**The Mistakes I Make**

**I made myself a promise today,**

**one that I intend to keep.**

**I will not look at how much I need**

**to do, with faith I will just leap.**

**I will be my own best friend,**

**be encouraging in every way.**

**If I backslide, I will be forgiving, I will**

**not put unnecessary guilt on my tray.**

**I will give it my all, stay**

**focus and do the best I can.**

**With each step I take, I will make the**

**necessary changes, they go hand in hand.**

**I will love myself unconditionally, by**

**reminding myself of how important I am.**

**I will be the one to go that extra mile,**

**by not making myself a sacrificial lamb.**

**I will make me, myself and I, my own cheer-**

**leading squad, together we can conquer anything.**

**If family and friends are busy, then my squad**

**can lift the other by the positiveness we bring.**

**I cannot give to others what I don't give**

**myself, so I will do whatever it takes.**

**By refusing to be defined by**

**the mistakes I sometimes make.**

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