sup>†</sup>
- High-potency formula with tailored dosages and vitamers for effective absorption and nutrient diversity.<sup>†</sup>

#### **RECHARGE NAD™**

Cell Care is the New Self Care

- Optimizes cellular energy to power vital body functions like digestion, respiration, and movement.
- Helps slow cellular aging by supporting your body's natural detoxification process.<sup>†</sup>
- Designed with timed-release beadlets to provide increased absorption and bioavailability.





IT'S EASIER TO EMBRACE
YOUR CONFIDENCE WITH A LUXE,
HOLISTIC APPROACH TO BEAUTY.

With our scientifically supported ingredients and blends, you'll shine bright inside and out.

Our natural beauty line is designed to simplify your glamour routine while being extremely effective.

### Little Bottle of Amazing

Collagen Elixir™ is designed to help you look and feel the way you've always wanted to. Infused with an innovative blend of marine collagen peptides and powerful botanicals, this little bottle of amazing indulges your skin with both beauty and nourishment from the inside out.

#### **COLLAGEN ELIXIR**

Glow Radiantly, Live Beautifully

- ✓ Clinically tested and shown to improve collagen density, skin elasticity and moisture, fine lines and wrinkles.<sup>+</sup>
- √ 5 grams of marine collagen peptides combined with biotin, vitamin C, zinc, aloe vera, chamomile, acerola berry, and goji berry.
- ✓ The easiest and best-tasting way to achieve glowing, youthful skin.













These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease

#### **Clinically Studied** and Validated

**NOTICEABLE RESULTS IN THE** FIRST 30 DAYS\*

**Overall Participants Experienced** 

93% IMPROVED HYDRATION

92% HEALTHIER SKIN

90% MORE RADIANT SKIN

88% IMPROVED BRIGHTNESS

91% YOUTHFUL COMPLEXION

83% IMPROVED FIRMNESS

#### **NEVER STOP GLOWING**

Experience glowing skin long-term with our Beauty Afterglow Bundle. Get 6, 10-count boxes of Collagen Elixir and bask in the afterglow.























\*Individual results may vary. Statistics are based on a survey of 113 participants who used Isagenix Collagen Elixir consecutively for at least 30 days without cosmetic intervention or other known changes to their regular skincare products. The survey participants included Isagenix Independent Associates, who are eligible to earn a commission for sales of Isagenix products.

Results depicted are those of Isagenix Customers who used Collagen Elixir along with a skincare and supplement routine for 30 days with daily use. Results not typical. In a preliminary study, participants experienced a 9.5% reduction in the appearance of wrinkles over 30 days

### Love Your Locks

Your hair hero is here. Love your locks with this clean, vegan, clinically effective pillar of our Natural Beauty line. Few feelings are as wonderful and calming as running your fingers through locks of long, thick, strong hair. Revel in yours with Hair Revival.



#### **Confidence Inside & Out**

(KEY FINDINGS AFTER 8 WEEKS)

Combining Hair Revival with Collagen Elixir™ in an 8-week internal study found:

80% Experienced Healthier Hair\*

**76%** Reported Stronger Hair\*

**76%** 

**Experienced Less** Hair Fallout\*

Noticed Fuller Hair\*

\*Individual results may vary. Statistics are based on an internal pilot study of 25 participants who used both Collagen Elixir™ and Hair Revival consecutively for 8 weeks.



AFTER



#### **Magnificent Medleys**

#### NO NEED TO PICK AND CHOOSE INDIVIDUAL BEAUTY PRODUCTS

Our collections make it easier to look and feel your best. You are a masterpiece, let your beauty shine.



#### HAIR & SKIN COLLECTION

- 1 bottle of Hair Revival
- 3 boxes of Collagen Elixir (30 bottles)



#### **HYDRATE & GLOW COLLECTION**

- 1 bag of Hydrate + Hyaluronic Acid (24 sticks)
- 3 boxes of Collagen Elixir (30 bottles)



**LEARN MORE** about Hydrate + Hyaluronic Acid on p29.

# Unveil Your Masterpiece

Inspired by you and perfected by nature and science,
Celletoi® is the ultimate skincare line in the age of selfcare. The ingredients are pure, the routine is simple, and
the results are undeniable.

#### MOISTURE BALANCING CLEANSER

Removes makeup, dirt, and impurities through its antioxidant-rich botanicals and ceramides in a gentle, yet powerful foam.

#### ADVANCED YOUTH SERUM

Helps improve skin elasticity, tone, and texture through a concentration of growth factors working alongside the skin's natural renewal process.

### ADVANCED YOUTH SEROM

#### MOISTURE IALANCING CLEANSER

CELLETOI

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#### FIRMING CASHMERE CREAM

Helps defend skin against harmful environmental pollutants through an infusion of all-day moisture support from hyaluronic acid and soothing ceramides.



#### RESTORATIVE EYE TREATMENT

Assists with reducing the signs of aging to visibly smooth lines and wrinkles for radiant eyes and brighter skin by utilizing our exclusive Celletoi BioFirm Complex™.

#### **Celletoi Trial Results**

(KEY FINDINGS AFTER 8 WEEKS)



**74**%

increase in skin moisture after 4 weeks and 109% increase after 8 weeks\*



100%

of study participants noticed an improvement in the appearance of fine lines & wrinkles



NO PARABENS, SULFATES, PHOSPHATES



NO ARTIFICIAL FRAGRANCE



THIRD-PARTY CLINICALLY TESTED



DERMATOLOGIST TESTED



CRUELTY-FREE/ VEGAN



LEAPING BUNNY CERTIFIED

BY COMBINING CELLETOI WITH COLLAGEN ELIXIR™, YOU WILL EXPERIENCE THE ULTIMATE INNER AND OUTER BEAUTY ROUTINE^

**78%** 

NOTICED AN IMPROVEMENT IN SKIN TEXTURE

85%

NOTICED MORE RADIANT SKIN

**92%** 

NOTICED HEALTHIER-LOOKING SKIN

71%

NOTICED AN IMPROVEMENT IN SKIN ELASTICITY/FIRMNESS

#### **Choose Your Collection**



COMPLETE COLLECTION



MASTERPIECE COLLECTION

<sup>\*</sup> Individual results may vary. Statistics are based on a third-party clinical study with 22 participants who used the Celletoi Complete Collection consecutively for 8 weeks without cosmetic intervention or other known changes to their lifestyle.

<sup>^</sup> Individual results may vary. Statistics are based on an internal pilot study of 14 participants who used Collagen Elixir along with the Celletoi Complete Collection consecutively for 4 weeks.





YOUR WELLBEING IS INDIVIDUAL AND OUR MISSION IS TO SIMPLIFY IT FOR YOU.

We develop products for every need, want, goal, and feeling. But as unique as we all are, we also have common desires.

We may have different reasons for being stressed, but many of us share a desire to adapt to stress. We may have different reasons for being distracted, but many of us share a desire to be focused.

That's why, across the globe, these are some of our most loved products. They represent a shared lifestyle of wellbeing within a health-driven community that's absolutely timeless.

# Break Free from Menopause Discomfort

Feel balanced, confident, and like yourself again with Harmonia<sup>™</sup>—a daily supplement designed to support every stage of menopause.

**Multi-Symptom Relief** 

Harmonia's clinically backed formula helps support multiple menopause symptoms, including<sup>†</sup>:

- ✓ Hot Flashes
- ✓ Night Sweats
- ✓ Sleep Quality
- ✓ Stress
- ✓ Mood Swings & Irritability
- ✓ Vaginal Health & Dryness
- ✓ Sexual Health & Urinary Wellness











#### Your 90-Day Transformation

Harmonia's benefits build over time. While everyone's journey is unique, here's what you can expect as it works with your body's natural rhythms.

30 days

LAYING THE FOUNDATION

Your body begins absorbing key ingredients

60 days

**NOTICEABLE IMPROVEMENTS** 

Ingredients build up for stronger effects

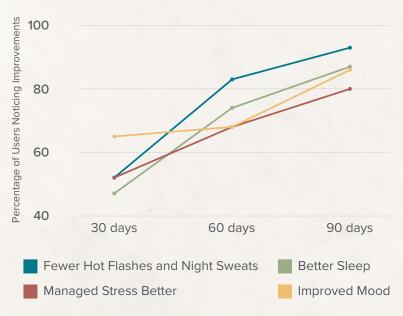
90 days

**FULL BENEFITS IN MOTION** 

Peak effectiveness for significant relief

#### HARMONIA TRIAL RESULTS

Key Findings Over 90 Days^



^Individual results may vary. Statistics are based on a study of 15 participants using Harmonia for 90 days without hormone replacement therapy or significant lifestyle changes.

#### Hormone-Free Hero Ingredients



EstroG-100®

A blend of powerhouse Korean herbs clinically shown to help reduce mild hot flashes, night sweats, and vaginal dryness.



#### SaffSerene™

A well-researched, high-potency saffron extract that promotes a healthy menopausal mood and a balanced response to stress.



Lactobacillus rhamnosus, GR-1® & Lactobacillus reuteri, RC-14®

The most clinically tested and proven probiotics for vaginal health, this combination supports healthy vaginal and urinary tract microflora.



### Hydration Reimagined

Hydrate is a zero-sugar, low-calorie electrolyte drink that replenishes nutrients lost in daily activity. It offers 1,625+ mg of essential electrolytes to restore balance and energize everyone from parents to athletes. Each convenient packet is perfectly portioned for hydration on the go.



#### **HYDRATE**

- ✓ Replenishes essential electrolytes faster than water alone, ideal for maintaining proper mineral balance.
- Aids in rehydration and recovery during postworkout and daily activities.



#### **HYDRATE + HYALURONIC ACID**

- Contains 165 mg of hyaluronic acid, a clinically supported amount to help increase skin moisture for a supple look and feel.
- Delivers the ultimate in hydration and a glowing complexion.
- ✓ Enjoy the same benefits found in Hydrate.



#### **HYDRATE + IMMUNE SUPPORT**

- Quench your thirst and support your body's natural immune system response.
- √ Features whole-food-sourced vitamins C and D, along with N-acetylcysteine (NAC) to help maintain normal immune function.<sup>†</sup>
- ✓ Enjoy the same benefits found in Hydrate.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Unleash the power of positivity and wellbeing with the Happy Mix Pack, thoughtfully crafted to bring more joy into your life.

#### HAPPY MIX PACK

Let Go of Stress and Invite in More Bliss

- ✓ Promotes emotional wellbeing and a sense of tranquility.<sup>†</sup>
- Helps balance and normalize body systems to supercharge your health.<sup>†</sup>
- ✓ Supports mental clarity for improved focus.<sup>†</sup>

#### **INCLUDES**

- SuperMix<sup>™</sup> or XM+<sup>®</sup>
- Hydrate, Hydrate + Hyaluronic Acid, or Hydrate + Immune Support
- Ionix® Supreme or Adaptogen Elixir $^{\text{\tiny{M}}}$

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

### Powerful Performance

It's amazing what our bodies are capable of. Whether you're weightlifting, cross-training, or just wanting to go for an occasional jog, it's important to perform your best while quieting the noise from the complicated fitness industry. Let's take the guesswork out of powerful performance.



#### TRI-RELEASE PROTEIN

#### Muscle Support and Recovery

- ✓ Helps develop lean muscle, enhance strength, and speed up recovery.<sup>†</sup>
- Includes high-quality protein and provides a complete amino acid profile including branched-chain amino acids (BCAAs).
- ✓ Contains Velositol®, a patented complex that increases strength by boosting muscle protein synthesis when combined with protein.



#### **NO**x

#### Cardiovascular Support and Daily Performance

- ✓ Beetroot extract helps promote blood flow for increased nutrients and oxygen to the heart, brain, and muscles.<sup>†</sup>
- ✓ Clinically shown to increase heart-healthy nitrates which supports nitric oxide production.<sup>†</sup>
- ✓ Nitrates are shown to enhance power, stamina, and energy during physical and mental activities.<sup>†</sup>



#### **JOINT SUPPORT**

#### Feel the Difference

- Supports normal joint comfort, function, and mobility to help reduce cartilage breakdown.
- ✓ Contains a clinical dose of Q-actin®, a patented ingredient from heirloom cucumbers.
- ✓ Formulated with science-backed, natural ingredients—all in a tasty, plant-based gummy.



Boost every aspect of your workout to get better results faster. This AMPED pack delivers what you need before, during, and after your workout so you can take your goals to the next level.





AMPED™ NITRO

**Energy and Strength** 

- ✓ Nitrosigine<sup>®§§</sup> and L-citrulline to support normal blood flow and mental focus.<sup>†</sup>
- ✓ Creatine and betaine to help increase muscle power, strength, and cell hydration (the best kind of hydration).<sup>†</sup>
- ✓ Beta-alanine, taurine, and naturally sourced caffeine for increased energy, alertness, and stamina.<sup>†</sup>

DURING WORKOUT

#### AMPED™ BCAA PLUS

Strength and Endurance

- ✓ Utilizes a blend of branchedchain amino acids, L-carnitine, and L-glutamine.
- ✓ Helps your body burn fat while supporting sustained energy levels.†
- ✓ Helps delay fatigue, sustain performance, and build lean muscle.†



POST-WORKOUT

#### **AMPED™ REPAIR**

**Total-Body Recovery** 

- ✓ High-potency tart cherry, turmeric, and astaxanthin to ease joint soreness following exercise.<sup>†</sup>
- ✓ Specialized collagen peptides for target recovery.<sup>†</sup>

### Hitting the ON Switch

Fatigue, lack of focus, and burnout all limit what we're capable of achieving day to day. With our line of Energy and Focus products, you can feel like you determine when to flip the switch ON to GTD (Get Things Done) and OFF to get some much-needed rest. Putting energy within your control.

















#### E+TM

The Balanced Energy Shot with Naturally Sourced Caffeine + Adaptogens

- √ 85 milligrams of natural caffeine sourced from green tea and yerba mate.
- ✓ Fuel your day with adaptogens that support alertness and physical performance.<sup>†</sup>
- Clinically tested and shown to support sustained energy levels.<sup>†</sup>













#### ISAGENIX COFFEE

**Deliciously Smooth Organic Blend** 

- ✓ Smooth tasting, medium roast coffee made from 100% fairly traded arabica beans.
- ✓ Beans are selected by a licensed coffee grader, slow roasted in small batches, and expertly blended by a certified roast master.
- Added green tea extract, trace minerals, and coconut oil, enhance flavor and nutrition in each cup.















#### NOOTROPIC ELIXIR™

#### **Fuel Your Focus**

- ✓ This ready-to-drink elixir supports both on-demand focus and long-term brain health.†
- ✓ Nootropics also help regulate mood while supporting creative moments to optimize brain power so you can be present and enhance your mental performance.<sup>†</sup>
- ✓ Our brains take in 5× more information than 30 years ago, which is why this elixir aids against mild memory loss associated with aging.<sup>†</sup>

#### **Clinically Studied**

After one dose of Nootropic Elixir, clinical study subjects reported an improvement in concentration and multitasking. After seven days of supplementation, subjects reported:

- ✓ Clearer thinking
- ✓ More energy
- ✓ Less fatigue
- √ Fewer bouts of sleepiness

# Natural Ways to Fuel Your Day

Fuel your body and mind with botanical energy, adaptogens, and superfoods. Whether you're looking for a sparkling boost, gut-friendly support, or moringa nutrition, these products deliver wellness you can feel.

#### BĒA™ SPARKLING **ENERGY DRINK**



**Botanical Energy + Adaptogens** 

- ✓ A sparkling energy drink that's good for you with 12 essential vitamins from whole food sourced vegetables and fruit.
- ✓ Botanical energy + adaptogens with ashwagandha and 125 mg of caffeine from green tea.
- ✓ Contains 2 grams of sugar and 15 calories.

#### BĒA™ BIOTICS



Caffeine-Free **Botanical Energy + Adaptogens** 

- Supports digestive health and a healthy gut microbiome.†
- ✓ Enriched with probiotics, aloe vera, apple cider vinegar, and ginger.
- ✓ Provides adaptogenic benefits from American ginseng, shiitake and maitake mushrooms.







†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.





















#### XM+®

#### Whole Moringa Energy

- ✓ Contains key ingredients to help boost metabolism and support enhanced energy from green tea and American ginseng.<sup>+</sup>
- ✓ Provides complete moringa nutrition by combining the plant's leaves, seeds, and fruit.
- ✓ Pre-measured packets are perfect for incorporating this superfood at home or on the go.













#### SUPERMIX™

#### A Premium Moringa Superfood Powder

- ✓ An easy way to incorporate moringa, one of the world's most nutrient-dense green superfoods, into your daily diet.
- ✓ Uses shade-dried moringa oleifera leaves, seeds, and fruit.
- ✓ Convenient pre-measured packets, perfect for on-the-go.

<sup>†</sup>These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure. or prevent any disease.

### Elevate Your Body's Purpose

SOY



GLUTEN FREE





With the right nutrients and daily nutrition, our bodies can fulfill their purpose of functioning and performing properly for optimal wellbeing.

#### XANGO® JUICE

The Delicious Superfruit Concentrate

- ✓ A delicious daily drink made from the mangosteen fruit, including seeds, pulp, and rind.
- ✓ Rich in naturally occurring phytonutrients like xanthones, flavonoids, and catechins to support overall health.<sup>†</sup>
- ✓ Offers sweet, tangy superfruit nutrition without artificial sweeteners or added sugar.

#### **GREENS™**

A Superfood with Powerful Moringa

- Provides two full servings of green vegetables per scoop with 30 calories and no added sugar.
- ✓ Packed with superfoods, antioxidants, and phytonutrients for better overall health.
- ✓ Gently dried and finely milled to preserve natural benefits.

## Yes, It's OK to Hit the OFF Switch

Just as important as being able to control your energy with an ON switch is the ability to control your sleep with an OFF switch—giving your body the rest it deserves.

Sleep can improve everything from our minds and circulatory systems to our metabolism and hormones. Consider it the nightly companion to your daily wellbeing.

#### RENEWAL SLEEP SUPPORT™

Sleep Better. Wake Refreshed.<sup>+</sup>

- Natural melatonin spray to fall asleep faster.
- ✓ Fast-acting and non-habit-forming.
- ✓ Supports improved sleep quality.<sup>†</sup>
- ✓ Supports a healthy circadian rhythm.<sup>†</sup>
- ✓ Can help relieve the effects of jet lag.†











### Wellbeing Simplified

Hopefully the pages of this guide act as kindling for the fire burning inside you to live out your personal wellbeing to the fullest.

You now have a clear path forward without all the "Do this, not that, eat this, not that, drink this, not that" confusion obscuring how to accomplish your goals.

ALL YOU HAVE TO DO IS SIMPLY SELECT, SAVE, AND SHARE.



#### SELECT

CHOOSE THE PRODUCTS, PACKS, OR SYSTEMS designed to help you achieve your individual definition of wellbeing. Live the lifestyle to love your results.



#### SAVE

SIGN UP FOR SUBSCRIPTION REWARDS to save on every order, get FREE SHIPPING on your initial order, and enjoy flat-rate shipping on future orders.

Or, become a Preferred Customer to get discounts on every order.



#### SHARE

An important part of any individual's wellbeing is financial wellbeing. We're here to help! Sharing the Isagenix® opportunity is a powerful way to help people earn a side income or launch a business.

On top of that, we now have a way to earn even more with our 20% Product Introduction Bonus (PIB). Scan the QR Code below to learn more.











ISAGENIX.
THE ART OF WELLBEING.