STRAWBERRY GRANOLA YOGURT BARK



Gina's Gem

It's strawberry season in Florida.
This cold, refreshing, (& healthy!)
dessert is sure to be a hit every time!!
www.FindYourFitnessWithGina.com

Ingredients

24-oz container of Greek yogurt (I used vanilla, but you can use plain if you want)2 teaspoons of honey1 cup of fresh strawberries, sliced

1 cup of granola

Instructions

❖Mix together the honey and yogurt.

9x13" pan that has been covered in aluminum foil.

- Sprinkle the strawberries and the granola over the top of the yogurt, slightly pressing it into the yogurt with your hands.
- ❖ Freeze for about 1 hour, or until completely frozen.
- Remove from freezer, and cut into about 12 slices (I used a pizza cutter). Serve immediately, or keep in freezer, in a freezer-safe bag, or container for up to 30 days. ENJOY!

Gina Heyn