

# INSS169A Presentation SEL Camp 2021

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Mendez, MSW, LSW, LSSW, &  
AJ McKeague, MSW, LSW, LSSW



# Abstract

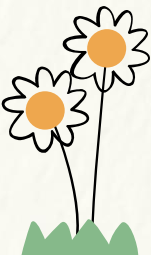
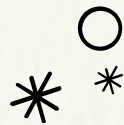


The purpose of the MCSC-SEL camp was to provide evidence-based enrichment through the introduction and implementation of a social-emotional learning curriculum during the academic summer of 2021.

Over the course of 6 weeks, 15 incoming 7th grade students were introduced to the Collaborative for Academic, Social, and Emotional Learning (CASEL) curriculum. The five competencies associated with CASEL (self-awareness, self-management, responsible decision making, relationship skills, and social awareness) were introduced using foundational elements of Milieu therapy, meaning, students actively learned from one another with the assistance of licensed school social workers (LSSW) introducing and instructing lessons, guidelines, and activities regarding CASEL competencies.

A token economy system was implemented for behavior management for all students involved. The reward for appropriate behavior was a "field-trip" to different Chicagoland and Northwest Indiana facilities.

Throughout the MCSC-SEL camp, students were able to comprehend and implement the core elements of each of the five CASEL standards. Students celebrated their efforts at the end of July with a baseball game at the Gary Railcats Stadium, as well as an award ceremony for their outstanding achievements.



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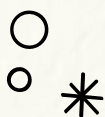
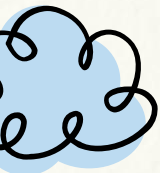
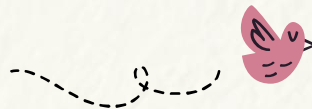
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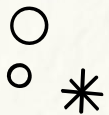
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So, you think  
you want to  
start your own  
SEL  
CAMP...?



Spreading the word is  
the first part!





# Spreading the word about...SEL CAMP!



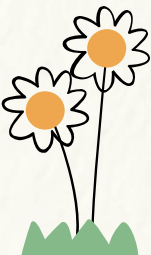
**MCSC PRESENTS:**

## SUMMER MARAUDERS!

**An opportunity to learn and grow.**

Students will engage in a variety of activities to equip them with SEL skill sets that will serve them well as they navigate the uncharted waters of middle school. This program will work alongside the Summer Boost to help individuals achieve their greatest potential!

Parents interested in the supplemental program can contact Jose Mendez at (219) 650-5306 during regular school hours.





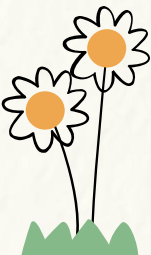
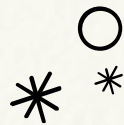


# Welcome Packet - Chock-full of Info!



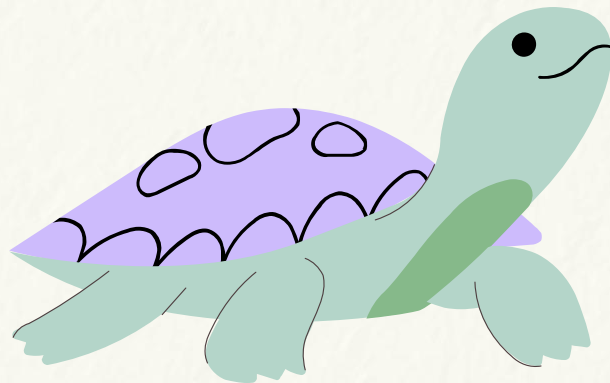
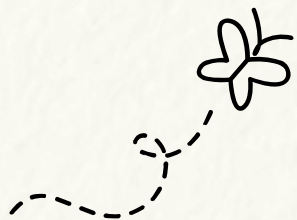
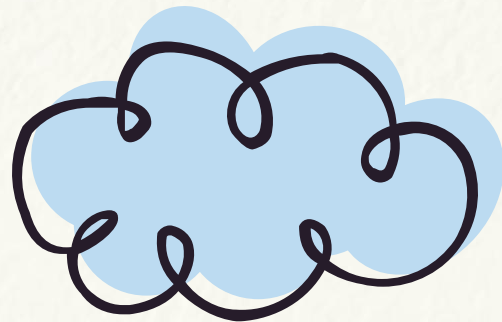
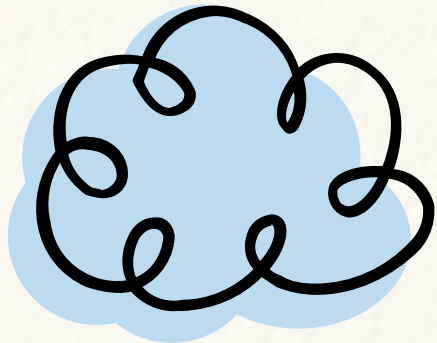
Merrillville Community School Corporation

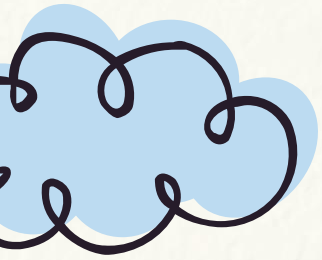
Summer 2021 Social-Emotional Learning (SEL) Camp



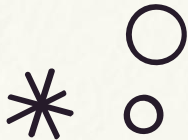
01

Pre vs. Post  
Test

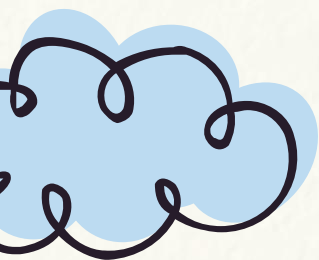




Students were instructed to complete a pre/post test utilizing quantitative and qualitative questioning gauging their emotional affect, appropriate developmental functioning, and overall understanding of SEL. The following selected questions from the pre/post test display the types of quantitative and qualitative data results retrieved.



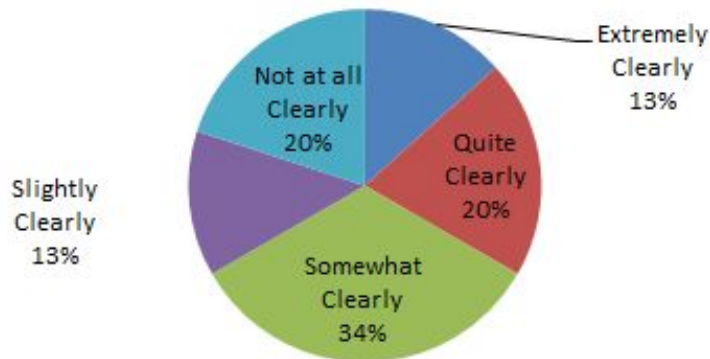




## Quantitative Data Example

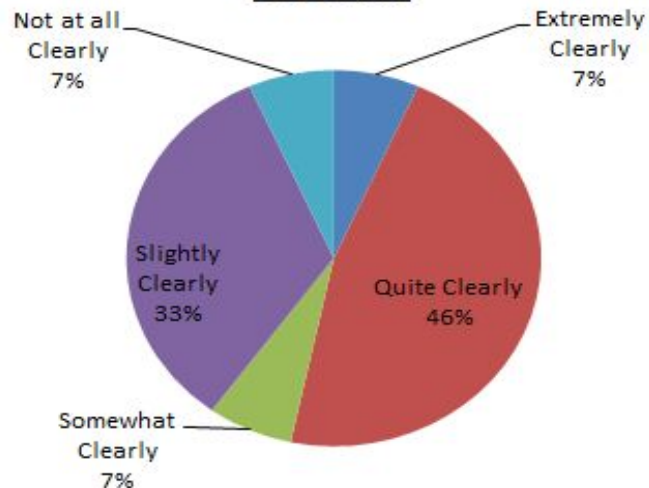
"How clearly are you able to describe your feelings?"

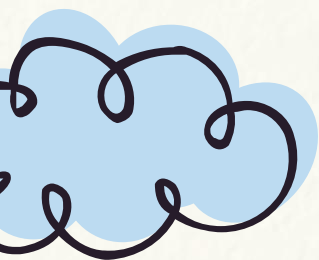
Pre-Test



"How clearly are you able to describe your feelings?"

Post-Test

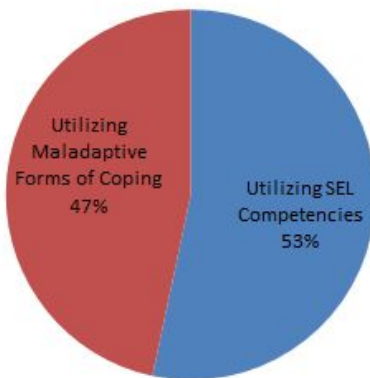




## Qualitative Data Example

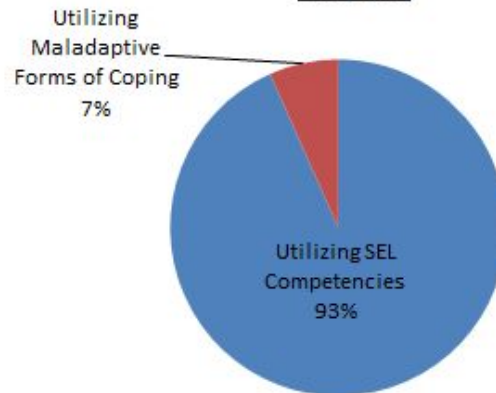
"If you fail at something once, how do you persevere to get it done?"

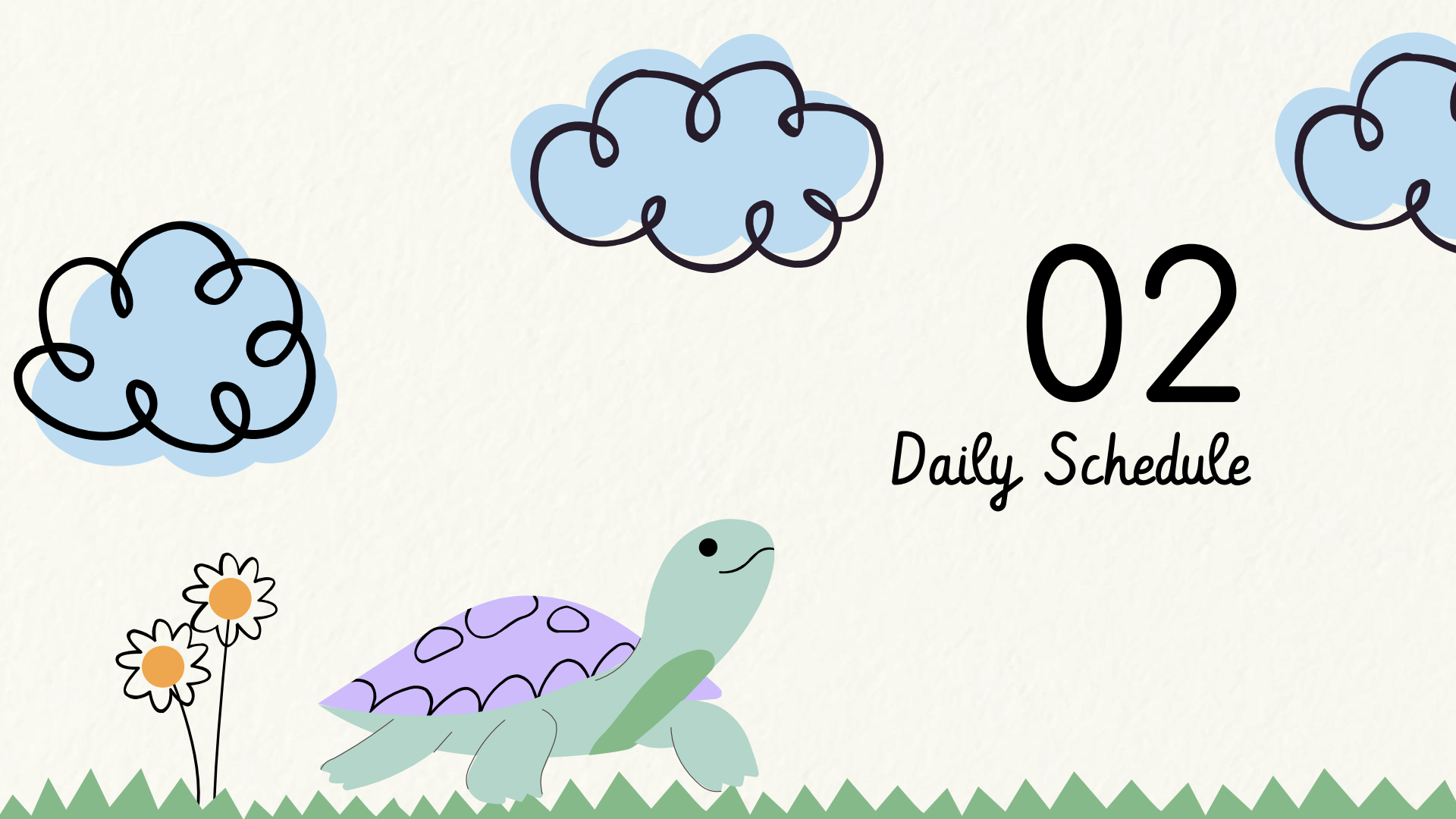
Pre-Test



"If you fail at something once, how do you persevere to get it done?"

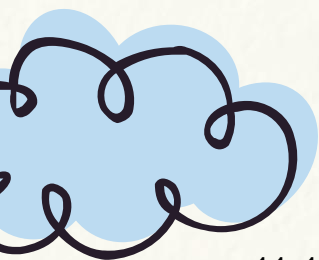
Post-Test





02

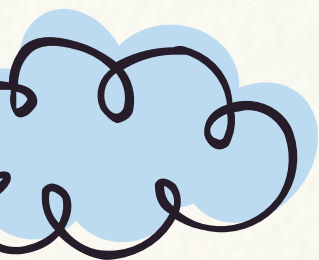
Daily Schedule



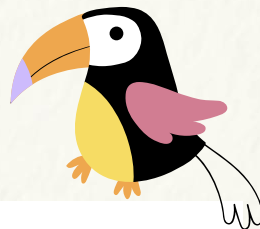
## Daily Schedule - Monday/Thursday

- 11:15 am: Check and Connect - Assessing students emotional affect
- 11:45 am: Mindful Minutes - Utilizing relaxation activities to achieve optimal arousal
- 12:00 pm: SEL Education - Assisting students comprehend/implement specific SEL competencies
- 1:00 pm: Pirate on a Mission - Learning and reflecting on foundational elements of field trips
- 1:15 pm: Structured Free Time - Students were given the opportunity to socialize with peers, engage in low-contact physical activities (i.e. touch football, basketball), or remain indoors to use art materials
- 2:00 pm: Mindful Debrief - Students assessed their overall emotional affect from the days events utilizing a “high/low” activity
- 2:15 pm: Dismissal - Students were escorted to their respective busses





# A sample lesson plan...



Day 3 - 6/16/2021

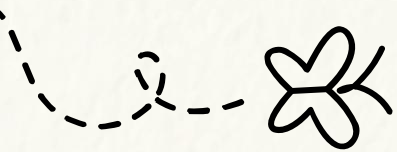
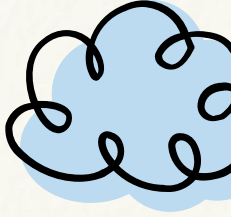
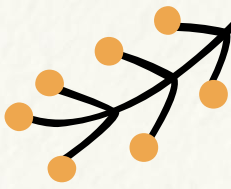
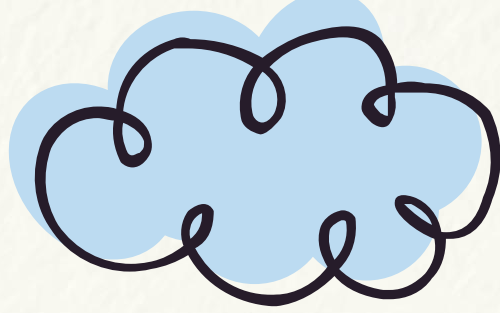
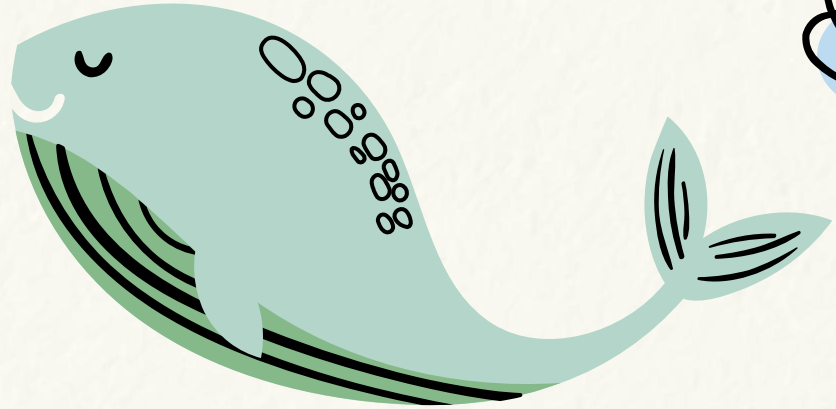
## Lesson Plan

11:15 am	Check and Connect - Draw Your Feelings - Find activity <a href="#">HERE</a>
11:45 am	Mindful Minutes - Journaling. "What are you most looking forward to in 7th Grade?" Drawing and coloring also work for journaling.
12:00 pm	SEL Education - Zoom in on the details! (Collaboration/Relationship Skills). Find activity <a href="#">Find activity here (number 5)</a>
1:00 pm	Snack
1:15 pm	Pirate on Mission - Remember to Stretch! Watch James Gordon Rock Climb <a href="#">HERE</a>
1:45 pm	Scheduled Free time
2:10 pm	Mindful Debrief - Mindful Hershey Kiss. Find Activity <a href="#">Here</a> (#4)



03

*Token Economy*





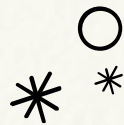
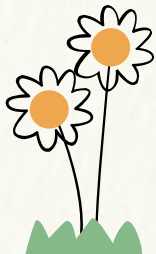


# Token Economy

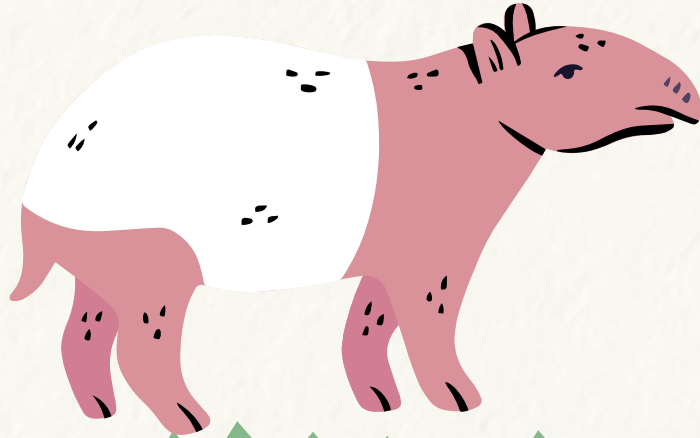
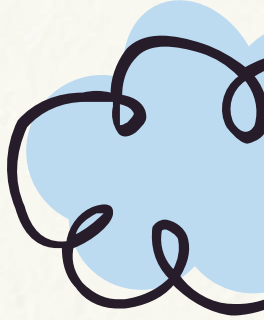
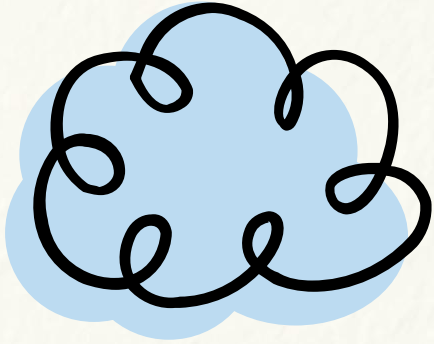


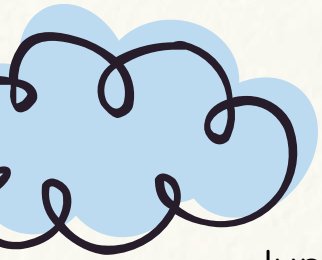
**Stipulations:** Students will be awarded “Activity Points” and “Pirate Points.” Students earn anywhere from 0-3 points based on each daily activity.

- Students who average 80% or higher attend the field trip.
- Students who fall between 60%-79% will be allowed to justify their eligibility for the “field trip” by identifying which IDOE/CASEL competency they will address in the coming week.
- Students who average a score of 59% or lower will not be allowed to participate in the “field trip.” If a student earns a weekly average of 59% or lower an additional week, that student may be removed from SEL summer program.



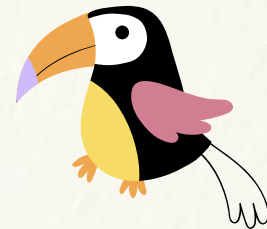
# 04 *Field Trips*

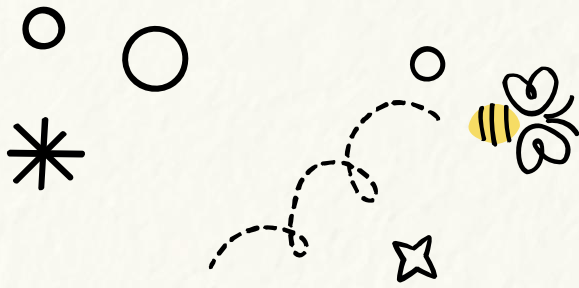




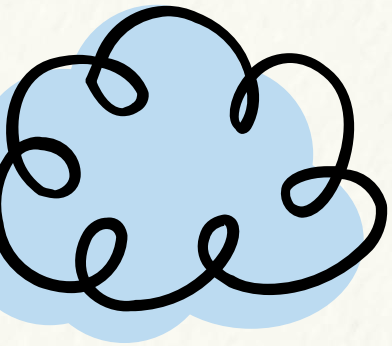
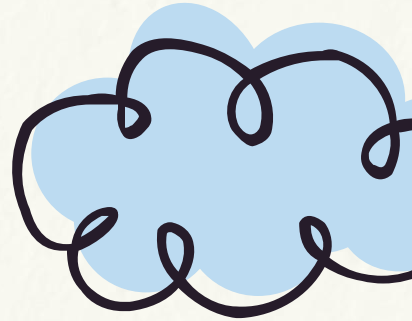
## Field Trips

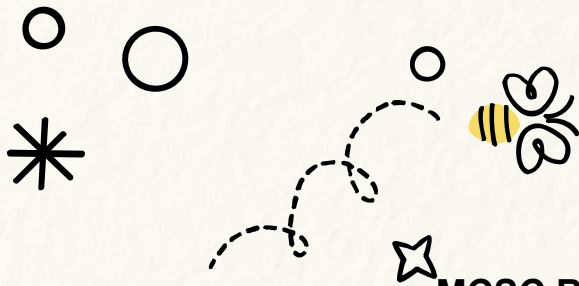
- June 18th: Dean and Barbara White Community Center, Merrillville, IN
- June 25th: Fair Oaks Farms, Fair Oaks, IN
- July 2nd: Illinois Holocaust Museum and Education Center, Skokie, IL
- July 8th: Challenger Learning Center of Northwest Indiana, Hammond, IN
- July 15th: Lincoln Park Zoo, Chicago, IL
- July 22nd: Gary Railcats Baseball Game, Gary, IN



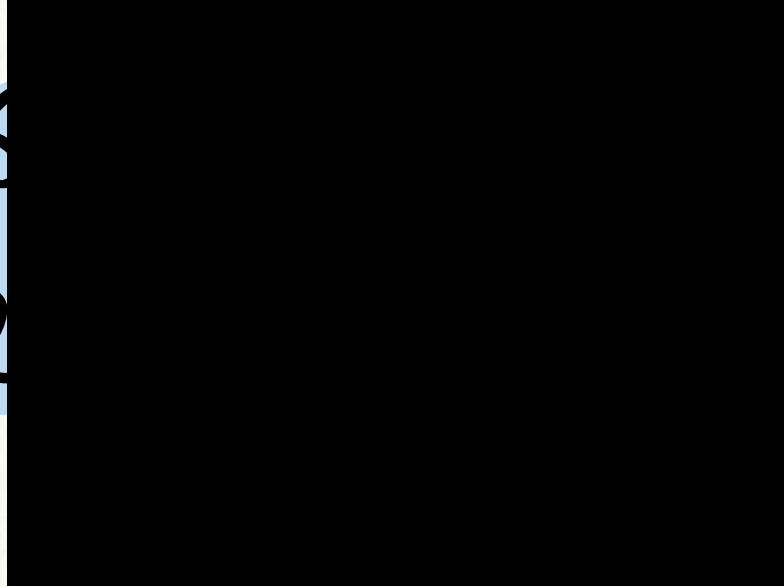


## Testimonials





### MCSC Board Presentation



Additional Links

### Award Ceremony







Thank you! Please let  
us know if you have  
any additional  
questions!

