

CAITLIN MEAD

Instructor



Caitlin Mead began her dance training at the age of two in the Conejo Valley and has trained and competed over the years at an advanced level in various styles of dance including Ballet, Jazz, Tap, Contemporary, Modern, and Hip-Hop. Caitlin competed for several years at industry dance conventions and competitions and received numerous awards and scholarships for her solos, duets, and group performances. Caitlin has attended summer dance programs with American Ballet Theatre, Boston Ballet, Peridance Capezio Center, and was invited by ABT to join their Junior Associate program. Caitlin was a Captain of the Westlake High School Dance Team and enjoyed performing at games as well as competing at USA and WCE dance competitions and industry dance conventions.

In 2021, Caitlin graduated Magna Cum Laude from Chapman University with a Bachelor of Fine Arts in Dance Performance and a minor in Entrepreneurship, receiving departmental honors. While at Chapman, Caitlin had the opportunity to work closely with faculty members including Alicia Guy, Jackie Sleight, Will Johnston, Wilson Mendieta, Steven Sofia, Jenny Backhaus, Larry Rosenberg, Liz Curtis, and Sean Greene. During her time at Chapman, she choreographed pieces for and performed in Works in Progress, Concert Intime, Mainstage Concert, and produced several dance in film projects. Caitlin was a four-year member of the Chapman Dance Alliance and performed in their annual shows from 2017 to 2021. Caitlin was also featured in the Broadway-style production Chapman Celebrates in 2018 and 2019. Caitlin has worked with outside artists such as Melinda Sullivan, Natalie Reid, Nicole Harlan, and Julie Magneville.

Caitlin is excited to be teaching at Aspire Dance Studio and to be back in the Conejo Valley where her love for dance began. Caitlin's teaching focuses on providing students with a strong technical foundation while also striving to share her love of creativity, expression, and passion for dance with others.