Parent Workshop Topics

The Importance of Routines
Routines and structure are important for a child's well-being and sense of security. Learn how to create and maintain optimal routines to encourage cooperation and minimize fights and battles.

Dealing with Sibling Rivalry
Siblings fight. What you can do to facilitate closer sibling relationships.

The ABCs of Potty Training
The why, what, and how of successful potty training.

Biting & Other Aggressive Behavior - What's Going On?
Aggressive behavior seems perplexing and frustrating to parents and caregivers. Understand why it happens and some techniques to lessen the aggression.

Good Books & Good Toys - How to Choose
What are the criteria for good books and toys? There are so many choices nowadays that it has become difficult to choose from amongst them.

Fitting In - Developing Social & Emotional Skills
Much of children's success later on in life depends on their social and emotional development and maturity. Here's what you should know and can do to help.

Positive Discipline Techniques That Actually Work
Are you dealing with challenging behavior at home? Does your child get into trouble at school? Join us to learn about techniques that will discipline, not punish, difficult behavior.

Successful Communication with Children
Talking and listening to children in an effective way has a positive impact on their language, social, emotional and cognitive development. Learn what works and what doesn't.

The Good & Bad of TV and Other Media
Learn the facts about the positive and negative effects of television, computers, electronic games, etc, have on a child's development.

Bullying - Dealing with Both Sides
There are always two sides to a story. Understand why some children bully, why others are bullied, and what you can (and can't) do to help.

Body Image, Health & Fitness - How the One Affects the Other
It's not just about obesity... Children are strongly affected when their health and fitness is compromised. What you must do about it to save your child!

Developmental Stages & Milestones of Children (Birth - Six)
Ever wonder what is coming next in your child's development? Join this informative workshop that describes the developmental milestones of children, from birth to age six.

Supporting Children in Trauma and Distress
Many children's early experiences affect their ability to function and cope in school and the home. This is particularly true for foster and adopted children, children of divorce, or those now living with family members other than their parents. This workshop looks at some practical ways to support children as they deal with stress, trauma, and change.

Playing With Your Children in a Meaningful Way
How do you play with your children? Is it fun, or frustrating? Get the scoop on how to really play with children in a way that promotes development and positive relationships

To Read or Not To Read?
When should children be reading? Information about preschool reading is confusing. In this workshop, we look at the real story behind developing early readers, and what we should and shouldn't be doing!

Supporting Reading & Writing Skills Development at Home
What can you do to create an interest and love for reading and writing? Learn some tips and strategies to use at home.

Staying Safe
How can you make sure that your children know how to stay safe in this busy, unpredictable world. Learn simple tips and techniques for identifying and handling all kinds of dangers and unsafe situations like strangers, getting lost, etc.

The Anatomy of the Temper Tantrum
Ever wonder what starts a temper tantrum? This workshop looks at what sets children off, the progress of the tantrum, and tips and techniques to prevent, avoid, and handle them.

Workshop length:	60 minutes –or– 90 minutes –or- 120 minutes
Workshop Cost:	$130 per hour
To schedule:	miriam@bloomlearning.com
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