

Date	Group Name	Facilitator Name	Member ID	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Comment
9/23/21	Healthy Living	April	Guest	I learned about the importance of hygiene and how good and bad hygiene can effect my health. I liked how informative and nonjudgmental the class was.	I liked everything. Maybe it could be more interactive.	NA	NA	Yes			Agree	Neutral	
9/23/21	Healthy Living	April	Guest	I learned that having good hygiene can help with your mental health.	NA	I would like to learn how to make better health choices.	NA	Yes			Strongly Agree	Agree	
9/23/21	Healthy Living	April	Guest	I learned to be more mindful of my hygiene habits and how they impact the way I treat myself and others.	The subtitle didn't match the audio for the video, but that wasn't the facilitator's fault.		Getting healthy habits, how to have a conversation with someone about improving their hygiene.	Yes		NA	Strongly Agree	Strongly Agree	
9/23/21	Healthy Living	April	6779	How to live well balanced life healthy	NA	Emotions	Emotions health	Yes		April is the best teacher she's really supportive.	Strongly Agree	Strongly Agree	
9/23/21	Breakthrough the Barriers of Trauma	April	6779	Learned a lot about coping with trauma and live a better life past it.	NA	Forgiveness	Accept new self	Yes		Love this class, one of my favorites. I gain a lot out of it.	Strongly Agree	Strongly Agree	
9/23/21	Healthy Living	April	2389	I learn about different topics about health resources.	None	Pregnancy and mental health issues regarding medication.	None	Yes	No comment	Ate April is a good mentor	Strongly Agree	Strongly Agree	I would need to research this topic since it's not my expertise, but thank you for the suggestion.
9/21/21	Eat Well, Live Well	April	6779	I learn about healthy eating habits and learn new methods of cooking. I like that I learn something new and I love to cook so it's very practical.	I love everything.	I learn everything I need to know about healthy eating	Crockpot recipes once I buy my new crockpot.)	Yes		April is one of my favorite teachers and she's just awesome!	Strongly Agree	Strongly Agree	Great topic suggestion, thank you. I will definitely add this to our topics list.
9/20/21	Healthy Relationships	April	4601	Listening is a key aspect of communication. I like that the group is informative	NA	?	?	Yes		April is good at lecturing and using the power point.	Strongly Agree	Strongly Agree	
9/20/21	Healthy Relationships	April	6568	It's important to listen	Too many people	Self help coping skills for healthy relationships	coping skills / self help	Yes		None.	Neutral	Neutral	I completely understand that the room we are in can feel small since more people are coming into the class. I will talk to management about room logistics. Since we are hybrid sometimes it's not feasible to stop the class to go setup in the living room. And sometimes being in the large living room it can drown out the conversations.
9/20/21	Healthy Relationships	April	1346	Healthy Relationships is a perfect group for April.	Came in and out a lot.	Healthy relationships.	Relation	Yes		Drama class by April	Strongly Agree	Strongly Agree	
9/20/21	Healthy Relationships	April	4006	How to listen and get better in all relationships in life.	Always love April classes always well prepared new fresh topics and its fun	Love April's teaching skills.	April always researches topics and extremely interesting and fun	Yes		What a great choice to hire April as our health educator she's a kind organized and a great facilitator.	Strongly Agree	Strongly Agree	
9/20/21	Healthy Relationships	April	7058	By listening what people say			How about depression	Yes			Strongly Agree	Strongly Agree	
9/20/21	Healthy Relationships	April	5727	how to communicate with your spouse	little noisy	learn more about socializing	how to communicate with others	Yes			Strongly Agree	Strongly Agree	I understand the particular room we are in can feel smaller when more people join and hence it sounds noisy. I will talk to management about room logistics. Since we are hybrid it's not that feasible to stop class to go setup in the living room with the owl and projector.
9/20/21	Healthy Relationships	April	6746	I've learned about having a healthy relationship.	None.	I'm ok with. anything.	None.	Yes			Strongly Agree	Agree	
9/20/21	Healthy Relationships	April	2309	Learned about the importance of listening.	Nothing.	To continue on.	Don't know	Yes	It started on time.	Good class	Strongly Agree	Strongly Agree	
9/20/21	Breakthrough the Barriers of Trauma	April	6568	Visualization	Too much talking, more group member encouragement/interaction	How to regain trust, and how to cope with severe anxiety	How to regain/rebuild trust in relationships	Yes		I'm bored lol	Neutral	Neutral	We will continue to encourage members to interact and participate more.
9/20/21	Breakthrough the Barriers of Trauma	April	1346	Learning about brain hacks tricks about the brain.	Conscious - subconscious	Learn about brain	Part of the brain	Yes		This is a very educational group and good for the brain	Strongly Agree	Strongly Agree	
9/20/21	Breakthrough the Barriers of Trauma	April	6746	I've learned about conscious and unconscious.		None		Yes		No	Strongly Agree	Strongly Agree	
9/20/21	Healthy Relationships	April	6779	I learn bout healthy communicating and how to spot supportive relationships. I really like learning about healthy relationships because this is something I used to struggle with in my interpersonal life as far being involved in toxic relationships.	There is nothing I don't like about this group. April is always so supportive and the best teacher/facilitator	learn about the patterns of why we tend to fall into unhealthy relationships and how to navigate from or avoid them		Yes		April is the best.})	Strongly Agree	Strongly Agree	
9/20/21	Breakthrough the Barriers of Trauma	April	4761	that I have the tools to cope. that I can continue to learn.	I have to share April with a class she would make a great personal therapist	how to help my family with their trauma	how to cope with trauma as a parent	Yes	n/a	n/a		Strongly Agree	
9/20/21	Breakthrough the Barriers of Trauma	April	6204	an	breakthrough the barriers of trauma	yes	an	Yes	none	none	Strongly Agree	Strongly Agree	
9/17/21	Healthy Living	April	1615	How to go shopping, prep food	He likes everything - none	different things; like how to show different things all the time	working through trauma	Yes			Strongly Agree	Strongly Agree	

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9/17/21	Healthy Living	April	4522	Being organized	NA	Cooking	Healthy	Yes		No	Strongly Agree	Strongly Agree	
9/17/21	Healthy Living	April	7044	How to prepare lunch.	That is only English	To socialize and to learn to cook	How to cook all foods	Yes			Strongly Agree	Strongly Agree	
9/17/21	Healthy Living	April	5677	Healthy eating	NA	Like topic today on meal prep	Don't know	Yes		None	Strongly Agree	Strongly Agree	
9/17/21	Healthy Living	April	4073	Eat healthier.	Nothing.	Budgeting.	Breaking down meals.	Yes			Agree	Neutral	
9/17/21	Healthy Living	April	6449	I learned about meal planning. I liked learning about different types of healthy living.	Their was nothing wrong about the group.	I would like to learn about physical healthy living.	The subject of plant based diet.	Yes			Strongly Agree	Strongly Agree	
9/17/21	Healthy Living	April	6746	I've learned how to live a healthy life.	I'm allergic to sprays and perfumes.			Yes			Strongly Agree	Neutral	
9/16/21	Healthy Living	April	2791	recipe ideas, very informative, material organized	not a lot of time for input	already good	I can't think of one	Yes			Strongly Agree	Strongly Agree	Thank you for your feedback. Hopefully by now you have seen the changes I've implemented in making the format of the class of allowing more time to ask for input.
9/15/21	Eat Well, Live Well	April	5727	How to cook recipe. She was more understanding	Kitchen small	More about cooking	how to make different recipes	Yes		Cooking was awesome	Strongly Agree	Strongly Agree	
9/15/21	Eat Well, Live Well	April	6746	I've learned how to eat healthier and learn what food is healthier and any which isn't.		I like to learn how to cook		Yes			Strongly Agree	Strongly Agree	
9/15/21	Healthy Relationships	April	1346	Good group	Role playing	More topic	Healthy relationship	Yes		I enjoyed this group of role playing	Strongly Agree	Strongly Agree	
9/15/21	Eat Well, Live Well	April	5677	Healthy Living and Eating	n/a	Learn how to be a better cook	Don't know	Yes		n/a	Strongly Agree	Strongly Agree	
9/27/21	Jewelry Design	Armand	476	It was awesome I made a necklace	That I made a necklace, each was awesome	It was fun	None	Yes		No	Strongly Agree	Strongly Agree	
9/27/21	Jewelry Design	Armand	5986	Making new bracelets and necklaces.	Its fun and relax your mind	Earring and ring	Making rings would be awesome	Yes		NA	Strongly Agree	Strongly Agree	
9/27/21	Jewelry Design	Armand	4073	Peaceful.	Nothing.	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/27/21	Jewelry Design	Armand	6032	I've learned so much since I started coming here in 2017.	NA	I learned how to make bracelets, necklaces and earrings.	NA	Yes		I've facilitated and co-facilitated several times and its very relaxing and fun.	Strongly Agree	Strongly Agree	
9/27/21	Schizophrenia Alliance	Armand	7013	Group is very positive and supportive, very kind	I would like to see more people attend	Find work		Yes		Group is very helpful	Strongly Agree	Strongly Agree	
9/27/21	Schizophrenia Alliance	Armand	2704	Being able to open up and be honest no matter how crazy you sound to others.	I love this group its perfect there needs no change.	Have open conversation and be honest with myself and others in the group.	I like how the group is ran we are able to free talk and with uninterrupted.	Yes		Please keep this group I need the group to overcome my delusional thought process.	Strongly Agree	Strongly Agree	
9/23/21	Art Workshop	Armand	5677	Like to do artwork							Strongly Agree	Strongly Agree	
9/21/21	Watercolors	Armand	2704	I learned to express myself freely through watercolors. I loved the atmosphere and Armand soft tone calming present and helpful present.	This group is flawless, great. Armand the staff was encouraging us to be free and have unlimited dreams through our artistic talent.	I liked to listen to the music and water colors flow through our artistic talent.	Fun facts about water coloring like a ice breaker something in the manner.	Yes	Armand is very punctual and clear minded to the rules and time.	Great job Armand you are doing great and have brought a helpful and freeing experience.	Strongly Agree	Strongly Agree	Thank you for the suggestion! We will start reviewing some basic watercolor techniques at the beginning of class.
9/21/21	Watercolors	Armand	4729	About watercolors	Group too short	Listen to a artist	Watercolors, mosaics, clay.	Yes		No	Agree	Agree	We are happy to inform you that this groups time has been extended!
9/20/21	Art Workshop	Armand	5986	It helping me relax my mind.	Love to draw and colors.	It's fun.		Yes		None.	Strongly Agree	Strongly Agree	
9/18/21	Chess Club	Armand	1346	very good.	More chess.	Play more.	Chess	Yes		More woman to play chess	Strongly Agree	Strongly Agree	
9/18/21	Chess Club	Armand	3292	Armand does a very good job running chess club. He is patient and takes the time to express things.	I like everything.	more openings.	How to be a better player.	Yes			Strongly Agree	Strongly Agree	Great suggestions! Strategies on playing better will be discussed as well as viewing strategies found on YouTube.
9/17/21	Music Academy	Armand	1346	How to play the guitar	Teacher music, sound guitar.	Singing	Music	Yes		none	Strongly Agree	Strongly Agree	
9/17/21	Music Academy	Armand	3555	Everything, music academy, Pat Hurley is a very good teacher.	More different song to be provided so that people will enjoy it a lot more.	Better programs to perform	Yes! Sometimes and sometimes no but that is ok.	Yes			Strongly Agree	Strongly Agree	New songs are introduced weekly. Please let us know of any particular songs you are interested in so that we may provide those as well.
9/17/21	Music Academy	Armand	7038	More singing songs. My dad was a trumpet player at Walt Disney World mom also a zoom jazz. So I'm a drummer too. singer.	My head injury. I need to bring myself up in faith.	Be in a choir	On concert thru us.	Yes		A girl also, back up, or dancing.		Neutral	
9/15/21	Anger Management	Armand	7038	Listen first when my name is called. Don't go to bed angry.	Keep it only in here only, just loving others only.	Told by other head injuries, let things go.	Mr. Armand	Yes		Stay also in Family, but soon I'll be on my own. I need soon a wife smarter then me.			
9/15/21	Anger Management	Armand	6032	I learned to be positive and be less angry about things that make me upset.	Nothing.	I've learned a lot at this time.	Nothing else at this time.	Yes		I like this group a lot. It's helped me.	Strongly Agree	Strongly Agree	
9/15/21	Anger Management	Armand	2070	Very good details	Show a video						Strongly Agree	Strongly Agree	
9/15/21	Anger Management	Armand	3292	Armand does a very good job of preparing for the group and present's the material in a competent and able manner.	Everything was fine	Continue to discuss ways of controlling anger.		Yes			Strongly Agree	Strongly Agree	
9/15/21	Anger Management	Armand	7050	I am just listening and absorbing data right now. Gathering information	There was nothing I did not like	What the helpful anger management tactics are. (coping skills) and have difficulty recognizing when I am angry.	This subject was fine	Yes			Strongly Agree	Strongly Agree	

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9/20/21	Dual Recovery Anonymous	Cody	2223	Dual diagnosis	No	No	No subject	Yes			Strongly Agree	Strongly Agree	
9/17/21	Enlightenment	Cody	48	I like how Cody has a specific topic and how he gives everybody a chance to participate.	n/a	More of the same content were learning.	n/a	Yes			Strongly Agree	Strongly Agree	
9/17/21	Enlightenment	Cody	0	Being positive meeting new people		Friendship	Don't know	Yes			Agree	Agree	
9/17/21	Enlightenment	Cody	6204	Very nice Enlightenment.	n/a	n/a	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/17/21	Enlightenment	Cody	2209	being with people	nothing	learn how to be more positive	love	Yes		like the WC	Strongly Agree	Strongly Agree	
9/17/21	Enlightenment	Cody	1922	The topic; things we like.		Try new ways of coping	Different topics	Yes			Strongly Agree	Strongly Agree	
9/15/21	Dual Recovery Anonymous	Cody	6132	learned how to make better choices. I liked how the subject was DRA	n/a	I would like to learn more about recovery	Recovery	Yes			Strongly Agree	Strongly Agree	
9/15/21	Dual Recovery Anonymous	Cody	5727	How to cope with life	A little of nosey - interference	more information	about alignment	Yes		no	Strongly Agree	Strongly Agree	I will do my best to fix technical difficulties for the future groups. Thank you for letting me know.
9/23/21	NAMI Connection	Dan	6204	Very nice NAMI	NA	NAMI	NA	Yes			Strongly Agree	Strongly Agree	
9/23/21	NAMI Connection	Dan	3648	It was very entertaining.	Group went fine.	I get feedback from peers.		Yes		None	Strongly Agree	Strongly Agree	
9/23/21	NAMI Connection	Dan	6975	Skills - life skills, the leaders!	Vagueness.	Tips for people to stay healthy.	Addiction - drugs and alcohol can effect mental health.	Yes		Loved the group as a whole.	Strongly Agree	Agree	We have several groups that focus on addiction including NA and AA 12 steps groups and also DRA. Please participate in these groups to gain more information about addiction and mental health.
9/23/21	NAMI Connection	Dan	6032	Dan talked about being positive.	NA	I learned a lot already cause I've been to this group before.	Not sure at this time.	Yes		Dan did a great job.	Strongly Agree	Strongly Agree	
9/23/21	NAMI Connection	Dan	233	To be responsible for activities and doing group activities	More ways to have and more time	It to be interested in it and more members	About mechanical machines	Yes		I like to be interested in it all almost everyday	Agree	Agree	
9/21/21	DBSA	Dan	4006	As usual Dan's facilitator skills shine bright and impacted all members as well as me in a great manner.	Dan's facilitating skills can't be topped he has great topics and ideas.	Always looking forward to learning in classes Dan facilitates and its fun	How we could overcome to help other members in peer to peer support please like training.	Yes		If Dan doesn't get facilitator of the year this world truly doesn't make sense anymore.	Strongly Agree	Strongly Agree	
9/15/21	DBSA	Dan	4459	NA	NA	NA	NA	Yes		NA	Strongly Agree	Strongly Agree	
9/15/21	DBSA	Dan	5468	That when you fall in life, be grateful and move on.		How to communicate of yourself after.	Health	Yes			Strongly Agree	Agree	
9/15/21	Narcotics Anonymous (NA)	Dan	7065	That people do believe in a higher power.	NA	Get rid of my addictions completely.	All topics were covered.	Yes			Strongly Agree	Strongly Agree	
9/15/21	Narcotics Anonymous (NA)	Dan	6050	No smoking	Listening	About drugs	Smoking drugs	Yes			Strongly Agree	Strongly Agree	
9/15/21	Narcotics Anonymous (NA)	Dan	6982	One day at a time. I enjoyed hearing everyone share.	Now we can go be open to express the way we feel coming up with solutions.	Picking up coping tools to use for helping with recovery.	Anything	Yes			Strongly Agree	Strongly Agree	
9/17/21	DBSA	Diana	6746	I've learned how to cope with depression and anxiety.	Writing or talking out doesn't help. Neither does medication.	How to cope with loss. Because I have PTSD.	None	Yes		None	Neutral	Neutral	
9/17/21	DBSA	Diana	7040	Learned about resources rehab	Casual it's good.	I don't know	anything	Yes		Encouraging	Strongly Agree	Strongly Agree	
9/17/21	DBSA	Diana	6991	Good coping skills	very good meeting	good coping skills	good health	Yes		love this meeting	Strongly Agree	Strongly Agree	
9/17/21	WRAP (Wellness Recovery Action Plan)	Diana	7064	Learn socializing and being in groups	Nothing. My health	Learn how to get along with others.	Things to do about group.	Yes			Strongly Agree	Strongly Agree	
9/17/21	Brain Health	Diana	6746	I've learned how to keep my brain healthier and stable.	I don't like it when a staff playing favorite's on other member's.	I'm open to anything.		Yes		no	Strongly Agree	Strongly Agree	All members are treated equally. If there is a continual issue, please speak with a Peer Lead staff so they can help address your concern.
9/17/21	Brain Health	Diana	7023	I learned about neurofeedback.		Memory	I like how the speaker talked about the topics. I like where this is going.	No	Did not end on time.		Neutral	Neutral	I will work with the schedule and if members have questions after the end of the group, will be mindful to connect individually with them and let the rest of the group go on time.
9/17/21	Brain Health	Diana	5677	Learn about the brain. Like everything	n/a	Learn more about brain games.	I don't know.	Yes		n/a	Strongly Agree	Strongly Agree	
9/17/21	Brain Health	Diana	7064	Learn to stay put. Like to go to group.	Nothing! Longer hours.	Like to learn to remember more.		Yes		No	Strongly Agree	Strongly Agree	
9/17/21	Brain Health	Diana	5986	Learning how to empower your brain	Prove clearly with knowledge so we can learn better	We still learning	Intelligent knowledge	Yes		Not right now	Strongly Agree	Strongly Agree	
9/17/21	Brain Health	Diana	4073	Don't smoke, bad for brain		Nothing more	None	Yes			Agree	Agree	
9/15/21	Watercolors	Diana	6032	Learned to paint better.	Nothing.	Nothing else at this time.	NA	Yes		This is a relaxing and fun class.	Strongly Agree	Strongly Agree	
9/15/21	WRAP (Wellness Recovery Action Plan)	Diana	5593	I learned steps I can take to recover from my illness	Everything about the group was good. I don't have any complaints.	I would like to learn how to overcome paranoia.	I would like to have a speaker discuss paranoia.	Yes		I really enjoyed the group!	Strongly Agree	Strongly Agree	You are encouraged to continue using your WRAP materials and please reach out to staff should you need any specific support. As the facilitator of WRAP I will also plan to use a YouTube video to speak on this topic.
9/15/21	Watercolors	Diana	4131	Like the video monitor for teaching.	Nice and relaxing - too short. Need 1.5 2 hours to teach.	Paint more.	Brushes.	Yes		See you soon.	Strongly Agree	Strongly Agree	We are happy to inform you that this groups time has been extended!
9/15/21	Watercolors	Diana	5986	I love to draw.	It give me more time to do.	The teacher on online give the different texture.	Give more hours in color water.	Yes		More waters to work on because it does take a lot of time	Strongly Agree	Strongly Agree	We are happy to inform you that this groups time has been extended!

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9/15/21	Watercolors	Diana	2391	How to add colors after you draw your painting.	Nothing it was fun and exciting.	How to keep painting with different colors.	The many different artist like Van Gogh.	Yes		Great painting.	Strongly Agree	Strongly Agree	
9/15/21	Scrapbooking	Diana	1922	How to make scrapbooks	I don't know the members participating	How to draw	assembling a scrapbook	Yes			Strongly Agree	Strongly Agree	
9/15/21	Scrapbooking	Diana	4459								Strongly Agree	Strongly Agree	
9/15/21	Scrapbooking	Diana	6875	That being creative is good.	wish we had more supplies	some more ideas for scrapbooking	scrapbooking ideas	Yes	None	None	Strongly Agree	Strongly Agree	Please let the facilitator know what supplies you are in need of and we can purchase them.
9/15/21	Scrapbooking	Diana	6746	I've learned how to make my own scrapbook		I like to make a scrapbook about Christmas		Yes			Strongly Agree	Strongly Agree	
9/27/21	Topic of the Day	Eric	7064	Focus good feel better	Nothing	Coming to group feel better	Art discussion	Yes			Strongly Agree	Strongly Agree	We offer a variety of art focused groups, we would love to have you in one of those to discuss art!
9/27/21	Topic of the Day	Eric	4006	Things are going on in the community and world information of events	Eric is always prepared and makes all classes fun and he teaches so well	No need to bring up things Eric keeps all fresh new topics going on	Eric is a super great facilitator discusses so much fun	Yes		Please let Eric know how truly valuable he is to our Wellness Center central and true role model.	Strongly Agree	Strongly Agree	
9/27/21	Topic of the Day	Eric	6032	I liked that Eric was a great facilitator and the group was really good.	NA	I have learned a lot so far.	Not sure at this time.	Yes		I like everyone shares.	Strongly Agree	Strongly Agree	
9/25/21	Men's Group	Eric	5677	Coping Skills learning to deal with.	Nothing	Learn more stuff about other men and what we do.	Same as answer 3	Yes		Eric did a good job.	Strongly Agree	Strongly Agree	
9/23/21	DBSA	Eric	6611	To talk about it - I got to speak	I liked everything - longer classes	Express my feeling	Self expression	Yes		Keep up the good work	Strongly Agree	Strongly Agree	
9/21/21	Alcoholics Anonymous (AA)	Eric	461	Different ways people practice "Easy Does It" I liked how easy it was for me to share.	I can't believe there isn't more alcoholics in the Wellness Center.	Read from the Alcoholics Anonymous Big Book.	Nothing	Yes		This helps to augment my recovery in AA outside.	Strongly Agree	Strongly Agree	We will at times read a portion from the AA book and discuss about that specific reading just to change the group up a bit. Good idea!
9/18/21	Men's Group	Eric	5166	How to tie a tie.	Too long of a class for this subject	How to tie a bow tie	Bow tie	Yes			Strongly Agree	Strongly Agree	We can use this for a future discussion. If you have access to a computer you can go online for additional information.Thank you for the suggestion!
9/18/21	Men's Group	Eric	5677	Learned how to tie a tie.	Could be frustrating but tying a tie takes practice and patience.	How to tie a bow tie.	Bow tie how to dress	Yes			Strongly Agree	Strongly Agree	We can use this for a future discussion. If you have access to a computer you can go online for additional information.Thank you for the suggestion!
9/17/21	Men's Group	Eric	1346	Learning on tying Ties	how to improve on tying a tie.	Men to dress. How to tie a tie.	Bow Tie	Yes		Class on how to dress	Strongly Agree	Strongly Agree	We can use this for a future discussion. If you have access to a computer you can go online for additional information.Thank you for the suggestion!
9/15/21	Alcoholics Anonymous (AA)	Eric	6611	Be in the moment, take one day at a time	Nothing	Learning how to stay sober	Staying sober	Yes		Thank you wellness center	Strongly Agree	Strongly Agree	
9/24/21	Narcotics Anonymous (NA)	Jesse	6568	Its not worth it to use drugs	no complaints	Self help strategies and relapse prevention.	Relapse prevention.	Yes		none, very appropriate.	Neutral	Neutral	
9/22/21	Bingo	Jesse	328	Camaraderie. Everything Jesse's awesome.	More time.	Nothing.	How to succeed at bingo.	Yes			Strongly Agree	Strongly Agree	
9/22/21	Bingo	Jesse	6032	It was a lot of fun playing bingo	NA	NA	Na	Yes		Jesse made it really fun	Strongly Agree	Strongly Agree	
9/22/21	Bingo	Jesse	4586	Have fun and play bingo	I like this group it is a lot of fun	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/21/21	American History	Jesse	328	All about American History. How knowledgeable Terri is he's a good host.	That Terri is not here in person. Nothing except make the class longer.	American History 1700's to the present.	American History	Yes			Strongly Agree	Strongly Agree	We are happy to inform you that Terry is back in person and I will ask him to speak about American History in the 1700's.
9/17/21	Mosaics	Jesse	5727	How to paint and mosaics.	it noisy.	More about mosaics.	Different projects.	Yes			Strongly Agree	Strongly Agree	
9/17/21	Mosaics	Jesse	5883	We paint or decorate. It is soothing to my nerves.	I like this group.	Dream catchers?	How awesome we all are.	Yes		Thank you for the class, great stuff!	Strongly Agree	Strongly Agree	
9/15/21	Let's Go...Virtual Tours	Jesse	6746	I've learned about the tour where we just walk across wherever we go..		I like to take a tour around Japan, South Korea, Taiwan and Vietnam.		Yes			Strongly Agree	Agree	In the future groups I will tour Japan, South Korea, Taiwan and Vietnam. Thank you for the suggestion!
9/15/21	Let's Go...Virtual Tours	Jesse	6032	I've seen places I didn't know existed.	There's nothing I didn't like.	NA	NA	Yes		I like seeing new places each week.	Strongly Agree	Strongly Agree	
9/15/21	Let's Go...Virtual Tours	Jesse	5677	I like when we go on tours.	NA, I want to go to New York.	Go to different states.	Different tours.	Yes			Strongly Agree	Strongly Agree	
9/15/21	Bingo	Jesse	6032	I had a great time in bingo. Jesse make it fun.	Nothing I didn't like	n/a	n/a	Yes		it was really awesome playing bingo today.	Strongly Agree	Strongly Agree	
9/15/21	Bingo	Jesse	3292	Jesse does a very good job running bingo. He is very exuberant and makes sure everyone has a good time.	I like everything	Bingo	n/a	Yes			Strongly Agree	Strongly Agree	
9/23/21	Let's Go...Virtual Tours	Jim	6032	I liked seeing new places	NA	Not sure at this time	NA	Yes		Jim is very nice and did a great job	Strongly Agree	Strongly Agree	
9/23/21	Let's Go...Virtual Tours	Jim	7064	The discussion and the slide show	All good	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/23/21	Let's Go...Virtual Tours	Jim	1279	How beautiful the world is	Nothing	See the world without going anywhere		Yes			Agree	Agree	

Date	Group Name	Facilitator Name	Member ID	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Comment
9/23/21	Let's Go...Virtual Tours	Jim	5677	Grand canyon	The pictures & lecture	New Orleans	New Orleans	Yes		NA	Strongly Agree	Strongly Agree	In a future group we will take a tour of New Orleans, great suggestion!
9/25/21	Social Circle	Joseph	6032	I liked that it was fun and we did Pictionary.	n/a	Nothing else I can think of at this time.	n/a	Yes		Joseph has always made it fun.	Strongly Agree	Strongly Agree	
9/25/21	Social Circle	Joseph	6204	Very nice class Social Circle.	n/a	Social Circle.	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/25/21	Social Circle	Joseph	461	Nice people are in the Wellness Center. I like the facilitator and members.	Nothing	It was a good group.	Nothing	Yes			Strongly Agree	Strongly Agree	
9/25/21	Social Circle	Joseph	328	Group unity. The facilitator. I have fun doing Family Feud. I like the facilitator that does it.	More stimulating games.	Games.		Yes		No	Strongly Agree	Strongly Agree	I will think of more stimulating games, however, I have to do games that everyone in the group is capable of doing without being left out and unable to play.
9/21/21	Social Time	Joseph	5677	I have fun doing Family Feud. I like the facilitator that does it.	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/21/21	Social Time	Joseph	6032	We played Family Feud and it was a lot of fun.	NA	NA	NA	Yes		Joseph always makes it fun.	Strongly Agree	Strongly Agree	
9/21/21	Social Time	Joseph	6204	Have fun social time.	NA	Social time.	NA	Yes		None.	Strongly Agree	Strongly Agree	
9/21/21	Social Time	Joseph	328	We played Family Feud. More knowledge. The facilitator was fab.	Too short. More challenging games.	Increased knowledge. More confidence.	I can't think of any.	Yes		Fun group.	Strongly Agree	Strongly Agree	Groups start and end on time. I however will look into more games everyone can enjoy besides Family Feud.
9/18/21	Social Circle	Joseph	328	More knowledge. How to really laugh and have a good time. The games the fun.	Nothing more games	Participate more	How to play more games	Yes		Great Host.	Strongly Agree	Strongly Agree	
9/18/21	Social Circle	Joseph	6032	We played Pictionary. It was a lot of fun.	There isn't anything I didn't like.	We have done trivia today too	n/a	Yes		Joseph makes it so much fun each time.	Strongly Agree	Strongly Agree	
9/18/21	Social Circle	Joseph	6746	It's more like playing games together.	none	I'm open to anything.	none	Yes		no	Strongly Agree	Neutral	
9/18/21	Social Circle	Joseph	2791	Trivia stuff, lots o'fun.		Keep it the same	Maybe family feud.	Yes			Strongly Agree	Strongly Agree	
9/18/21	Social Circle	Joseph	461	All sorts of information. I like how Joseph kept people informed during the class. He used the micro phone so everybody could hear.	None	I don't know	I don't know. Joseph keeps everybody involved already.	Yes		It starts on time but maybe the speaker continues too far from the time it should end.	Strongly Agree	Strongly Agree	I'll be mindful to end the group on time.
9/18/21	Social Circle	Joseph	5403	I'm smarter than I thought. It was fun.	Fine as is.	Keep it the same	Yes or No	Yes		n/a	Strongly Agree	Strongly Agree	
9/18/21	Social Circle	Joseph	6204	I like social circle	n/a	social circle	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	7049	Not a good learner	Nothing, is ok	I like everything	I don't know	Yes		I like the program	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	5727	Talking about different stuff	Too noisy	Bring a host to talk about Social Time	How things can go.	Yes		It's good to have more communication	Strongly Agree	Strongly Agree	I'll keep in mind the volume of mic to not be too loud.
9/15/21	Social Time	Joseph	6204	Play Family Feud	n/a	Family Feud	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	5677	It's very interesting.	NA	NA	NA	Yes		No.	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	1346	Social hour is the best class playing Family Feud	Can give you a lot of knowledge	More questions	NA	Yes		Very good group!	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	2070	I like how Joseph does it. Nobody else	Keep doing the same	About History	About Animals	Yes		No	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	7044	Everything the questions	No	No	Animals	Yes		No	Neutral	Strongly Agree	
9/15/21	Social Time	Joseph	6032	I played family feud with Joseph and the members that were there. It was a lot of fun	Nothing	Nothing else at this time	n/a	Yes		Joseph is a nice and great facilitator	Strongly Agree	Strongly Agree	
9/15/21	Social Time	Joseph	7038	I don't like Steve Harvey	More People	Listening First	I don't know	Yes		More people	Strongly Agree	Strongly Agree	
9/15/21	Goal Setting	Joseph	378	I learned a lot about myself. It teaches everything.	I didn't not like it. Doesn't need improvement.	Come to classes as often as I can.	Return of things. Tell more	Yes			Strongly Agree	Strongly Agree	
9/15/21	Goal Setting	Joseph	5677	Learning about my weight	n/a	I don't know	Learning how to goal set	Yes		No	Strongly Agree	Strongly Agree	
9/15/21	Goal Setting	Joseph	5727	Tell you about more information I learned more about the way others can express themselves through music.	Didn't ask too much questions	I learned a lot on how to cope with your eating habits.	How to control your weight	Yes		I enjoy the person who is doing the class.	Strongly Agree	Strongly Agree	We have touched on this but I will bring it up again.
9/15/21	Karaoke	Joseph	6275	I like to try the music.	No.	No.	Dancing.	Yes		No.	Strongly Agree	Strongly Agree	
9/15/21	Karaoke	Joseph	7044	I learned more about the way others can express themselves through music. I like watching others sing karaoke.	n/a	n/a	Relationships	No		no	Agree	Agree	Please join us in our healthy relationships group to learn more about relationships.
9/17/21	Chat with MAB	Kenya	6032	I love hearing the members comments and suggestions.	Nothing.	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/17/21	Chat with MAB	Kenya	476	what to have for a outing and where to go	none	none	same things to the movies social outings	Yes		no they were awesome	Strongly Agree	Strongly Agree	
9/17/21	Chat with MAB	Kenya	6204	Lots of groups chat with mob	NA	chat with mob	NA	Yes		None	Strongly Agree	Strongly Agree	
9/17/21	Chat with MAB	Kenya	2070				No	Yes		I want to go bowling and on outings.	Strongly Agree	Strongly Agree	Unfortunately, we are still under some restrictions due to COVID, we will contact bowling alleys to find out if they have any restrictions. Thank you for the suggestion!
9/17/21	Chat with MAB	Kenya	5677	I like how it's run.	NA	I like to come in and hear what members say.	NA	Yes		None.	Strongly Agree	Strongly Agree	

Date	Group Name	Facilitator Name	Member ID	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Comment
9/17/21	Chat with MAB	Kenya	1346	Start/end on time.		About MAB	HIPPA	Yes		None	Strongly Agree	Strongly Agree	This is a great suggestions, we will encourage the MAB members who are running the group to talk more about what MAB is during Chat with MAB.
9/17/21	Chat with MAB	Kenya	328	The shared suggestions given the camaraderie.	Nothing, less interruption raise hand first before speaking.	Learn to be more interactive here at the WCC and into the community.	The courage to actually be put into the community to volunteer opportunities.	Yes		I like MAB very much. I like very much to be an active participant.	Strongly Agree	Strongly Agree	We will continue to remind members to be mindful of the social agreements.
9/27/21	Choir	Kyu	7038	The teacher. Writing things down, recovery, your emotion.		Love my self. Also my friends.		Yes			Neutral		I will develop new way to facilitate Choir for new member to understand easily.
9/27/21	Choir	Kyu	3555	Real good music	More different songs	Let's make different songs	Questionable	Yes		Everything is so good	Strongly Agree	Strongly Agree	Always welcome members' suggestion for new song or different song. Then I will check the lyrics if it is acceptable for our Choir. If okay, we will learn and sing, thank you for the suggestion.
9/27/21	Choir	Kyu	1346	Music	Learning guitar	Class music	Guitar	Yes			Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	7065	Spirituality is vital to the goal set by the wellness center.	Point driven.	Became more spiritually inclined in life		Yes			Agree	Agree	
9/23/21	Self Empowerment	Kyu	6050	Identity	Unclear	Jokes	Jokes	Yes		I like Dan, Eric as well	Agree	Agree	
9/23/21	Self Empowerment	Kyu	6204	Very nice self empowerment	NA	Self empowerment	NA	Yes		None	Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	1279	Self love is the beginning	No, stories of people getting empowered	get energy		Yes			Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	328	Self empowerment, The facilitator	Nothing	More about self empowerment	Self empowerment	Yes		No	Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	4073	Self empowerment	Nothing	Self empowerment	Nothing	Yes			Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	5677	I liked everything about this group and I like the facilitator.	NA	Learn more about self empowerment.	I can't think of anything else at this time.	Yes			Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	2209	I have more self empowerment about my feelings	Nothing, having so much between us.	More thinking	Recovery	Yes		NA	Strongly Agree	Strongly Agree	
9/23/21	Self Empowerment	Kyu	6380	Learn about my feelings been a part of a class	Be a better listener to friends	Been a positive person	Going in the right path	Yes			Neutral	Strongly Agree	
9/23/21	Self Empowerment	Kyu	6032	I like this group a lot. This is one of my favorite group.	NA	I learned a lot already.	Not sure at this time.	Yes		Kyu always makes the group fun and great.	Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	1346	What recovery reading means	Thinking about recovery from beginning to now	More recover skill	Recover 4 future	Yes		Good group	Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	6032	I learned to be more positive. I like that everyone shares and is kind.	NA	I've learned so much already.	Nothing else at this time.	Yes		Kyu has always been a great facilitator.	Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	5677	I liked that it empowers me throughout the whole day. I like the facilitator Kyu.	NA	I always enjoy doing this group. I also like to do a speech every now and then.	Nothing I can think of at this time.	Yes			Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	4586	I like to hear a lot of things	NA	To learn different things		Yes			Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	6204	Nice group, self empowerment	NA	Self empowerment	NA	Yes		None	Strongly Agree	Strongly Agree	
9/21/21	Self Empowerment	Kyu	7066	Everything.	Nothing.			Yes			Agree	Agree	
9/17/21	Self Empowerment	Kyu	2209	Self empowerment to be better	Nothing	More topics self empowerment	Sports - self empowerment	Yes		Life wellness center. Kyu did good job	Strongly Agree	Strongly Agree	We did discuss Michael Jordan recently during self empowerment. I will pick up another sports start in a future group, great suggestion!
9/17/21	Self Empowerment	Kyu	6204	Very nice self empowerment	NA	Self empowerment	NA	Yes		Eric	Strongly Agree	Strongly Agree	
9/17/21	Self Empowerment	Kyu	5627	there's a person who participate most of the time & other people need to participate more.		I think is fine	just to stay on topic	Yes			Agree	Agree	I will always try to give all participants an equal opportunity to share in the group and continue to remind everybody to follow with WCC groups Social Agreements.
9/17/21	Self Empowerment	Kyu	4601	Focusing on the present, success is what is within you. Kyu is energetic and informative	Member taking up too much discussion time		Tactics to have self esteem	Yes			Agree	Agree	I will always try to give all participants an equal opportunity to share in the group and continue to remind everybody to follow with WCC groups Social Agreements.
9/17/21	Self Empowerment	Kyu	5727	Self empowerment	No - group good	More information on topics	More self empowerment	Yes		Kyu good job, Eric good job.	Strongly Agree	Strongly Agree	
9/15/21	Self Empowerment	Kyu	6032	I learned to have more confidence about myself, also I love this class. This is my favorite group.	Nothing.	I've learned so much already.	Nothing else at this time.	Yes		Kyu is such a great facilitator.	Strongly Agree	Strongly Agree	
9/15/21	Self Empowerment	Kyu	1922	Past and present.	Its good.	Resilience	Open	Yes			Strongly Agree	Strongly Agree	
9/15/21	Self Empowerment	Kyu	6444	Self empowerment	Annoying thoughts	Positive	Methods	Yes			Agree	Agree	
9/15/21	Self Empowerment	Kyu	6204	Self empowerment pretty nice	Yes	Self empowerment	NA	Yes		None	Strongly Agree	Strongly Agree	
9/15/21	Self Empowerment	Kyu	5986	Learning of myself empowerment.	It's give me more ideas of empowerment.	Learn more positive skill empowerment.	The more the better	Yes		It's a great class.	Strongly Agree	Strongly Agree	
9/24/21	Diversity	Nu	6746	Holidays	None	I'm open to anything	None	Yes		No	Strongly Agree	Strongly Agree	
9/15/21	Jewelry Design	Nu	4586	I like to make necklaces.	I like the group.	I all ready know a lot of thing.		Yes			Strongly Agree	Strongly Agree	
9/21/21	Anger Management	Robert		Not to start argument and how to stop	I like this group because I can talk about it	NA		Yes			Strongly Agree	Strongly Agree	

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9/21/21	Anger Management	Robert	328	How to manage my anger. The facilitator.	Nothing. More anger management information.	Manage my anger.	Anger management.	Yes			Strongly Agree	Strongly Agree	
9/21/21	Anger Management	Robert	6032	I learned how to manage my anger when I have it.	NA	NA	I can't think of anything else at this time.	Yes		Robert always does a wonderful job.	Strongly Agree	Strongly Agree	
9/21/21	Coping Skills	Robert	5727	A lot of information	More people	Learn more about coping skills	More about coping skills	Yes		Facilitator is nice to be with as long as Kim Johnson	Strongly Agree	Strongly Agree	
9/21/21	Coping Skills	Robert	4459							Good job Robert	Strongly Agree	Strongly Agree	
9/21/21	Coping Skills	Robert	6032	I learned various ways to cope.	NA	Nothing else at this time.	Same as number 3.	Yes		Robert has always been a great facilitator.	Strongly Agree	Strongly Agree	
9/15/21	Coping Skills	Robert	5677	It's a nice group.	NA	I would like to talk about depression, anxiety, etc.	Same as number 3.	Yes			Strongly Agree	Strongly Agree	I will look into more articles on depression and anxiety and use them in the group. Thank you for letting me know.
9/15/21	Coping Skills	Robert	6032	I learned various ways to cope with my mental illness.	NA	Nothing else at this time.	Robert already has had so many topics and its really helped me a lot.	Yes		Robert if my favorite facilitator.	Strongly Agree	Strongly Agree	
9/15/21	NAMI Connection	Robert	6032	I learned how to cope in certain ways with my mental illness.	There's nothing I didn't like	Nothing else at this time	Same as 3	Yes		Robert always does a great job.	Strongly Agree	Strongly Agree	
9/15/21	NAMI Connection	Robert	4459								Strongly Agree	Strongly Agree	
9/15/21	NAMI Connection	Robert	4073								Strongly Agree	Strongly Agree	
9/15/21	NAMI Connection	Robert	6204	Nami is good	n/a	Nami is good	n/a	Yes	none	none	Strongly Agree	Strongly Agree	
9/28/21	Positive Thinking	Shelley	7059	How to stay positive. Shelley.	Nothing.	Don't know - to be more positive!	Don't know yet.	Yes			Agree	Neutral	
9/24/21	Balance and Boundaries	Shelley	Guest	Spiritual awareness and knowing the level of comfort is imperative (comfort zone)	NA	Meditation is an interesting element	Mind consolidation and expansion	Yes		Shelley is very well spoken and has a nice directive in her presence.	Strongly Agree	Strongly Agree	
9/24/21	Balance and Boundaries	Shelley	3070	I learned about different ways to rest	NA	?	?	No	It usually goes over		Strongly Agree	Strongly Agree	I will be more mindful of our end time and stay on schedule
9/24/21	Balance and Boundaries	Shelley	328	Different forms of resting and relaxing the facilitator the camaraderie	Nothing	Balance and boundaries	Same as above	Yes		Awesome group	Strongly Agree	Strongly Agree	
9/24/21	Balance and Boundaries	Shelley	6204	Very nice class balance and boundaries	NA	Balance and boundaries	NA	Yes			Strongly Agree	Strongly Agree	
9/24/21	Balance and Boundaries	Shelley	6032	I liked that we have a very nice facilitator but all the staff are nice.	NA	I learned a lot already.	Not sure at this time.	Yes		Shelley does great job every time.	Strongly Agree	Strongly Agree	
9/24/21	LGBTQ+ Support Group	Shelley	90	I learned its ok to be true to myself.	There is nothing I didn't like about the group.	Go over what LGBTQ stands for and definition.	List of literature that we can read.	Yes		Going over dating apps.	Strongly Agree	Strongly Agree	Great suggestions! I am creating an LGBTQ+ Resource File with book recommendations, TV, Movie, Podcast, and app suggestions that will be given to members.
9/24/21	Poetry	Shelley	2791	Great Poems shared by Shelly and by members, enjoy prompts to write poems for next week.		Can't think of anything.	Poems about anxiety.	Yes		I like classes when they last an hour.	Strongly Agree	Strongly Agree	
9/23/21	Brain Health	Shelley	6746	Positive hormones	None	I'm open to anything	None	Yes		No	Strongly Agree	Strongly Agree	
9/23/21	Brain Health	Shelley	5986	I was worried but I feel much better, understood it. It opened my brain up a lot.	Talking the subject and giving ideas.	For myself doing as much as I can.	Anything about the brain work.	Yes		Not yet.	Strongly Agree	Strongly Agree	
9/23/21	Resilience	Shelley	6746	To adapt to things that were/are unfortunate.	None.	I'm open to anything.	None.	Yes		No.	Strongly Agree	Strongly Agree	
9/23/21	Resilience	Shelley	BLANK	Never give up. Learn from others challenges. Just listen.	The conversation was rather inappropriate.	Learn self help skills.	Self help	Yes		None, no complaints.	Neutral	Neutral	Apologies if we at all got off topic or made someone uncomfortable. I will make sure we work to keep each group a safe space
9/23/21	Resilience	Shelley	5677	It gives me hope to carry on	NA			Yes			Strongly Agree	Strongly Agree	
9/23/21	Resilience	Shelley	328	Compassion, Hope, The help you get when you're having a bad day. The facilitator.	Nothing.	More resilience.	How to be resilient.	Yes		No.	Strongly Agree	Strongly Agree	
9/23/21	Resilience	Shelley	2209	They is always hope	Not much	Been more resilience	Talk more about faith and improve my life	Yes		NA	Strongly Agree	Strongly Agree	We can continue to talk about how our personal faith plays a part of our own unique recovery! It's just important to stay mindful of "I" language and avoiding any details that could trigger other members.
9/23/21	Resilience	Shelley	6380	About myself, be resilient in my life.	Been better in my life.	Been a better person.	Resilience in my whole life.	Yes		NA	Agree	Strongly Agree	
9/23/21	Journaling	Shelley	5677	Everything. I especially like it when Shelley does it.	NA	I love journaling!	NA	Yes			Strongly Agree	Strongly Agree	
9/23/21	Journaling	Shelley	1279	Using journals to learn more and for therapy	Lots of excitement	How to write good		Yes			Agree	Agree	
9/23/21	Journaling	Shelley	1346	Time to express your feeling	Writing skill	How to communication with words	Brain power	Yes		None (Dictionary)	Strongly Agree	Strongly Agree	
9/22/21	Jewelry Design	Shelley	4131	Every person has talent.	When we are rushed. Bead stock for coming holidays.	Show examples of things for the holidays - have beads on hand to make the items.	Discuss different types of beads.	Yes			Strongly Agree	Strongly Agree	These are great suggestions! Please speak with the facilitator about what inventory you would like to see for jewelry design so that we can purchase it.



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9/22/21	Jewelry Design	Shelley	5677	I learned that I can make nice jewelry.	NA	I would like to learn how to make earrings.	NA	Yes			Strongly Agree	Strongly Agree	Jewelry Design is a great place to learn how to make earrings! Please let the facilitator know that you want to work on earrings and they will help you!
9/22/21	Jewelry Design	Shelley	6032	I've already learned so much by coming to this class for almost 4 years.	NA	Nothing else at this time.	NA	Yes		This has always been a fun and relaxing class.	Strongly Agree	Strongly Agree	
9/22/21	Jewelry Design	Shelley	5727	I like the instructors.	Little noisy.	How to make earrings.	Bead making.	Yes		Facilitator is awesome!	Strongly Agree	Strongly Agree	Jewelry Design is a great place to learn how to make earrings! Please let the facilitator know that you want to work on earrings and they will help you!
9/22/21	Jewelry Design	Shelley	5516	How to make key chains	Too short	How to make earrings	Knitting the beads	Yes		All beading classes need to be 2 hours	Strongly Agree	Strongly Agree	Agreed! I believe the Jewelry Design group is now 2 hours each time.
9/21/21	Positive Thinking	Shelley	No number	I learned that you should be headstrong	I liked everything	I would like to learn more	How to do anything	Yes		Nope	Strongly Agree	Strongly Agree	
9/21/21	Positive Thinking	Shelley	6204	Very nice positive skills thinking	n/a	Positive Skills thinking	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/21/21	Positive Thinking	Shelley	108	Who are my real friends	Sitting in the big room.	Maybe strive ahead.		Yes		no	Agree	Agree	
9/21/21	Positive Thinking	Shelley	328	Positive affirmations, Shelley. She's a great facilitator.	Nothing.. Nothing...	To be less negative and more positive.	Positive Thinking and Positive affirmations.	Yes		I love this group.	Strongly Agree	Strongly Agree	
9/21/21	Positive Thinking	Shelley	4006	Shelley inspired to show change of thinking with great admirations positive stories.	Love Shelly's style of teaching is always upbeat and happy.	Always enjoy.	Maybe how our positive thinking could change the community others and the world.	Yes		Shelly is always prepared great topics organized has copies of material just a great facilitator, period!	Strongly Agree	Strongly Agree	I love this idea! We can definitely focus on how we can impact the community and world!
9/21/21	Positive Thinking	Shelley	6032	I learned that there's always way more positive affirmations.	NA	Can't think of anything else at this time.	Not sure at this time.	Yes		Shelley is so nice and always makes the group fun and helpful.	Strongly Agree	Strongly Agree	
9/21/21	Positive Thinking	Shelley	5060	How to think positively in any situation	More feedback from members	How to cope with anxiety with positive thinking coping skills	How to cope with negative self talk	Yes			Strongly Agree	Strongly Agree	I will ask more open-ended questions for members to share how they cope with negative self-talk.
9/21/21	Positive Thinking	Shelley	6746	Positive affirmations	NONE	I'm open to everything	None	Yes		No	Strongly Agree	Neutral	
9/21/21	Positive Thinking	Shelley	4601	The positive affirmations can help you to change your perspective and get you through difficult times	NA	Look at positive thinking quotes		Yes		Shelley is doing a good job with positive thinking	Strongly Agree	Strongly Agree	
9/20/21	Yoga	Shelley	6950	How to relax	I was not tired before I started the group now I have energy	How to relax and feel good	Everything is good no need for improvement	Yes			Strongly Agree	Strongly Agree	
9/20/21	Coping Skills	Shelley	4006	How to maintain a well thought out way to make life new + better.	Love to be enlightened by Shelley's research	Again Shelley's ensures new topics.	Always look forward to Shelley's well organized topics no need to come up with one on my own.	Yes		Shelley is such a gifted facilitator she also has a topic maintains and runs groups prepared.	Strongly Agree	Strongly Agree	
9/18/21	Balance and Boundaries	Shelley	5403	How to learn how to set boundaries. The facilitator Shelley.	n/a	Better boundaries	Everything	Yes		n/a	Strongly Agree	Strongly Agree	
9/18/21	Balance and Boundaries	Shelley	6032	I learned how to set boundaries in different ways.	There's nothing I didn't like.	I learned so much already.	Nothing else at this time.	Yes		Shelley always does a great job.	Strongly Agree	Strongly Agree	
9/18/21	Balance and Boundaries	Shelley	6204	Sound of Balance & Boundaries	n/a	Balance & Boundaries	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/18/21	Balance and Boundaries	Shelley	328	Self Boundaries The Comments & Suggestions	Nothing	How to set self boundaries & boundaries for family	Boundaries	Yes		no	Strongly Agree	Strongly Agree	Agreed and this is a topic we focus on more now.
9/18/21	Balance and Boundaries	Shelley	3292	Shelley DOES A GREAT JOB RUNNING BALANCE & BOUNDARIES. She really listens to everybody & always has something constructive to say.	I liked everything	Continue to learn about setting boundaries	More about setting boundaries	Yes			Strongly Agree	Strongly Agree	
9/18/21	Balance and Boundaries	Shelley	3070	How to set boundaries with myself I liked the subject.	n/a	More information about setting boundaries with others especially romantic ones.	Setting boundaries with family members.	Yes			Strongly Agree	Strongly Agree	Agreed and this is a topic we focus on more now.
9/18/21	Balance and Boundaries	Shelley	5727	Setting boundaries in your life.	Little noisy	Learn more about boundaries	Learn more about boundaries.	Yes		The speaker was good.	Strongly Agree	Strongly Agree	Sometimes the group size requires us to move into the living room in order for all members to attend safely. We have started using the microphone and will continue to be mindful of minimizing distractions when groups must be held in the living room.
9/18/21	Coping Skills	Shelley	guest	Grounding skills to relive tension note tools.	Beautiful minded instructor.	More info need input	Show movies' documentaries interesting ways to solve problems.	Yes			Agree	Agree	
9/17/21	LGBTQ+ Support Group	Shelley	292	I learned how to connect with other members in the LGBTQ community.	NA honestly, I love this group and I always look forward to it.	Go to an LGBTQ event such as a film festival.	Trans empowerment, history, legislation/	Yes		Love Shelley!	Strongly Agree	Strongly Agree	We will be focusing on Trans Awareness in November to celebrate National Transgender Awareness Month. We will also incorporate history into certain classes.
9/17/21	LGBTQ+ Support Group	Shelley	4601	About non-binary people who don't identify in terms of male or female.	NA	What is being done is good.		Yes		Sarah is doing a great job co-facilitating.	Strongly Agree	Strongly Agree	
9/17/21	LGBTQ+ Support Group	Shelley	476	what lgbtq+ meant and how non binary people are.	none.	none	the she/her	Yes		Shelley is great	Strongly Agree	Strongly Agree	



Date	Group Name	Facilitator Name	Member ID	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Comment
9/17/21	LGBTQ+ Support Group	Shelley	4459					Yes		Shelley did a good job.	Strongly Agree	Strongly Agree	
9/17/21	Poetry	Shelley	4459							Shelly was great for this class.	Strongly Agree	Strongly Agree	
9/17/21	Poetry	Shelley	2791	About Spanish persons written poems, great poems presented by staff and members.	n/a	Starting poetry/more prompts	anxious topics in poetry	Yes			Strongly Agree	Strongly Agree	This is an awesome suggestion! We now participate in weekly writing time with poetry prompts and have been creating some beautiful poems!
9/17/21	Resilience	Shelley	6032	I liked that Shelly is so kind and a great facilitator. I've learned to be more confident.	Nothing I didn't like.	n/a	There isn't anything else I can think of at this time.	Yes		I really love coming to this group.	Strongly Agree	Strongly Agree	
9/17/21	Resilience	Shelley	5677	n/a	I don't know.			Yes			Strongly Agree	Strongly Agree	
9/17/21	Resilience	Shelley	5468	Coping strategies to deal with setbacks and mindset.		Communicating with role play. Interacting with each other.		Yes			Strongly Agree	Strongly Agree	
9/17/21	Resilience	Shelley	6746	I've leaned how to adapt with change.	None	I'm open to everything	None	Yes		no	Strongly Agree	Strongly Agree	
9/17/21	Resilience	Shelley	2209	How to try and evolve from my situation's that I've endured.	Nothing	Continue to become more educated by the group and the people	Acceptance	Yes		Wellness Center is good and it's good to meet people at the wellness center.	Strongly Agree	Strongly Agree	
9/17/21	Resilience	Shelley	4601	How to get through tragedies and how can help us get through smaller setbacks.	n/a	It's already great.		Yes		Shelly is doing a great job She has a lot of insight.	Strongly Agree	Strongly Agree	
9/15/21	Positive Thinking	Shelley	7046	Different Coping Skills		More Coping Skills		Yes			Neutral	Neutral	
9/15/21	Positive Thinking	Shelley	48	Encouraging each other to stay positive and keeping a positive attitude through tough times.	Nothing.	More of the same what we already learned.	NA	Yes			Strongly Agree	Strongly Agree	
9/15/21	Positive Thinking	Shelley	6204	Positive is pretty nice.	NA	Positive thinking.	NA	Yes		None.	Strongly Agree	Strongly Agree	
9/15/21	Positive Thinking	Shelley	6032	I learned skills to be more positive.	Nothing.	Nothing else at this time.	I learned a lot already.	Yes		Shelley does a great job.	Strongly Agree	Strongly Agree	
9/15/21	Positive Thinking	Shelley	6971	Everything.	Everything everyone talked about.	Parenting relationship.	Parenting.	Yes			Strongly Agree	Strongly Agree	
9/15/21	American History	Terry	7050	Lots of facts about the opening for travel, of the western trails. Law and order. The settling of the south and the west.	I didn't find anything unlikable.	Information about the beginning of the Woman's Lib. how the women demonstrated for it.	I'd be very happy with any historical information/	Yes		My great grandparents homestead in Nebraska they came from Norway. They were farmers	Strongly Agree	Strongly Agree	
9/15/21	American History	Terry	461	the Trials in the 1800s from the North to the West in the US. It was interesting to learn the history.	Nothing.	Whatever he has to offer.		Yes			Strongly Agree	Strongly Agree	
9/15/21	American History	Terry	1346	Many things about outlaw	Interested group learn on American	Learn about culture	More on American History Class (all culture)	Yes		Very interesting group	Strongly Agree	Strongly Agree	
9/24/21	Arts & Crafts	Wendy	4729	Different types of media and paper	Short Time	See each others work and critique	Water colors	Yes			Agree	Agree	
9/24/21	Arts & Crafts	Wendy	6746		none	I like drawing	None	Yes			Strongly Agree	Agree	
9/23/21	Jewelry Design	Wendy	6204	Very nice jewelry design	NA	Jewelry design	NA	Yes		None	Strongly Agree	Strongly Agree	
9/21/21	Floral Design	Wendy	5677	I learned how to design flower vases. I really like the class. A neat, fun class	NA It's just fine	Nothing	Its good as it	Yes			Strongly Agree	Strongly Agree	
9/21/21	Floral Design	Wendy	7029	How to do floral design facilitator Wendy	Trim needed on flowers	More vase designs	I'd like to know how stores come up with designs for flowers	Yes			Strongly Agree	Strongly Agree	Please talk to the facilitator about the vase designs you would like so we can purchase some. Thank you for the suggestion!
9/17/21	Arts & Crafts	Wendy	6923	How to coordinate colors, I like coloring.	It was too short. It should be longer.	Color more pictures.	What we can color.	Yes		None.	Strongly Agree	Strongly Agree	Great news! This group is longer in the current calendar.
9/17/21	Arts & Crafts	Wendy	4729	group therapy, different mediums	shortness of group	video on watercolors more often			not long enough		Agree	Agree	Great news! This group is longer in the current calendar.
9/17/21	Arts & Crafts	Wendy	233	To be around taking action at paying attention	Not much to do	To do more things	About jewelry and craft. Activities plus more.	No	Sometimes and sometimes not	Its very interesting though	Agree	Agree	
9/15/21	Jewelry Design	Wendy	6032	I've learned a lot already. I've been facilitating and co-facilitated.	Nothing I didn't like	I learned so much in all the years I've been here.	n/a	Yes		This is a fun class and has been every time I've come to this class	Strongly Agree	Strongly Agree	
9/15/21	Jewelry Design	Wendy	7064	Stringing beads together	NA	NA	NA	Yes			Strongly Agree	Strongly Agree	
9/15/21	Jewelry Design	Wendy	6204	Keep busy jewelry design	n/a	Jewelry Design	n/a	Yes		None	Strongly Agree	Strongly Agree	
9/15/21	Jewelry Design	Wendy	5166		Too short	Earrings		Yes			Strongly Agree	Strongly Agree	Great news! This group is longer in the current calendar.
9/15/21	Jewelry Design	Wendy	5677	I learned how to make jewelry	n/a	I would like to make earrings	n/a	Yes			Strongly Agree	Strongly Agree	Jewelry Design is a great place to learn how to make earrings! Please let the facilitator know that you want to work on earrings and they will help you!
9/15/21	Jewelry Design	Wendy	4131	I learn a lot about the group members - positive outlooks.	More time.	Teach more design elements	More stone and bead history	Yes			Strongly Agree	Strongly Agree	Great news! This group is longer in the current calendar.
9/15/21	Jewelry Design	Wendy	5727	Show you how to make jewelry on your own	I like it when it's 2.0 hrs.	More about beads and stones	How to tie a bracelet	Yes		Happy to be with friends	Strongly Agree	Strongly Agree	Great news! This group is longer in the current calendar.
9/15/21	Jewelry Design	Guest		I like to make bracelets it makes me proud.	Everything ok.	Rings and necklace.	Necklaces.	Yes		No.	Agree	Agree	
9/15/21	Gardening	Wendy	6746	There were so many weeds to pull out they were really obnoxious.	n/a		None	Yes		None	Strongly Agree	Strongly Agree	
9/15/21	Art Class	Wendy	5708	NA	NA	NA	NA	Yes		None.	Strongly Agree	Strongly Agree	

Date	Group Name	Facilitator Name	Member ID	What did you learn by attending the group? What do you like about the group?	What did you not like about the group? What can be improved?	What would you like to learn or do in this class/group?	What subject would you like to have a speaker discuss in the future?	Does this group start and end on time?	If not, please explain.	Other comments?	Overall I enjoyed this group. (Please choose one)	I will attend this group again. (Please choose one)	Staff Comment
9/15/21	Yoga	Wendy	6746			To keep my body in a good shape		Yes			Strongly Agree	Strongly Agree	
9/15/21	Mindful Meditation	Wendy	1346	Relaxing very well	two hour	Sleep relaxing	Meditate massage	Yes			Strongly Agree	Strongly Agree	
9/15/21	Mindful Meditation	Wendy	5986	Give me relaxation and ideas of my life	is quite	Be myself so I can stretch my interbody	one hour	Yes		It's a great class to learn	Strongly Agree	Strongly Agree	
9/15/21	Yoga	Wendy	6950	Peace and Harmony	Better instructor instead of video	yoga				I enjoyed the class	Strongly Agree	Strongly Agree	We have recently brought in a new in-person instructor. Thank you for the feedback!
9/15/21	Yoga	Wendy	5908	New ways to help stretching and breathing to relax.	Nothing	New Exercising	Nothing	Yes			Strongly Agree	Strongly Agree	
9/27/21	Coping Skills	William (Wily)	4006	To listen be honest with our recovery and others etc.	Always impressed with Willy as a facilitator	Willy teaches so well	Willy always is organized and provides great topics	Yes		Willy is a outstanding facilitator always kind and focused on great topics and treats members well	Strongly Agree	Strongly Agree	
9/27/21	Coping Skills	William (Wily)	4601	Learned a lot about how to get closer to other people	It was a great group			Yes		William did a great job	Strongly Agree	Strongly Agree	
9/27/21	Coping Skills	William (Wily)	5532	To love and persevere		To be strong in hard times	Resilience	Yes			Strongly Agree	Strongly Agree	
9/24/21	DBSA	William (Wily)	7058	I enjoyed the group very much	Nothing			Yes			Strongly Agree	Strongly Agree	
9/23/21	DBSA	William (Wily)	2704	That life is going to get better. I love this honesty and trust that we have a true bond.	William has done a great job he is a honest and great staff and group facilitator.	The group is on point there is a lot of great routines that are already in place.	Maybe in the beginning we can go around the room and say something positive about ourselves to build ourselves up and start with a smile.	Yes	Yes the group is tidy and runs well on time is closed on time.	William is a great staff great guy and a awesome friend.	Strongly Agree	Strongly Agree	This is wonderful feedback! I will start asking members about this when we do check in.
9/23/21	DBSA	William (Wily)	BLANK	I have got to priorities my plans/thoughts?	NA	NA	To make a pie/circle to show how to you spend your time to make it more equal?	Yes			Neutral	Neutral	
9/22/21	Karaoke	William (Wily)	5677	Sing and have fun	NA	I enjoy singing	NA	Yes			Strongly Agree	Strongly Agree	