



Lee's Karate and Cardio Kickboxing LLC

125 S. 1st Street, Sierra Vista, AZ Phone: (520) 803-6896

www.leeskarateandcardiokickboxing.com

Hours of Operation

Monday - Friday

5:00am - 7:30pm

Saturday 7:00 am - 1:00 pm

Sunday & Holidays Closed

HaganaH

(Israeli Self-Defense)

Mon & Wed

6:30 - 7:30 pm

Kinder Kicks

Tuesday and Thursday

9:30-10:30am

(Ages 18 mos to 4 yrs)

Spin

Sat 9:00-10:30am

Jumping Castle Birthday Parties!

Includes tables and chairs setup
and cleanup

Smoothie Bar

Apparel Screening

Cardio Kickboxing Classes

Monday

(Kickboxing & Weights) 5:30 - 6:30 am

9:00 10:00 am

5:15 - 6:15pm

Tuesday

(Kickboxing & Weights) 7:15 - 8:15 pm

Wednesday

(Kickboxing & Weights) 5:30 - 6:30 am

9:00 10:00 am

5:15 - 6:15 pm

Friday

(Kickboxing & Weights) 5:30 - 6:30 am

9:00 - 10:00 am

Saturday

8:00 - 9:00 am

Karate

Tuesday (Ages 3-5 Yrs)

5:00 - 5:30 pm

(Ages 6 - 10 Yrs)

5:30 - 6:15 pm

(Ages 11 & up)

6:15 - 7:00 pm

Thursday (Ages 3-5 Yrs)

5:00 - 5:30 pm

(Ages 6 - 10 Yrs)

5:30 - 6:15 pm

(Ages 11 and up)

6:15 - 7:15 pm

Saturday (Ages 3-5 Yrs)

9:30 - 10:15 am

(Ages 6 - 10 Yrs)

10:15 - 11:15 am

(Ages 11 & up)

11:15 - 12:15 pm