

MINUTES – Southeast Washington Regional FYSPRT
01/09/2020 4:00-6:00 p.m.
Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

	<p>coordinator and therapist on site. They are looking to partner with other schools. This program will be targeting new patients. For more information you can reach out to Matt or Sharon at Lutheran.</p> <ul style="list-style-type: none"> Bethany Hale from Lourdes reported they are in the process of developing either a full-time peer care coordinator position of two part-time peer positions. <p>Community</p> <ul style="list-style-type: none"> Ruvine from League of Education Voters announced their “Student Potential Advocacy Day” coming up on Tuesday, January 28. Transportation and meals will be provided. Anyone interested should contact Ruvine. The SPARK program has been enjoying great community support, including a generous donation from CHPW that will help them to create a toolkit for their peer program. They are keeping extremely busy with all kinds of projects and interest. Cindy Adams from Behavioral Health Ombuds Service noted she is planning visits to providers with brochures and posters about the service in the next few months. Jill from Phoenix High School announced their upcoming Learning Expo on Thursday, January 16, 2020. This will be an opportunity to view projects Phoenix High School students have been working on, and attendance/support would be welcome. Jill also solicited advice regarding transgender awareness and sensitivity by authority figures. Ruvine suggested a conversation with Cameron Fordmeier whose staff ride with police officers and Sarah noted she would talk with Cindy Adams about including the topic in upcoming CIT training.
<p>Closing Announcements and Evaluation (5 minutes)</p>	<p>Please fill out your FYSPRT evaluation and turn it into the basket labeled “FYSPRT Evaluations.” Thank you! **Families and youth: For mileage or childcare reimbursement, see Sheryl Webb**</p>
<p>Regional FYSPRT meeting dates</p>	<p>February 13, 2020 PLEASE NOTE LOCATION: Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336</p>
<p>State FYSPRT meeting dates</p>	<p>February 26, 2020 June 4, 2020 August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p>

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MINUTES – Southeast Washington Regional FYSPRT
 02/13/2020 4:00-6:00 p.m.
 Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.	Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.	Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral	Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed
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Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres	Sarah Gillard presented the welcome and facilitated introductions in the absence of both Jill and Baltazar.
Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen	Meeting minutes from December 12, 2019 and January 9, 2020 were reviewed Motion made by: <u>Carolyn Cox</u> Seconded by: <u>Cindy Adams</u> Did the vote carry? YES
Youth Movement Survey	Sarah explained about the Youth Movement Survey, noting she will send a link to it to everyone who attended the January and February meetings. The survey is long, but will provide really good feedback for how to incorporate youth and young adult voices in our meetings. Sarah noted that we expect a WISE Update at our next meeting. Christine Michelson, a representative from HCA, will provide the most current information available
Planning for Mental Health Awareness Month Event	Lindy from CIS reported they are still in the process of confirming venues and events.
Roundtable	Providers <ul style="list-style-type: none"> Matt Keumpel from Lutheran reported they are continuing to grow. A recent family initiated treatment took 3 appointments and two weeks to get them enrolled.

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	<ul style="list-style-type: none"> • Andy Esparza attended his first FYSPRT meeting representing Merit Resource Services. Merit is a nonprofit that has been local for just a couple of years, but they have been in Yakima for 40 years. They do SUD for adults and youth, including walk-in assessments with no waiting period. They work with private pay as well as state funds. • Comprehensive reported they have families enrolled in their New Journey’s program. <p>Community</p> <ul style="list-style-type: none"> • Sarah noted last year’s SIOL conference was very good and that it is being held in Tacoma on May 28, 2020 per the flyer in the packet. Sarah also announced the new Daybreak facility in Spokane has opened, offering E&T for ages 12 to 17 for in-patient and SUD residential. • Ombuds, Cindy Adams, explained the bill that has gone to legislature that will significantly change the Ombuds system for Washington State. There will be a State Ombuds office with regional managers. She addressed the peer respite committee that is Medicaid related. There are many details to work out. It’s not perfect, but a great start. • Carolyn Cox announced the SPARK program is now a 501C3. There is a lot developing as they approach their one year anniversary. They have been invited to do a poster session in Florida and have their night class program up and running with 19 students enrolled. Apprenticeships will begin soon and students are preparing. A couple of the students are participating in a Youth Leadership training workshop in May. SPARK is in the process of creating a toolkit to assist in the creation of new SPARK programs and would welcome any ideas or resources. • Community schools have partnered with Safe Harbor to provide homeless families a one-time assistance of \$500. • Ruvine of League of Education Voters asked for information on anything relating to educational legislation. They are working with several cities including Tri-Cities, Yakima, and Walla Walla to identify barriers and promoting dual credit options. Ruvine also mentioned she is a representative for NAMI. They meet 1st and 3rd Wednesdays at Lourdes Counseling Center. • Kris noted a recent CLIP meeting, which is the first one in quite awhile. He will continue to update as information is available.
Closing Announcements and Evaluation (5 minutes)	Please fill out your FYSPRT evaluation and turn it into the basket labeled “FYSPRT Evaluations.” Thank you! **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**
Regional FYSPRT meeting dates	March 12, 2020 PLEASE NOTE LOCATION: Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336
State FYSPRT meeting dates	February 26, 2020 June 4, 2020 August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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02/13/2020 4:00-6:00 p.m.
Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336*

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AGENDA

Southeast Washington Regional FYSPRT

03/12/2020 4:00-6:00 p.m.

Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) System Partner Tri Lead Jill Mulhausen</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from February 13, 2020 Motion made by: <u> Cindy Adams </u> Seconded by: <u> Jeanette Barnes </u> Did the vote carry? YES / NO</p>
<p>State FYSPRT Updates</p>	<p>See attachments. System Tri Lead Jill Mulhausen and FYSPRT Coordinator Sarah gave an update on the Statewide FYSPRT meeting in Olympia. Review of the Wraparound with Intensive Services 2019 Implementation Report and review of Challenges brought to the statewide FYSPRT regarding CLIP and discharge challenges</p>
<p>BHAS Data</p>	<p>Paul Davis, HCA Data Quality Team- 4th Quarter BHAS data specific to GCBH region.</p>

AGENDA

Southeast Washington Regional FYSPRT

03/12/2020 4:00-6:00 p.m.

Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

Youth Movement Survey	Jill Mulhausen and Sarah Gillard gave status update on the FYSPRT survey through Youth Move National. 12 surveys have been completed so far which was our minimum goal to meet. Survey will be emailed out to members in attendance.
Planning for Mental Health Awareness Month Event	Update & Group Planning- Due to COVID 19, the event has been canceled, but are looking into Mental Health Awareness fliers and crisis pocket cards to pass out.
Roundtable	<ul style="list-style-type: none">• MCOs• Providers• Community
Closing Announcements and Evaluation (5 minutes)	Please fill out your FYSPRT evaluation and turn it into the basket labeled "FYSPRT Evaluations." Thank you! **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**
Regional FYSPRT meeting dates	April: TBD May 14 PLEASE NOTE LOCATION: <i>New Horizons High School</i> <i>3110 W Argent</i> <i>Pasco, WA 99301</i>
State FYSPRT meeting dates	June 4, 2020 August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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MINUTES - Southeast Washington Regional FYSPRT
 05/14/2020 4:00-6:00 p.m.
 Phoenix High School, 1315 W. 4th Avenue, Kennewick, WA 99336

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Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres	Sarah Gillard presented the welcome and facilitated introductions in the absence of both Jill and Baltazar.
Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen	Meeting minutes from March 12, 2020 were reviewed Motion made by: <u> Cindy Adams </u> . Seconded by: <u> Jeanette Barnes </u> . Did the vote carry? Yes
Youth Movement National Survey	Johanna Bergan of Youth Movement National reviewed survey results in detail. Participation was good. Johanna reviewed strengths and weaknesses on each theme. In summary, areas of strength were appropriate representation, equal participation, and respectful partnering. Opportunities for growth were defining clear roles, external partnering, and structure for broad engagement. In discussion about the survey results, Baltazar talked about a lack of funds to plan for the Mental Health Awareness month and Ruvine noted that school superintendents are working on their stimulus dollars budget, so it would be a good time to compose a letter requesting funds. Jill noted that since FYSPRT is part of their job duties, many system partners receive compensation for their participation while community and youth partners do not, which she feels sets up for an unequal participation.

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Roundtable	<p>Providers</p> <ul style="list-style-type: none"> Mathew reported that they are finding ways to keep going, including different ways of interacting and a whole new set of etiquette with phone meetings, etc. Their conversations center around how to expand on these new skills rather than stopping them when the crisis is over. <p>Community</p> <ul style="list-style-type: none"> Carolyn gave an update on all the accomplishments from the SPARK program, including moving their offices, receiving grant money, and the continual growth of the program. Kevin noted SPARK’s apprenticeship with FYSPRT. Cindy Adams gave a review of Ombuds noting a reduction in calls, many of which have been about the virus and how it will affect services. She noted outreach efforts have been stalled during quarantine. Cindy has also been working on a couple of grievances. Jill noted what Community in Schools is doing with their Mental Health Awareness Calendar and sharing it forward on FYSPRT’s Facebook page. Jill also noted that the state is asking about respite care resources including resources, definitions, and input.
Closing Announcements and Evaluation (5 minutes)	<p>Please fill out your FYSPRT evaluation and turn it into the basket labeled “FYSPRT Evaluations.” Thank you! **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**</p>
Regional FYSPRT meeting dates	Sarah will email a link for an email evaluation.
State FYSPRT meeting dates	June 4, 2020 August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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MINUTES – Southeast Washington Regional FYSPRT
 06/11/2020 3:00-5:00 p.m.
 Zoom Phone Meeting

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Agenda Items	Discussion & Notes
Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres	The welcome and introductions were facilitated by tri-leads, Jill Mulhausen and Baltazar Torres.
Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen	A quorum was not achieved to approve the meeting minutes from May 14, 2020. Motion made by: <u>none</u> . Seconded by: <u>none</u> . Did the vote carry? No Vote.
Statewide FYSPRT Report	Jill reported that there was discussion about a longer program similar to CLIP at the meeting, but the majority of focus at the meeting was on respite care. It is apparent there is a need for respite care, but there is also concern. A definition is needed, but perhaps it should define the function of respite rather than prescribe the form it should take.
Youth Movement Survey Next Steps	Jill shared one of the important steps to take apparent from the Youth Movement Survey was to build capacity and recruit more youth from our region. This was discussed and the consensus was to do so.
Tri-Lead Recruitment	Jill noted there can be two tri-leads in each of the categories and encouraged applying if interested.
Roundtable	<ul style="list-style-type: none"> • Carolyn Cox gave an update on SPARK’s ongoing success and growth. She also noted she has a green light on virtual meetings in other areas to be able to go Statewide in the next month or so. • Kris Brown of GCBH attended the State CLIPit meeting and gave an update. The last meeting was in November of 2019, but it is intended to be quarterly. They have been dealing with complaints and concerns about discharge planning and COVID, noting wait times have been longer, but it is starting to improve. They are also working on

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06/11/2020 3:00-5:00 p.m.
Zoom Phone Meeting

	<p>achieving consistency throughout the State. It was noted that Spokane’s CLIP families have appreciated having the option of telehealth.</p> <ul style="list-style-type: none"> • Baltazar Torres, FYSPRT Youth Tri-Lead noted that racial injustice was discussed at the State meeting, but it wasn’t great. He has been impressed with the youth leadership and thinks we should take advantage of it by identifying and involving youth leadership. • Dawn of Anderson from Coordinated Care reported that they have come in to some PPEs that she can offer if needed. Sarah noted that Merit is in need. • Vern Peterson with Benton/Franklin Juvenile Detention reported they have filled a new position to help facilitate WISe referrals, which has been a huge help. • Sully Gama from Yakima’s ESD 105 noted they have been working on getting their open door facility approved for proctor GED testing and have increased engagement from less than 15% to 50%. • Ruvine Jimenez from the League of Educated Voters reported that there is a position for appointment by the Governor for an HCA Mental Health Workgroup seeking new nominations. They meet 4 times a year with recommendations submitted by November 1. Contact Ruvine if you know of anyone who should be nominated or if you’re interested in serving. • Theresa Malley from CPS said intakes are down to 40%. They have been visiting homes when necessary using safe practices and staff have been working from home. • Sarah said she would be sending out the Survey Monkey link to serve as evaluations and the link will also be posted on the FYSPRT website. • Jill talked about some of the things being considered for reopening schools such as fun face masks for youth, rotating schedules, working part time and distance learning.
Closing Announcements and Evaluation (5 minutes)	<p>Please watch for the link to SurveyMonkey from Sarah to return an evaluation. Thank you! **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**</p>
Regional FYSPRT meeting dates	Sarah will email a link for an email evaluation.
State FYSPRT meeting dates	<p>August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p>

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MINUTES

Southeast Washington Regional FYSPRT

07/9/2020 3:00-5:00 p.m.

Location – PHONE-IN ONLY

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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>A quorum was not achieved to approve the meeting minutes from May 14, 2020</p>
<p>Tri-Lead Recruitment</p>	<p>Jill explained that there are two positions available for each category of Tri-Leads: Youth, System, and Family. Currently we only have one representative for each of the positions and would appreciate filling the vacancies for better coverage and diversity.</p> <p>Jill also reported having a budget meeting with the ASO Finance Director and learned they will have some money available. Since they have not been able to travel at all, Jill thought maybe some of the travel money might be applied to the FYSPRT budget as well.</p>

MINUTES

Southeast Washington Regional FYSPRT

07/9/2020 3:00-5:00 p.m.

Location – PHONE-IN ONLY

Stay Home/Stay Healthy Initiative	<p>Caroline Cox, SPARK Program Director, introduced Maria Nunez. Maria explained they are gathering information for for the State for any possible future pandemics and asked how COVID is affecting youth. Jill noted that some students hated being home, but others liked it. She noted that some preferred face to face meetings. Anita Mendoza from Yakama Nation said it has been extremely difficult for their youth, but noted some have gotten involved with Quarantine Dances, which has been good to see. You can find them by searching for Quarantine Dance 2020 online. Kaila from Lutheran reported very similar to Jill in that some find telehealth very convenient, but others who might not be as tech savvy, don't like it as much. Pattrisha (filling in for Andy) from Merit noted they are not getting referrals from schools right now and have nothing specifically for youths. Carolyn clarified the State wants this anonymous information to assess youth's ability to connect with services and determine if they are helping youth through this pandemic.</p>
Roundtable	<ul style="list-style-type: none">• Kelsi from Molina reported there hasn't been much change. She noted there are families who don't want virtual services and there are barriers to people who are already in treatment. She noted WISe enrollments have been lowered.• Dawn from Coordinated Care reported it seems it's all COVID all the time. All their meetings have been via Zoom. She noted Coordinated Care has a long list of trainings available if you are interested.• Matt from Lutheran said they are trying to get the word out that they are still there and working with kids. He noted a summer slump, but also questioned if it is due to COVID or just typical of the season.• Pattrisha said Merit is still open for services or assessments. Call for more information. Merit can now connect all 7 offices, which has worked out well. Walk in assessments are at specific times, so call to check what is available.• There was discussion about a significant increase in overdoses and it was recommended to have Narcan available.• Carolyn gave an update that SPARK will be expanding into Grant County and is excited to put more youth to work. She reported they may be in King County sooner rather than later. They are working with HCA on a contract and certifying youth as peer counselors. SPARK student, Kaila, was recently offered and accepted a position at Lutheran.• Kris reported for Sarah that she has been working on the quarterly report and that a new FYSPRT manual effective as of July 1, 2020 is out now and on the HCA website. He noted that there is nothing new to report about CLIP except that the wait time is now out to 4 months due to COVID related discharge complications as well as possible COVID related increased referrals due to schools being closed and a reduction of intensive services being delivered in the community.

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Southeast Washington Regional FYSPRT

07/9/2020 3:00-5:00 p.m.

Location - PHONE-IN ONLY

Closing Announcements and Evaluation (5 minutes)	Please fill respond to the surveymonkey link Sarah will be sending out (and below) in lieu of the standard FYSPRT evaluation. Thank you! https://www.surveymonkey.com/r/3ZBBLQT **Families and youth: For mileage or childcare reimbursement, see Sherel Webb**
Regional FYSPRT meeting dates	August 13, 2020 – it was noted that both the Regional and State FYSPRT meetings are scheduled for the same day. Clarification will be shared when received. <i>PLEASE WATCH FOR LOCATION UPDATES. THIS MEETING WILL BE HELD via ZOOM.</i>
State FYSPRT meeting dates	August 13, 2020 November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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MINUTES

Southeast Washington Regional FYSPRT

08/13/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from May 14, 2020 Motion made by: <u> Cindy Adams </u> Seconded by: <u> Matthew Kuempel </u> Did the vote carry? YES / NO</p> <p>Meeting minutes from June 11, 2020; Motion made by: <u> Carolyn Cox </u> Seconded by: <u> Baltazar Torres </u> Did the vote carry? YES / NO</p> <p>Meeting minutes from July 9, 2020 Motion made by: <u> Baltazar Torres </u> Seconded by: <u> Matthew Kuempel </u> Did the vote carry? YES / NO</p>

MINUTES

Southeast Washington Regional FYSPRT

08/13/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

5-Year/Annual Work Plan	<p>Jill reviewed the four main goals of the 5-Year Annual Work Plan, which are adequate representation of youth and families; increasing FYSPRT numbers while striving for most of the nine counties in our region to be represented; develop policies and procedures specific to the regional FYSPRT in accordance with the State manual; and to hold positive community events. One recommended change in light of COVID is changing the language to something like positive community projects rather than events which would normally be in person and face-to-face.</p> <p>Jill noted confirmation of \$1500 per quarter for programs or projects. GCBH was also able to confirm that the travel funds for State meetings are currently not in use during COVID are available so long as the project or program is tied back to the Work Plan and only while travel remains prohibited. Jill and Baltazar are submitting a request to purchase lock boxes with this quarter's funds, which are due tomorrow. Jill feels this will help to engage youth in a real way.</p> <p>Jill and Baltazar reported on the State FYSPRT Meeting held earlier via Zoom. They gave a brief update on respite, which developed in to a work group to work on the idea of respite. Johanna and Maddie discussed the WISe survey in our region. Youth Mental Health was discussed in break out groups including youth engagement, challenges, and barriers. Jill noted the use of a free real time interactive online survey tool called Mentimeter that she found very interesting.</p>
Roundtable	<ul style="list-style-type: none">• Baltazar Torres noted a progressive new therapy he's heard of where the therapist plays video games with the client. He also noted the possibility of registering clients to vote while receiving their mental health care.• Cindy Adams said she plans to attend the Peer Pathways Conference next week. She has attended several times before, but this will be her first virtual attendance. She noted she will be participating in an Ombuds presentation and that some of Carolyn's SPARK students would also be giving a presentation. She has been working on some difficult cases with a lot of moving parts.• Sherry Mashburn was concerned about the new WACS not providing a regular education diploma to students with disabilities. The WAC is 39271A on page 37, and she would welcome any inquiries.• Carolyn Cox updated the various activities and programs SPARK is involved in, including their expansion to a second office in Grant County that will provide peer support services. Their next class is coming up in October and is already full with a waiting list. No SPARK students were available to attend this meeting due to taking their certification tests.• Matthew Kuempel announced that Lutheran is returning to in-person services at 50% capacity following all safety guidelines and with staff rotation.• Sarah Gillard noted that she checked with Kris who had no updates other than the CLIP committee did recommend the youth at their recent meeting and the paperwork has already been processed. Sarah also noted

MINUTES

Southeast Washington Regional FYSPRT

08/13/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	<p>there will be a virtual Co-Occuring Conference coming up on October 5th and 6th. Registration is open and there may be scholarships available.</p> <ul style="list-style-type: none">• Vern Peterson announced JR, the HCA and other providers are presenting a webinar next week focused on WISE services and getting youth enrolled into WISE. All are welcome and he will provide a link with more detailed information for Sherel to forward.• Ruvine Jimenez announced a webinar on September 2nd that will address the start of the 20/21 school year and just finished a webinar with the superintendent that is on their website. They are looking at setting their legislative idea including programs needing funding etc., and she would welcome your input.
Closing Announcements and Evaluation (5 minutes)	<p>Please fill out your FYSPRT evaluation and turn it into the basket labeled "FYSPRT Evaluations." Thank you!</p> <p>https://www.surveymonkey.com/r/3ZBBLQT</p> <p>**Families and youth: For mileage or childcare reimbursement, see Sherel Webb**</p>
Regional FYSPRT meeting dates	<p>September 10, 2020</p> <p>PLEASE WATCH FOR LOCATION UPDATES. THIS MEETING WILL BE HELD via ZOOM.</p>
State FYSPRT meeting dates	<p>November 17, 2020</p> <p>Meeting Time 9:30am-3pm</p> <p>Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503</p>

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MINUTES

Southeast Washington Regional FYSPRT

09/10/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from August 13, 2020 Motion made by: <u> Baltazar Torres </u> Seconded by: <u> Matt Kuempel </u> Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill announced the purchase of lock boxes and locks with the quarterly and travel funds mentioned last month. She also noted filling out a grant application from Kadlec. Although the request was for \$8500.00, Kadlec actually awarded \$1500.00. GCBH is not in a position to set up a separate bank account and monitor funds, so Jill is working with Carolyn Cox of SPARK who, in turn, is working with Kadlec to research what can be done. Jill also mentioned considering what to put inside the lock boxes such as an updated brochure.</p>
<p>BHAS Data</p>	<p>Sarah did not get the BHAS Data information, but noted that Paul Davis from HCA will be at the next meeting. If you have any questions for him, please email them to Sarah or Sherel.</p>
<p>Roundtable</p>	<p>Jill noted that due to the convenience of attending Zoom meetings, now may be a good time to recruit new members. She asked people to consider who they could ask or inform of the opportunity. She offered to reach out to</p>

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those people if you let her know and provide contact information. She included the counties in the chat notes, which Sherel forwarded in an email after the meeting.

Kelsey from Molina will reach out in Yakima County.

Ruvine from the League of Educated Voters is in the process of gathering information for basic needs to take forward to legislators. Please let her know if you have anything. She posted a link for a virtual event to taking place on October 8, 2020 in the chat notes.

Kris reported that there was a CLIP recommendation last month. He noted there is an average wait list of four months which HCA seems to be noticing. It's possible they may change some of the criteria to make it easier.

Sully noted that Yakima's Open Doors program has reopened and is serving students face to face by appointment taking appropriate precautions.

Sarah noted Lourdes is holding a Mental Health First Aid training targeted to non-clinical workers that would be of benefit to community members. There will also be a virtual Washington State Prevention Summit coming up on November 3 & 4, 2020 with a registration deadline of October 23rd.

Matt noted they are at about 50% capacity with a two week rotation of staff. There are two sessions of Youth Mental Health First Aid scheduled and they are willing to do more if there is a demand for it. Matt noted the University of Washington has partnered with the HCA and DBHR to form a kind of study group for WISE best practices and working with youth who are on the spectrum or have any kind of intellectual developmental delays. This is designed to address some of the gaps in the system.

Sherry Mashburn reported a mask exemption for students with developmental, cognitive or mental health issues. She posted the reference in the chat that was forwarded.

Dawn will be presenting at the Co-Occurring Conference next month. She also noted their WRAP training is virtual and available at no cost.

Carolyn reported ongoing success and growth of the SPARK program including applying for grants in other counties and working out a lot of pilot programs. They are also looking at projects at group homes and institutions to recruit any interested youth there.

Jeannette talked about the possibility of using Federal Block Grant dollars for Medicaid youth and the SPARK program's impressive growth and reach..

Jason, a first time attendee, noted that he found the FYSPRT meeting inspiring and wished he had had it as a resource for his daughter's journey.

Pete Peterson talked about a federally authorized program he's aware of from his work in Idaho that allows the use of Medicaid for youth with mental health issues under certain circumstances.

Baltazar noted a trend he's been noticing in youth conversations indicating a positive outlook about therapy and MH issues.

MINUTES

Southeast Washington Regional FYSPRT

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Location - ZOOM PHONE-IN ONLY

Closing Announcements and Evaluation (5 minutes)	Your FYSPRT meeting evaluation will be sent via email and is available at this link: https://www.surveymonkey.com/r/QMMCKJX <i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i>
Regional FYSPRT meeting dates	October 8, 2020 <i>THIS MEETING WILL BE HELD via ZOOM.</i>
State FYSPRT meeting dates	November 17, 2020 Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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MINUTES

Southeast Washington Regional FYSPRT

10/08/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

<p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p>	<p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p>	<p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p>	<p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p>
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Agenda Items	
Agenda Items	Discussion & Notes
<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	<p>Icebreaker activity: Painting vs. Drawing</p>
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from September 10, 2020 Motion made by: <u>Carolyn</u> Seconded by: <u>Jeanette</u> Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill: We currently have 250 lock boxes that are in the process of being delivered. 100 to Crisis Response, 30 Lutheran, 30 Communities in Schools, 30 Tri Cities Community Health, 30 Lourdes Counseling Center and 30 Catholic Family. Goal is to reach all of the 9 counties including the Yakama Nation. We received \$1500 from Kadlec and will order more lock boxes in the near future. Joel from CHPW asked if we are reaching out to the SUD providers. Sarah stated that she has SUD provider contact info and can reach out to the providers within the region regarding lock box needs.</p>
<p>BHAS Data</p>	<p>Paul Davis: Overview of the BHAS data specific to the GCBH region. Anyone in WISE should be getting a CANS (Child Adolescent Needs & Strengths) screen/update regularly. Scoreboard for how we take the long story of how people are doing and how we put it into numbers. How we can track progress</p>

MINUTES

Southeast Washington Regional FYSPRT

10/08/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	<p>over time. CANS is broken into a bunch of domains and should be completed in a collaborative manner with the youth and families. All partners should have a voice in identifying the youth strengths and needs. Shared BHAS data from the HCA website https://www.hca.wa.gov/about-hca/behavioral-health-recovery/wraparound-intensive-services-wise-0</p>
Roundtable	<p>Matthew: stated Lutheran is open and meeting face to face with families as requested. Dawn: October 29th WRAP (Wellness Recovery Action Plan) training Carolyn: Expanding the SPARK program and have received grants in Chelan, Douglas and Grant Counties and are starting SPARK classes in Pierce, King, Salish and Island Counties. Will be doing a train the trainer and are working with HCA to develop measurable outcomes for the SPARK program. Cindy Adams: Peer Empower Peer Conference Oct. 10th Scholarships are available. Behavioral Health Ombuds will be creating a training on Mental Health Advance Directives to provide to the community. Jeanette: Just completed certified peer counselor training for youth and families. This is the 5th round of virtual training. Cultural and specific needs in WISE for the Tribes Sully: No Update Ruvine: Part 2 of Voices from the African American Community on Oct. 14th Baltazar: Feedback on the digital flyer created by Baltazar Sarah: Working on the FYSPRT quarterly report. No CLIP update at this time. Kris will be attending the next statewide CLIP meeting and will provide a follow up after that meeting.</p>
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation will be sent via email and is available at this link: https://www.surveymonkey.com/r/QMMCKJX</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	November 12, 2020 <i>THIS MEETING WILL BE HELD via ZOOM.</i>
State FYSPRT meeting dates	November 17, 2020 Meeting Time 9:30am-3pm

MINUTES

Southeast Washington Regional FYSPRT

10/08/2020 3:00-5:00 p.m.

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AGENDA

Southeast Washington Regional FYSPRT

11/12/2020 3:00-5:00 p.m.

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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from October 8, 2020 Motion made by: <u> Balthazar Torres </u> Seconded by: <u> Carolyn Cox </u> Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill reported getting lock boxes to Crisis Response Lourdes Counseling, Lutheran, TCCH, Catholic Family, and Communities in Schools. They plan to reach out to other counties and include SUD agencies. One lesson learned was to order directly to the organizations rather than a central location and have to deliver. Please let Jill know if you know of any organization who would be interested in lock boxes.</p>
<p>Roundtable</p>	<ul style="list-style-type: none"> • Jill noted that the State FYSPRT would be taking place and asked for any advocacy issues. She invited anyone to email her with ideas after the meeting. Cindy Adams responded that she would like to see funding continue for WISE, youth services and respite care. • Joel asked how telehealth is working and Balthazar answered that it’s working for some and not for others, noting getting records is confusing and can take a long time. Elvira said her experience with the Stay Home, Stay Healthy campaign has been that people have appreciated all services including in person and telehealth.

AGENDA

Southeast Washington Regional FYSPRT

11/12/2020 3:00-5:00 p.m.

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	<p>Joel also noted CHPW is busy with open enrollment and moving into the North Central region. He also reported on progress with developing an SUD Recover Center at the old Kennewick General Hospital building.</p> <ul style="list-style-type: none">• Carolyn reported on how well SPARK continues to do; including expansion to Grant and Okanogan Counties, receiving a grant from ACH, four new classes next year, a grant from OSPI, and ongoing work with University of Washington.• DeLeon shared that he is available to support any schools in the community, not just the ESD he works at.• Susan commented on telehealth noting that kids who have intense diagnosis often experience frustration with it.• Mindy agreed with Susan's assessment noting it works well for some and not for others. She noted CLIP work groups are meeting to focus on consistency and streamline with best practices. Gathering resources for aging out.• Edona noted she is in the process of doing a needs assessment with the schools in her role as the Behavioral Health Navigator to identify their needs and gaps. She will also be doing an assessment with the organization and would appreciate any input as to questions to ask those organizations.• Sherry noted that some of the kids are experiencing difficulty and frustration with the Chromebooks and that they are noticing some tech addictions.
Closing Announcements and Evaluation (5 minutes)	<p>Your FYSPRT meeting evaluation will be sent via email and is available at this link: https://www.surveymonkey.com/r/QMMCKJX</p> <p><i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i></p>
Regional FYSPRT meeting dates	<p>December 10, 2020 THIS MEETING WILL BE HELD via ZOOM.</p>
State FYSPRT meeting dates	<p>TBA</p>

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<p>Welcome & Introductions (5 minutes) Youth Tri lead-Baltazar Torres</p>	
<p>Meeting Minutes (10 minutes) System Tri lead-Jill Mulhausen</p>	<p>Meeting minutes from November 12, 2020 Motion made by: <u> Baltazar Torres </u> Seconded by: <u> Carolyn Cox </u> Did the vote carry? YES / NO</p>
<p>Lock Box Update</p>	<p>Jill noted we have another quarter of funds to spend and proposed getting in touch with crisis response centers in the 9 counties to see who is interested in lock boxes and how many so we could send them directly to the provider. Kris and Kelsi will be able to help make those connections. Please let Jill know of any other ideas for projects.</p>
<p>Roundtable</p>	<p>Kris gave an update on the recent CLIPit meeting, which followed up on previous recommendations of changing the CLIP process to be more consistent across the State. Kris will ask about lock boxes at the upcoming Clinical Crisis Providers meeting. Carolyn gave an update on the considerable growth and funding for SPARK, including grants won and more sites across the State, one of which will be for Juvenile JR and two Train the Trainer classes coming up. Any questions about specifics can be directed to Carolyn. Vern expressed excitement about the SPARK program, noting there is a lot of support from the provider community.</p>

MINUTES

Southeast Washington Regional FYSPRT

12/10/2020 3:00-5:00 p.m.

Location - ZOOM PHONE-IN ONLY

	Jill noted the Statewide meeting on November 17 th , but will give a full report next month after the notes have been published.
Closing Announcements and Evaluation (5 minutes)	Your FYSPRT meeting evaluation will be sent via email and is available at this link: https://www.surveymonkey.com/r/ZZ7S7CQ <i>Please note your evaluations are an important part of improving FYSPRT, are included in FYSPRT reports to State, and are much appreciated!</i>
Regional FYSPRT meeting dates	January 14, 2021 <i>THIS MEETING WILL BE HELD via ZOOM.</i>
State FYSPRT meeting dates	TBA Meeting Time 9:30am-3pm Blake Office Park, West Building Chelan/Roosevelt Rooms: 4450 10th Avenue SE Lacey, WA 98503

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