



November 2018

Paramount Academy

BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 WG Cinnamon Mini Bagels Fruit 100% Fruit Punch	2 WG Breakfast Burrito Banana 100% Apple Juice
5 Assorted Yogurt w/ WG Crackers Fruit 100% Orange Pineapple Juice	6 WG Lucky Charms Cereal Fruit 100% Apple Juice	7 WG Mini Cinnamon Rolls Banana 100% Orange Juice	8 WG Grape-Filled Crescent Fruit 100% Fruit Punch	9 WG Sausage Pancake Wrap Banana 100% Apple Juice
12 NO MEAL SERVICE	13 WG Cinnamon Toast Crunch Cereal Fruit 100% Apple Juice	14 WG Glazed French Toast Banana 100% Orange Juice	15 WG Blueberry Loaf Fruit 100% Fruit Punch	16 Cheese Omelette w/ WG Tortilla Banana 100% Apple Juice
19 NO MEAL SERVICE	20 NO MEAL SERVICE	21 NO MEAL SERVICE	22 NO MEAL SERVICE	23 NO MEAL SERVICE
26 WG French Toast Bar Fruit 100% Orange Pineapple Juice	27 WG Apple Cinnamon Cheerios Cereal Fruit 100% Apple Juice	28 WG Maple Madness Waffles Banana 100% Orange Juice	29 WG Strawberry PopTart Fruit 100% Fruit Punch	30 WG Turkey Sausage Sandwich w/ Cheese Banana 100% Apple Juice

* This institution is an equal opportunity provider and employer.
 * Menus are subject to change based on product availability.
 * WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk