



**FORMULARY**  
NOTES ABOUT FORMULARY AND PHARMACY

1. Purposes: Assist team leaders in preparing for trips  
Limit the number of interchangeable drugs  
Limit pharmacy errors  
Improve efficiency and organization in the pharmacy
2. All medications and strengths of medications on the formulary are acceptable to bring;  
Recommended drugs are in bold and preferred strengths are in parentheses.
3. No brand name drugs should be brought unless there is an IDENTICAL generic.  
Exception: inhalers and insulin.
4. No combination medications, even if generic, should be brought/dispensed.
5. All prepacked medications must be labeled with name, strength, number in pack, and expiration date.
6. Each team is responsible for leaving the pharmacy in good order.
7. Board members (only) are responsible for removal and disposal of expired medications.
8. **No controlled substances are allowed in the clinic** in any form, including injectables. These include scheduled narcotics (including tramadol), benzodiazepines, muscle relaxants. The reason for this is safety for the clinic, staff, and patients.

**ANTIBIOTICS**

1. **AMOXICILLIN 500 mg**
2. **AMOXICILLIN SUSP 125, (250), 400 mg**
3. **AMOXICILLIN CHEWABLE 250 mg**
4. Augmentin 875 mg
5. Augmentin suspension
6. Azithromycin 250 mg
7. Azithromycin suspension
8. **BACTRIM/SEPTRA 400, (800) mg**
9. **BACTRIM SUSPENSION**
10. Cephalexin 250, 500 mg
11. Cephalexin suspension
12. **CIPROFLOXACIN 250, (500) mg**
13. **DOXYCYCLINE 50, (100) mg**
14. Levofloxacin 250, 500, 750 mg
15. Penicillin VK 250, 500 mg
16. Clindamycin 150 mg
17. Clindamycin Liquid 25mg/ml

**ANTICONVULSANTS**

1. Carbamazepine 100, 200mg
2. Phenytoin 50, 100mg

### ANTIDEPRESSANTS

Sertraline 50, 100 mg

### ANTIFUNGAL/PARASITES/PROTOZOA

1. **FLUCONAZOLE (150), 200 mg**
2. **MEBENDAZOLE TAB AND LIQUID--CHHF PROVIDES**
3. Albendazole 400 mg
4. **METRONIDAZOLE 500 mg**
5. Tinidazole 500 mg

### ANTI-HISTAMINES

1. **CETIRIZINE (Zyrtec) 10 mg**
2. **Cetirizine ( Zyrtec) Liquid**
3. Chlorpheniramine 4 mg
4. **DIPHENHYDRAMINE (BENADRYL) (25) 50 mg**
5. **DIPHENHYDRAMINE LIQUID**
6. Fexofenadine (Allegra) 60 180 mg
7. Loratadine (Claritin) 10 mg
8. Meclizine 12.5 25 mg
9. Promethazine 12.5 25 mg

### ANTI-INFLAMMATORY

1. **IBUPROFEN 400 (600) 800 mg**
2. Meloxicam 15 mg
3. **PREDNISONE 5 (10) 20 mg**
4. **PREDNISOLONE SYRUP**

### ANTI-HYPERTENSIVES/DIURETICS

1. **AMLODIPINE 5 (10) mg**
2. **ATENOLOL 50 (100) mg**
3. Diltiazem CD 120, 180, 240 mg
4. Enalapril 5, 10 mg
5. **FUROSEMIDE 10, (20), 40 mg**
6. **HYDROCHLOROTHIAZIDE 12.5, (25), 50 mg**
7. **LISINAPRIL (10), 20 mg**
8. **LOSARTAN 50, 100 MG**
9. Metoprolol 50, 100 mg
10. **TERAZOSIN 5 mg**

### ANTI-VIRAL

Acyclovir

### CONTRACEPTIVES

1. **BIRTH CONTROL PILLS** (recommend 100 per team)
2. **CONDOMS**

### COUGH/COLD/ASTHMA

1. Albuterol tablets
2. Albuterol syrup
3. **ALBUTEROL NEBULIZER SOLUTION (2.5 mg)**
4. **ALBUTEROL (SALBUTAMOL) INHALER 90 mcg**

5. **BECLOMETHASONE INHALER 40, 80 mcg**
6. **GUAIFENESIN 400 mg TABLETS**
7. **GUAIFENESIN SYRUP (PLAIN OR DM)**
8. Nasal decongestant spray
9. Saline nasal spray
10. **MONTELUKAST (SINGULAIR) 4, (5), 10 mg**
11. Other inhalers, including combinations such as Advair or Symbicort. Please pack separately from those above and ensure that they are labeled with instructions.

#### **DIABETES**

1. **GLIPIZIDE 5, (10) mg**
2. **METFORMIN 500, (1000) mg**
3. **INSULIN:**

LANTUS, LEVEMIR, OTHER LONG ACTING NOT REQUIRING REFRIGERATION  
HUMALOG, NOVALOG, OTHER RAPID ACTING INSULIN

(Recommend using the rapid acting insulins **only** in the clinic, particularly since the Board has recommended not to give out meters and strips. We have yet to find any patient with diabetes in Honduras trained well enough and supplied well enough with strips to allow for home insulin adjustment.

#### **FEVER/PAIN**

1. **ACETAMINOPHEN 500 mg**
2. **ACETAMINOPHEN ELIXIR 160 mg/5 ml**
3. Acetaminophen drops
4. **ACETAMINOPHEN 80 mg CHEWABLES**
5. Aspirin 81, 325 mg
6. **IBUPROFEN 200 mg**
7. Ibuprofen elixir
8. Naproxen 220 mg

#### **GASTROINTESTINAL**

1. **BISMUTH (PEPTO BISMOL) TABS, LIQUID**
2. **CALCIUM CARBONATE (TUMS, ANTACID) 500 mg**
3. **COLACE**
4. Dicyclomine 10 mg
5. Esomeprazole (Nexium) 40 mg
6. Famotidine (Pepcid) 20 mg
7. **LOPERAMIDE (IMODIUM) 2 mg**
8. **OMEPRAZOLE (20), 40 mg**
9. Pantoprazole 40 mg
10. **PROMETHAZINE (25), 50 mg**
11. **PROMETHAZINE SUPPOSITORY**
12. **RANITIDINE 150 mg**
13. Ranitidine syrup
14. Probiotics

#### **ANTI-MALARIALS**

1. **CHLOROQUINE 150mg BASE--CHHF SUPPLIED**
2. **CHLOROQUINE 50mg/5ml --- CAN BE PURCHASED FROM BLESSINGS**
3. **PRIMAQUINE 5, 10, 15 mg --- DIFFICULT TO FIND**

### OPHTHALMIC AND OTIC

1. Cortisporin otic suspension
2. Gentamicin ophthalmic drops
3. Lubricant eye drops
4. **OFLOXACIN OPHTHALMIC DROPS** (can be used in ears, too)
5. **TETRAHYDROZOLINE EYEDROPS** ("get the red out")

### SCABIES AND LICE

1. LICE SHAMPOO
2. IVERMECTIN 6 MG TABS
  - a. (dosing "cheat sheet" in pharmacy, dose is 200 mcg/kg as single dose, not to give under 15 kg)
3. Scabies solution
4. SCABIES SOAP
5. Permethrin cream (Elimite, very effective to put on overnight, very expensive)

### TOPICAL CREAMS/OINTMENTS

1. **TRIPLE ANTIBIOTIC OINTMENT (TAO)**
2. **CLOTRIMAZOLE 1%**
3. **HYDROCORTISONE 1%**
4. **DIPHENHYDRAMINE CREAM**
5. **SILVADENE**
6. Hemorrhoidal cream
7. Triamcinolone cream
8. Ketoconazole (Nizoral) cream/shampoo

### VAGINAL

Clotrimazole or Miconazole cream

### VITAMINS

1. **ADULT**
2. **CHILDREN'S CHEWABLE**
3. Infant Multivitamin drops
4. **PRENATAL**
5. **FERROUS SULFATE 325 mg**
6. **FERROUS SULFATE ELIXIR**
7. Folic Acid 800 mcg (1 mg)

### INJECTABLES

1. Cefazolin (Ancef)
2. Diphenhydramine
3. **LIDOCAINE**
4. Lidocaine with epinephrine
5. **METHYLPREDNISONE (SOLUMEDROL)**
6. **TRIAMCINOLONE**
7. **CEFTRIAZONE (ROCEPHIN)**
8. **EPINEPHRINE (Subcutaneous)**
9. **PROMETHAZINE**
10. Ketorolac
11. Oxytocin
12. Naloxone (Narcan)

MISCELLANEOUS ITEMS SUGGESTED FOR ALL TEAMS (NOT PART OF FORMULARY)

1. SURGICAL/LACERATION KITS
2. OB KIT
3. SURGICAL GLOVES
4. DISPOSABLE GLOVES
5. SCALPELS
6. SUTURE MATERIAL
7. TONGUE DEPRESSORS
8. Oral Dosing Syringes
9. SYRINGES (including insulin syringes)
10. NEEDLES
11. GAUZE
12. GAUZE PADS
13. BANDAIDS
14. ZIPLOCK BAGS
15. BAGS FOR MEDICATIONS
16. LARGER BAGS FOR MULTIPLE MEDICATIONS
17. TAPE
18. ELASTIC BANDAGES
19. ALCOHOL SWABS
20. BP CUFFS (VARIABLE SIZES)
21. PULSE OXIMETERS
22. STETHOSCOPES
23. OTOSCOPE/OPHTHALMOSCOPE KITS
24. GLUCOMETER AND STRIPS (For 2017, donations have the lab well-stocked.)
25. DUCT TAPE!!!

REMEMBER TO PRINT AND TAKE SUFFICIENT COPIES OF

- ATTENDING PHYSICIAN FORM
- PRESCRIPTION FORM
- DENTAL FORM if you have a dentist

(There are sufficient lab forms for the entire year 2017.)