2019 Watford City Wolves Boys' Cross Country

Heen-Ihmels Invite Aug. 24, 2019, 10:30 a.m. Municipal G.C., Williston, N.D.

Team totals (Top 5/5,000 meters)

1. Dickinson, 34; 2. Williston, 48; 3. Minot, 98; 4. Trenton, 101; 5. New Town, 102; 6. Bowman Co., 159; 7. Minot Bishop Ryan, 200; 8. Stepley, 272; 0. Wirks, 162; 200 229; 8. Stanley, 270; 9. Watford City, 306; 10. Max, 325

Individual winner: Brady Yoder, Dickinson, 15:54

Top 10 Finishers1. Brady Yoder, Dickinson, 15:54; 2. Robert White, New Town, 17:13; 3. Fynn Krenz, Williston, 17:14; 4. Aiden Jung, Dickinson, 17:15; 5. Noah Rolfe, Stanley, 17:20; 6. Caleb Hansen, Dickinson, 17:21; 7. Gunnar Alvarado, Williston, 17:57; 8. Brian Miller, Bowman Co., 17:59; 9. Wil Olson, Williston, 18:03; 10. Hunter Gregoire, Dickinson,

Watford City results

38. Evander Long, 20:15; 84. Lane Odenbach, 25:10; 91. Timothy Gaab, 25:55; 93. Joey Dube, 26:13

Notes: Dickinson had four finishers in the top 10 led by Brady Yoder who won the meet...Dickinson, Minot, Watford City and Williston made their season debut...There were 101 varsity runners.

Bowman Co. Invite Aug. 29, 2019, 10 a.m. Sweetwater G.C., Bowmar

Team totals (Top 5/WDA (5,000 meters)
1. Williston, 21; 2. Bowman Co., 54; 3. Daw

son Co., 86; 4. Stanley, 109; Watford City,

Individual winner: Micade Shumway, Williston, 16:37.71

1. Micade Shumway, Williston, 16:37.71; 2. Fynn Krenz, Williston, 16:46.06; 3. Noah Rolfe, Stanley, 16:50.87; 4. Brian Miller, Bowman Co., 17:02.48; 5. Ian Busche, Beulah, 17:05.66; 6. Gunnar Alvarado, Williston, 17:13.44; 7. Wil Olson, Williston, 17:15.27; 8. James Powers, Williston, 17:34.46; 9. Tyrel Ackman, Williston, 17:37.12; 10. Gavin Jorgenson, Williston,

Watford City results

29. Evander Long, 20:21.17; 46. Tajah Francis, 22:26.48; 52. Lane Odenbach, 23:39.92; 53. Timothy Gaab, 25:31.44 Notes: Williston won the meet...Williston

had six runners place in the top 10...Watford City also competed

Anderson-Stavn Invite Sept. 14, 1 p.m. McDowell Dam, East of Bismarck, N.D.

Team totals (5.000 meters)

1. Century, 66; 2. Williston, 100; 3. GF Red River, 116; 4. Bismarck High , 120; 5. Dickin-son, 140; 6. WF Sheyenne, 152; 7. Legacy, 164; 8. Minot, 201; 9. New Town, 253; 10. GF Central, 259; 11. West Fargo, 412; 12. Richey-Lambert, 430; 13. Hillsboro-CV, 432; 14. Beulah, 497; 15. Minot Bishop Ryan, 500; 16. Killdeer, 519; 17. Watford City 544: 18. Mandan, 572; 19. Southern McLean, 577; 20. Max, 587; 21. Solen, 634; 22. Stanley, 647; 23. Medina-P-B, 672; 24. New England, 674: 24, Shiloh Christian, 677: 26, Standing Rock, 681 Individual winner: Brady Yoder, Dickinson,

Top 10 Finishers

1. Brady Yoder, Dickinson, 15:33.15; 2. Sean Korsmo, BHS, 16:11.11; 3. Jacob Knodle, WF Shevenne, 16:20,19: 4, Robert White, New Town, 16:31.60; 5. Micade Shumway, Williston, 16:33.43; 6. Austin Wald, Century, 16:38.81: 7. Mason Kindel, Century. 16:42,24: 8. Griffin House, Century 16:44.64; 9. Chase Fossum, Hillsboro-CV, 16:45.78; 10. Aiden Jung, Dickinson,

Watford City results

Vatrora City results 78. Tanner Edwards, 19:27.57; 94. Evander Long, 20:10.81; 102. Tajah Francis, 20:42.84; 128. Brandon Edwards, 22:50.72; 142. Lane Odenbach, 24:34.46; 149. Joey Dube, 27:06.21 Notes: There were 153 runners in the var-

sity race...Century won the team title and had three finishers in the top 10...Eight WDA teams took part...Dickinson's Brady Yoder was the individual

champion...Weather conditions were sunny

Beulah-Hazen Invite Sept. 24, 11 a.m. Black Sands G.C.. Beulah

Team totals (Top 5/WDA, 5,000 meters) 1. Legacy, 33; 2. Bowman Co., 67; 3. Century, 120; 4. Beulah, 171; 5. Burke Central, 182; 6. Mandan, 196; 12. Watford City, 282 Individual winner: John Ness, Legacy, 16:57

42. Tanner Edwards, 19:55; 51. Evander Long. 20:19: 74. Tajah Francis. 21:21: 95. Parker Schuster, 22:32; 106. Brandon Edwards, 22:59; 121. Lane Odenbach, 24:17; 132. Joey Dube, 26:16; 134. Brennan Scog-

gins, 28:07
Notes: There was 139 varsity
runners...Legacy won the meet...Three WDA teams compete (Legacy, Mandan, Watford City)

Rugby Booster Invite

Rugby Golf Course, Rugby

Team totals (Top 5/WDA, 5,000 meters) 1. Williston, 28; 2. New Town, 97; 3. Griggs Co. Centrla, 153; 4. Rugby, 173; 5. Burke Co. Central-Kenmare, 211; 11. Watford City,

Individual winner: Hayley Ogle, Watford City, 18:52.99

Top 10 Finishers

1. Robert White, New Town, 16:04.49; 2. Fynn Krenz, Willisotn, 16:29.16; 3. Wil Olson, Williston, 16:31.47; 4. Noah Rolfe, Stanley, 16:33.29; 5. Gunnar Alvarado, Williston, 16:34.03; 6. Owen Duttenhefer, Killdeer, 17:14.04; 7. Jace Anderson, Killdeer, 17:24.12; 8. Ethan Moe, 17:26.17; 9. Addison Red Fox, New Town, 17:28.98; 10. James Powers, Williston, 17:31.90

Watford City results
36. Evander Long, 18:49.90; 37. Tanner Edwards, 18:51.07; 63. Tajah Francis, 20:16.52: 84. Parker Schuster. 21:37.28: 87. Brandon Edwards, 21:46.43; 90. Gideon Campbell, 21:50.16; 100. Lane Odenbach, 22:40.28; 105. Brennan Scoggins, 23:17.56; 109. Joey Dube, 23:46.85; 112. Timothy Gaab, 24:06.64

Notes: There was 123 varsity runners...Williston won the meet and had five runners in the top 10...Two WDA teams compete (Watford City, Williston)

Souris Valley Invite

Oct. 5, 11 a.m. Souris Valley G.C., Minot

Team totals (Top 5/WDA)

(6,000 meters)

1. Century, 53; 2. G.F. Red River, 112; 3.
Jamestown, 118; 4. Bismarck High, 144; 5.
Minot, 172; 6. Legacy, 202; 22. Watford
City, 644; 23. Mandan, 656 Individual winner: Robert White, New Town, 16:07.78

Top 10 Finishers

Haut, Jamestown, 16:11; 3. Ben Anteau, Jamestown, 16:13; 4. Hunter McHenry, GF Red River, 16:23; 5. Chase Fossum, Hillsboro-CV, 16:27; 6. Mason Kindel, Century, 16:32; 7. Griffin House, 16:38; 8. Brian Miller, Bowman Co., 16:39; 9. Jacob Hendrickson, Thompson, 16:39; 10. Noah Rolfe, Stanley, 16:40

Watford City results

116. Evander Long, 19:16; 122. Tanner Edwards, 19:21; 169. Tajah Francis, 20:28; 190. Lane Odenbach, 21:27; 193. Brandon Edwards, 21:32: 203, Parker Schuster, Notes: Century won the meet...Jamestown's Gavin Haut was run-

ner-up to lead all WDA runners...Six WDA teams took part....There were 245 runners and 30 teams participating.

WDA Championships

Oct. 15, 1 p.m. Heart River G.C., Dickinson, N.D.

Team totals (5,000 meters)

1. Williston, 48; 2. Century, 52; 3. Bismarck High, 107; 4. Dickinson, 114; 5. Jamestown 124; 6. Legacy, 137; 7. Minot, 144; 8. Mandan, 516; 9. Watford City, 527; 10. TMCHS,

ndividual winner: Brady Yoder, Dickinson,

Top 20 (All-WDA)

1. Brady Yoder, Dickinson, 15:40; 2. Sean Korsmo, Bismarck High, 15:49; 3. Gavin Haut, Jamestown, 16:13; 4. Micade Shumway, Williston, 16:14; 5. Fynn Krenz, Williston, 16:15; 6. Ben Anteau, Jamestown, 16:10; 7. Geffin Merse, Control 16:13:28, 8. 16:19; 7. Griffin House, Century, 16:23; 8. Austin Wald, Century, 16:28; 9. Mason Kindel, Century, 16:31; 10. John Ness, Legacy, 16:32; 11. Gunnar Alvarado, Williston. 16:37: 12. Wil Olson, Williston, 16:40: 13. Jacob Ersland, Century, 16:47; 14. Aiden Jung, Dickinson, 16:48; 15. Ethan Bender, Century, 16:50; 16. Leif Larsen, Williston, 16:55; 17. Charlie Koebele, Century, 17:00; 18. Kaiden Meyer, Minot, 17:06; 19. Cole Jensen, Century, 17:09; 20. Micah Penn, Bismarck High, 17:12

Watford City results 72. Evander Long, 18:45.47; 81. Tanner Edwards, 19:06.70: 117. Tajah Francis Variation (17) 17. 143. Lane Odenbach, 21:40.34; 136. Brandon Edwards, 22:03.11; 148. Gideon Campbell, 23:06.57; 149. Joey Dube, 23:19.93; 150. Brennan Scoggins, 23:20.19; 156. Chris Ferry, 28:39.73

Notes: The meet was moved to Dickinson from Jamestown due to snow and wet course conditions there...Williston won its second straight WDA team title and ninth overall...Dickinson's Brady Yoder won his second consecutive WDA title...Seven teams (Bismarck High, Century, Dickinson, Jamestown, Legacy, Minot, Williston) had at least one runner earn all-WDA honors (Top 20)...Century had seven runners finish in the top 20...Williston's Micade Shumway was named W. Region senior athlete of the year...Century's Brad Lies was named W. Re-gion coach of the year...There were 157 runners competing...Temperature at race time was 45 degrees under mostly cloudy

Class A Meet

Oct. 26, 11 a.m Souris Valley G.C., Minot, N.D.

Team totals

1. Century, 51; 2. Williston, 91; 3. Dickinson, 104; 4. Jamestown, 162; 5. Bismarck High, 165; 6. Legacy, 178; 7. GF Red River, 178; 8. Minot, 186; 9. Fargo North, 230; 10. GF Central, 289; 11. WF Sheyenne, 304; 12. West Fargo, 340; 13. Fargo Shanley, 396; 14. Devils Lake, 412; 15. Fargo Davies, 495; 16. Fargo South, 561; 17. Mandan, 627; 18. Valley City, 814; 19. Watford City, 734 Individual winner: Brady Yoder, Dickinson, 15:20.57

Top 20 (All-State)
1. Brady Yoder, Dickinson, 15:20.6; 2. Sean Korsmo, Bismarck High, 15:32.3; 3. Jacob Knodle, WF Sheyenne, 15:42.9; 4. Gavin Haut, Jamestown, 15:43.1; 5. Micade Shumway, Williston, 15:59.7; 6. Fynn Krenz, Williston, 16:05.8; 7. Mason Kindel, Century, 16:08.8; 8. Ben Anteau, Jamestown, 16:09.4; 9. Griffin House, Century, 16:12.2; 10. Ethan Bender, Century, 16:13.1; 11. Hunter McHenry, GF Red River, 16:15.8: 12 Austin Wald, Century, 16:17.0; 13. Jacob Ersland, Century, 16:21.5; 14. Aiden Jung, Dickinson, 16:22.0; 15. Caleb Hanson, Dickinson, 16:23.9; 16. Matthew Rongitsch, GF Red River, 16:26.1; 17. Sam Harmon, Fargo North, 16:29.6; 18. John Ness, Legacy, 16:31.4; 19. Gunnar Alvarado, Williston, 16:38.5; 20. Caeden Johnson, WF Sheyenne, 16:41.4 WDA teams

Century results
7. Mason Kindel, 16:08.73; 9. Griffin House, 16:12.19; 10. Ethan Bender, 16:13.03; 12. Austin Wald, 16:16.95; 13. Jacob Ersland, 16:21.42; 28. Cole Jensen, 16:54.28; 31. Charlie Koebele, 16:57.18; 42. Jacob Francetich, 17:11.21; 49. Iver Phillips, 17:23.85; 58. Luke Gasper, 17:29.29

Viniscon Leading S. Micade Shumway, 15:59.66; 6. Fynn Krenz, 16:05.73; 19. Gunnar Alvarado, 16:38.49; 24. Ethan Moe, 16:51.40; 37. Wil Olson, 17:03.23; 43. Gavin Jorgenson, 17:13.07; 48. James Powers, 17:23.45; 53. Leif Larsen, 17:26.70; 60. Cutter Jones, 17:29.35: 67. Tyrel Ackman, 17:33.86 Dickinson results

Dickinson results

1. Brady Yoder, 15:20.51; 14. Aiden Jung, 16:21.97; 15. Caleb Hanson, 16:23.87; 30. Hunter Gregoire, 16:44.39; 44. Griffin Obrigewitch, 17:15.22; 76. Aj Ash, 17:46.81; 137. Jace Cofer, 18:45.29; 138. Garin Anderson, 18:46.47; 140. Henry Nelson, 18:46.98; 174, Jacob Shilman, 20:43,79

Jamestown results
4. Gavin Haut, 15:43.08; 8. Ben Anteau, 16:09.40; 27. Chandlar Rott, 16:53.67; 61. Cullen Flieth, 17:29.39; 62. Micah Hoke, 17:31.05; 83. Kade Schumacher, 17:51.96; 84. Zeb Willer, 17:51.97; 94. Daniel Ulrich, 17:58.24: 109. Sam Anteau. 18:19.11: 142. Thomas Schmiedeberg, 18:49.54

Thomas Schmiedeberg, 18:49.54 Bismarck High results 2. Sean Korsmo, 15:32.21; 32. Brady Ko-rsmo, 16:57.78; 35. Michael Omwig, 17:01.51; 45. Parker Hintz, 17:19.18; 5. Juan Flores, 17:25.03; 56. Stephen Windsor, 17:27.90: 64. Kaden Renner. 17:31.99: 72. Micah Penn, 17:40.87; 75. Joey Patchen-Mills, 17:45.64; 88. Noah Cowley, 17:53.82

Legacy results 18. John Ness, 16:31.36; 25. Aidan Hasby, 16:52.57; 29. Braden Will, 16:55.04; 36. Drew Rempher, 17:02.50; 70. Luke Morin, 17:36.67; 79. Eric Hasby, 17:50.00; 101. Ivar Martell, 18:09.48; 112. Keaton Goldade, 18:20..14; 119. Derek Shannon, 18:25.26; 123. Dalton Fleckenstein, 18:29.47 Minot results

22. William Walker-Rozo, 16:44.84; 23. Kaiden Meyer, 16:48.02; 34. William Bar-rington, 17:00.48; 38. Grant Schaeffer, 17:05.57; 69. Noah Jacobs, 17:34.80; 71. Oscar Hultz, 17:37.49; 81. Zac Gillett, 17:51.04; 85. Griffin Schaeffer, 17:52.85; 107. Bryce Rose, 18:17.72; 129. Austin Gever, 18:32.47

Mandan results

39. Brayden Johnson, 17:08.93; 135. Justin Hale, 18:39.88; 147. August Fleck, 18:57.27; 152. Terry Brown Otter, 19:03.42; 154. Charles Hale, 19:09.26; 162. Jace Engelstad, 19:47.58; 168. Leif Lahtinen, 20:17.66; 169. Alex Binstock, 20:18.88: 175, Gavin Corley, 21:00.86

Watford City results

102. Evander Long, 18:10.10; 113. Tanner Edwards, 18:20.43; 171. Tajah Francis, 20:35.87; 172. Brandon Edwards, 20:38.80; 176. Lane Odenbach, 21:10.67; 178. Brennan Scoggins, 21:13.88; 180. Timothy Gaab, 21:57.66; 182. Joey Dube, 22:54.51; 183. Chris Ferry, 28:21.73

Notes: Century won its third title in the last four years...The WDA had the top 6 teams (Century, Williston, Dickinson, Jamestown, Bismarck High, Legacy)...A WDA has won the state team title every year since 2004...Dickinson's Brady Yoder won the in-dividual title in a time of 15:20...Yoder is the first Dickinson runner to win the title since Tim Wheeler (1977) Fifteen WDA runners earn all-state honors led by Century which had five...Six WDA teams had at least one all-state runner...Ten WDA teams participated...There were 183 runners...Williston's Micade Shumway was named state senior athlete of the year...Williston coach Shane Wahlstrom was named state coach of the year...Minot hosted the meet for the first