



WALK TO EMMAUS

THE UPPER ROOM®

Central
Alabama
Emmaus
Community

the 4th day newsletter

March 19, 2025

A MESSAGE FROM WALK #227 LAY DIRECTOR

Emmaus Friends,

I am humbled and honored to serve as Lay Director for the 227th Walk of the Central Alabama Emmaus community! Reflecting on my journey since my first walk, I am in awe of how my life has been blessed and transformed by God through the Walk to Emmaus experience.

My first walk was #125 in January of 2010. I arrived at Camp Alamisco on a 23-degree night, and like many of us, I really was not sure what was ahead. I remember leaving Emmaus feeling like I had been drinking through a fire hose for three days. Reflecting on that time, at least three things stand out. First, I was blown away by the relationships with Christ that others in the Conference Room were experiencing. Second, the love I felt and saw that weekend was real and visible, and it was a picture of what God's people can be. Finally, I remember realizing I would never experience communion the same again, either.

My spouse, Julia, attended Walk 130, it is special to share this Emmaus experience with her. The relationships we have formed will go far beyond the time of Walk 227, and we are grateful for the friends that God brought into our lives through Emmaus that we may not have otherwise met. For the past several months of preparation, it has been wonderful to see God at work through forming the Walk. When I was contacted about possibly serving as lay director for the walk in March, it was a little earlier than I and others perhaps had anticipated. I remember the person saying, "We're desperate". I went home and told Julia, and she said, "Are they desperate?" I went to my Emmaus group, and someone there said, "They must be desperate." I realized God must be telling me something. In a world that seems to be turning away from God or simply not making him a priority, Emmaus is different. We are a people for whom God is very much alive and in charge, and our world is indeed desperate for God and for more people to make a difference for his kingdom. We are the people who make a difference for our families, our churches, our communities, and among those who live on the margins of life. So, my encouragement is to keep inviting, keep sponsoring, keep serving, and keep leading as God directs you. You are making a difference in your Fourth Days, and for that, I am most thankful and humbled by this incredible opportunity.

I am thankful for the many prayers that have been lifted for the pilgrims, the support team, and the conference room team. As Walk #227 approaches, please continue to join me in praying that each pilgrim will meet God in a special way during their three-day journey. Pray that they will be "open-eyed, wide-eyed" (The Message version of Luke 24: 30-31) as they recognize and experience the risen Christ. And pray that they will return to their communities with a fire that cannot be extinguished and with a desire to live out the fruits of the spirit to the fullest measure!

DeColores!

Ben Farrow
Central Alabama Walk to Emmaus #125
Table of Paul

Men's Walk #227

Lay Director:
Ben Farrow

Background Team:
Montgomery Cluster

Times To Remember

Wednesday 7pm Send-Off
Friday 7pm Candlelight
Saturday 7am Serenade
Saturday 4pm Closing



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A MESSAGE FROM WALK #227 SPIRITUAL DIRECTOR

"I am weak but Thou art strong; Jesus keep me from all wrong; I'll be satisfied as long as I walk, let me walk close to Thee. Just a closer walk with Thee, grant it, Jesus, is my plea, daily walking close to Thee, Let it be, Dear Lord, let it be."

I am honored to have been asked to be the Spiritual Director for Walk #227 and blessed to be serving with Ben and all of you. This was a special invite since both of Ben's parents were anchors of encouragement and support in my educational experiences from elementary days through high school. One thing I learned was to not lose sight of the mission. The words of the song above do a pretty good job of describing our mission and God's continuous call upon our life during our "4th Day." May we be about the business of praying for each other, the pilgrims, and all the Emmaus community as we seek to be instruments of peace and agents to the pilgrims and each other during our time together. To iterate Ben's centering verse, may we be "open eyed and wide eyed," with hearts full of Agape, throughout this time and for the rest of our 4th Days.

So, here we go, walking faithfully and boldly into the unknown blessings of Walk 227 as evidence of our faithfulness in our 4th day. May God lead, guide, and direct us to follow Jesus in all we think and do and say.

Blessings & Prayers

Mike Densmore

Upper Room Walk 17

2025 Walk Dates

Face 2 Face #2
Dennis Teel
March 27-28
April 3-4

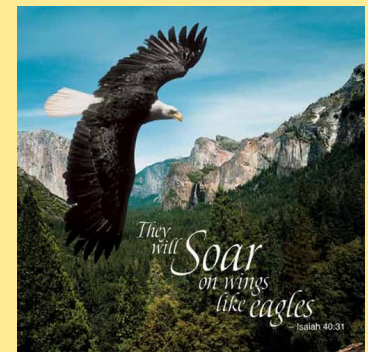
Boy's Flight #81
Charlie Goldman
East Alabama Cluster
July 9-12

Girls Flight #82
Sharon Truman
July 16-19
Elmore Cluster

Men's Walk #225
Tommy Holt
August 20-23
Selma Cluster

Women's Walk #229
Kris Johnson
September 17-20
Chambers/Lee Cluster

Women's Walk #230
Terri McDonald
November 5-8
Pike County Cluster



For additional Emmaus and Chrysalis information and updates, periodically refer to our website at

www.caew.org

Remember, God equips & gives you the means & strength you need to serve, and bring others to Christ.



Sign Up For Emmaus Prayer Vigils

The Sign-Up Genius link can be found on our webpage at

www.caew.org

As well as on our Facebook page at

**Central Alabama
Emmaus Community**

Pilgrims of Central Alabama Emmaus Men's Walk #227

LAST	FIRST	CITY	ST	CHURCH	SPONSOR
Bratton	Daniel	Notasulga	AL	Lake Community Church	Steve McDonald
Broome	Jacob	Opelika	AL	Trinity Methodist	Rob/Lysha Stanford
Carlton	Nick	Auburn	AL	FBC - Opelika	J. R. Voyles
Ciocco	Chuck	Opelika	AL	FBC - Opelika	John Waldrip
Colvin	William	Wetumpka	AL	Grace Point Church	Martin Christensen
Cottle	Calon	Wadley	AL	Church of the Highlands	George Zaniewski
Cronian	Tim	Wetumpka	AL	Redland Hills Church	Renaе Pemberton
Dearing	Foster	Auburn	AL	Auburn Community Church	Sheppard Dearing
Dunn	Shay	Eclectic	AL	Grace Point Church	Christopher Lamar
Flavors	Fred	Atmore	AL	Church of the Highlands	Abigail/HT Fountain
Futral	Daniel	Tallasseе	AL	Beulah Baptist Church	Dottie Carnes Terry Headley
Johnson	J. D.	Camp Hill	AL		George Zaniewski
Jordan	Brandon	Troy	AL	Brundidge UMC	Kevin Krist
Junkins	Mike	Cartersville	GA	Awaken Church - Non	Ben Gibbons
Locklier	Dawson	Pike Road	AL	Macedonia Baptist	Hugh/Susan Fountain
Lowery	Gary	Hamilton	GA	River of Life Church of God	Emily Goodman
Lucas	John	Troy	AL	Park Memorial Methodist	Alan Adler
McCarty	Doug	Montgomery	AL	Vaughn Park Church of Christ	Tony Staten
McLaney	Ron	Wetumpka	AL	Mulder Global Methodist	Feliccia Bryant
Morrison	Shane	Opelika	AL	10th Street Church of Christ	Matt Howell
Nichols	Jason	Selma	AL	Crosspoint Christian	Joey Smith
Parker	Lucas	Opelika	AL	Auburn Community Church	Christopher Bush
Pearson	Myles	Dadeville	AL	Shades Mountain Community	Steve/Terri McDonald
Phillabaum	Daniel	Tallasseе	AL	East Tallasseе Baptist	Daniel Turner
Riggs	Blake	Auburn	AL	Embrace Church	Greg Locklier
Saggus	Callahan	Opelika	AL	Trinity Methodist	Stephen Stanley
Setzer	Bryan	Wetumpka	AL	Mulder Global Methodist	Tracie Setzer
Sherum	Brandon	Alex City	AL	Alex City Methodist	Ronald Lynch Clay Greene
Skaar	Anders	Opelika	AL	Church of the Highlands	Ben Farrow
Templeton	Dave	Auburn	AL	FBC - Opelika	Bud Smith
Warren	Bruce	Wetumpka	AL	Cains Chapel Methodist	Martin Christensen
White	Brad	Auburn	AL	FBC - Opelika	David Waldrip
Wilson	Mike	Eclectic	AL	Victory Baptist Church	Jerry Bynum
Wright	Jason	Dadeville	AL	Alex City Methodist	Ronnie Palmer

Conference Room - Men's Walk #227

Lay Director	Ben Farrow
Spiritual Director	Mike Densmore
Assistant Spiritual Directors	Luke Finkelstein
	Todd Owen
	Mike Pearson
	Blue Vardamon
Assistant Lay Directors	Bill Hall
	Mark Lampman
	Darrell Pugh
	Rob Stanford
Table Leaders	Leonard Bell
	Martin Johnson
	Anthony Lerew
	Mark Kirkland
	Steve McDonald
	Mike Thigpen
Assistant Table Leaders	Joe Branch
	Britt Clayton
	Truman Hornsby
	Mason Marvel
	Danny Moore
	Ken Turner
Music	Phillip McWhorter
	Gary Harris
Media	Billy Newman
Board Rep	Frank Talbot

Work Areas - Men's Walk #227

Support Area	Chair / Co-Chair
72 Hour Prayer Vigil	Jamie Brown / Tony Staten
Agape	Kelli Thigpen / Corrine Garnett
Bed Tags	Debby Travis
Book Covers / Bags	Stephane Lewis / Amber Hollingshead
Book Table	Julia Farrow / Christy Flurry
Candlelight	John Waldrip
Entertainment	Frank & Cindy Clem
Food Prep	Donna Clements / Dottie Carnes
Friday Night Party	Emily Gentry / Donna Harper
Greeters	Tyler Hale
Housing & Registration	Ben Gibbons / Connie Lampman
Logistics	Jimmy Shivers
Meal Service	Debby Travis / Sherry Morgan
Photography	Lysa Stanford
Refreshments	Terri McDonald / Alice Veros
Serenade	Donna Harper
Speaker's Prayer Chapel	Becca McLaughlin
Sponsors Hour	Daniel Green / Hillary Stewart
Worship	



Welcome Women of CAEW Walk #226



In Case Of Emergency
Camp Alamisco
256-825-9482

LOST YOUR BADGE?
 Contact Ronald Lynch at
lynchronald8@gmail.com
 Badge replacement cost is \$2.



TEAM SELECTION
 Missy Johnson - Chairperson
dwaynemissy@ymail.com

WORK AREA SIGN IN SHEETS
 following each walk are sent to:
 Linda Hines Hornsby
Linda.Hines@adph.state.al.us

NEWSLETTER EDITOR
 Kris Johnson
johnson.kristijo@gmail.com

***Please send articles, updates, cluster
 & reunion group photos and information
 to share with the Emmaus community.

EMMAUS WORK AREA	2025COMMUNITY BOARD REP
72 Hour Prayer Vigil	Frank Talbot
Agape	Bonnie Coker
Book Table	Glenn Kinard
Candle Light	Tommy Holt
Food Preparation	Dottie Carnes
Friday Night Party	Kimberly Frederick
Greeters	Donny Davis
Housing and Registration	Alice Veros
Logistics	Perry Myer
Meal Service	Donna Harrison
Photography	Mark George
Refreshments	Donna Harper
Serenade	Jeff Bryant
Speaker's Prayer Chapel	PeeWee Godwin
Sponsor's Hour	Mark George
Supplies	Wanda Ryals
Team Selection	Donna Harrison
Training - Support Team	Sharon Truman
Training - Conference Room & Lay Director	Sharon Truman
Worship	Danny Green
Registrar - Men's	Sharon Truman
Registrar - Women's	Sharon Truman
Community Website Coordinator	Allen Brewer
Community Email Coordinator	Jamie Brown
Name Badge Coordinator	Ronald Lynch
Community Newsletter	Kris Johnson
Community Lay Director	Sharon Truman
Community ALD	Donna Harrison
Immediate Past LD/Board Advisor	Wanda Ryals
Community Treasurer	Donna Harrison
Community Secretary	Dottie Carnes
Communications Coordinator	Linda Hines Hornsby
Community Spiritual Director	Blue Vardaman
Community Asst. Spiritual Directors	
Chrysalis Committee Chairperson/Lay Director	Ronny Lynch
Chrysalis Spiritual Director	Jeff Hardin

Address, contact phone, or email changes?

Help keep your information updated, click the 'Update Subscription Preferences' link at the bottom of your Community Email.

Or contact a Board Rep listed on our web page at www.caew.org to assist you in updating your current address, phone or email information.

2025 CENTRAL ALABAMA EMMAUS COMMUNITY – CLUSTER INFORMATION

Updated 3/19/2025

***Chambers County Emmaus Cluster**

Contact – Lyn Brown . lsbrown32297@gmail.com . 334-864-1113

Covered dish dinners are held at various church locations at 7:00 p.m. (ET) on the Tuesday following each walk. If walks are back to back, the two walks are combined in one dinner after the second walk .

***East Alabama Emmaus Cluster**

Contact – Dennis Teel . dennisteel154@gmail.com , 334.524.8257

Covered dish dinners are on the 1st Tuesday after each walk at 6:00 pm at Oak Hill Church, 2506 Marvyn Parkway, Opelika, Alabama

***Elmore County Emmaus Cluster**

Contact - Mark Kirkland . mkirkland25@yahoo.com . 334-224-0758

Covered dish dinner and meeting on the Tuesday after each walk or flight at Cain’s Chapel, Redland Hills and Mulder Church. Fellowship at 6:00 PM, dinner at 6:30 PM.

***Lake Martin Area Emmaus Cluster**

Contact – Ronnie and Corinne Garrett– email: ronniegarrett779@gmail.com . 334-744-3456

Meets on the Monday following a walk at 6:15 pm and have a covered dish dinner. Rotate between Flint Hill UMC, Alex City Methodist, First Baptist Dadeville, Lake Martin Baptist and Camp Alamisco.

***Millbrook-Prattville Walking Miracles Emmaus Cluster**

Contact – Frank Clem . frankclem@gmail.com . 334-233-3782

Meets at 12:30 p.m. on the 4th Sunday of each month for a covered dish meal at Millbrook Presbyterian Church in Millbrook

***Montgomery Emmaus Cluster**

Contact – Kimberly Frederick . willnkim4@gmail.com . 334-624-4572

Held at Christ Church, 8820 Vaughn Road, Montgomery on the following Tuesday after a walk, 5:45 pm fellowship, covered dish dinner, & worship. Enter main door and turn right.

***Pike County Cluster**

Contact – Andrew Womack – email: andrewwomack23@gmail.com . 256-717-4524 Meets on the second Sunday after each walk at 5:30 pm in the Fellowship Hall of Park Memorial Methodist Church. Covered dish supper

***Selma Emmaus Cluster**

Contact – Debby Travis . debbytravis@yahoo.com . 334-412-3282

Covered dish lunch held the first Sunday of each month following a walk at 1:00 pm. at Crosspoint Christian Church.

CAMP ALAMISCO LODGING INFORMATION

Lodge/Cabins: available on a first come first serve basis. They have bunk beds and community showers/bathrooms. Per bunk, they rent for \$25/night, or \$75 for the weekend. Three meals are included per day. You must provide all of your own linens.

Campsites: 3 spots available, where you can bring your own motor home. The campsite rates are \$30/night or \$90 for the weekend, and includes three meals for two people.

Alamisco Inn: which features three "suites" upstairs, that includes TWO queen beds, ONE set of bunk beds, and ONE pull out sectional "single bed" sleeper. It also has its own kitchenette.

Suite #1 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

Suite #2 (Accommodates 4 People) is \$67/night or \$200 for the weekend.

Suite #3 (Accommodates 6 People) is \$100/night or \$300 for the weekend.

**All Suites - All Linens are provided.

Downstairs Rooms (One double bed) are \$45/night or \$135/weekend.

* Downstairs Rooms - Linens are provided.

***All Alamisco Inn Suites include three meals for 4 people included in the cost of the suite.**

For those at camp not staying in lodgings: Meals - Breakfast \$5.00, Lunch \$5.00, Dinner \$8.00.

WHO CAN ATTEND THE EMMAUS THREE-DAY EVENTS?

It is the policy of The Central Alabama Emmaus Community as well as The Upper Room - Emmaus Ministries, that ONLY persons that have completed a 3-Day Weekend (Emmaus, Chrysalis, Cursillo, Tres Dias, etc.) may participate in and attend:

Send Off, Candlelight, Serenade, and Closing

Additionally, children should not be brought to the events. Families ARE encouraged to attend the follow up dinners held in each cluster after each walk. We thank you for your understanding and cooperation with this.

HOW CAN I SERVE?

Ask your sponsor to bring you back to camp! Ask those in your Cluster to explain how to serve! Look up work areas on the website below to see what you might be interested in and contact that Board Rep.