



**Thursday, November 28, 2019**  
**Race Start 7:30a.m.**  
**Riverside Park, Vero Beach**  
**TrotAgainstPoverty.org**



**THANKSGIVING DAY**  
**5K TROT**  
**AGAINST**  
**POVERTY**



**5K Packet Pick-Up: Nov.26-27 from 10a.m. - 5p.m. at Runner's Depot or at event on race day from 6:30 - 7:15a.m.**

Please complete this form and return to United Against Poverty of Indian River 2746 US HWY 1, Vero Beach, FL 32960 or Runner's Depot, 436 21st St., Suite 9, Vero Beach, FL 32960 or register online at [www.TrotAgainstPoverty.org](http://www.TrotAgainstPoverty.org) (by November 25). Registration fees include entry fee, timing chip and event t-shirt for the first 1,700 registrations. Thank you for taking the first step in supporting United Against Poverty. Together we can make a huge impact on the fight against poverty in our community.

Awards for Overall Male/Female, Masters Male/Female, Top 3 Males/3 Females in each age group: under 10, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & Over. Best time for Stroller Division. All participants in stroller division will be excluded from age group awards

Registration: Early Bird: \$30 (through September 30), Regular: \$35 (October 1 - November 27), Race Day: \$40

# of Registrants \_\_\_\_\_ Amount Due \$ \_\_\_\_\_

Family or Team Discount: 4 or more runners (if registered and paid for as a group): \$110 and \$27.50 for each additional family/team member.

**Join our Flock and Become a Fundraiser**

**Visit [www.TrotAgainstPoverty.org](http://www.TrotAgainstPoverty.org) for more information! All fundraisers who raise \$100 or more will receive a Thanksgiving Pie at the race and prizes for top individual fundraiser and team!**

**REGISTRATION FORM**

Name \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Age on race day: \_\_\_\_\_ Sex:  M  F T-Shirt Size: Unisex Adult  S  M  L  XL

WAIVER AND RELEASE: Including permission to participate in the Thanksgiving Day Trot Against Poverty I acknowledge that I fully understand that I will be engaging in activities that involve risk of injury caused by or resulting from my participation in the event: covenant not to sue and release Run Vero and UP Indian River/United Against Poverty, Inc. from any and all liability, loss, or damage attributable to my participation in this event: agree that photographs, pictures, slides, movies or videos of me may be taken in connection with my participation in the event without compensation from Run Vero or UP Indian River/United Against Poverty, Inc. and further I consent to their use for any legal purpose; warrant that I am in good health and have no physical condition that would prevent me from participating in the event. I HAVE READ THIS WAIVER AND RELEASE AND SIGN VOLUNTARILY.

Signature (Signature of parent if runner is under 18) \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

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