

FAC



FITNESS ATHLETIC
CENTER

CLASS SCHEDULE

2024-
2025



CLASSES START AUGUST 19TH

PRE-SCHOOL GYM

PLAYFUL PARENTING 2YO

Tuesday 5:15-6:00pm
Wednesday 10:15-11:15am

JUNGLE GYM 3YO.

Monday 4:15-5:15pm
Tuesday 4:00-5:00pm
Tuesday 5:15-6:15pm
Wednesday 10:15-11:15am
Thursday 4:15-5:15pm

KINDER GYM 4-5 YO

Monday 4:15-5:15pm
Tuesday 4:00-5:00pm
Tuesday 5:15-6:15pm
Wednesday 3:15-4:15pm
Thursday 4:15-5:15pm

REC GYM

LIL DIVA 6-8 YO

Monday 3:15-4:15pm
Tuesday 4:00-5:15pm
Tuesday 5:15-6:30pm
Thursday 4:15-5:30pm

LIL GLADIATOR 5-8YO

Tuesday 4:00-5:00pm

DAY CARES

SHADY ACRES

Wednesday 9:00am

TENDER CARE

Wednesday 9:00am

TUMBLING 2ND GRADE + UP

BEGINNER

Monday 4:00-5:15pm (2nd-5th)
Thursday 4:15-5:30pm (2nd+ up)

INTERMEDIATE

Monday 4:00-5:15pm (2nd-5th)
Monday 5:15-6:30pm (5th+ up)
Wednesday 5:45-7:00pm (5th + up)
Thursday 4:15-5:30pm (2nd + up)

ADVANCED

Monday 5:15-6:30pm (5th+up)
Wednesday 5:45-7:00pm (5th+ up)

FAITH ACADEMY CLASS

PRE-K CLASS

Wednesday 3:15-4:15pm

KINDERGARTEN- 3RD GRADE

Monday 3:15-4:15pm

XCEL GYMNASTICS

(INVITATION ONLY)

MONDAY + WEDNESDAY

4:00-6:00pm

HOW TO SIGN UP:

1. Contact FAC to confirm class availability.
2. Complete online waiver and tuition forms. (see Website)
3. Registration Fee + August Tuition due to reserve spot in class

