Kittitas County Emergency Medical Services Division

PO Box 821, 505 Power St., Cle Elum, WA 98922 • P (509) 674-2932 • C (509) 929-3247 Home (kittitascountyems.org)

ANNOUNCEMENT

2024

ADVANCED FIRST AID TRAINING COURSE

(AAOS/ASHI BLS CPR)

Start Date:

November 12, 2024 (see attached schedule)

End Date:

December 14, 2024

Total Hours:

~36-40 (includes online content)

Times:

6 pm - 9 pm (Tuesdays & Thursdays) No class Thanksgiving week!

9 am - 4 pm on 12/7 & 12/14 (Saturdays)

Location:

In person Sessions (details provided as class gets closer)

Sessions tentatively split between Cle Elum & Ellensburg depending on

participants.

Fee Schedule:

\$290 with minimum class size of 6

(Cost may be reduced based on class size.)

Renewal Info:

Certification is good for 2 years.

Renewal course will be offered = 10 hrs.

Prerequisites:

- Must be at least 18 years of age and affiliated with EMS/Fire/Law/SAR.
- Participant must have the physical strength and good health to perform the normal functions of an emergency responder.

Priority Application Deadline is October 14, 2024 to determine course viability.

Applications will be accepted until 11/4/24 or class is full.

Sooner = Better. Please call if questions.NO REFUNDS AFTER 11/12/24 or receipt of books.

Submission of application does not guarantee a spot in the class. If you have any questions, please contact the Kittitas County EMS Division office kcems@co.kittitas.wa.us.



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Return to: kcems@co.kittitas.wa.us

APPLICATION FOR TRAINING

П	Initial	П	Renewal
	HILLICIA		ilciicvvai

Personal Data (please write	clearly) CO	COURSE: ADVANCED FIRST AID			
Name (last, first, middle):		Date:			
Home Phone ()	Cell/Message Phone ()	E-mail:			
Mailing Address:					
City:	State:	Zip Code:			
Prerequisites					
 I have the physical stre 	old reviewed on case-by-case basis ingth and good health to perform the	/w/guardian permission and EMS Coord. approval. e normal functions of an emergency responder.			
Check one: ☐ YES	Cell/Message Phone () E-mail: State: Zip Code:				
EMS Agency Data					
EMS Agency Affiliation:	No EMS Agency Affiliation: [# of years/mo. with Agency:			
Fire Chief or Supervisor:		Daytime Phone:			
Agency Mailing Address:					
Agency Affiliation Verification	ı				
an employee or member of our of insurance, while involved in any payment for this training is mad	organization, this individual will ha training activities and/or clinical of the by the applicant, a written reimbo	we total professional liability, health, and accident experiences if applicable. I acknowledge that if ursement process is in place with this agency upon			
Fire Chief or Supervisor Signatu	ire	Date			
I, the undersigned, do hereby ce best of my knowledge. I have re course.	rtify that all the information contai ad and understand the requirement	ned on this application is true and correct to the ts that are mandatory for my enrollment in this			
Applicant Signature		Date			
Method of Payment					
☐ Bill to EMS organization	☐ Payable by applica	nt Comments:			
Date received:Tuition: \$					

KITTITAS COUNTY EMS DIVISION RELEASE AND HOLD HARMLESS AGREEMENT

There are risks and dangers inherent when participating in emergency care training classes. These risks include, but are not limited to, injuries during skills practices; back injuries from moving a simulated victim; acquiring communicable diseases; or performing skills on fellow students.

Neither the Health & Safety Inst./American Safety and Health Institute, Inc. ("ASHI") nor Kittitas County EMS Division ("KCEMS") can guarantee the safety of participants, but Training Center's authorized and affiliated instructors are trained to take reasonable precautions to minimize risks and safeguard participants' health and safety during training, including:

- Providing each class participant with sanitary personal protective equipment, including, but not limited to, breathing barriers (face shields/masks), gloves, and eye protection; and
- Providing training manikins to practice skills such as chest compressions and rescue breathing that are not appropriate for student-on-student practice.

In addition, instructors and participants should avoid awkward or extreme body positions to avoid back or other injuries from improper lifting and moving. Instructors and participants should not practice moving simulated victims if they have a history of back problems because such practice may aggravate previous back injuries.

Knowing this, I assume the risks inherent in this class and:

- I hereby voluntarily release and hold HSI/ASHI and KCEMS governing board, staff, and each of their instructors, and volunteers, harmless from any and all liability or costs from injury associated with or arising from my participation in this class, including from negligence.
- I understand and agree that this Release applies to personal injury, including death, and property damage which I may suffer.
- I understand and agree that this Release will be binding on me, my spouse, my heirs, my personal representatives, my assigns, my children, and any guardian appointed by the court for said children.
- I have read this Release and I understand it.

Participant Name & Signature:	
Name & Signature of Parent/Guardian (if participant < 18):	
	Date:

Kittitas County EMS Division ADVANCED FIRST AID & BLS CPR

2024 Class Schedule (lesson order subject to change)

Date & Time	Lesson	Assigned Reading	Notes	Location
		redumg	110163	In person
11/12 Tuesday 6-9 PM	Intro to EMS System and Role of the First Responder Legal and Ethical Principles of Emerg Care Communication & Documentation (EMR)	Chapter 1 Chapter 2 AAOS-5		Location: To be announced!
	Introduction to taking vital signs	1111000		Chris Pauley
11/14 Thursday 6-9 PM	The Wellness and Safety of First Responders Introduction to Anatomy Principles of Lifting and Moving	Chapter 3 Chapter 4 Chapter 5		Location: TBA Chris Pauley
11/19	ASHI BLS Provider CPR Course (Blended)		Loaner skills	Location:
Tuesday 6-9 PM Skills	Airway Management and Rescue Breathing Skills Practice: CPR/AED/Airway Mgmt. and lifting & moving	Chapter 6	books available if needed w/online	TBA Chris Pauley
11/21 Thursday 6-9 PM	Principles of Assessment (Sick/Not Sick) Caring for Medical Emergencies Poisoning & Substance Abuse (EMR) Medical scenarios	Chapter 7 Chapter 8 AAOS-11	EMR PPT	Location: TBA Chris Pauley
12/3 Tuesday 6-9 PM Skills	Environmental Emergencies Skills: Assess / Medical / Vitals	AAOS-13 Appendix 1	EMR PPT	Location: TBA Chris Pauley
12/5 Thursday 6-9 PM	Caring for Soft-Tissue Injuries and Shock Caring for Muscle and Bone Injuries Caring for Injuries to the Head and Spine Skills Practice: Assess / Trauma Scenarios	Chapter 9 Chapter 10 Chapter 11		Location: TBA Chris Pauley
12/7 Saturday 9-4 PM Skills	Skills Practice: Assess / Trauma CPR/AED/Airway Management Asses/Medical / Lifting & moving patients & Vitals		Ambulance /Aid Unit (what's what) + Crew	Location: TBA Chris Pauley & NEED 1
12/10 Tuesday 6-9 PM	Transportation Operations Vehicle Extraction and Special Operation Multiple-Casualty Incidents and Principles of Triage (mini triage exercise)	AAOS-19 AAOS-20 Chapter 12	EMR PPT EMR PPT	Location: TBA Chris Pauley
12/12 Thursday	Childbirth (videos & demo) & Pediatric discussion (Sick / Not Sick videos)	Chapter13		Location: TBA
6-9 PM	Scenarios / Review			Chris Pauley
12/14	EUNIAL.			
Saturday 9-4 PM Skills	FINAL: Written Skills: Total Patient Care Assessment Scenarios			Location: TBA Chris Pauley & NEED 1

 $Cle\ Elum\ FD-301\ Pennsylvania\ Ave.$

Station #72 – 5511 Airport Road, Cle Elum

Station #21 – 2020 Vantage Hwy, Ellensburg

Station #29 – 400 East Mt. View Ave, Ellensburg

Lead Instructor: Chris Pauley