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### **Pre-Instructions for PDT Therapy (blue light)**

1. Please stop all Retinoids and Retinals 2 weeks before starting treatment.
2. Discontinue all Tetracycline-based antibiotics such as Doxycycline 1 week before procedure.
3. Tell us if you are on Accutane, Amiodarone or Furosemide (Lasix) or other photosensitizers.
4. If you have history of cold sores or sun induced fever blisters, let us know. You may need to pre-medicate for this problem.
5. Please be prepared to be in the office for a few hours due to Levulan application, incubation and the Blue Light treatment.
6. Please completely clean face before coming into office.
7. While under the Blue Light, you may experience discomfort like stinging, tingling and warmth. During the procedure, you will be provided with a fan and cooling stick to increase comfort.