

HOSPITAL ORDERS

Date: _____ PHYSICIAN: _____

Patient Name: _____

PRE-OPERATIVE ORDERS

1. Admit to hospital for anorectal surgery.

POST-OPERATIVE ORDERS

1. Admit to Hospital as Q outpatient or Q inpatient for pain control due to anorectal surgery.
2. Continue same I.V. TKVO until PCA pump is discontinued.
3. Vitals q8 h.
4. General diet, no spicy foods.
5. Ambulate with assist first time up, then ad lib.
6. Donut pillow for sitting in a chair, as preferred or tolerated.
7. Remove dressing 6 h after surgery in order to apply an ice glove. Try once for 10 min., then use ice glove as preferred, prn, or tolerated.
8. Non-sterile latex medical gloves; Tucks® pads; Proctocreme H.C.® 2.5% 1oz; 4" x 4" gauze pads; Kotex® belt and pads; Keep supplies at bedside.
9. Dressing change q shift or prn. Use Proctocreme HC 2.5%, then 4" x 4" gauze pads, then a Kotex® pad and belt. Keep supplies at bedside.
10. Elamax 5, 1oz, keep at bedside, to apply as a topical anesthetic prn.
11. Morphine Sulfate 1 mg/ml
IV continuous infusion by PCA pump of 0.8 ml (0.8 mg)/hr (basal flow rate). The patient may self-administer a bolus dose q 10min (delay) of 0.8 ml (0.8 mg). Nurse may increase or decrease the bolus dose by 0.2ml (0.2 mg) each hour as indicated by patient response. The maximum number of dosage increases allowed before calling the physician is 3. Give additional bolus dose q 3h to sleeping patient, between 10 PM and 6 AM only.
12. Zofran 4mg IV infuse slowly over 2-5min q 4h prn nausea, maximum 3 doses.

13. Discontinue IV and PCA pump in AM, or earlier if requested by patient who is alert, oriented, and in stable condition.

14. Begin Dilaudid pain medication only after PCA pump is discontinued.
Dilaudid® 2 mg: 1-tablets q4h prn. 1 tablet q 45-60 minutes prn breakthrough pain. Call physician if pain control is inadequate.

15. Pericolace® 2 hs.

16. Ambien® 10 mg. hs prn sleep.

17. URINARY RETENTION ORDERS

In the event of urinary retention, encourage patient to self-void. If can't void, Sitz bath (warm water bath) immediately and prn, ask patient to urinate in Sitz to start stream going. Hospital porcelain Sitz or bathtub is required to be used (over the plastic toilet Sitz bath) if it is available.

Only if bladder is very distended, may straight catheterize q 12 h prn urinary retention x 3. May begin 12 h post operatively if necessary.

If the patient was catheterized, leave a message on the doctors voice mail.

If the patient was catheterized, begin Bactrim DS® B.I.D. - but if patient has sulfa drug allergy, then call physician or pharmacist for other antibiotic medication.

18. Sitz bath (warm water bath) T.I.D. and prn with 0.1% Betadine®, begin in am. Hospital porcelain Sitz or bathtub is required to be used (over the plastic toilet Sitz bath) if available.

19. Tylenol® 10gr. for temperature greater than 100° F.

20. Urinal for male patient / Bedpan for female patient: at the bedside.

21. Male patients only: Pyridium® 200mg. 1 capsule t.i.d. x 6 maximum, D/C when self urination begins.

DISCHARGE INSTRUCTIONS

22. Discharge when self-voiding, stable, and controlled by oral pain medication.

23. Page physician with notification of hospital discharge 60 minutes prior to patient leaving the facility.

24. If the patient had a urinary catheterization, the patient is required to take antibiotics for 10 days. Instruct patient to call the pharmacy or physician A.S.A.P. for an antibiotic prescription.

PHYSICIAN SIGNATURE: _____