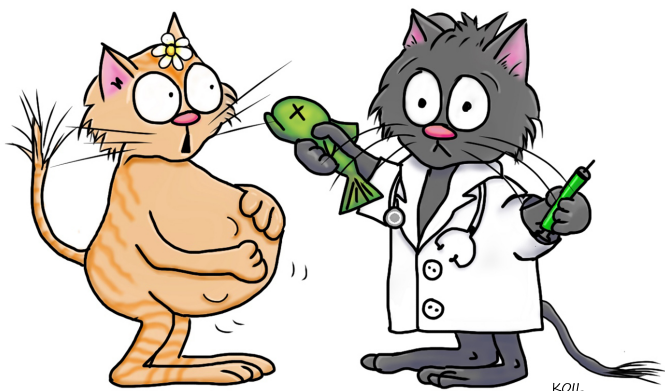


**Your doctor warns you
to avoid mercury and
other toxins in food.**



**But urges you to get shots
that contain mercury and
other toxins?!**

REAL  ORGANIC TRUTH
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The CDC recommends the TDaP (Tetanus, Diphtheria, Acellular Pertussis) and the flu shots during pregnancy.

FACTS: There have been 472 cases of injury or death from the TDaP and 2401 for the influenza vaccines filed with the Vaccine Court between 10/1/88 and 12/31/15.

FACT: Almost 7200 cases of **serious** reactions to TDaP and 13,645 for influenza vaccines have been reported to VAERS (Vaccine Adverse Events Reporting System) *including spontaneous abortion, stillbirths, paralysis and death.*

"The Advisory Committee on Immunization Practice (ACIP) citations and the current literature indicate **that influenza infection is rarely a threat to a normal pregnancy.** There is no convincing evidence of the effectiveness of influenza vaccination during this critical period. **No studies have adequately assessed the risk of influenza vaccination during pregnancy, and animal safety testing is lacking.** Thimerosal, a mercury-based preservative present in most inactivated formulations of the vaccine, has been implicated in human neurodevelopmental disorders, including **autism**, and a broad range of animal and experimental reproductive toxicities including teratogenicity, mutagenicity, and **fetal death.**"

Ingredients in vaccinations include: aluminum*, glutamate (MSG)*, mercury (thimerosal)*, formaldehyde (formalin)*, aborted fetal cells, monkey kidney cells, antibiotics, egg proteins.

**These ingredients are poisonous to the brain and nerves and are not recommended to be ingested on any levels.*

As per the **CDC 2016 Pregnancy Vaccination Schedule**, the following **vaccinations may also be** recommended: **Hepatitis A, Hepatitis B, Meningococcal, Pneumococcal, and Tetanus/ Diphtheria Td.**

There are many safe ways to stay healthy while pregnant including exercise, decreasing stress, eating organic whole foods and deep sleep.

Go to **REALORGANICTRUTH.com** for reference.

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