

Instructions for parasite cleanse

Take all Herbs on an empty stomach at least 10 minutes prior to meals

Week 1 **Day 1** | **Day 2** | **Day 3** | **Day 4** | **Day 5** | **Day 6** | **Day 7**

Start Date:

Black Walnut Extract	1 drop x 4	2 drops x 4	3 drops x 4	4 drops x 4	5 drops x 4	6 drops x 4	7 drops x 4
Cloves	1 caps x 3	2 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3
Wormwood	1 before dinner	2 before dinner	3 before dinner	4 before dinner	5 before dinner	6 before dinner	7 before dinner

****Additional herbs to take in addition to the Cloves, Wormwood and Black Walnut:**

Product	Morning	Lunch	Dinner	Bedtime
Plant Enzymes	6 caps			6 caps
Tetra Cleanse				4 caps
8 full glasses water throughout the day				

Week 2 **Day 8** | **Day 9** | **Day 10** | **Day 11** | **Day 12** | **Day 13** | **Day 14**

Black Walnut Extract	8 drop x 4	9 drops x 4	10 drops x 4	11 drops x 4	12 drops x 4	13 drops x 4	14 drops x 4
Cloves	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3	3 caps x 3
Wormwood	8 before dinner	9 before dinner	10 before dinner	11 before dinner	12 before dinner	13 before dinner	14 before dinner

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