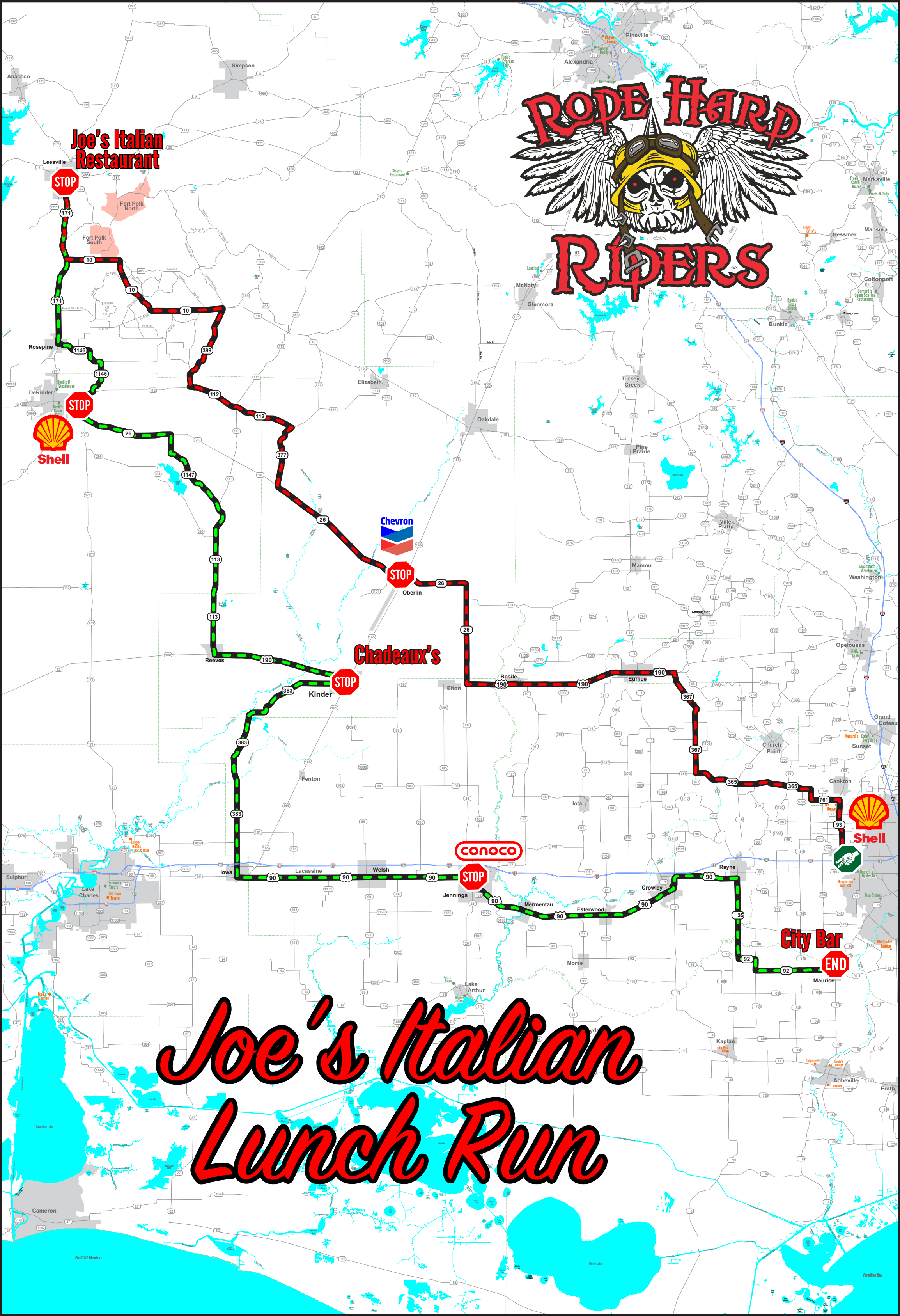




*Joe's Italian
Lunch Run*

Joe's Italian Lunch Run

Dist	Turn	Road	Clock	Total Dist
	Start	at Shell / Grab-N-Geaux 404 LA-93, Scott		
	Go North	on LA-93	8:15 AM	0.00 mi.
in 5.30 miles	Turn left	on to LA-761	8:22 AM	5.30 mi.
in 2.60 miles	Turn right	on to LA-365 / Osage Trail	8:26 AM	7.90 mi.
in 1.00 miles	Turn left	on LA-365 / Mary Alice Dr	8:27 AM	8.90 mi.
in 1.20 miles	Turn left	on LA-365 / Choppys Rd	8:29 AM	10.10 mi.
in 1.20 miles	Turn right	on to LA-95 / Higginbotham Hwy	8:31 AM	11.30 mi.
in 0.03 miles	Turn left	on to LA-365 / Branch Hwy	8:32 AM	11.33 mi.
in 8.60 miles	Turn right	on to LA-367 / White Oak Hwy	8:42 AM	19.93 mi.
in 9.70 miles	Turn left	on to US-190 / Ronald Reagan Hwy	8:53 AM	29.63 mi.
in 19.00 miles	Turn right	on to LA-26 / Carr.de Luisiana 26	9:16 AM	48.63 mi.
in 15.00 miles	STOP	at Chevron (Oberlin)	9:32 AM	63.63 mi.
	Continue West	on LA-26 / Carr.de Luisiana 26	9:52 AM	63.63 mi.
in 14.00 miles	Turn right	on to LA-377	10:08 AM	77.63 mi.
in 5.90 miles	Turn left	on to LA-112	10:15 AM	83.53 mi.
in 9.90 miles	Turn right	on to LA-399	10:25 AM	93.43 mi.
in 8.00 miles	Turn left	on to LA-10 / Pitkin Hwy	10:34 AM	101.43 mi.
in 17.00 miles	Turn right	on to US-171 N / N 5th St	10:52 AM	118.43 mi.
in 6.90 miles	STOP	at Ranch House Café (Leesville)	11:02 AM	125.33 mi.
	Go South	on US-171 N / N 5th St	12:47 PM	125.33 mi.
in 15.00 miles	Turn left	on to LA-1146 / Ikes Rd (Rosepine)	1:05 PM	140.33 mi.
in 7.80 miles	Turn right	on to LA-112	1:14 PM	148.13 mi.
in 1.80 miles	STOP	at Shell	1:16 PM	149.93 mi.
	Go South	on US-171 / US-190	1:36 PM	149.93 mi.
in 1.40 miles	Turn left	on to LA-26 / Carr.de Luisiana 26	1:38 PM	151.33 mi.
in 7.90 miles	Turn right	on to LA-1147	1:46 PM	159.23 mi.
in 9.30 miles	Turn right	on to LA-113	1:57 PM	168.53 mi.
in 13.00 miles	Turn left	on to US-190 / Ronald Reagan Hwy	2:10 PM	181.53 mi.
in 12.00 miles	Turn right	on US-190 (Kinder)	2:23 PM	193.53 mi.
in 0.40 miles	Turn left	on US-190	2:24 PM	193.93 mi.
in 0.03 miles	Turn right	on to US-165	2:25 PM	193.96 mi.
in 0.10 miles	STOP	at Chadeaux (Kinder)	2:26 PM	194.06 mi.
	Continue South	on US-165	2:46 PM	194.06 mi.
in 0.20 miles	Turn right	on to LA-383 / 1st Ave	2:47 PM	194.26 mi.
in 25.00 miles	Turn left	on to US-90 / E 4th (Iowa)	3:16 PM	219.26 mi.
in 21.00 miles	STOP	at Conoco (Jennings)	3:40 PM	240.26 mi.
	Continue East	on US-90	4:00 PM	240.26 mi.
in 0.05 miles	Turn right	on US-90 / N Cutting Ave	4:01 PM	240.31 mi.
in 0.90 miles	Keep left	on US-90 / S Railroad Ave	4:03 PM	241.21 mi.
in 25.00 miles	Turn right	on to LA-35 / Abbeville Hwy (Rayne)	4:35 PM	266.21 mi.
in 7.20 miles	Turn left	on to LA-92	4:43 PM	273.41 mi.
in 1.50 miles	Turn right	on LA-92	4:45 PM	274.91 mi.
in 1.00 miles	Turn left	on LA-92	4:46 PM	275.91 mi.

Joe's Italian Lunch Run

Dist	Turn	Road	Clock	Total Dist
in 7.00 miles	Turn left	on to US-167	4:54 PM	282.91 mi.
in 0.05 miles	END	at City Bar (Maurice)	4:55 PM	282.96 mi.
		TOTAL TIME / DISTANCE	8:40:00	282.96 mi.