

The Cowgirl

32 Count / Beginner Dance
Music: Ex's in Texas

Struts Forward

1-4 Walk forward right heel, toe, left heel, toe
5-8 Repeat 1-4

Stomps

9-10 Stomp right foot two times

Struts Back

11-14 Walk back right toe, heel, left toe, heel
15-18 Repeat 11-14

Stomps

19-20 Stomp right foot two times

Vine Right with Scuff, Vine Left with Turn & Scuff

21-24 Step right, left behind right, step right, scuff left foot
25-28 Step left, right behind left, step left turning ¼ left, scuff
right foot

Hip Bumps

29-32 Bump right hip to right two times, Bump left hip to left two
times (shift weight to right foot then left with bumps)

Repeat