Scenic Hills Senior Center 187 S. Spring St

Scenic Hills **Educational & Wellness Center** 580 Radio Lane

740.385.6581

eptember/October





Scenic Hills Senior Center



Wednesday, October 8th 9:00 am - 12:00 pm



- Free Health Screenings
- Flu Shots (bring insurance card)
- Variety of vendors
- Light lunch (served at cost)
- Free Event
- Open to the public

 ${f (} ar{eta}{ar{eta}}{ar{eta}}$ 187 S. Spring Street

HILLS SENIOR CENTER

SENIOR DAY @ HOCO.

PEE ADMISS

THURSDAY, SEPTEMBER 11TH



10 AM - 2PM

Bingo and Games at the Shelter House for seniors!















September 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	CLOSED Labor Day	Triple Hand/Foot Card Group – 1	Fellowship – 10 Choir – 1 Scrabble – 2	Technology – 930 Bingo – 12 Chair Volleyball	Euchre – 12	Gym 8-12
7	8	9	10	11	12	13
	Technology-1 Spring Street Office CLOSED September 8th – 12th		SENIOR DAY @ HoCo. Fair Free Admission for seniors 50+ 10am -2pm		Gym 8-12	
14	15	16	17	18	19	20
	Technology -1	Triple Hand/Foot Card Group - 1	Fellowship – 10 Laurelville Mtg11 Choir - 1 Scrabble - 2	Technology – 930 Choir Concert – 10:15 Bingo – 12 Chair Volleyball	Euchre - 12	Gym 8-12
21	22	23	24	25	26	27
	Footcare Clinic Technology -1	Casino Trip Triple Hand/Foot Card Group – 1 Medicare Basics	Fellowship – 10 Good Grief – 11:30 Scrabble - 2	Technology – 930 Hippie Day Bingo– 12 Chair Volleyball	Euchre – 12	Gym 8-12
28	29	30				
	Technology -1	Alzheimer's SG – 1 Triple Hand/Foot Card Group – 1				

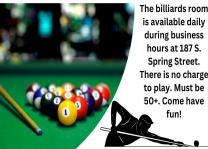
October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			Fellowship – 10 Choir – 1 Scrabble – 2 Grand Canyon trip leaves	Technology – 930 Bingo – 12 Chair Volleyball	Euchre – 12 Lasagna Dinner 4- 6:30	Gym 8-12
5	6	7	8	9	10	11
	Technology -1	Triple Hand/Foot Card Group - 1	Health Fair 9-12 Technology (Laurelville Library) - 10 Good Grief - 11:30 Choir - 1 Scrabble - 2	Technology – 930 Bingo – 12 Chair Volleyball	Euchre – 12	Gym 8-12
12	13	14	15	16	17	18
	CLOSED Columbus Day Grand Canyon trip returns	Triple Hand/Foot Card Group - 1	Laurelville Health Fair Fellowship – 10 Choir - 1 Scrabble - 2	Technology – 930 Bingo – 12 Chair Volleyball	CarFit 9-12 Euchre - 12	Gym 8-12
19	20	21	22	23	24	25
	Technology -1	Spring St CLOSED Staff Inservice /Training	Fellowship – 10 Good Grief – 11:30 Choir – 1 Tax Volunteer Mtg. 1 Scrabble - 2	Technology – 930 Bingo– 12 Chair Volleyball	Amish Country Euchre – 12	Gym 8-12
26	27	28	29	30	31	1
	Technology -1 Footcare	Casino Trip Alzheimer's SG – 1 Triple Hand/Foot Card Group – 1	Fellowship – 10 Choir - 1 Scrabble - 2	Technology – 930 Halloween Party Carry In - 11 Bingo– 12 Chair Volleyball	Euchre – 12	Gym 8-12



Autumn begins September 22nd

Billiards Room





Pacific Northwest Coast Cruise

April 16 - 24, 2027 9 days/8 nights \$3,217 - \$3,577

For More Information:

740.385.6581



CHAIR VOLLEYBALL WILL BE SET UP FOR PLAY BEFORE/ AFTER BINGO ON

THURSDAYS!

Fun for all! Ages 50+



WANTED: Hearing Aids

We are collecting unwanted hearing aids. Hearing aids can be dropped off at our Spring Street location. They will be refurbished and reused.



Scenic Hills Senior Center (Spring Street Building ONLY) will be **CLOSED**

Monday, Sept. 8th - Friday, Sept. 12th

Come See Us at The Hocking County Fair! We will be under the Grand Stands (10am - 7pm)!



Hocking Hills Retreat Center

30682 Chieftain Dr. Logan, OH 43138

Vendors!

Veterans, Family, Caregivers & Friends

Tuesday, October 7th 6:00 pm

Review of Ancillary & Survivor/Dependent Benefits

Call (740)385-7507 for info. or to become a vendor

Game

Triple Hand and Foot

Tuesdays @ 1:00 pm

Scrabble

Wednesdays @ 2:00 pm

Euchre

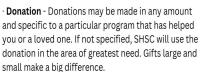
Fridays @ 12:00 pm





SCENIC HILLS SENIOR CENTER 187 S. SPRING STREET

3 Ways to Make A Gift to Scenic Hills Senior Center



- · Bequests Leave a legacy by making a gift in your will that will benefit senior citizens in your community for years to come. Making a bequest and other "planned gifts" is one of the simplest ways to remember SHSC and the difference it has made in your life.
- · Memorial Gift In Memory of: A memorial gift is a gift made at the death of an individual and benefits a charitable organization selected by the deceased or the deceased family /friends.

"In Lieu of Flowers" is an unique and meaningful alternative to flowers for bereavement and life's milestones. You can make a donation in memory of a friend/ loved one or you can request through an advance directive that at the time of your death you ask that in lieu of flowers a memorial contribution may be made to the Scenic Hills Senior Center.



Senior Services



Transportation - For seniors ages 60+, we offer out of county medical transportation for doctor's appointments. This service is offered on a donation basis. Call (740) 385-6581 for availability and to schedule a trip.

Senior Maintenance Service - We offer age 60+ certain minor home repair help such as: leaky faucet, running toilet, change light bulbs, install hand rails, etc. You will be responsible for the cost of any needed supplies. Call (740) 385-6581 to schedule your appointment.

Senior Nutritional Services - Scenic Hills Senior Center is a Congregate Meal site for the Meals on Wheels program. They serve a well balanced meal for seniors age 60+, Monday thru Friday at 11:00 A.M. Please call HAPCAP at 740-385-6813 to reserve a lunch 24 hours in advance.

Notary Public Service - Scenic Hills Senior Center (187 S. Spring Street) offers a free Notary Public service. Please call for an appointment and bring I.D. (740) 385-6581

Hocking County EMA Alerts- Visit the following website to sign up: https://hocking.oh.gov/ema/residents. If help is needed, come to SHSC at 187 S. Spring Street and a member of the staff will assist you.



FITNESS CLASSES

■ 580 Radio Lane



Class	Day/Time	Instructor Leve	el
Chair Yoga	T/Th/11:00	Christina Nippert	1
PWR Hour	T/Th/10:00	Christina Nippert	1
One Step at a Time (Walking)*	T/Th/12:15	Christina Nippert	1
@ the Chieftain Center			
Beginning Line Dancing	W/Th/3:30	Kathy Thatcher	1
Fit w/ Bev	T/Th/9:00	Bev Riggs	2
Advanced Line Dancing	W/Th/4:30	Kathy Thatcher	2
Feeling Fit	M/W/12:00	Debbie Smith	2
Cardio Drumming	M/W/11:00	Debbie Smith	2
Slow Flow Yoga	M/9:30 F/10:30	Jacquie Moku	3

Keep In Mind

- Must be age 50+ to participate in fitness classes.
- Slow Flow Yoga is \$5.00 per class and Line Dancing/Fit with Bev are donation based. Remaining classes are \$2.00 per class.
- All classes, unless noted otherwise, will be held at The Educational & Wellness Center.
- If it is your first time taking a class, call to confirm the class is still on as scheduled. An instructor may be absent due to vacation/sickness/ emergencies.

INTENSITY LEVEL KEY

- (1) **Light Intensity** Easy to breath and carry on a conversation
- (2) Moderate Intensity Breathing heavier, still comfortable but becomes challenging
- (3) Vigorous Intensity Borderline uncomfortable, breathing labored but can still speak



Fitness Classes Slow Flow Yoga (M/F)

\$5.00 Line Dancing & Fit w/ Bev

Instructors will have a collection basket

Fitness Class Updates

There will be **NO One Step at a Time (Walking Class)**

Thursday, September 11th Tuesday, November 4th Tuesday, November 11th

Walking Class

Chieftain Center waivers will need signed for 2025-26 school year

Aquatic Class will be back in December!

Watch Facebook for class updates!



Aquatic Class Sign-ups for the Aquatic Class bodin November 2rd: Classes

Sign-ups for the Aquatic Class begin November 3^{rd.} Classes will begin Wednesday, December 3rd and will be held at Worthington of Logan's pool. There is **LIMITED** spots available. Please be committed to the class until April if you sign up. You **MUST** register by calling 740.385.6581. The instructor will contact you with more information.

- Mondays/Wednesdays
- 12:00 pm or 1:15 pm
- Wear bathing suit
- Bring a towel





MEDICAL EQUIPMENT PROVIDER

(800) 423-3615

999 West Hunter St. Logan, OH 43138 Mon-Fri 8am - 5pm (Closed 12-1 for lunch) Lancaster office by appointment



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Live life your way! You & your family deserve the best ome care. From a few hours a week to 24/7 care, we'll tailor a personalized home care plan to fit your lifestyle.

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- meal prep
- companionship
- · light housekeeping · errands & transportation

· bathing and dressing

we work with long term care * VA preferred provider

740-689-9410



Local Medicare Help

GoodCarebyCPCI.com



Brian Mason Serving Logan 740-385-3700 740-603-3621

"My services are always at no cost to you!"

For all your

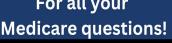




Ask for the best in the community. Ask for FAIRHOPE.

740-654-7077 • 800-994-7077 • fairhopehospice.org

Serving Fairfield, Hocking and Perry counties for nearly 40 years





SEPTEMBER 23RD

NOVEMBER 4TH - HOLLYWOOD



PER PERSON/

DEPART SHSC: 8:30 AM RETURN BY: 3:45 PM



Register and Pay at Scenic Hills Senior Center Limited Availability. No Refunds.



Scenic Hills Senior Center

187 S. Spring Street

LASAGNA DINNER



LASAGNA LOVER'S DREAM

gOctober 3rd

4:00 - 6:30

- Homemade Lasagna
- **Green Beans**
- **Dinner Roll**













Pricele Foot Care



FOSTER Share Today. Shape Tomorrow.





Monday, Sept. 22nd 9:00 - 2:00 Monday, Oct. 27th 9:00 - 2:00

Scenic Hills Senior Center - 187 S. Spring Street

your appointment



Call Shontaya to schedule (614) 354-7033

Put your life experience to work mentoring children at a school near you!

Earn a small stipend + other benifits

For more information contact

your local coordinator Ashlee Corder

740-447-3767

acorder@coadinc.org

NOTICE

NO REFUNDS There will be NO refunds for day trips/meals/etc.



Wednesdays @ 10:00 am Scenic Hills Senior Center

"I REMEMBER IT WELL..."

Choir Concert September 18th 10:15_{am}

Scenic Hills Senior Center's choir will perform. There will be a light lunch (turkey or ham sandwich) after the performance and Bingo will follow. Must RSVP for lunch between September 2nd - 12th

*The back doors will be locked at 10 am. You must enter through the front doors.

*Choir will take a break following the concert.

Practice will resume Wednesday, October 1st



LAURELVILLE SENIOR CENTER



Laurelville Senior Center (16184 Maple St, Laurelville, OH) will host their monthly meeting on the **third Wednesday** of the month at 11:00 am. Plan to attend!



September 17th

Audie Wykle Hocking County Planner

October 15th

Laurelville Health Fair

Alzheimer's Association

LZHEIMER'S **GROUP**

For those diagnosed with Alzheimer's and their caregivers

Group meets the last Tuesday of the month at 1:00 pm at Scenic Hills Senior Center













CARFIT IS HEADING YOUR WAY!

CarFit is a free, interactive and educational program designed to improve older driver safety. Trained volunteers provide information to ensure the safest "fit" for older drivers and their vehicles.

WHERE

Scenic Hills Senior Center 187 S. Spring Street, Logan, OH 43138

WHEN: Friday, October 17th 9:00 am - 12:00 pm

TO RESERVE A TIME: Call Scenic Hills Senior Center 740-385-6581

Technology Assistance



COMPUTER...CELL PHONE...INTERNET...FACEBOOK...EMAIL...ETC...

Rob Davis - Technology Trainer (No Appointment Necessary)

Scenic Hills Senior Center

187 S. Spring Street - Logan Thursdays 9:30 - 10:30 am

Laurelville Library

16240 Maple Street - Laurelville 2nd Wednesday of the month

Educational and Wellness Center

580 Radio Lane - Logan Mondays 1:00 - 2:00 pm

This program was made possible by The Institute of Museum and Library Services & The State Library of Ohio

To help Empower, Encourage and Educate in a simple and relaxed atmosphere







the highest quality hospice experience, nique to the journey of each individual and





Home Care Life Easier





Peace of Mind



Scenic Hills Senior Center is very appreciative of all our sponsors!



Care Where You

Need It. When You Need It.





THANK YOU, **DIAMOND Sponsors!**

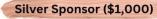


740-385-3784 (

Caring for Children, Seniors, and our Communities

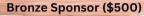


Thank You, Sponsors!









Roberts Funeral Home









If interested in becoming a Signature Sponsor call 740.385.6581

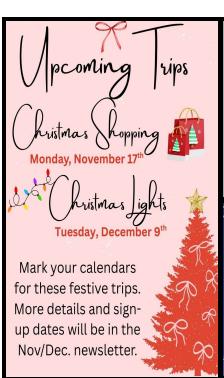
Levels of Sponsorship



Gold Sponsor - \$1,500 Silver Sponsor - \$1,000 Bronze Sponsor-\$500







Open Enrollment Assistance for Medicare

Medicare Open Enrollment is October 15th through December 7th

Thursdays 1:00 - 3:30 pm

For assistance, questions or to schedule an appointment at Scenic Hills Senior Center (187 S. Spring Street) by calling 740.385.6581.

BLOOD PRESSURE CHECKS

There will be blood pressure checks at 187 S. Spring
Street on the 2nd and 4th
Thursdays of the month
from 11:00 am – 12:00 pm
(before Bingo)





THANKSGIVING Luncheon

Thursday, November 13th

A Chef Moe's catered lunch will be served at Vita's Venue with entertainment by Persuaded. Members Only. Limited Seating. No Carry-out. No refunds.

MUST Register & Pay at 187 S. Spring Street
October 20th - November 7th *

*or until sold out

\$15

Thank you to our sponsors:











Roberts Funeral Home



Medicare Checkup Event!

- Review and compare 2025 Part D plans
- Review and compare Medicare Advantage
- Learn ways to save on Rx & Medicare costs

Where: Scenic Hills Senior Center

187 S. Spring Street

Must Call 740.385.6581 for an appt.

When: Wednesday, November 5, 2025 9:00 am - 3:00 pm

Find out how the October 15 - December 7 Medicare Open Enrollment Period can work for you. Get tips on how to enroll for 2026 coverage in a Medicare prescription drug plan (Part D) and/or a Medicare health plan. See if you qualify to save an average of \$5,000 on your prescription drug costs.



Department of Insurance

Questions? Call OSHIIP 800.686.1578







CALL for VOLUNTEERS

Volunteers needed for tax filing season! (Feb.-Apr. '26)

- · No prior experience necessary
- Flexible Scheduling Available
- · Help families in your community receive critical tax assistance
- Support: Self-study materials available in December & Free training sessions begin in December/January
- Requirements: Pass IRS certification tests, including the volunteer Standard of Conduct and Intake/Interview & Quality Review tests
- Why volunteer with VITA? Gain valuable experience in financial services and client support. Earn IRS certification in tax preparation or client intake
- Contribute to your community by helping families access essential financial resources
- Be part of a supportive and collaborative team

Vita Volunteer Meet & Greet Wednesday, October 22nd 1:00 pm @

Scenic Hills Senior Center (187 S. Spring Street)

Please RSVP by

email: jrife@hocking.oh.gov or phone: 740-385-6581

GOOD GRIEF SUPPORT GROUP GET THE SUPPORT YOU NEED



September 24th Sept. Sept. October 8th & 22nd



Support meetings held the **2nd** and **4th Wednesdays** of the month at 11:30 am at Scenic Hills Senior Center.

FAIRHOPE Hospice and Palliative Care's Grief Care Coordinator will be joining the Good Grief group on the 4th Wednesday. The Grief Care Coordinator will share grief education and coping strategies.



December 1 - 5, 2025 \$825 5 days/4 nights

For more information and to see a detailed itinerary visit: www.grouptrips.com/scenichillsseniorcenter/2185597

For Information & Reservations Contact: Scenic Hills Senior Center 740.385.6581

Departure:

Scenic Hills Senior Center 8:00 AM

Payment Information:

\$75 Due up signing up. Price per person, based on double occupancy. Add \$169 for single occupancy. Final payment due: 9/24/25



This Tour Includes:

- · Motorcoach transportation
- · 4 nights lodging in the Lancaster area
- 8 meals: 4 breakfasts and 4 dinners
- Admission to the show "NOAH" at the Sight & Sound® Millennium Theatre®
- Admission to a holiday themed show at the MAGIC & WONDER THEATER
- GUIDED TOUR OF PHILADELPHIA
- Visit to charming KITCHEN KETTLE VILLAGE
- . GUIDED TOUR OF LANCASTER
- Admission to THE AMISH EXPERIENCE & JACOB'S CHOICE AT THE F/X THEATRE

SCENIC HILLS SENIOR CENTER PRESENTS Amelia Island. St. Augustine & Jacksonville. FL

March 2 - 7, 2026 6 days/5 nights

\$759

For more information and to see a detailed itinerary visit: https://www.grouptrips.com/scenichillsseniorcenter/2215997

For Information & Reservations Contact: Scenic Hills Senior Center 740 385 6581

Departure:

Scenic Hills Senior Center 8:00 AM

Payment Information:

\$75 Due up signing up. Price per person, based on double occupancy. Add \$274 for single occupancy. Final payment due: 12/26/25 • Dinner party with entertainment

This Tour Includes:

- · Motorcoach transportation
- . 5 nights lodging, 3 consecutive nights in Jacksonville area
- · 8 meals: 5 breakfasts and 3 dinners
- · Guided tour of Amelia Island, FL
- · Visit to Fernandina Beach Historical District
- · Guided trolley tour of St. Augustine
- · Visit Historic St. George Street
- · Admission to the St. Augustine History Museum
- · Narrated cruise on the St. John's River

Scenic Hills Senior Center Presents

Panama Canal

w/ Costa Rica & Caribbean

w/ Princess Cruises on the Caribbean Princess 13 days/12 Nights March 5 - 17, 2026

Day Port	Arrive/Depart
1 - Ft. Lauderdale, FL	-/3:00 pm
2/3 - At Sea	
4 - Bonaire, Caribbean Netherlands	9:00 am/7:00 pm
5 - Aruba	8:00 am/10:00 pm
6 - At Sea	
7 - Cartagena, Columbia	7:00 am/3:00 pm
8 - Panama Canal Partial Transit New Locks	6:00 am/3:30 pm
8 - Colon, Panama	5:30 pm/8:00 pm
9 - Limon, Costa Rica	7:00 am/6:00 pm
10 - At Sea	
11 - Grand Cayman, Cayman Islands	8:00 am/5:00 pm
12 - At Sea	
13 - Ft. Lauderdale, FI	7:00 am/-

Rates are per person double occupancy and include roundtrip airfare from Columbus, cruise, port charges, government fees, taxes and transfers to/from ship. AIR PRICES ARE SUBJECT TO CHANGE AND WILL BE TICKETED ONCE YOUR GROUP IS PAID IN FULL. FLIGHTS ARE NON-REFUNDABLE ONCE TICKETED.

Passport Required

Deposit Policy - An initial deposit of \$500 per person double occupancy or \$1,000 per person single occupancy is required to secure reservations and assign cabins. Final payment is due by November 5, 2025

> For reservations or more information call: Scenic Hills Senior Center 740.385.6581





Inside Cabin ID \$3,784 Outside Cabin OE \$4,199 Balcony Cabin BC \$4,794

More options available



June 6-14, 2026 9 days/8 nights

\$1,155

pp/double occupancy

For more information and to see a detailed itinerary visit: https://www.grouptrips.com/scenichillsseniorcenter/2231627

This Tour Includes:

- · Motorcoach transportation
- 8 nights lodging, 4 consecutive nights in San Antonio area
- 14 meals: 8 breakfasts and 6 dinners
- · Guided tour of San Antonio
- Cruise at San Antonio's famous River Walk District
- Visit to the famous ALAMO and IMAX Theater presentation: "Alamo...The Price of Freedom"
- · Visit to the San Antonio Missions
- · Tour of the LBJ Ranch

For Information & Reservations Contact: Scenic Hills Senior Center 740.385.6581

Departure:

Scenic Hills Senior Center 8:00 AM

Payment Information:

\$75 Due up signing up. Price per person, based on double occupancy. Add \$260 for single occupancy. Final payment due: 3/30/26



August 10 - 15, 2026 6 days/5 nights

\$890 pp/double occupancy

For more information and to see a detailed itinerary visit: https://www.grouptrips.com/scenichillsseniorcenter/2261679

This Tour Includes:

- Motorcoach transportation
- 5 nights lodging, 3 consecutive nights in the Memphis area
- 8 meals: 5 breakfasts and 3 dinners
- · Guided tour of Memphis
- Admission to Graceland-Home of Elvis Presley, including Airplanes and Car Museum
- · Free time on Beale Street in Memphis
- Admission to Sun Studio, one of Memphis' Top Rated Attractions
- Admission to Memphis Rock N Soul Museum
- · Gaming at a Memphis area casino

For Information & Reservations Contact: Scenic Hills Senior Center 740.385.6581

Departure:

Scenic Hills Senior Center 8:00 AM

Payment Information:

\$75 Due up signing up. Price per person, based on double occupancy. Add \$230 for single occupancy. Final payment due: 6/3/26



Executive Director: Marjorie Moore
Phone 740 385-6581 Fax: 740 385-3548
187 S. Spring St., Logan OH 43138
www.scenichillsseniorcenter.com
Administrative Assistant/ Fiscal Officer:
Loretta Kemper
Activities Manager/Assistant Fiscal Officer:

Activities Manager/Assistant Fiscal Officer. Tina Koska

Office Support/Driver: Carla Smyers Maintenance Supervisor: Nate Nelson

Executive Director: Marjorie Moore Phone 740 385-6581 Fax: 740 385-3548 580 Radio Lane., Logan OH 43138 Chief Publications Officer: Jackie Rife Maintenance/Environmental Services: Charles Koska

Drivers: Dale Brown & Bob Fitzgerald



Scenic Hills Senior Center

(187 S. Spring Street) Monday - Thursday 7:00 a.m. - 4:00 p.m. Friday 8:00 a.m. - 3:00 p.m.

Educational & Wellness Center

(580 Radio Lane) Monday - Friday 8:00 a.m. - 6:00 p.m. Saturday 8:00 a.m. - 12:00 p.m.



Scenic Hills Senior Center and Educational & Wellness Center will be **CLOSED** the following dates:

Monday, September 1st (abor Day

Monday,
October 13th
Columbus Day



