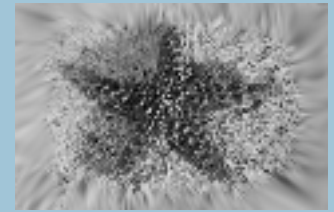




# 2021 HAPT/STH Conference March 5-6, 2021



## "Awakening the Senses through Play Therapy and Sandplay"

This year's Hawaii Association for Play Therapy (HAPT) 2021 Annual Conference will be held virtually and is cohosted with Sandplay Therapists of Hawaii (STH). Together, we are excited to welcome our very special guest speakers Lorraine Freedle, PhD, ABPdN, CST-T, Ellen H. Saul, MS, LP, CST-T and Nancy Hawkins, PsyD, LP who will offer two intensive days of training. To meet the guidelines set forth by the Association of Play Therapy (APT) for virtual training during the COVID-19 pandemic, this conference will be limited to a total of 80 participants split into two tracks. All participants will have the opportunity to complete both featured workshops. In effort to accommodate our local members, registration will open first to the Hawaii community. On February 1, 2021, the remaining seats for our conference will be open to practitioners in other geographical locations. Due to the limited number of openings for this year's conference, we encourage everyone interested in attending to register as soon as possible. You won't want to miss this exciting event!

<b>Conference Schedule:</b>	
<u>Friday Schedule:</u> <ul style="list-style-type: none"> <li>8:30am – Announcements / Introductions / Opening</li> <li>9:00am – 12:30pm – Presentation (breaks per instructors)</li> <li>12:30 – 1:30pm – Break for Lunch</li> <li>1:30 – 3:45 pm – Presentation</li> <li>3:45 – 4:00 pm – Closing</li> </ul>	<u>Saturday Schedule:</u> <ul style="list-style-type: none"> <li>9:00am – 12:30pm – Presentation (breaks per instructors)</li> <li>12:30 – 1:30pm – Break for Lunch</li> <li>1:30 – 3:45 pm – Presentation</li> <li>3:45 – 4:00 pm - Closing Ceremony</li> </ul>
<b>Track Schedule:</b>	
<b>Track 1:</b> <ul style="list-style-type: none"> <li>Friday - Sandplay - Beyond Words</li> <li>Saturday - Play Therapy - In Touch Again</li> </ul>	<b>Track 2</b> <ul style="list-style-type: none"> <li>Friday - Play Therapy - In Touch Again</li> <li>Saturday - Sandplay - Beyond Words</li> </ul>
<b>Conference Fees for Two Workshop Days:</b>	<b>Important Dates for Registration:</b>
<ul style="list-style-type: none"> <li>\$150 for students</li> <li>\$175 for HAPT/STH members</li> <li>\$195 for APT/STA members</li> <li>\$250 for non-members</li> <li>\$25 for 10 CE<sup>s</sup>** (IST, APT, NASW) – <i>APT Approved Provider 99-053. DOE Vendor #: 121780.</i></li> </ul> <p><small>** Due to COVID-19 health concerns, this one-time online event has been approved by APT for 10 CONTACT CE Hours</small></p>	<ul style="list-style-type: none"> <li>January 15               <ul style="list-style-type: none"> <li>➤ Priority registration starts for Hawai'i residents</li> </ul> </li> <li>February 1               <ul style="list-style-type: none"> <li>➤ Registration open for anyone worldwide</li> </ul> </li> </ul>

**Please visit [www.hawaiiplaytherapy.net](http://www.hawaiiplaytherapy.net) and [www.sandplaytherapistsofhawaii.org](http://www.sandplaytherapistsofhawaii.org) for more information and to register!**  
**If you have any questions, please send them to: [info@hawaiiplaytherapy.net](mailto:info@hawaiiplaytherapy.net)**

### **Workshop 1:**

## **“Beyond Words: Enhancing Clinical Practice through Sandplay Therapy” with Lorraine Freedle, PhD, ABPdN, CST-T**



#### **Workshop Description:**

In a realm beyond spoken words, Sandplay Therapy provides an enriched sensory, symbolic and relational experience that allows children and adults to safely and effectively address a range of clinical problems. As we shape sand, play freely, tell our story through symbols, and self-reflect in the presence of an attuned therapist multiple brain systems are activated and synchronized. We are able to reach the depths of our problems in our psyche, soul, and nervous system.

This workshop explores the theoretical foundations and practical applications of Jungian Sandplay Therapy in the context of this world crisis and the changing environment of psychotherapy and play therapy practice. The latest advances in research will be presented. Through case studies, demonstration of methods, experiential exercises and a review of the evidence base, participants will explore how Sandplay Therapy can be effectively used to enhance clinical practice.

### **Workshop 2:**

## **“In Touch Again: Repairing Broken Attachment with Play Therapy Strategies” with Ellen H. Saul, MS, LP, CST-T and Nancy Hawkins, PsyD, LP**



#### **Workshop Description:**

Based on the ‘In Touch Again’ approach of Agnes Bayley, multisensory play therapy activities that follow stages of brain development will provide participants with a framework for assessing what may be missing in the path of attachment of their clients across the lifecycle. We’ll explore specific strategies to allow/enable/empower children and adults to repair traumatic experiences or experience missing developmental pieces in the context of relationship.

Participants will learn, through didactic and experiential presentation, how to integrate this work with clients of all ages and different clinical needs in counseling, play therapy, and other approaches. We’ll also reflect on the experience from mindfulness and somatic perspectives. Areas covered in this 5-hour workshop will include the use of transitional objects, reawakening the senses, containment of feelings, and working with historical trauma. This training is appropriate for mental health professionals.