








Belgrade Senior Center – September 2019 Menu

Meals are served at noon, 12 pm, Suggested donation for 60+ years young are \$4.00 and for those under 60 years is \$6.00

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 CLOSED LABOR DAY	3 Salad Sloppy Joes Chips Vegetables Dessert	4 Salad Chicken Strips Tator Tots Vegetables Dessert	5 Salad Swedish Meatballs Rice Vegetables Dessert	6 Salad Turkey Mashed Potatoes Vegetables Dessert	7 
8	9 Salad Hamburger Gravy Mashed Potatoes Vegetables Dessert	10 Salad Pizza Dessert	11 Salad Spaghetti Vegetables Dessert	12 Salad Chicken Enchiladas Rice Vegetables Dessert	13 Salad Roast Beef Mashed Potatoes Vegetables Dessert	14
15 	16 Chicken Caesar Salad Dinner roll Dessert	17 Salad Pork Chow Mein Egg Rolls Vegetables Dessert	18 Birthday Celebration Salad Meatloaf Potatoes Vegetables Dessert	19 Salad Tuna & Noodles Vegetables Dessert	20 Around The World Mexico Chill Rellenos Casserole Pork Carnitas Tacos Refried Beans Budin de Pan (Mexican Bread Pudding)	21 
22	23 Salad Chicken & Rice Casserole Vegetables Dessert	24 Sea Food Po Boys Sweet Potato Fries Vegetables Dessert	25 Salad Ham & Cheese Quiche Hash Browns Vegetables Dessert	26 Breakfast Club Salad Bacon Mac & Cheese Vegetable Dessert	27 Salad Chicken Fried Steak Potatoes Vegetables Dessert	28
29 	30 Salad Pork Chops Potatoes Vegetables Dessert					

BE SURE TO CALL BEFORE 10:30 AM TO SIGN UP FOR LUNCH