Essex Corinthian Yacht Club

August 2015 Issue



THE ESSEX CORINTHIAN YACHT CLUD

OFFSHORE & WATERFRONT

Upcoming Off-Shore Events

Our next racing event is the **Third Friendly RTB Race** will be held on August 16th and is hosted by ECYC and EYC combined . These are great days on the water and fun evenings at the after party. If you need to register your boat go to the Racing page of our website to download the application.



Following the **Essex Rum Challenge** that was held on July 25th - this year with wind! - the **2015 Leukemia Cup**, on August 29th, a collaboration between Duck Island, North Cove and Essex Corinthian Yachts Clubs, is the next in the series of regattas ECYC is involved in.

Of course, we are gearing up for the **3rd Annual Cross Sound Challenge** on September 26th. It is a great regatta and we will be using Yachtscoring.com this year for boat entry and race time administration. Please stay tuned for more details or go to our website and click on the "Racing" tab.

On Sunday, September 13th, we will make another attempt at a **Hamburg Cove Raft-Up.** As you know, our spring plans were cancelled by inclement weather. We hope that the weather gods will smile upon us this fall! More information will be provided as we get closer!

New Dinghy Dock:

You may have noticed that we now have a great new dinghy dock! Thanks to Doug Domenie and the Brewer organization we have this private area at our disposal. Please contact me for usage conditions.

Have a GREAT August and I hope to see you on the water!

Steve Rodstrom

Vice Commodore Email: <u>vicecommodore@essexcorinthian.org</u>



2015 Summer Cruise Highlights

IMPORTANT DATES:

- August 11th: Ladies on Deck
- August 12th: Wednesday Night Music: Jason Jenkins
- August 16th: Third "Friendly" RTB Race
- August 25th: BOG Meeting
- August 28th: Leukemia Cup Pre-Party & Skippers Meeting at NCYC
- August 29th: Leukemia Cup Regatta in cooperation w. DIYC & NCYC
- September 6th: Corinthian Clam Fest
- September 12th: Inter-Club Ideal 18 Regatta
- September 13th: Hamburg Cove Fall Raft-Up
- September 22nd: BOG Meeting
- September 26th: 3rd Annual Cross Sound Challenge

Refer to our event calendar on our website at <u>www.essexcorinthian.org</u> for event details!

VIEW FROM THE BRIDGE



Dear Friends!

With heavy heart we must, once again, begin this edition of Bell 8 with some sad news. Earlier this month, we lost our dear friend William (Bill) Lowe to a tragic automobile accident. The Club Burgee was immediately lowered to half-staff in his honor. We are all heartbroken for Yolanda and will keep her close in our thoughts and pravers.

Earlier this year, we reported the passing of Spencer Evans, a founder and Commodore #2. We are so grateful for Dennis Walker, also a founder and Commodore #4, and Sally who traveled to Maine this month to be a part of a memorial service.



Bill Lowe

traveled to Maine this month to be a part of a memorial service and represent the Essex Corinthian Yacht Club.



ECYC boats have made numerous port calls this summer.

Eight ECYC crews aboard Oasis, Free Spirit, Ragamuffin, Tartuca, Tesoro, Arran, Genesis, and Snow Goose rendezvoused in Three Mile Harbor for the annual Great Bonac fireworks show on Saturday, July 18th. On Sunday morning, a group of Corinthians visited the Devon Yacht Club for its famous Sunday brunch

3-Mile Harbor Fireworks

arranged through a letter of introduction from Jean Little, our club manager to their club manager.



Subsequent destinations included Coecles Harbor and a visit to the Rams Head Inn, Dering Harbor and the Shelter Island Yacht Club, Montauk, Block Island where we found the club's relocated oar at The Oar, Cuttyhunk, Stonington (good reviews on the new Breakwater Restaurant

Brunch at Devon YC

formerly known as the Skipper's Dock), and West Harbor on Fishers Island. We were very happy our new club manager, Jean Little, sailed her boat solo to join us at 3 Mile and Coecles.

Let us know your "one particular harbor" you visited this summer.

Terry Stewart Immediate Past Commodore



Our oar at "The Oar'

Race Committee Update:

THE ECYC RACING SEASON IS IN FULL SWING!

AUGUST

ECYC has been cooperating with Duck Island and North Cove Yacht Clubs to bring you the **2015 Leukemia Cup Regatta**. The pre-race party and charity auction/skippers meeting will be held at North Cove Yacht Club on Friday, August 28th. The Leukemia Cup Regatta (PHRF) will be held on Saturday, August 29th on Long Island Sound, followed by a post-race party at Brewer's Pilots Point Marina in Westbrook.

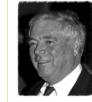
Ruth Emblin, our Rear Commodore, is co-chair for the regatta and is spearheading the fundraiser as well as campaigning her boat in the regatta as a representative of ECYC. Please contact Ruth at **rearcommodore@esexcorinthian.org** for more details on how to contribute to the campaign, click on **Tartuca's Fundraising Page**, or go to the Leukemia Cup website at www.leukemiacup.org/ct to register your boat!

Let's work together to support this fundraiser regatta - and to keep the Leukemia Cup trophy at ECYC!

SEPTEMBER

Mark your calendars for the **Third Annual ECYC CROSS SOUND CHALLENGE**. Save the Date Invitations have been sent to all 2014 participants. The 2015 field will be limited to 50 boats. The Notice of Race is posted at: <u>www.essexcorinthian.org/ecyc-cross-soundchallenge.html</u>.

The date is Saturday, September 26th.



Spencer Evans September ;-).

The **2015 Summer Cruise** made stops in 3 Mile, Coecles, Deering and Sag Harbors, as well as Devon YC in the Gardiner's Bay area, and proceeded generally east to visit Montauk Pond, West Harbor, Stonington, Watch Hill, Block Island, Newport and Cuttyhunk (and perhaps a few other anchorages that Tesoro did not visit). The informal itinerary made it po ssible for some folks to stay with the cruise only for the first weekend, while others continued on for a week and some for two weeks of fantastic weather and great cruising. Kicking off the cruise at the 3 Mile Harbor fireworks show, Valerie Votto and Gary Sharpe hosted an exceptional cocktail party aboard Oasis. Toward the end of the first week, the Stewarts and Emblins returned to the Essex area to



compete in EYC's the Rum Challenge and the Brewers continued a little further east.



Special Congratulations to Harry Bird and the crew of Blue Bird are in order, for their fantastic finish in the 2015 Marblehead to Halifax Race! Harry was 2nd in the PHC-1 Class, with a corrected elapsed time of just over 66 1/2 hours. Our club is so fortunate to be represented at this world class event by such an accomplished skipper and crew! In other racing events in July, our members dominated the podium at the Ideal 18 Rum Challenge and fared extremely well in the PHRF Rum Challenge as well. Congratulations to all of our members who represent ECYC in these competitive events!

July went past "like a scalded dog!" (reference the great Lefty Kreh and my hard

core fly fishing past). Club members started with the boat parade and picnic on the

4th and kept right on going with Wednesday night jazz, regatta racing, Bastille Day

fireworks in 3 Mile Harbor and the ECYC Summer Cruise taking us all the way to

the first of August. Phew. I'm glad to be back at work so I can rest up for

On Shore Events:

Please be sure to take advantage of this year's Wednesday Night Music program, featuring the Essex Corinthian Jazz Band, plus a variety of new talent on alternate weeks. Visit the ECYC website, events page to review the calendar and the musical talent. Labor Day Weekend is just around the corner and Cheryl Arndt and the Entertainment Committee has planned the **"Corinthian Clam Fest"** to celebrate the end of summer. Reservations will be required for this fabulous event, so be sure to sign up early.

On Water Events:

The final **ECYC/EYC Round the Buoys Friendly** regatta will be held Sunday, August 16th andthe Leukemia Cup is scheduled for August 29th. ECYC's premier on water event, the **Cross Sound Challenge** will be raced on September 26th. Please see the Offshore Report for more details.

Ideal 18 and Dingy Docking improvements are now complete. With thanks to Steve Rodstrom's ongoing collaboration with Doug Domenie at Brewer's, we now have a new and improved dock (with cleats!!). Starting



next season, we will implement administrative changes that will further improve club members' access to the dingy dock. Stay tuned for the roll-out of this plan during the winter months.

Goal Setting with our Galley Partners, CCC:

This mid-summer, the galley has worked hard to meet the 30 minute delivery time goal we set for dinner orders. Great progress has been made on this objective through a streamlining of the menu and operations behind the counter. Many thanks to Monique, Ed and the CCC Team, as well as to our dedicated Galley Liaison, Hollis Barry for their continued efforts to improve the dining experience at the club! Please feel free to offer your constructive criticism to galleyliaison@essexcorinthian.org, or to me personally. Your honest feedback is most appreciated.

Service to the Club and Club Governance:

At this time of year, the Bridge and nominating committee are hard at work identifying the future cohort of leadership for our great little yacht club. In December, we will have expiring board member terms that will need to be filled and we'll need new volunteers for committee chairs and assistants. If you have an interest in serving your Club, please contact me, any member of the Bridge, or Terry Stewart (Nominating Committee Chair). We'd like to hear from you!

Cheers,

Tim Brewer Commodore



The registration for Cross Sound Challenge (XSC for short) has now started. This is not a race to miss, neither is the post-race party to be held at Brewer Essex Island!

If you have a business and wish to become a Cross Sound Challenge Sponsor, please contact me and I will provide you with details or go to our website to download a sponsorship form!

Boats may now register directly via Yachtscoring.com, a system for boat entry and race timing administration. Please go to www.yachtscoring.com/emenu.cfm?elD=1486 to register your PHRF-rated boat.

Priscilla Robinson Race Committee Chair & The ECYC 2015 Race Committee Email: racechair@essexcorinthian.org

ON-SHORE & HOUSE

You may have noticed that our deck is looking a little peculiar at the moment. Well, our house committee is hard at work to add some new life to the decks and railings. Please volunteer to help if you can, it is a huge job, and any extra hand is welcome!

Our music program is in full swing, and more great new acts, as well as old favorites, are beckoning! Next Wednesday night we will enjoy a repeat performance of master guitarist Jason Jenkins, together with percussionist Idalberto Perdomo. Since his last performance drew a very large crowd, we would like to ask you to provide an advance headcount to our galley to ensure they can plan their food service accordingly. Please email Monique at monique@coastalcookingcompany.com to let her know you are planning to attend! And check out the Wednesday night music program, accessible

via our Event page on our website, to find out who is playing next

Our third "Ladies On Deck" get-together will be held on Tuesday, August 11th. Come, grab your favorite cocktail, bring an appetizer to share and enjoy! Bring a friend! We will also open the Ship's Store on Tuesday night, as there are some new items available of particular interest to the ECYC ladies!

Save the date for our Labor Day Weekend "Corinthian Clam Fest" on Sunday, September 6th! Details will be shared soon, but make sure you pencil the date into your calendar!

The planning for the 3rd Annual Cross Sound Challenge is in full swing, and we are looking forward to a great event on September 26th. The regatta promises to be better than ever, and we are pleased to announce that this year's post-race party will be held at Brewer Essex Island! More information on the race, party, available sponsoring opportunities, t-shirts sales and more, is available on our website at

www.essexcorinthian.org/ecyc-cross-sound-challenge.html

J oin a committee, whether on- or off-shore, we need you! If you have suggestions or comments, please feel free to contact me or any of our board members to share. ECYC lives and breathes with the help of our membership.



See you all soon at the best vacht club in Essex!



Did You Know?

Sunday Dinners

run through the end of August, so take advantage of those balmy August nights to end your weekend with a delicious dinner on the ECYC deck!

We want your feedback about our galley activities. Please let us know what you think!

Email Hollis at galleyliaison@essexcorinthian.org

Summer Galley Hours:

Lunch:

Wednesday, Thursday, Friday and Saturday (self-service) 11.30 am to 2.00 pm

Dinner: Wednesday (self-service), Friday (table service) Sunday (self-service) 6.00 pm to 8.30 pm

Brunch:

Sunday (self-service) 11.00 am to 2.00 pm - special brunch hours on selected holidays!



Galley News

The menus offered Friday and Wednesday nights have been streamlined in an effort to reduce wait times between when orders are placed and the food is delivered to the table. CCC's turnaround performance goal is as close to 30 minutes as possible.

When we have special music events planned for this summer that have the potential to draw a larger audience we will need to plan for the event in advance to allow the galley to serve everyone better. On those nights, Coastal Cooking will offer a simplified menu as well as ask for you to RSVP your intention to attend (but it should not be construed as a reservation since, as has been our long tradition, table seating will remain first come, first served.) An RSVP helps Ed and Monique anticipate a larger crowd, and a streamlined menu helps assure that food orders are fulfilled in a timely manner. Coastal Cooking is known for its delicious fare and this will continue to be their hallmark.

Just as a reminder, please be sure when filling out your dinner order to underline your appetizers and to include your table number. This will help the staff greatly in locating you at your table and delivering your dinner to you. Another helpful tip to reduce wait times is to turn your order tickets in as soon as possible.

We would like to thank Ed, Monique and their team for all their efforts!

Remember, we publish updated menus via e-blasts and on our website. Check back often to see what is new: www.essexcorinthian.org/dining.html

Looking forward to seeing you at the club!

FEEDBACK

We want to know what you think about our galley!



House Committee Update:

If have not noticed yet, there is an additional, brand new picnic table on the lower deck. The table will provide much needed expanded outdoor seating for all to use during special events. This was only made possible due to the direct efforts and subsidy to offset costs by George Van Drasek. The entire club owes George a huge thank you for his generosity and initiative to pursue to conclusion. THANK YOU George!

The outdoor grill, pillars, and trim of the front deck were scraped, sanded, primed, and painted by the work crew of Bill Robbins, George Van Drasek, Terry Stewart, and myself. The original work day was rained out, the 4 of us showed the following week to get to completing the prime coat. George followed-up the next couple days to complete the finish coat by himself. Another outstanding effort by George, thank you again!



The decking on the front remains to be scraped and sanded to prepare for applying the same solid color stain. The rear deck & railing is in dire need of resurfacing. The activity to complete necessary steps will be a rolling effort to take place on Mondays & Tuesdays until complete. The first session was delayed a week to July 20. Work crew for the kick-off

included Myron Stacks, Lee Ellison, John MacArthur, Ed Birch, Andy Roussel, Bill Robbins and myself. Next day had Ed Birch, Peg & Arnie Chester to keep progress going. Work is continuing on Mondays & Tuesdays, focus on the front deck and rear deck railing. Scrapers, tarp, vacuums, and extension cord are in the locker room area for anyone able to give a couple hours to help the effort along. Set up & clean-up is tedious, the tarp is best used to cover the Brewer's dock to minimize chips and assist with their removal. Brewer's requested removal of all paint chips from their dock. A leaf blower was made available by Brewer's (located in Cy's office) which proved effective to move chips to a location for ease of pick-up. A broom and dust pan is also available in the locker room.

Once scraping & finish sanding is complete on the railing, a primer coat will be applied, followed by 2 top coats. All primer and paint is on premise in the river room galley area. There is an incredible amount of surface area, the more hands the more likely will complete. No one knows better than me the unenviable task this will be to complete, but complete we must. Please come down on any of the Mondays or Tuesdays to help edge toward completion. I will not be there each day, members are asked to independently assist through completion.

Chuck Grusse House Chair Email: house@essexcorinthian.org

Entertainment Committee Update:

We enjoyed a great **4th of July Boat Parade and Party.** All thanks go to you, the members, who pitched in and made this a true family affair.

We have been enjoying our **Wednesday Night Music Program**, and remind you all that on August 12th our Spanish Guitarist Jason and his percussionist Perdomo will be back to entertain us. Last time we had a fabulous turnout so I am hoping we'll have a similar crowd this time. If you haven't heard these very different classical musicians, this is your opportunity. Before you know it the summer will be gone and winter will be chasing us. Many of our musicians have been playing out on our deck this summer so come and enjoy the wonderful atmosphere with a great view and delicious food. Go to our website and take a look at what performance is next:

2016 ECYC Board of Governors Call for Nominations.



A terrific way to expand your ECYC experience and make new friends is serving on the Board of Governors. This is the time of year the Nominating Committee seeks candidates to lead the club into the future across our broad range of on and off shore activities.

To learn more, please contact members of the Nominating Committee (Past Commodore Terry Stewart [chair], Membership Chair Val Votto, and past BOG member Jane Pfeffer).

OFFSHORE REGATTA NEWS: Bluebird Races Into Second Place in Halifax Race!

We are pleased and proud to report Harry Bird and the crew of Bluebird took second in class (cruising non spinnaker) in this year's Marblehead to Halifax race. Joined by fellow Corinthian's Dick Hoxley and Ed Remillard (with Ed acting as the other watch captain) Bluebird finished the 363 mile race in just under three days beating perennial rival Ticonderoga from the Riverside Yacht Club by four hours on corrected time.

The race included the traditional challenges involving fluky winds, fog, and currents in the Gulf of Maine.

In addition to placing in the race for the third consecutive time, another sailing feat Harry accomplished was sailing Bluebird back from Halifax to include a solo 40-hour crossing of the Gulf of Maine where he met up with his favorite first mate Goody in Southwest Harbor, Maine for the return trip to Essex.

A major Corinthian salute to Harry and his crew! Well done!



Ship's Store:

The Ship's Store will be open during "Ladies on Deck" on Tuesday, August 11th, and during Friday night dinner, August 14th.

If you would like to purchase ECYC merchandise please see Jean Brewer!

Jean Brewer Ship's Store Manager



Did You Know?

DINGHY & KAYAK RACK:

The rack is reserved for ECYC members. If you are storing your dinghy or kayak there and have not picked up a sticker, please do so Unstickered vessels may be removed at the owner's expense.





NEW ART EXHIBITION:

Thanks to curator Susan Malan, get ready for a new Essex Art Association exhibition at ECYC, to be hung on August 16th and 17th!

WEBSITE:

All of our events and announcements, as well as archive copies of the Bell 8 Newsletter are available online at our website, www.essexcorinthian.org!

www.essexcorinthian.org/ecyc-music-program.html

We are now working on our Cross Sound Challenge Regatta and Post-Ra ce Party on September 26th and our Labor Day Weekend "Corinthian Clam Fest". Details will



Ladies:

follow soon.

Don't forget about Ladies on Deck on Tuesday, August 11th. An evening on our deck, with snacks and beverages, recipe swaps, and friends..old and new.. All are welcome!

How can I make this club more fun for you? Ideas? Suggestions? Send them to me, please. As we evolve as a club, our dynamics change and so must we, so I am grateful for all input.

Remember, our events are listed online at our website, just go to <u>www.essexcorinthian.org</u> ... and click on "Events"!

If you have any questions or suggestions, please call me at 860 227-1363 or email me at events@essexcorinthian.org.

Cheryl Arndt Entertainment Chair Email: events@essexcorinthian.org

Membership Update:

ECYC has started the summer on an up note by being able to welcome back some former members as well as welcoming some new members.

As for new members, Yolanda and the late Bill Lowe introduced ECYC to **Greig Todd and Russell Pagliughi** at the May impromptu recruitment reception. Since then they have been regulars at the Club and gave us their application for membership on July 4, 2015 after participating in the boat parade aboard Osprey. Greig and Russell were sponsored by Steve Rodstrom and Ellen Smoller. They said that they joined the Club to make new friends. Lifelong boaters, they are members of the Newport Harbor Yacht Club.

Susan and John Abbot also join us as new members. At the June 26, 2015 new member reception they were introduced as potential new members and joined us shortly thereafter. The Abbots are New York residents who spend their weekends in Deep River. John, who attended the US Naval Academy, grew up sailing small boats in Mobile Bay, Alabama. The Abbots are members of Pettipaug Yacht Club and are looking forward to becoming more involved with the sailing community in Essex.

We also have some familiar faces returning to ECYC. The Club gets to welcome back **Laura Walker** and **Eric Glidden** who return to ECYC after residing out of state. Similarly, **Diana Harbison** has also rejoined us. In addition, **Dr. Ruth Levy**, Superintendent of Regional School District #4 is once again an ECYC member.

Please welcome and introduce yourselves to the new and reinstated members. Include them in our activities and demonstrate what true Corinthian spirit really means.

Invite your friends to come to the Club to experience this truly special place, and all it has to offer - an unparalleled view of the river, activities for boaters and non-boaters alike, superlative galley service and an environment of good fellowship.

Val Votto Membership Chair Email: <u>membership@essexcorinthian.org</u>

IMPORTANT REMINDER:

Please remember that with the chance of domain to <u>www.essexcorinthian.org</u> over a year ago, t he general office email address was changed to <u>ecyc@essexcorinthian.org</u>.

We noticed that some of you are still using the old email address, which will no longer work. Please make a note of it, if you have not already done so.

Strategic Planning Update:

Planning and design continue. We will update you as we go along. Feel free to contact me if you have any questions or suggestions.

Richard Pierce Strategic Planning Chair

Email: strategy@essexcorinthian.org





Green Tip of the Month:

Don't Let Your Sunscreen Hurt The Environment

For boaters who are always out on the water sunscreen is a must. But sometimes even the most innocent-looking product can actually be harmful for the environment.

You might be fishing in shorts and a tank top as UV light ricochets off the clear water onto your tender flesh. Or you are sailing in a stiff breeze with clouds in the sky and it doesn't really feel that hot out there, so you decided you didn't really need to apply much sunscreen or even none at all. Maybe you were out in your garden and took off your shirt just for a few minutes. And later you realize that you got pretty burned. Of course, the best way to avoid sunburn is to stay out of sun altogether, but it is summer, we love being outdoors, we love being near or on the water, and hiding from the sun is just not always an option.

So we grab the next tube of sunscreen we can get our hands on and slather it on. Problem solved? Not for the environment, actually. Some sunscreens contain chemicals that can be harmful when they wash off into rivers and oceans, they can be absorbed by fish and have been reported as agents in coral bleaching.

To protect yourself AND the environment, look for sunscreens that are chemical-free, protect both against skin-cancer-causing UVA and sunburn-causing UVB rays. They should contain zinc instead of harmful ingredients, and by the way, zinc makes these lotions extra creamy, thus they feel great on your skin. Don't think that you are impervious to UVA (the skin-cancer-causing rays) just because you are one of the lucky ones who don't burn easily... Be smart about your health and use sunscreen to protect yourself!

No matter what kind of sunscreen you buy, the Skin Cancer Foundation asks you to remember these basics when picking your product:

- Look for sunscreen that has at least SPF 15 and at most SPF 50
- Reapply every two hours and after swimming or heavy sweating
- Make sure it offers 'Broad Spectrum' protection, which shields against UVA and UVB rays
- Choose lotions over spray for more consistent coverage

And while you're at it, look for the "bunny" emblem on the packaging that denotes an animalfriendly (not tested on animals) product, too!

Here is a link to some of the best eco-friendly sunscreens: http://health.infoniac.com/top-ten-safest-eco-friendly-sunscreens.html

Hope to see you at the club or out on the water soon - nicely tanned but not sunburned!

Ruth Emblin

Rear Commodore & Fleet Communicator

For general questions on ECYC please refer to our website at <u>www.essexcorinthian.org</u>, email us at ecyc@essexcorinthian.org, or snail-mail to

Essex Corinthian Yacht Club PO Box 759 - Essex, CT 06426 Telephone: (860) 767-3239

Contact Information for individual BoG Members is posted at www.essexcorinthian.org/club-officers.html

Find us on Facebook at: www.facebook.com/EssexCorinthianYachtClub

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