## A LIFETIME OF IMPACT

## **Muriel Goodman**



Muriel may be one of the Geneva YMCA's oldest members having joined the Y over 60 years ago when it was still operating out of its original location on Castle Street in downtown Geneva.

A generation before her, Muriel's father had been a member of the Geneva YMCA and participated in youth activities as a child. Spreading the Y's impact to a third generation of her family, Muriel's own children took swim lessons at the Y over 50 years ago with their mother Muriel acting as assistant swim lesson instructor.

The pool is what drew Muriel to the Y and it's what

still keeps her coming back today. When asked about the people she has met and the friends she has made at the YMCA she said, "There are too many to remember!" Back in the original YMCA building Muriel worked with Athletic Director Joe Jenkins teaching the 3-7 year old youth swimming lessons and even spent time working as a lifeguard.

Today you can find Muriel in the pool most weekday mornings taking Aqua Fit classes

with her friends. She loves the Y and the its staff and credits her time at the Y with keeping her moving and active at 90 years old!

She recently made an appearance on a YMCA video, Zumba dancing with our Aquatics Director in the pool! She is happy to talk about the history of the Y in Geneva and share stories of its lifetime of impact.



