

Shabbat Blessings

Remember (observe) the Sabbath Day to keep it Holy!

Hadlakat Nerot.....(On lighting the candles, customarily by the wife)

What you need to know:

1. Candles are lit at between 1 1/2 hours and 18 minutes prior to sunset (according to halacha)
2. Light the candles.
3. Draw your hands around the candles and toward your face from one to seven times (three times is most common).
4. Cover your eyes with your hands and say the following blessing at the same time:

***Baruch atah Adonai elohaynu melech ha'olam asher kid'shanu
be'mitzvotav ve'tzivanu l'hadlik ner shel Shabbat.***

***Praised are You, Adonai our G-d, Sovereign of the Universe, who makes us holy with mitzvot and
instructs us to kindle the lights of Shabbat.***

Kiddush(On drinking wine)

Baruch atah Adonai elohaynu melech ha'olam boray pri ha'gafen.

Praised are You, Adonai our G-D, Sovereign of the Universe, who creates the fruit of the vine.

Ha'motzi.....(On eating bread)

Baruch atah Adonai elohaynu melech ha'olam ha'motzi lechem min ha'aretz.

***Praised are You, Adonai our G-D, Sovereign of the Universe,
who brings forth bread from the earth.***

.....

Kol Tzorki

Hebrew blessing thanking G-d for meeting our needs

Matthew 6:8 (CJB) ⁸ Don't be like them, *because your Father knows what you need before you ask him.*

Barukh attah Adonai Eloheynu melekh ha'olam, she'asah li kol Tzorki.
Blessed art thou, LORD our G-d, King of the universe, who provides for me all my needs.



SHOFAR BLESSING AND SHOFAR SOUNDS

Recite before blowing the Shofar:

***Ba*rulj at*tah Adonai, E*lo*he*nu me*lekh ha*o*lam, A*sher ki*di*sha*nu
b'mitz*vo*tav v'tzi*va*nu lish*mo'a kol shofar***

Blessed art Thou, Lord our G-d, Master of the universe, who sanctifies us with His commandments and commands us to hear the sound of the Shofar

The Following are descriptions of the basic sounds of the Shofar:

T'key-ah

A long blast beginning in musical mid-range and finishing as a high note.

Shvarim

Three staccato blasts. The duration of all three together is the length of a T'key-ah.

True-ah

A long ululating "wailing" sound. There are two main variants of the True-ah.

One tradition uses nine separate short calls, in rapid sequence.
The other is a single long call with nine wavering ululations.

T'key-ah Gdolah (Big Long T'key-ah)

A T'key-ah that you continue as long as you can. It comes at the end of the series of calls. T'key-ah Gdolah is usually the last Shofar call. It is a very long blast, used usually to announce the end of the holy day of Yom Kippur. Some Shofar blowers can hold a T'key-ah Gdolah for a minute or more. This dramatic call is the mark of a good Tokeiah (expert blower) and requires a lot of practice to develop your wind.

DEREKH HAYESHUA

The Hebrew blessing for Salvation in the Messiah

John 14:6 (NKJV) ⁶ Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father except through Me.

John 14:6 (CJB) ⁶ Yeshua said, "I AM the Way — and the Truth and the Life; no one comes to the Father except through me.

This simple blessing expresses our thanks to the LORD for the way of salvation given through Yeshua HaMashiach. This is an important one for we come to our right relationship with the Heavenly Father by means of salvation through His only begotten Son, Yeshua HaMashiach.

Leviticus 17:11 (NKJV) ¹¹ For the life of the flesh is in the blood, and I have given it to you upon the altar to make atonement for your souls; ***for it is the blood that makes atonement for the soul.***

Barukh attah Adonai Eloheynu melekh ha'olam, asher natan lanu et derekh ha'yeshua bamashiach Yeshua, Barukh hu. Amein.

*Blessed are You, LORD our G-d, King of the universe,
Who gave to us the way of salvation through the Messiah Yeshua, blessed be He. Amen.*

Blessing for Jerusalem

The City of the King of Kings

***Av harachamim heitivah virtzonekha et-Tziyon, tivneh chomot Yerushalayim.
Ki vekha levad batachunu, melech el ram venisa, Adon Olamim.***

*Father of mercies, do good in Thy good pleasure unto Zion, build Thy the walls of Jerusalem (Psalm 51:18).
For in You alone do we trust, O King, G-d exalted and uplifted, Master of the universe.*

SHEMA / SH'MA

Short Version

***Sh'ma Yis-ra-eil, A-do-nai E-lo-hei-nu, A-do-nai E-chad.
Ba-ruchsheim k'vod mal-chu-to l'o-lam va-ed.***

*Hear, O Israel, the L-rd is our G-d, the L-rd is One.
Blessed be the name of the glory of His kingdom forever and ever.*

Full Version

Sh'ma Yis'ra'eil Adonai Eloheinu Adonai echad. Barukh sheim k'vod malkhuto l'olam va'ed.

Hear, Israel, the Lord is our God, the Lord is One. Blessed be the Name of His glorious kingdom for ever and ever.

V'ahav'ta eit Adonai Elohekha b'khol l'vav'kha uv'khol naf'sh'kha uv'khol m'odekha.

V'hayu had'varim ha'eileh asher anokhi m'tzav'kha hayom al l'vavekha.

V'shinan'tam l'vanekha v'dibar'ta bam

b'shiv't'kha b'veitekha uv'lekh't'kha vaderekh uv'shakh'b'kha uv'kumekha

Uk'shar'tam l'ot al yadekha v'hayu l'totafot bein einekha. Ukh'tav'tam al

m'zuzot beitekha uvish'arekha.

And you shall love the Lord your God with all your heart and with all your soul and with all your might.

And these words that I command you today shall be in your heart.

And you shall teach them diligently to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up.

And you shall bind them as a sign on your hand, and they shall be for frontlets between your eyes.

And you shall write them on the doorposts of your house and on your gates.

Deuteronomy 11:13-21

V'hayah im shamo'a tish'm'u el mitz'votai asher anokhi m'tzaveh et'khem hayom l'ahavah et

Adonai Eloheikhem ul'av'do b'khol l'vav'khem uv'khol naf'sh'khem

V'natati m'tar ar'tz'khem b'ito yoreh umal'kosh v'asaf'ta d'ganekha v'tirosh'kha v'yitz'harekha.

V'natati eisev b'sad'kha liv'hem'tekha v'akhal'ta v'sava'ta.

Hisham'ru lakhem pen yif'teh l'vav'khem v'sar'tem va'avad'tem Elohim acheirim v'hish'tachavitem lahem V'charah af Adonai bakhem v'atzar et hashamayim v'lo yih'yeh matar v'ha'adamah lo titein et y'vulah va'avad'tem m'heirah mei'al ha'aretz hatovah asher Adonai

notein lakhem. V'sam'tem et d'varai eileh al l'vav'khem v'al naf'sh'khem uk'shar'tem otam l'ot al yed'khem v'hayu l'totafot bein eineikhem. V'limad'tem otam et b'neikhem l'dabeir bam b'shiv't'kha b'veitekha uv'lekh't'kha vaderekh uv'shakh'b'kha uv'kumekha Ukh'tav'tam al m'zuzot beitekha uvish'arekha. L'ma'an yirbu y'maychem vi-y'may v'naychem al ha-adamah asher nishba Adonai la-avotaychem latayt lahem ki-y'may ha-shamayim al ha-aretz.

And it shall come to pass if you surely listen to the commandments that I command you today to love the Lord your G-D and to serve him with all your heart and all your soul, that I will give rain to your land, the early and the late rains, that you may gather in your grain, your wine and your oil. And I will give grass in your fields for your cattle and you will eat and you will be satisfied. Beware, lest your heart be deceived and you turn and serve other gods and worship them. And anger of the Lord will blaze against you, and he will close the heavens and there will not be rain, and the earth will not give you its fullness, and you will perish quickly from the good land that the Lord gives you. So you shall put these, my words, on your heart and on your soul; and you shall bind them for signs on your hands, and they shall be for frontlets between your eyes. And you shall teach them to your children, and you shall speak of them when you sit at home, and when you walk along the way, and when you lie down and when you rise up. And you shall write them on the doorposts of your house and on your gates. In order to prolong your days and the days of your children on the land that the Lord promised your fathers that he would give them, as long as the days that the heavens are over the earth.

Numbers 15:37-41

Vayo'mer Adonai el mosheh lei'mor.....Dabeir el b'nei Yis'ra'eil v'amar'ta aleihem v'asu lahem tzitzit al kan'fei vig'deihem l'dorotam v'nat'nu al tzitzit hakanafp'til t'kheilet V'hayah lakhem l'tzitzit ur'item oto uz'khar'tem et kol mitz'vot Adonai va'asitem otam v'lo taturu acharei l'vav'khem v'acharei eineikhem asher atem zonim achareihem L'ma'an tiz'k'ru va'asitem et kol mitz'votai viyitem k'doshim lei'loheikhem Ani Adonai Eloheikhem asher hotzei'ti et'khem mei'erezt Mitz'rayim lih'yot lakhhem leilohim Ani Adonai Eloheikhem

And the Lord spoke to Moses, saying... Speak to the children of Israel and say to them they should make themselves tzitzit (fringes) on the corners of their clothing throughout their generations and give the tzitzit of each corner a thread of blue. And they shall be tzitzit for you, and when you look at them you will remember all of the Lord's commandments and do them and not follow after your heart and after your eyes which lead you astray.

In order to remember and do all My commandments, and be holy for your G-D. I am the Lord, your G-D who lead you from the land of Egypt to be a G-D to you. I am the Lord, your G-D.

Tallit Blessing

Donning a Tallit

The following is the proper method according to Judaism (since there is no biblical reference) for putting on and wearing a Tallit.

Stretch the tallit before you, holding it with both hands and recite this blessing:

***Barukh atah Adonai, Eloheynu, melekh ha'olam asher kid'shanu b'mitz'votav v'tzivanu
l'hit'ateif ba-tzitzit***

Blessed are you, LORD our G-d, sovereign of the universe, who has sanctified us with His commandments and commanded us To wrap ourselves in the tzitzit

After reciting the blessing, throw the tallit over your shoulders like a cape and bring your hands together in front of your face briefly, covering your head. Then adjust the tallit comfortably on your shoulders. The tallit should be draped over the shoulders like a shawl or a cape, not around the neck like a scarf.

Torah Study Blessing

Opening blessing for the Torah:

“Baruch atah Adoni, Eloheynu, Melech ha-‘Olam, asher bachar banu m’kol ha-amim, v’natan lanu eht Torah-to. Baruch atah Adoni, noteyn ha- Torah. Ameyn.”

(Blessed are you, O’ LORD, our God, King of the Universe, you have selected us from among all the peoples, and have given us your Torah. Blessed are you, LORD, giver of the Torah. Ameyn.

Closing blessing for the Torah:

“Baruch atah Adoni, Eloheynu, Melech ha-‘Olam, asher natan lanu Toraht-emet, v’chay-yeh o’lam nata-b’tochenu. Baruch atah Adoni, noteyn ha-Torah. Ameyn.”

(Blessed are you O’ LORD, our God, King of the Universe, you have given us your Torah of truth, and have planted everlasting life within our midst. Blessed are you, LORD, giver of the Torah. Ameyn.)

The Aaronic Blessing

This blessing was given by G-d Almighty to be used to Bless the Nation of Israel and the Go-d Fearers.

Inner peace is the greatest blessing since without it no other good in your life is possible.

Numbers 6:22-23

"G-d spoke to Moses: "Tell Aaron and his sons,

This is how you are to bless the People of Israel. Say to them,"

Numbers 6:24-26

***ye-va-re-khe-kha ADONAI ve-yish-me-re-kha ya-eir ADONAI pa-nav e-ley-kha vi-
chun-ne-ka yis-sa ADONAI pa-nav e-ley-kha ve-ya-seim le-kha sha-lom***

***"The LORD bless you and keep you; the LORD make his face to shine upon you and be
gracious to you: the lord lift up his countenance upon you and give you peace."***

Numbers 6:27

***"In so doing, they will place my name on the People of Israel –
I will confirm it by blessing them."***

Grace after Meals

Reciting Birkat HaMazon

Jews normally do not say "grace" before meals, rather after they have eaten. Blessing the food is not done either (possibly because this was done with food offered to idols and then eaten). They acknowledge that G-d is the One who provides for their sustenance:

Deuteronomy 8:10 (NKJV)

¹⁰ *When you have eaten and are full, then you shall bless the LORD your God* for the good land which He has given you.

Deuteronomy 8:10 (CJB)

¹⁰ So you will eat and be satisfied, and you will bless Adonai your God for the good land he has given you.

Barukh attah Adonai Eloheynu melekh ha'olam hazzan et ha'olam kullo betuvo, bechen bechesed uvrachamim. Hu notein lechem lekhol basar ki le'olam chasdo. Uvtuvo haggadol tamid lo chaseid lanu ve'al yechar lanu mazon le'olam va'ed, ba'avur shemo haggadol. Ki hu El zan umfarneis lakhol, umeitiv lakol umeikhin mazon lekhol b'riyotav, asher bara. Barukh attah hazan et hakkol. Amein.

Blessed are you, LORD our G-d, master of the universe, Who nourishes the whole world in goodness, with grace, kindness and compassion. He gives bread to all flesh, for His mercy endures forever. And through His great goodness we have never lacked, nor will we lack food forever, for the sake of His great Name. For He is G-d, who nourishes and sustains all, and does good to all and prepares food for all His creatures which He created. Blessed are You LORD, who nourishes all. Amen.