Be part of doing good while changing lives!



Team Spirit • Camaraderie • Fun

SIGN UP

- Become a team captain (download your kit at bigcardio.org).
- Join a team.
- Participate individually.

SPONSOR

- You're in good company when your company's a corporate sponsor.
- Unable to participate? You can sponsor someone else.

SFRVF

- Volunteer tent with refreshments.
- Service hours for high school and college students.
- · Sign up at bigcardio.org.

START FUNDRAISING

- Earn cool prizes.
- Registration includes eay, customizable fundraising page.
- Emails, social media posts, tips povided.

Sign up today at bigcardio.org!

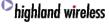
Thank You to our Sponsors:





















5K · FITNESS · SPORTS · CYCLE · FUN

Saturday, May 4, 2019 7am - 12pm

Central Broward Regional Park 3700 NW 11th Place, Lauderhill, FL 33311 (NE corner of Sunrise Blvd and US 441)

Something for Everyone!

EVENT ACTIVITIES

5K Run/Walk Wheelchair Div. Fun Zone For All Kiddie Rides

Cardio Class Soccer Climbing Wall Bounce Houses
Cycling Class Volleyball Bungee Jumping Face Painting

Obstacle Course Basketball Slides Mini Golf

KidFit Soccer Clinics Carnival Games

Registration and information: www.bigcardio.org

