

**Louisville Zen Center**  
**Registration Form for Introduction to Zen Meditation Workshop**  
**with Sensei Amala Wrightson**  
**Saturday, October 12, 1:30 – 5:30 p.m., Unity of Louisville, 757 S. Brook Street**

To register for the Introduction to Zen Meditation and help the workshop leader get to know you better, please respond to the questions below. Mail payment (made payable to Louisville Zen Center) and reservation form to Louisville Zen Center, P.O. Box 17532, Louisville, Kentucky 40217 or e-mail to [louisvillezen@gmail.com](mailto:louisvillezen@gmail.com). Payment is \$25 (\$20 for members, seniors, and students with ID). Scholarships available.

Space is limited. Assume you are accepted unless you hear to the contrary. If you need to cancel please let us know as soon as possible.

For the workshop, wear loose, comfortable clothing suitable for sitting on the floor. Please do not wear a top that bunches at the neck, such as a hooded sweatshirt, or one that leaves the shoulders near the neck bare. You may bring your own meditation equipment if you wish, but mats, cushions, and chairs will be available.

- 
1. What is your full name, address, and telephone number?
  
  2. What is the best e-mail address for you to receive updates about the workshop?
  
  3. What is your age?
  
  4. What is your occupation?
  
  5. Do you practice meditation? If so, what tradition of meditation (i.e. Zen, Vipassana, Tibetan, Theravadan, Christian, etc.)?
  
  6. For meditation, do you need to sit in a chair full time or part time or don't know?
  
  7. How did you find out about this workshop?
  
  
  8. Do you have any special needs we should be aware of?