

2019 SUPERHERO TRAINING CAMP



JULY 6 & 7, 2019

ABOUT THE TRAINING

Clinicians will be Ty Pelot and Scott Pelot. Ty who is still training and competing at the Greco Senior level and Director of X-Factor Elite Scott Pelot will show the basic techniques used for years in the program. Other XFE staff and wrestlers will be in attendance, watch as camp gets closer on specifically who. This camp is geared for the wrestler 5-12 years old. The young or beginner wrestler will have an opportunity to learn technique needed to push the young wrestler to the next level.

Limited to 75 wrestlers. Past years this has filled up.

Questions?? Contact Scott Pelot by Email red1october@comcast.net or call 920-901-5000.

Send checks payable to: X-Factor Elite 2302 S. 22nd St., Manitowoc, WI 54220

TRAINING DETAILS

AGES: 5-12 years old

COST: \$75.00

Location: X-Factor, 120 S. Eighth Street, De Pere, WI 54115

Schedule: Saturday, July 6

Check-in (8:30-9:00am)

Session 1 (9:00-10:30am)

Session 2 (10:45am-12:15pm)

Session 3 (1:00-3:00pm)

Sunday, July 7

Session 4 (9:00-10:30am)

Session 5 (10:45am-12:15pm)

Session 6 (1:00-3:00pm)

Name _____ Age _____ DOB _____ Weight _____

Parent(s) names _____

Main phone # _____ Secondary # _____

Address _____

Email address _____ ***required**

School district you attend _____

2018-19 USA Card # _____ Grade Fall 2019 _____

Shirt Size(circle) YM YL AS AM AL AXL