



## Speech-Language Pathology & Audiology Journey to South Africa!

**11 days / 8 nights**

**May 14-24, 2018**

*\*arrival back in New York on May 25*

**\$6,299** (Based on double occupancy)

**\$999** (single supplement)

Enjoy the unique culture and traditions of South Africa while you spend time exploring the cosmopolitan city of Cape Town and the capital city of Johannesburg.

*\* Note that CE credits are being sought through the journey leader. Additional information will be disseminated as the group forms.*

### Program Highlights

- ✓ Explore the **Entabeni Game Reserve** in the heart of the Waterberg's Big Five country.
- ✓ **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings.
- ✓ Embark on an exploration of the darkest years in South African history at the **Apartheid Museum** as well as a driving tour of the **South Western Township (Soweto)**.
- ✓ Interact with **speech-language pathology and audiology professionals** from a variety of facilities in both Johannesburg and Cape Town.

### Focus on Community & Culture

- ✓ Talk to the people you meet on the street. You'll be delighted at how open to conversation the locals are, and you may surprise yourself with the new impressions formed.
- ✓ Giving back and engaging with the local community is an important part of your journey. **Visit a facility in an under-resourced community** that serves those with different abilities and their families.

### Focus on Professional Interaction

- ✓ **Meaningful interaction and collaboration** with SLP and audiology counterparts will focus on the greatest challenges faced in the provision of services as well as other topics of interest.
- ✓ Participants in this journey will **enhance their understanding and appreciation of the culture and history** of the South African people while learning about the rich diversity of individuals treated.

#### What's Included:

- 4\* accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airports
- International air to and from South Africa (gateway tentatively Washington, DC area)
- Local English speaking guide
- Meals as mentioned and most tips

#### Not Included:

- Personal expenses at the hotels
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes where applicable



## 📍 Washington, DC (IAD)

### DAY 1– Monday, May 14, 2018 Depart for South Africa

Depart early this evening and make your way to South Africa.

With a dynamic fusion of African, European, and Asian influences, South Africa is a place of vibrant cultural diversity. Years after its emergence from apartheid, the nation has become a fascinating mix of history and modernity, of ancient traditions and new ideas.

## 📍 Johannesburg, South Africa

### DAY 2 – Tuesday, May 15 Arrival in Johannesburg

Upon arrival at Johannesburg International airport, you will meet your local guide. Transfer to the hotel for check-in, dinner and overnight.

**Johannesburg** is currently the largest city in Southern Africa with more than six million people and urbanization at 97%. It is a city of contrasts with wealthy suburbs and commercial centers alongside informal settlements, Indian bazaars and African *muti* (medicine) shops, where traditional healers dispense advice and traditional medicine. Johannesburg is in Gauteng Province. "Gauteng" is a Sotho word meaning Place of Gold.

Located in the heart of Gauteng's corporate, financial and shopping mecca, the **Holiday Inn Sandton** is a cosmopolitan hotel in close proximity to O.R. Tambo International Airport and has free Wi-Fi, an onsite business center, fitness center, outdoor pool, onsite lounge and restaurant facilities and all the comforts of a business and leisure hotel.

Enjoy dinner at the hotel restaurant this evening.

**Overnight: Holiday Inn Sandton (or similar)**  
**Included meals: Dinner**

## 📍 Johannesburg, South Africa

### DAY 3 – Wednesday, May 16 Welcome and Orientation

After breakfast, take part in an **orientation and welcome briefing** on South Africa. This comprehensive briefing covers an introduction to your local staff, some historical background, and current information on South African society and economy.

Immediately following, the group will embark on an exploration of the darkest years in South African history at the **Apartheid Museum**. Likened to the Holocaust Museum in Washington, D.C., this haunting museum takes you into the beating heart of the struggle for freedom from apartheid, the grip of the National Party's regime during apartheid, and the giddy days of liberation.

Lunch will be provided at a local restaurant.

Explore the massive **South Western Township (Soweto)** of Johannesburg, the biggest city in South Africa and heart of the Freedom Struggle. In Kliptown, pay a visit **Freedom Square**, a place where the Freedom Charter was adopted as the guiding document of the Congress Alliance. In Orlando is the famous **Vilakazi Street**, which has been home to two Nobel peace prize winners and the Hector Pieterse Memorial, the site where the student uprisings of '76 began.

Dinner is by individual arrangement (own expense).

**Overnight: Holiday Inn Sandton (or similar)**  
**Included meals: Breakfast & Lunch**





## 📍 Johannesburg, South Africa

### DAY 4 – Thursday, May 17 Professional Interaction

Start the day with an introductory speaker from an organization such as the **South African Speech-Language-Hearing Association** for an overview of the field in their country. Learn more about the state of speech-language pathology and audiology services in South Africa.

Meetings will be requested for late this morning and afternoon with local schools, medical facilities and/or a local university such as the **University of the Witwatersrand (Wits)** Speech Pathology & Audiology Department.

**Mission:** The journey will provide an opportunity to uncover the rich history of this diverse country as well as learn about the advances made in narrowing healthcare and education disparities in the post-apartheid era. It will also explore the challenges that remain as the country transforms to a democratic healthcare and education system.

Lunch will be provided at a local restaurant today.

#### **Guest program:**

*Guests will venture to Pretoria, South Africa's political capital filled with stunning architectural and cultural history. At the Voortrekker Monument, see an unparalleled view of the city and take a moment to reflect upon the importance and long-term repercussions of the actions of the first whites to conquer South Africa's interior and northern territories. Later, visit Church Square and the Union Buildings, which are the seat of the South African national government and site of Nelson Mandela's presidential inauguration.*

Dinner is by individual arrangement (own expense).

**Overnight: Holiday Inn Sandton (or similar)**  
**Included meals: Breakfast & Lunch**

## 📍 Pilanesberg, South Africa

### DAY 5 – Friday, May 18 Safari Time!

Say goodbye to Johannesburg today. Travel north via private motor coach to the **Entabeni Game Reserve** (3 hours). Entabeni Game Reserve is in the heart of the Waterberg's Big Five country. *Entabeni* means "the place of the mountain" in the local dialect, and the large reserve includes bushveld, ravines, savanna, sandy wetlands, and wooded hills.

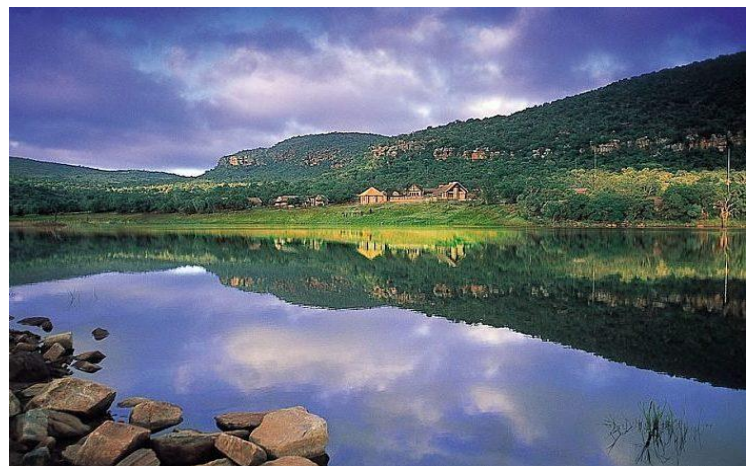
**Entabeni Lakeside Lodge** boasts a stunning lakeside setting with 24 stone and thatch chalets each with a private sundeck. The lodge provides a memorable blend of luxury in the wilderness. The lake lies between soaring peaks of the Waterberg and is a wonderful place for bird-watching. Enjoy sundowners on your own private deck with the ever-changing colors of Entabeni Mountain reflecting in the lake.

Lunch will be provided after arrival at the lodge.

**Enjoy an afternoon safari!** Guides will help you see how the animals blend into their surroundings, and you may encounter animals ranging from the powerful and agile cheetah to the great baboon. Large and secretive leopards living in the Waterberg Mountains are regularly seen on the reserve, as well as wildebeests, hyenas, and many types of antelope.

Dinner will be provided at the lodge this evening.

**Overnight: Entabeni Lakeside Lodge (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**







📍 **Pilanesberg, South Africa**

**DAY 6 – Saturday, May 19**  
**Game Drive**

As the animals prefer to feed during the cool temperatures of early morning, you will venture out early in an **open game vehicle** to witness exotic plant and animal life in the gentle light of the dawn. You may see lazy hippos and crocodiles along the riverbank, and your guide will help you be on the lookout for the Big Five—lion, Cape buffalo, rhinoceros, leopard, and elephant. Take in stunning South African beauty among the ever-present giraffe, zebra, kudu, impala, and warthog.

Return for lunch at the lodge, and enjoy some free time to relax and find respite from the afternoon heat before experiencing another exclusive evening game-spotting adventure.

**Overnight: Entabeni Lakeside Lodge (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**



📍 **Cape Town, South Africa**

**DAY 7 – Sunday, May 20**  
**Fly to Cape Town**

Enjoy one last morning game drive before returning via motor coach to O.R. Tambo International Airport in Johannesburg. Lunch is on your own today if not included in your afternoon flight.

Fly to the southern city of **Cape Town** this afternoon. The oldest port in southern Africa, Cape Town is regularly heralded as one of the most beautiful cities on earth. Tucked into the arms of a broad bay, it is surrounded by white-sand beaches. Cape Town's Mediterranean look and feel attracts visitors from around the world, and it was the first place settled by European settlers, entrepreneurs, and religious refugees.

The **Southern Sun Waterfront** hotel, located in the heart of the city's most tourist friendly precinct, is a short walk from the V&A Waterfront. Stylish and inviting, the hotel provides comfortable and convenient accommodation for travelers. The hotel has free Wi-Fi, air conditioning, a fully-equipped fitness center and an outdoor pool.

If weather permits, you will have the opportunity to ascend **Table Mountain** via a revolving aerial cable car this morning. This iconic symbol of Cape Town is a UNESCO World Heritage Site offering stunning views of the entire Cape Peninsula, the Atlantic and Indian Oceans, Cape Town, and the harbor.

Dinner will be provided this evening.

**Overnight: Southern Sun Waterfront (or similar)**  
**Included meals: Breakfast & Dinner**



## 📍 Cape Town, South Africa

### DAY 8 – Monday, May 21 Humanitarian Visit & Free Time

Today the group will **visit a clinic or facility in an under-resourced community** that serves those with different abilities and their families. Learn about their programs to prepare the differently abled for independent, productive and happy lives. Exchange information on how children with special needs are served in the schools and community, special education programs and the role of speech-language pathologists, and partnerships for the sustainability of care.

The group will have the opportunity to **explore Cape Town independently this afternoon** with lunch on your own. Some travelers might opt to explore the **Victoria and Alfred Waterfront**, which features magnificent sea and mountain vistas as well as exciting shopping and entertainment venues, cafés, restaurants, and markets.

For those interested, the guide can assist with tickets to visit **Robben Island** (if weather permits). Robben Island, once described by Nelson Mandela as “the harshest, most iron-fisted outpost in the South African penal system,” has become an international symbol of the triumph of the human spirit. Today Robben Island is a living museum and World Heritage Site, a tangible reminder of the past and a symbol of hope for the future.

Dinner is by individual arrangement (own expense).

**Overnight: Southern Sun Waterfront (or similar)**  
**Included meals: Breakfast**

## 📍 Cape Town, South Africa

### DAY 9 – Tuesday, May 22 Professional Exchange

As a model for the development of speech-language services across the African continent, the program will provide an opportunity to visit a **local primary school** as well as **research academic institutions** that are paving the way for the future of South Africa.

Today is set aside for continued professional interaction with your speech-language pathology and audiology counterparts to see a local school as well as a facility such as the **Reading Language Gym**. Opened in 2007, they provide intensive training for learners with specific barriers to literacy (dyslexia) and language-related learning challenges, from grades 1 to 12. They work within a model of ability rather than disability.

#### Guest program:

*Guests will escape to the Cape Winelands, where breathtaking vistas, majestic mountain backdrops, rolling vineyards, and quaint Cape Dutch homesteads characterize the famous and award-winning wine estates. Savor the rich history and culture of Stellenbosch, a historic Dutch colonial town now home to one of the country's best universities.*

Lunch will be provided with dinner by individual arrangement (own expense).

**Overnight: Southern Sun Waterfront (or similar)**  
**Included meals: Breakfast & Lunch**







📍 **Cape Town, South Africa**

**DAY 10 – Wednesday, May 23**  
**Cape Point Tour & Botanical Gardens**

Spend the day with fellow travelers enjoying the sights in and around Cape Town. Explore the countryside via a motor coach tour of the **Cape Peninsula** all the way to the **Cape of Good Hope** (Cape Point) in Table Mountain National Park. Extraordinary care has been taken to protect this lush reserve of indigenous flora and fauna, and the striking natural beauty of the area makes it a destination for both foreign and local visitors.

After lunch, stop to see the rare **African penguins** in their natural surroundings at Boulders Beach. There are few places in the world where you can get this close to a breeding colony of penguins and you'll get a firsthand look at these flightless birds as they roam freely around the area.

On the way back to town, stop to take a walk through the **Kirstenbosch National Botanical Gardens** to see some extraordinary indigenous plants.

Say goodbye as you reflect and share memories over a farewell dinner at a local restaurant.

**Overnight: Southern Sun Waterfront (or similar)**  
**Included meals: Breakfast, Lunch & Dinner**

📍 **Departure**

**DAY 11 – Thursday, May 24**  
**Departure**

Fly back to Washington, DC this afternoon with arrival the following morning (Friday, May 25). The morning is yours to explore independently and prepare for hotel check-out.

Lunch is on your own this afternoon with meal service provided on your international flight home.

**Included meals: Breakfast**

📍 **Arrival**

**DAY 12 – Friday, May 25**  
**Arrival in US**

Arrive back in the US this morning to connect to your flight home.



📍 Johannesburg, South Africa

## Holiday Inn Sandton

Rivonia Road  
Sandton, Johannesburg 2196  
South Africa

**Telephone:** +27-11-282-0000

<https://www.ihg.com/holidayinn/hotels/us/en/johannesburg/sndrr/hoteldetail>



📍 Pilanesberg, South Africa

## Entabeni Lakeside Lodge

Sterkrivier Road, Upper Escarpment  
Entabeni Game Reserve  
South Africa

**Telephone:** +27-12-443-6700

<http://legendhospitality.co.za/stay-with-us/entabeni-safari-conservancy/>



📍 Cape Town, South Africa

## Southern Sun Waterfront

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Cape Town 8000  
South Africa

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<https://www.tsogosun.com/southern-sun-waterfront-cape-town>

