

# *Inpatient Therapy*



**Lone Star**  
Behavioral Health

*Improving The Lives  
of Those Who Come  
Seeking Help.*



Lone Star Behavioral Health in Cypress, TX is a 24-bed in-patient adult psychiatric facility located in a quiet, rural setting. Our staff is known for its professionalism, wisdom and compassion. Lone Star's team includes Board Certified Psychiatrists, Physicians, Registered Nurses and Licensed Therapists.

Upon referral to our hospital, you may expect an in-depth assessment to determine your needs. We welcome you into the hospital through a process designed to gather information and develop an appropriate treatment plan. Your day will include medication monitoring by the psychiatrist and nursing staff, group therapy, individual therapy, meals and recreational activities. We begin your discharge planning immediately because your long-term recovery depends upon consistent aftercare activities. Upon your discharge, we offer referrals for outpatient counseling and social services.

## *Available Services:*

- ✓ 24 Hour In-Person Evaluation
- ✓ Board-Certified Psychiatric Evaluation
- ✓ Medication Management
- ✓ Nursing Services
- ✓ Psychiatric Therapy
- ✓ 24-Hour Hotline: 281-516-6200

## *Various Therapies:*

- ✓ Cognitive Behavioral
- ✓ EAP (Equine Assisted Psychotherapy)
- ✓ Chemical Dependency
- ✓ Medication Education
- ✓ Recreational
- ✓ Spiritual Sensitivity

16303 Grant Road • Cypress, TX 77429 • 281-516-6200  
[www.LonestarBehavioralHealth.com](http://www.LonestarBehavioralHealth.com) • [medical@lsbhealth.com](mailto:medical@lsbhealth.com)