



# ODE CNP CACFP Menu Form



Sponsor name/site name Gentog B-1

Month and Year Feb 25 - Mar 1, 2019

Meal Patterns	Monday Feb 25	Tuesday Feb 26	Wednesday Feb 27	Thursday Feb 28	Friday Mar 1
<b>Breakfast</b> <ul style="list-style-type: none"> <li>Grains, or meat/meat alternate (no more than 3 times per week)</li> <li>Vegetables or Fruits</li> <li>Fluid Milk</li> <li>Other Foods</li> </ul>	Raisin Toast First Street Rice Krispies Banana Whole or 1% Milk	Great Value Light Vanilla Low-fat Yogurt (Meat Alt) Peaches Whole or 1% Milk	Eggs (Meat Alt) English Muffins (WG) Grapes Whole or 1% Milk	Quaker Old Fashioned Oatmeal (WG) Raisins Whole or 1% Milk	Pancakes (HM) Applesauce Whole or 1% Milk
<b>AM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	English Muffins Raisins	Rice Cakes w/Peanut Butter	Banana Slices Crackers  <b>Seniors:</b> Mixed Nuts instead of Crackers	Pretzels Yogurt	Pears Cheese Sticks
<b>Lunch</b> <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits/Veg</li> <li>Grains</li> <li>Other Foods</li> </ul>	Chef Salad (Ham, Eggs, Turkey, Cheese, Tomato, Bacon Bits, & Lettuce (HM) Bread (WG) Pineapple Whole or 1% Milk	Ground Beef Stroganoff (HM) Bread (WG) Tossed Salad Apricots Whole or 1% Milk	Enchilada Soup (CP) (Chicken & Vegetables) Croissant Turkey Sandwiches Pickles Fruit Cocktail Whole or 1% Milk	Sausage & Potato Casserole (HM) French Bread Tropical Fruit Salad Whole or 1% Milk	Spaghetti W/ Meat Sauce (Hamburger) (HM) Tossed Salad Bread (WG) Peaches Whole or 1% Milk
<b>PM Snack</b> (Select two of these five components) <ul style="list-style-type: none"> <li>Fluid Milk</li> <li>Meat or meat alternate</li> <li>Vegetables</li> <li>Fruits</li> <li>Grains</li> </ul>	Teddy Grahams Whole or 1% Milk	Ritz Crackers Cheese Whole or 1% Milk	Chocolate Chip Cookies Whole or 1% Milk	Apple Slices w/Peanut Butter Whole or 1% Milk	Fish Crackers Whole or 1% Milk

Children 12-23 months of age must be served whole milk. Non-fat or 1% milk must be served to participants over age two. Record WG next to whole grain-rich items, WW next to whole wheat items.

This institution is an equal opportunity provider.